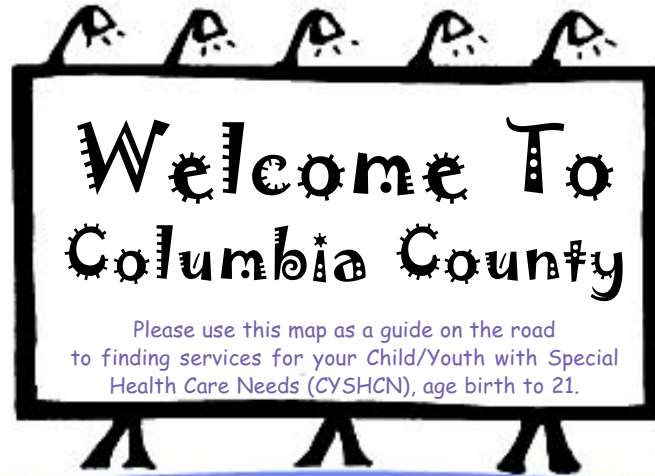




**Help is Available-Call with Questions!**  
**Waisman Resource Center:**  
 Southern Regional Center for Children and Youth with Special Health Care Needs (CYSHCN)  
 1-800-532-3321 or 608-265-8610  
[www.waisman.wisc.edu/cshcn/](http://www.waisman.wisc.edu/cshcn/)

Waisman Center is home to one of five Regional Children and Youth with Special Health Care Needs Centers in Wisconsin that are a part of a statewide network that provides free and confidential information and assistance to parents of children and youth with special health care needs and the professionals who work with them. CYSHCN centers are dedicated to meeting families' needs through information, referral and follow-up, parent-to-parent support and service coordination, through local Public Health Departments and other community agencies.



**2008**  
**Resource Roadmap**  
 Southern Regional Center for Children and Youth with Special Health Care Needs (CYSHCN)



**Childcare and Respite:**

Childcare resource and referral agencies are located throughout the Southern Region. Wisconsin Child Care Resource & Referral Network, Inc. (CCR&R) will direct you to the closest program in your area. Call 1-888-713-5437.

Respite care provides families with a qualified caregiver and a break from 24 hour care responsibilities and is a needed resource for most families with children and youth with special health care needs. It can be challenging to find and fund respite care depending on personal and local resources. The Southern Regional Center for CYSHCN will help parents and providers identify possible sources of funding and qualified child care providers, according to each family's unique needs. Contact the center at 1-800-532-3321 for more information.

**At-Home Support**

Supports and services designed to help families care for their child in the home and community setting are available for children who are at risk of out of home placement and qualify. These include home health care by nurses, personal care assistants, equipment, respite, family supports and services for individuals with disabilities.

**Special Education:**

All public schools are required to provide special education and related services to children who are eligible. The Individuals with Disabilities Act (IDEA) is the federal special education law that covers children ages 3 through 21. If the team of parents and school staff agrees a child is eligible, the team will create a written plan of services called an Individual Education Program (IEP) to determine how to best support the child. Advocacy agencies such as FACETS (Family Assistance Center for Education, Training and Support), WSPEI (Wisconsin Statewide Parent Educator Initiative) and district CESAs (Cooperative Educational Service Agency) can provide information and assistance to parents who have questions or concerns related to opportunities in education.

**Recreation:**

Many children and adults with disabilities benefit from sports and recreational activities. Often it is possible to participate in community or school events. Families frequently seek out recreation that they can enjoy with all members of their family. A variety of organizations provide recreation activities and are listed on the other side.



**When You Don't Know Who to Call, Call Us!**  
**1-800-532-3321**

Southern Regional Children and Youth with Special Health Care Needs Center, at the Waisman Center

**Parent to Parent Support:**

Peer support offers a unique kind of natural support that can only result from sharing similar experiences. Informal and formal support opportunities between families may be found by contacting CYSHCN for healthcare issues, WSPEI for special education issues, and Wisconsin Family Ties for mental health issues. See the page titled 'INFORMATION, REFERRAL AND ADVOCACY RESOURCES' for contact information.

**Health Care Coverage:**

In Wisconsin there are various ways to meet eligibility criteria for Medicaid (Medical Assistance) programs such as BadgerCare, Healthy Start, SSI and Katie Beckett. These programs help pay for medical care for eligible children and youth with special health care needs. Each eligibility category has different criteria; some are based on parent income and assets and others are based on the child's unique needs and the level of care required to live at home. Some children receive Medicare insurance. For questions regarding Medicare Part D, please contact Disability Rights Wisconsin.

