

# COLUMBIA COUNTY

2652 MURPHY ROAD  
PORTAGE WI 53901

EMAIL: [DHHS@CO.COLUMBIA.WI.US](mailto:DHHS@CO.COLUMBIA.WI.US)  
608-742-9227 TDD: 608-742-9229  
FAX 608-742-9700

## Prevent Suicide Columbia County !

Our Suicide Prevention Coalition continues to move forward with activities that promote suicide prevention. To date, we have trained over 700 people in our community in “QPR”, an evidence-based training that teaches **ANY**one how they can have a helpful conversation with someone who is (or may be) suicidal. We also participated in the Cambria 4H Club’s “Shamrock Shuffle” on March 8<sup>th</sup>. Proceeds from the walk were donated by the 4H club to “Prevent Suicide Columbia County” to further our efforts to prevent further suicides in our area. If you are driving around Columbia County, you should see some of the new billboards that have been put up around the county by our coalition, informing residents how to access help for themselves or someone who may be suicidal.

**To Report Child Abuse & Neglect call 608-742-9227**

**To Report Elder Abuse & Neglect call 602-742-9233 or 888-742-9233.**

**To Apply for Benefits please apply online at [access.wi.gov](http://access.wi.gov) or call 888-794-5556**

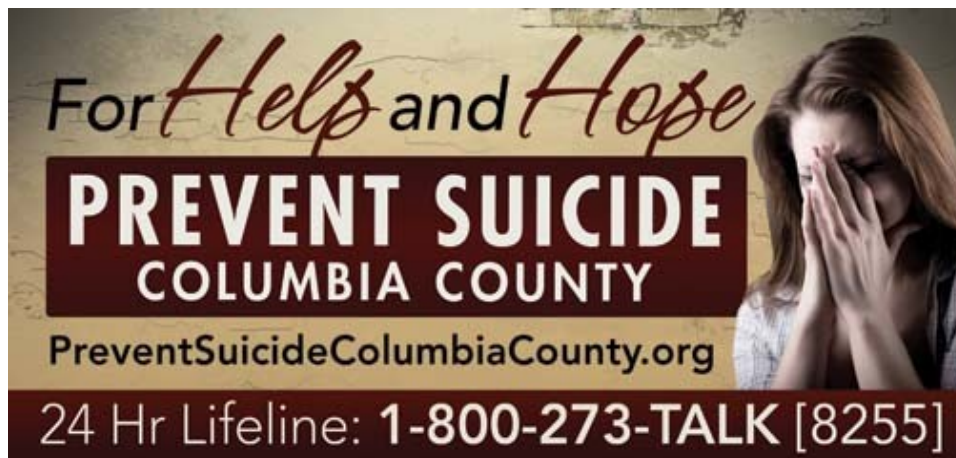
**To Report Changes or Ask Questions about your food share or BadgerCare case call 888-794-5556**

**To Receive WIC call 608-742-9254**

**Mental Health/AODA 24-Hour Crisis Line call 888-552-6642**

**COA Transportation Phone 608-742-9213 Transportation for the Elderly**

**MTM, INC.- Medicaid Transportation call 866-907-1493 to schedule appointments.**



## Prevent Suicide Coalition

Our coalition also put together a public service announcement, which can be viewed here: <http://youtu.be/-cPrCRNzjwA> We will be working in the coming months to promote this public service announcement throughout our region.

“Prevent Suicide Columbia County” meets on the third Thursday of each month from 1-3 PM in the John Roche Room at the Columbia County Law Enforcement Center in Portage. If you would like to become a part of our efforts, please contact Sara Jesse at: [saraj@cwcac.org](mailto:saraj@cwcac.org) for more information. Some suicide prevention-focused events coming up:

**March 26<sup>th</sup>** – QPR training for Foster Parents will be held at Health & Human Services in Portage from 5-6:30 PM. Please contact Megan Vinje at: [Megan.vinje@co.columbia.wi.us](mailto:Megan.vinje@co.columbia.wi.us) for more information. This training will be geared towards foster parents and anyone interested in becoming a foster parent in Columbia County.

