

The Columbia County Division of Health has two Public Health Nurses who are trained to be Nurse-Family Partnership home visitors.

Columbia County
nurses
Heather Stenberg
and
Ali Hensel
are currently
enrolling
pregnant women
in Nurse Family
Partnership



What is Nurse-Family Partnership (NFP)?

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that serves low-income women pregnant with their first child. Each vulnerable new mom is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits. It is a life transforming partnership, for the mom and her child.

Why is Columbia County doing this?

Nurse-Family Partnership helps families — and the communities they live in — become stronger while saving money for state, local and federal governments.

How does NFP help families?

The Nurse-Family Partnership program is delivered by registered nurses who are perceived as trusted and competent professionals, fostering a powerful bond between nurse and mother.

Nurse-Family Partnership is a **free**, voluntary program that partners first-time moms with nurses. When a pregnant woman enrolls in the program, a trained nurse will be available to her until her baby turns two years old.

The Nurse Family Partnership nurse provides support and helps answer families' questions. The nurse helps moms have a healthy pregnancy, gives coaching on child development, and empowers moms to pursue their heart's desires. The nurse will always be there for her moms, so they can be there for their babies!



A lot's
gonna
change

You've got this!

with a free personal nurse

that can give you the support, advice and information
you need as a new mom, pregnant with your first baby.

Contact us
Call or Text
608-697-0625
NurseFamilyPartnership.org

How does someone enroll in Nurse-Family Partnership?

To enroll in this program, contact Heather Stenberg, RN at:

608-742-9741 (office phone)

608-697-0625 (cell phone, call or text)

Heather.Stenberg@co.columbia.wi.us (email)

608-742-9700 (fax)

A referral form can be filled out and emailed or faxed.

Helpful Links:

[Prenatal/Postpartum Nursing Referral Form](#)

Nurse-Family-Partnership Website:

www.nursefamilypartnership.org