**24 -Hour Information Hotlines:**  
**Wisconsin First Step**  
**1-800-642-7837**

[www.mch-hotlines.org/firststep.html](http://www.mch-hotlines.org/firststep.html)  
 A statewide 24-hour information and referral service with trained parents of children with special health care needs and professional counselors who are available to talk over concerns, answer questions and identify resources to meet a caller's needs. Some topic areas include housing, recreational activities, community centers, transportation, domestic violence, energy assistance and support groups.

**Infants and Young Children:**

Early intervention services, through the Birth to 3 Program, are available in every Wisconsin county for children who meet eligibility criteria. Birth to 3 professionals work in partnership with parents to help children with developmental delays grow, learn and communicate. Services include evaluation and assessment, special instruction, therapy services and family centered service coordination. Birth to 3 staff work with parents to develop an Individual Family Service Plan (IFSP) which is based on priorities and goals for the child and family. Before children reach age three, Birth to 3 staff help with transitions to early childhood education programs or other appropriate services.

**Planning for Adulthood:**

Youth ages 14 to 21 with disabilities and their families can receive help with planning for the transition to adulthood. Activities include moving from pediatrician to adult health provider and exploring opportunities in education, work and community living. Examples of these include WI Division for Vocational Rehabilitation (DVR), Department of Public Instruction (DPI) and Independent Living Centers.

**Advocacy and Parent Training:**

State and local agencies provide information and assistance for families looking for information on how to best understand, protect and advance the legal, human and service rights of children and youth. Examples include legal assistance, help with an IEP and health benefits counseling. Parent training groups help parents learn about resources and how to be a good advocate for their children.

**Mental Health and Crisis**

With early detection and appropriate treatment chances are excellent that children with mental, emotional, or behavioral disorders can lead productive lives. Seeking help for your child can mean all the difference in your child's overall health and well-being.

**Columbia County Department of Health and Human Services (DHHS):**

Provides access to long-term supports and services for eligible children and adults experiencing cognitive, physical, developmental, and emotional disabilities. Programs that can help fund identified needs include: Family Support, Children's Waivers, Community Options Program (COP), Community Integrations Program (CIP). (Note: There are waiting lists for these programs, however it is important to get your child's name on the waiting list as soon as possible.) In addition, Columbia County Division of Public Health provides immunization clinics, HealthCheck, WIC and prenatal care coordination.



Resource Roadmap for Columbia County is the product of a collaborative effort between the Southern Regional CYSHCN Center and the Family Support Advisory Committee of Columbia County. Concept originally developed by the FOR U staff at the Chippewa County Health Department.

For additional copies contact the or download the PDF at



**Waisman Resource Center 1-800-532-3321**  
[www.waisman.wisc.edu/cshcn/](http://www.waisman.wisc.edu/cshcn/)

## Statewide Information, Referral And Advocacy Resources

For Families of Children and Youth with Special Health Care Needs in Southern Wisconsin