**April 15<sup>th</sup>** – QPR “Train the Trainer” event for those interested in leading QPR trainings around our community. This is a full day event located at the Columbia County Law Enforcement Center in Portage. Scholarships are available. Please contact Sara Jesse at [saraj@cwcac.org](mailto:saraj@cwcac.org) to register for the training and/or apply for the scholarship.



## Heat for Heroes



Heat for Heroes is an Energy Services, Inc., Keep Wisconsin Warm/Cool Fund initiative that helps Veterans who are facing

an energy-related emergency. Call (800) 289 – 9276 for questions or to find an application site nearest you.

2013-2014 Energy Assistance Maximum Gross Income Guidelines		
Number in Household	Gross Income Limit (1 Month)	Gross Income Limit (3 Months)
1	\$2,058	\$6,173
2	\$2,691	\$8,073
3	\$3,324	\$9,972
4	\$3,957	\$11,871
5	\$4,590	\$13,771
6	\$5,223	\$15,670
7	\$5,342	\$16,026
8	\$5,461	\$16,382

## Firearm Safety



Do you own a gun? Is it stored safely using a gun lock? Get free gun locks at Columbia County Health & Human Services (Door #4) Monday thru Friday 8:00 am to 12:00 p.m. and 1:00 pm to 4:30 p.m.

## 2014 Immunization Clinic Schedule

Afternoon Clinics		Walk-In Clinic
2:30—5:30 p.m.		8:00 am until 12:00 pm
April 14th	June 9th	Monday and Wednesday mornings
August 11th	September 8th	
October 13th	November 10th	
December 8th		

## DENTAL HEALTH RESOURCES

Any adult or child that is uninsured, underinsured or is a participant of the Medical Assistance or BadgerCare Dental Program may contact these dental health resources. If you need to apply for Medical Assistance/BadgerCare benefits, please call Columbia County Health and Human Services at 608-742-9227.

### **St. Vincent de Paul Dental Clinic**

Address: 1906 North Street, Prairie du Sac, WI 53578

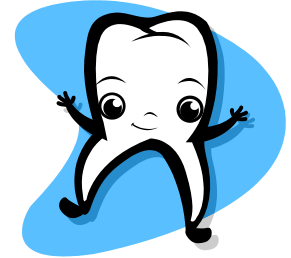
Website: <http://www.stvdpdental.com>

Phone: 608-644-0504 ext. 10 or 12

Hours of Operation: Monday through Thursday

Accepts Medical Assistance, Badgercare, uninsured and underinsured.

Federal Poverty Guidelines are used to determine eligibility.



### **Family Health Medical and Dental Center: La Clinica de los Campesinos**

Address: 400 South Townline Road, Wautoma, WI 54982

Website: <http://www.famhealth.com>

Phone: 920-787-5514

Hours of Operation: Monday & Thursday 8AM-7PM, Tuesday, Wednesday, Friday 8AM-5PM

Accepts Medical Assistance, Badgercare, Insured, Low-Income (Uninsured)

### **Mauston Dental Clinic**

Address: 880 Herriot Drive, Mauston, WI 53948

Website: <http://www.famhealth.com>

Phone: 608-847-6700

Hours of Operation: Monday & Thursday 8AM-7PM, Tuesday, Wednesday, Friday 8AM-5PM

Accepts Medical Assistance, Badgercare, Insured, Low-Income (Uninsured)

### **Meriter Hospital: Max Pohle Dental Clinic Dental Residency Program**

Address: 202 South Park Street, Madison, WI 53715

Website: <http://www.meriter.com/clinics/dental-clinic>

Phone: 608-417-6500

Hours of Operation: Monday-Friday 8AM-4PM After Hours Emergency Care Available

Accepts Uninsured, Underinsured, Medical Assistance children and adults

--For children aged 4 years through 12 years, call to make appointment. Those 13 years and older will be put into a lottery drawing at the end of each month to make an appointment.

### **Marquette Dental School Clinic**

Address: 1801 West Wisconsin Avenue, Milwaukee, WI 53233

Website: <http://mu.edu/dentistry>

Phone: 414-288-6790

Hours of Operation: Monday-Friday 9AM-5PM (4PM Summer)

All patients accepted including Medical Assistance and Title XIX, Low-income, Uninsured, 13 years and older for general clinic. Pediatric clinic available.

