

Who is eligible for Comprehensive Community Services?

Comprehensive Community Services is available to children and adults who meet the following criteria:

- ✓ Columbia County residents
- ✓ Eligible for Medical Assistance, BadgerCare or another Medicaid program
- ✓ Have a mental health or substance use diagnosis; and
- ✓ Are determined to need psychosocial rehabilitation services

How do I apply?

Anyone can apply for Comprehensive Community Services for him/herself or on behalf of someone else by completing an *Application For Services* – available at the Health and Human Services office or online.

How do I pay for the services?

Comprehensive Community Services is a Medicaid program. Participants must be eligible for Medical Assistance, BadgerCare or another Medicaid program. Services are paid by Medicaid and there is no cost to you.

Coordination Committee

An advisory committee made up of nine members, three of which are consumers, provides input to the Comprehensive Community Services program on services, policies and consumer rights.

Guiding Principles

- ❖ *Each person will have a voice in decisions that affect them and their path of recovery.*
- ❖ *Each person's support plan will reflect that individual's needs, capabilities, talents and resiliencies.*
- ❖ *Support in recovery is accomplished best in a natural community setting.*
- ❖ *Recovery is not linear.*
- ❖ *Consumers and providers together will develop a recovery plan based on common goals.*
- ❖ *Each person's beliefs, values, customs, and culture will be acknowledged and respected.*

If services are not available in your primary language, an interpreter will be provided.

A journey of a thousand miles begins with a single step.

Lao-Tsu,
Chinese Philosopher

For Emergency Services Call

(608) 742-5344

Request the Crisis Worker

The on-call crisis worker will be paged and return your call.

**Columbia County
Health & Human Services**

Comprehensive Community Services

Our mission is to engage and assist each person with mental health or substance use concerns to identify what he or she needs in order to help increase their ability and enhance their connection to natural supports and community resources.

2652 Murphy Road

Portage, WI 53901

Phone: (608) 742-9227

Fax: (608) 742-9700

Comprehensive Community Services (CCS)

Recovery is one word to use that describes the journey of living with a mental illness or addiction. You might choose another word for yourself, but the main idea is finding out what works for you in getting what you want out of life. For many that have lived with a mental illness or addiction, it has been a long journey and they have not felt “in charge” of their life much of the time. Comprehensive Community Services is designed to help you feel like an equal partner and to help you discover what you want to work towards getting (or getting back) in your life. This might include things like, getting a job, moving to your own apartment, making new friends, going back to a spiritual community, or whatever else you’d like to do.

For some, this may feel very different than how they’ve ever been asked to do things. They may not have been asked questions like “What do *you* want to work on?” or “What’s really important to you?”. It may even feel overwhelming at first.

Nothing will work unless you do.

Maya Angelou
African –American Poet

What Can You Expect?

A service facilitator will be assigned to meet with you and explain the program. Comprehensive Community Services is voluntary, so you get to decide whether you want to participate. The service facilitator will help you develop a **recovery team**, complete an **assessment** and develop a **recovery plan**.

Recovery Team

At a minimum your recovery team will include you, the service facilitator, and a mental health professional. You can also choose to include service providers and any other individuals that you wish to include for support or advocacy. The idea is to bring everyone together who can help you to reach your goals.

Assessment

The assessment is a process of getting to know you better. Typically the service facilitator and mental health professional meet with you to conduct the assessment, but you may include any members of the recovery team that you wish. It is important for your recovery team to understand your background and what’s influenced you to become the person you are today. It will also help your recovery team to know your strengths and abilities, your interests, past successes, and your hopes and dreams for the future. They will also need to understand major stressors, and the barriers to you reaching your goals.

Recovery Plan

The final step is to develop a “recovery plan”, sometimes called a treatment plan or service plan. The recovery plan is the document that you create with your recovery team to help plan how you want to move forward towards your goals. It is reviewed at least every 6 months and changed as your goals and services change. It is used:

- To help decide on goals that are important to you in your recovery.
- To help decide on the things that you personally need to do to make progress toward these goals.
- To help decide on the types of services and support your recovery team can offer to help you achieve these goals.
- By your recovery team so they can document, and get payment for, the supports they provide to you.

Hours of Operation

8:00 am to 4:30 pm

Mondays through Fridays

CCS is provided during the agency office hours, but may be provided after-hours by arrangement when a need is determined.