--Adults needing an appointment, call between 9:30-3:30 to be put on a list for an appointment.

**Note this is not a complete list. It was updated in May of 2013 and is a reflection of the information the Wisconsin Dental Association was able to gather from dentists.**

## Feel good about giving back by donating blood

Many people want to give back to the community but don't have a lot of time to volunteer. The American Red Cross reminds them that in only about an hour, volunteer blood donors can help save lives and feel instant gratification.

"Blood is a perishable product that can only come from generous volunteers," said Greg Novinska, CEO of the Red Cross Badger-Hawkeye Blood Services Region. "By donating blood, you can make a difference in the lives of patients in your community and throughout the nation."

As Americans become increasingly mobile, donors can feel good knowing that by donating blood through the Red Cross, they may be helping not only family and friends in their community, but also patients in need across the country.

## Upcoming blood donation opportunity

**Monday, April 7**  
**12:00 pm to 5:00 pm**

Columbia Health  
Care Center

323 W. Monroe St.  
Wyocena



**American  
Red Cross**

**Red Cross reminds  
eligible donors that  
need for blood is  
constant**

The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org](http://redcross.org) or visit us on Twitter at [@RedCross](https://twitter.com/RedCross).

## How to donate blood

Simply call 1-800-RED CROSS (1-800-733-2767) or visit [redcrossblood.org](http://redcrossblood.org) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

## COLUMBIA COUNTY FOOD & NUTRITION

### **Bread Basket Community Food Pantry**

First Presbyterian Church, 121 W. Florence Street, Cambria, WI 53923.

Serves residents of Cambria School District on an on-call basis; Call Joanne Sanderson at (920) 348-5568, Julie Saalsaa at (920) 348-6120, or Ann Smedema at (920) 348-5485 for assistance

### **Columbus/Fall River Food Pantry**

Columbus Area Senior Center, 125 N Dickason Blvd., Columbus.

Serves residents of Columbus & Fall River School Districts; Call (920) 623-5918 - a different church is responsible for distribution every month

### **Crossroads Pantry**

132A S Ludington Street, Columbus

920-350-0011—messages are checked throughout day  
Monday—4:30-6:30

Thursday—9:00-11:00

1st & 3rd Saturdays—9:00-11:00

Clients are able to receive hygiene, cleaning and paper products 1 time per month and food 2 times. We are closed if Columbus School District is closed.

### **Lake Delton/WI Dells Community Food Pantry**

Community Action Building, 1000 Hwy. 13, Wisconsin Dells, WI 53965;

Serves residents of Wisconsin Dells School District. Kim McClelland or Lisa Williams at (608) 254-8353  
Hours: Tues: 9 am - noon; Thurs: 1-4 pm

### **Lodi Area Food Pantry**

Serves residents of Lodi School District

By appointment only:

Monday, Tuesday, and Thursday

Call Carol Meyer 608-592-4324 or Judy Brownrigg 608-592-4626



### **PAD Pantry (Poynette, Arlington, Dekorra)**

Village Hall/Nutrition Site, 106 S. Main St., Poynette, WI 53955

Serves residents of Poynette School District.

Claire Robson (608) 635-2185; Donna Luessman (608) 635-4448; Ruth Ann Waugh (608) 635-4167  
Hours: Tuesday 1-3 pm and Thursday 5-7 pm

### **Portage Food Pantry**

Episcopal Church, 211 W Pleasant St., Portage, WI 53901

Serves residents of Portage Community School District; (608) 742-3774 Hours: Mon & Wed 11-noon; Thurs 5-6 pm

### **Poynette Clergy Food Pantry**

Bethel Lutheran Church, 101 Bethel Dr., Poynette, WI 53955

Serves residents of Poynette area on an on-call basis  
Pastor Stephen (608) 635-2468; Church Office (608) 635-7118; or Kenneth Nelson (608) 695-6741

### **Prairie Pride Pantry**

United Methodist Church, 103 Reagles St., Arlington, WI 53911

Serves residents of Arlington and Poynette and Towns of Arlington, Dekorra, Hampden, & Leeds  
Hours: Wednesdays 4:30-5:30 pm and Saturdays 9:00-10:30 am

### **Randolph Food Pantry**

Evangelical Free Church, 702 N. High St., Randolph, WI 53956 (corner of Hwy 73 and P);

Serves Randolph area; Sharon Sorenson, church in afternoons (920) 326-3821; call ahead, preferably before the weekend. Hours: Tuesday 1-3 pm

### **Rio Area Food Pantry**

Rio Community Center, 104 Lincoln Ave., Rio, WI 53960

Serves residents of Rio, Cambria, & Doylestown  
John Atkinson (608) 697-9006; Dean Hoel (608) 617-8044 or Suzi Salzwedel (608) 697-1490  
Hours: 2nd, 3rd & 4th Mondays - 10 am-noon  
4th Monday - 5-6 pm

### **St. Vincent DePaul - Portage**

St. Vincent DePaul Resale Shop, 1311 W. Wisconsin St., Portage, WI 53901

(608) 742-5513; ID & application form required;  
Hours: M-F, 9 am - 4:30 pm.

### **2nd Harvest Mobile Food Pantries**

(open to all Columbia County residents)

Portage: 2nd Monday of every month, 11-noon, at St. Vincent de Paul, 1311 W. Wisconsin St  
Pardeeville: 4th Monday of every month, 3:30 pm at St. Mary's church, 318 S. Main St

### **Wyocena Community Helping Hands Pantry**

Wyocena Community Center, 165 E. Dodge St, of Pardeeville School District based

on income eligibility; Hours: Mon-Thurs 10-noon; closed most holidays and any 5th Mon-Thurs in a month. Also closed anytime School District closed due to inclement weather. Clothing, shoes, books, games, puzzles, and small household items available to anyone in need. Call Bridget Rhode (608) 742-4905 for questions.

## OTHER FOOD & NUTRITION RESOURCES

### Food Pantries

Information prepared by Becky Gutzman, UW-Extension Wisconsin Nutrition Education Program. Updated July, 2012. Call (608) 742-9693 with additions or changes.

**Free Community Meals**—Open to anyone  
3rd Saturday of each month, 11-1 pm at  
Episcopal Church, 211 Pleasant St., Portage  
4th Saturday of each month, 11:30-1:00 pm at  
120 W Pleasant St., Portage

**Community Gardens**—Grow your own food for a small plot fee

Cambria: Becky Gutzman, (920) 348-4511  
Columbus: Terry Humiston, (920) 623-4955,  
thumiston33@yahoo.com  
Poynette: Village Office (608) 635-7524.  
Portage: Parks and Rec Dept., (608) 742-2178  
Lodi: Mark Essex (608) 592-2571.

### Senior Nutrition Program

Serves people over age 60 and their spouses. No income or asset limits. Noon meals at sites in Cambria, Columbus, Lodi, Pardeeville, Portage, Poynette, Rio, Wisconsin Dells, and Wyocena, and home delivered meals to homebound seniors who can't prepare daily meals. For more information, call Columbia County at (608) 742-9219.

### Seasonal Farmer's Markets

#### Cambria Farmer's Market

Tuesdays, 4-7 pm; Tarrant Park

#### Columbus Downtown Farmer's Market

Wednesdays, 3-6 pm; Parking lot behind City Hall

#### Columbus Farmer's Market

Sundays, 9am-1pm; N Ludington-next to Amtrak

#### Fall River Area Farm & Flea Market

Saturdays, 8am-12:30 pm; Hwy. 16 & Poser Road

#### Lodi Valley Farmer's Market

Fridays, 2-6 pm; N Main, corner of 113 and J

#### Portage Farmer's Market

Thursdays, Noon-6 pm  
Commerce Plaza, corner of Cook & Wisconsin

#### Poynette Area Farmer's Market

Saturdays, 8-11 am,  
Pauquette Park, S Main St



### Senior Farmer's Market Vouchers

\$25 in vouchers to spend on fresh fruits and vegetables at farmer's markets and participating farm stands, for age 60 and over meeting income eligibility guidelines. Call UW-Extension at (608) 742-9693 for details.

### FoodShare (formerly food stamps)

Food assistance based on income  
Contact Columbia County Health & Human Services  
at 2652 Murphy Road, Portage, WI 53901  
(608) 742-9277

Check your eligibility or apply for Food Share, health care or other services at [www.access.wisconsin.gov](http://www.access.wisconsin.gov)

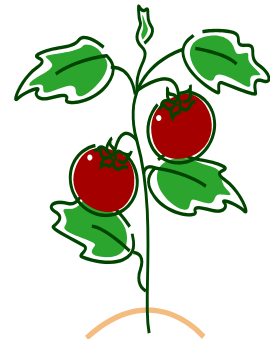
### Neighbors in Constant Care Foundation

(920) 623-5540, 623-4772 or 623-4722  
Serves Columbus/Fall River School Districts  
Credit mediation, housing, food assistance, school supplies, or referral to other resources.  
Call for information

### WIC (Women, Infants, Children Nutrition Program)

2652 Murphy Road, Portage, WI 52901  
(608) 742-9254

Provides food vouchers, farmer's market vouchers, and nutrition information to keep pregnant and breastfeeding women, infants, and children under 5 years healthy and strong. Income eligibility requirements.



### School Lunch Program

Free or reduced price school lunch to eligible families.  
Some schools also offer breakfast.  
Contact your school district for details.

### Wisconsin Nutrition Education Program

WNEP helps low-income families eat better, keep food safe, and stretch their food dollars. Open to those who receive or are eligible to receive food stamps. Call UW-Extension Nutrition Coordinator, Becky Gutzman, at (608) 742-9693.

Who	Deadline to Apply	What happens if they do not apply by deadline?
<p><b>Individuals and Families who are Uninsured and Underinsured</b></p> <p>(not enrolled in BadgerCare Plus or HRSP and do not qualify for a special enrollment period)</p>	<p>March 31, 2014</p> <p>Effective Date of Coverage—May 1, 2014</p>	<ul style="list-style-type: none"> <li>• If they do not apply by 3/31, they will not be able to purchase private health insurance through the Marketplace until the 2015 open enrollment period.</li> <li>• They can purchase health insurance through the private market but will not be eligible for tax credits or subsidies.</li> <li>• They may be able to get care through free or reduced cost clinics.</li> <li>• Some individuals that do not obtain health insurance coverage may be subject to the individual mandate penalty.</li> </ul>
<p><b>BadgerCare Plus &amp; HRSP members losing coverage effective April 1st</b></p> <p>(Due to Wisconsin’s budget bill policy changes)</p>	<p>Special Enrollment Period ends May 31, 2014</p> <p>Note: March 31, 2014 for no gap in coverage</p> <p>Effective Date of Coverage—April 1, 2014</p>	<ul style="list-style-type: none"> <li>• If they do not purchase private health insurance by the end of the special enrollment period, they will not be able to purchase private health insurance through the Marketplace until the 2015 open enrollment period.</li> <li>• They can purchase health insurance through the private market but will not be eligible for tax credits or subsidies.</li> <li>• They could get care through free or reduced cost clinics.</li> <li>• Some individuals that do not obtain health insurance coverage may be subject to the individual mandate penalty.</li> </ul>
<p><b>BadgerCare Plus Standard Plan members losing coverage effective May 1</b></p> <p>(due to redetermination by Wisconsin after healthcare.gov determination problems in 2013)</p>	<p>Special Enrollment Period ends June 29, 2014</p> <p>Note: April 30, 2014 for no gap in coverage</p> <p>Effective Date of Coverage—May 1, 2014</p>	<ul style="list-style-type: none"> <li>• If they do not purchase private health insurance by the end of the special enrollment period, they will not be able to purchase private health insurance through the Marketplace until the 2015 open enrollment period.</li> <li>• They can purchase health insurance through the private market but will not be eligible for tax credits or subsidies.</li> <li>• They could get care through free or reduced cost clinics.</li> </ul>
<p><b>BadgerCare Plus eligible-Pregnant women and Children with incomes up to 300% FPL; Adults with incomes up to 100% FPL</b></p> <p>(Remember: “Childless Adults: are newly eligible for full BadgerCare Plus effective 4/1/14)</p>	<p>No Deadline: BadgerCare Plus does not have an open enrollment period</p> <p>Effective Date of Coverage—the month in which the application was filed.</p>	<p>Apply for BadgerCare Plus Coverage:</p> <ul style="list-style-type: none"> <li>• Online at ACCESS</li> <li>• In-person at agency</li> <li>• Over the Phone</li> <li>• Through Mail with paper application</li> </ul>



# 0% interest loans are available!

## SOUTHERN HOUSING REGION

### ELEGIBLE COUNTIES:

Columbia, Dodge, Jefferson, Kenosha, Ozaukee, Racine, Rock, Sauk, Walworth, Washington

The following entitlement communities are not eligible: Racine, Beloit, Janesville and Kenosha.

The Southern Housing Region has a Community Development Block Grant for Housing Rehabilitation. The funds will be loaned at 0% interest to eligible households for home repairs. Applications are accepted on a first come first serve basis. There is no cost to fill out an application and all information submitted is strictly confidential.

#### Funds are available for the following types of projects:

**Homeowners:** These funds will be lent to eligible households for home repairs. The loan is a 0% interest, deferred payment loan – you do not pay it back until you sell the house or no longer live there. If you still reside in the home after 30 years, your loan will be reviewed with the possibility of extending it for another 30 years.

**Tenants:** Loans are available to assist with purchasing a home. The loan is a 0% interest, deferred payment loan – you do not pay it back until you sell the house or no longer live there. If you still reside in the home after 30 years, your loan will be reviewed with the possibility of extending it for another 30 years.

Funds can assist you with down payment and closing costs. There may also be funds available to make repairs to the home that you purchase.

**Landlords:** Installment loans are available for landlords who rent to tenants that are low- to moderate- income. The loan is a 0% interest installment loan. Contact Kari Justmann for more details.

The loan can be used to make the following types of repairs:

- Handicap Accessibility
- Replace Windows and Doors
- Repair/Replace Heating Systems, Water Heaters & Plumbing Systems
- Siding and Porch Repairs
- Roofing
- Electrical Upgrades
- Connect Water & Sewer Lines
- Other General Improvements

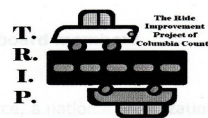
Please contact the MSA Housing Program Office at 1-800-552-6330 for an application or for more information.



**Bob's Transport LLC** bobsmed@frontier.com

Phone: 608.297.8403

Toll Free: 855.297.8403



## *Grocery Shuttle to your local store.*

Fare: \$5 each way

Call for appointment 24 hours prior for pick-up/drop-off at your residence.

### **Tuesdays:**

8 am to 11 am  
Wisconsin Dells

1 pm to 4 pm  
Pardeeville, Wyocena & Rio

### **Wednesdays**

8 am to 12 pm Poynette, Arlington & Lodi

### **Thursdays**

8 am to 11 am Columbus  
1 pm to 3 pm Randolph, Cambria & Fox Lake



## *Shuttle Services*

Please allow 15 minutes lead way

### **ARRIVE/DEPART TIMES**

**Kwik Trip, Pardeeville**  
10 N. Main St.

8:00a 10:00a 12:45p 3:05p

**BP Station, Poynette**  
305 N. US Hwy. 51

8:25a 10:25a 1:10p 3:30p

**Pauquette Park, Poynette**  
106 S. Main

8:35a 10:35a 1:20p 3:40p

**Fairground Pavilion, Portage**  
Fair Blvd.

8:55a 10:55a 1:40p \*

**Market Square, Portage**  
Highway 33

9:05a 11:05a 1:50p \*

**Collip Warden Park, Portage**  
W Slifer Street

9:15a 11:15a 2:00p \*

**Portage north side stores**  
9:20-9:30

11:20-11:30

2:10-2:20

**\*Route ends in Portage  
at approximately 4pm**

## *Shuttle Trip Fare*

**Exact Change Only**  
(Not for Safe Drive)

**Monday—Friday**

**Hours:** 8am to 12pm  
1pm to 4 pm

FROM	TO	EACH WAY
Portage	Portage	\$2.50
Pardeeville	Portage	\$10.00
Poynette	Portage	\$10.00

Closed major holidays &  
during severe winter weather.