<b>ABC for Health, Inc.</b> - benefits counseling and legal services for families with children who are having problems financing healthcare <a href="http://www.safetyweb.org">www.safetyweb.org</a> .....	1-800-585-4222
<b>The ARC-Wisconsin Disability Association</b> - advocacy, support groups, training, information and referral for persons with cognitive disabilities <a href="http://www.arc-wisconsin.org">www.arc-wisconsin.org</a> .....	1-877-272-8400
<b>Birth to 3</b> - Wisconsin's Early Intervention (IDEA-part C) program for children with special needs under age 3 <a href="http://www.dhfs.wisconsin.gov/bdds/birthto3/index.htm">www.dhfs.wisconsin.gov/bdds/birthto3/index.htm</a> .....	1-800-642-7837
<b>(CCR&amp;R) Child Care Resource &amp; Referral Network, Inc.</b> – network of community-based child care resources and referral agencies including information about inclusive childcare for children with special needs <a href="http://www.wisconsinccrr.org/">www.wisconsinccrr.org/</a> .....	1-888-713-5437
<b>(CESA) Cooperative Educational Service Agency</b> -assist districts in providing quality educational opportunities for students <a href="http://dpi.wi.gov/cesa.html">http://dpi.wi.gov/cesa.html</a> .....	1-800-441-4563
<b>Disability Rights Wisconsin</b> - provides protection and advocacy for persons with disabilities in Wisconsin <a href="http://www.disabilityrightswi.org/">www.disabilityrightswi.org/</a> .....	(voice/TTY) 1-800-928-8778
<b>(DPI) Wisconsin Department of Public Instruction: Special Education Team</b> - information on public education for children with special needs <a href="http://dpi.state.wi.us/">http://dpi.state.wi.us/</a> .....	call 1-800-441-4563 and ask to be connected to local district's number
<b>(DVR) Wisconsin Division of Vocational Rehabilitation</b> - state employment training program for individuals with disabilities living in the community. Eligible individuals may receive vocational evaluation and training and job placement assistance. <a href="http://www.dwd.state.wi.us/dvr/">www.dwd.state.wi.us/dvr/</a> .....	1-800-442-3477 / 711 for Wisconsin Relay Service
<b>(FACETS) Wisconsin Family Assistance Center for Education, Training and Support</b> - provides free information and assistance to families concerning parent and student rights and opportunities in education <a href="http://www.wifacets.org/">www.wifacets.org/</a> .....	1-877-374-4677 / 711 for Wisconsin Relay Service
<b>Family Voices of Wisconsin</b> – part of a nationwide grass roots training, information and advocacy network of families whose children have special health care needs <a href="http://www.wfv.org/fv/">www.wfv.org/fv/</a> .....	1-888-835-5669
<b>(ILCs) Wisconsin Independent Living Centers</b> - consumer-driven services to promote full participation in society of persons with disabilities. Services include: health benefits counseling, assistive technology, peer support and advocacy <a href="http://www.dhfs.state.wi.us/Disabilities/Physical/ILCs.htm">www.dhfs.state.wi.us/Disabilities/Physical/ILCs.htm</a> .....	1-800-642-7837
<b>Legal Action of Wisconsin</b> - nonprofit agency providing legal representation to low-income people and others <a href="http://www.legalaction.org/">www.legalaction.org/</a> .....	1-800-362-3904
<b>Maternal Child Health Hotline</b> - information and linkages for women before, during and after pregnancy and for all children including those with special health care needs <a href="http://www.mch-hotlines.org/">www.mch-hotlines.org/</a> .....	1-800-722-2295
<b>Native American Family Empowerment Center-Wisconsin/ Great Lakes Intertribal Council, Inc.</b> - parent-training and information center dedicated to providing opportunities to enhance the quality of life for Native American children and their families <a href="http://www.glitc.org/">www.glitc.org/</a> .....	1-800-472-7207
<b>Respite Care Association of Wisconsin</b> - promote, support and expand quality respite care resources across the lifespan for families caring for individuals with special needs <a href="http://www.respitecarewi.org/">www.respitecarewi.org/</a> .....	1-866-702-7229
<b>Social Security</b> - financial benefits for children meeting income and asset eligibility criteria <a href="http://www.ssa.gov">www.ssa.gov</a> .....	1-800-772-1213
<b>(WATI) Wisconsin Assistive Technology Initiative</b> – maintains lending library of assistive technology devices; provides training and consultation; provides evaluation of students related to assistive technology <a href="http://www.wati.org/">www.wati.org/</a> .....	1-800-565-8135
<b>(WCDD) Wisconsin Council on Developmental Disabilities</b> - provides training and advocacy resources <a href="http://www.wcdd.org/">www.wcdd.org/</a> .....	1-608-266-7826
<b>Wisconsin Family Ties</b> – network of Family Advocates who provide support groups, peer-mentoring, training, advocacy, information and referral for families that include children and youth with mental, emotional, behavioral or substance abuse disorders <a href="http://www.wifamilyties.org/">www.wifamilyties.org/</a> .....	1-800-422-7145
<b>Wisconsin First STEP</b> – 24-hour information and referral service to assist Wisconsin families who have children with special needs <a href="http://www.mch-hotlines.org">www.mch-hotlines.org</a> .....	1-800-642-7837
<b>(WSPEI) Wisconsin Statewide Parent Educator Initiative</b> - parent liaisons that work with families, educators and school districts through the CESA's to promote positive partnership and free consultation to families of children with special educational needs <a href="http://dpi.wi.gov/sped/parent.html">http://dpi.wi.gov/sped/parent.html</a> .....	1-877-844-4925
<b>(WisTECH) Wisconsin's Assistive Technology Program</b> - provides information on selecting, funding, installing and using assistive technology <a href="http://dhfs.wisconsin.gov/disabilities/wistech/">http://dhfs.wisconsin.gov/disabilities/wistech/</a> .....	1-608-266-0421/ 711 Wisconsin Relay Service

**HEALTH COVERAGE**  
**ACCESS** – quick and easy way to see if you might be able to get help through Wisconsin's health, nutrition and other programs  
.....  
<https://access.wisconsin.gov/access/>  
**Katie Beckett**- a way to obtain Medicaid for children not eligible for other Medicaid programs because of income/assets requirements  
[www.dhfs.state.wi.us/bdds/kbp/](http://www.dhfs.state.wi.us/bdds/kbp/).....

**Medicaid (Medical Assistance, M.A., Title 19, BadgerCare, Katie Beckett, SSL, Healthy Start, HealthCheck) Recipient Hotline**– information about recipient eligibility, rights, covered benefits, providers, problems with bills, etc. for those with Medicaid  
.....  
1-800-362-3002  
**Medicaid Ombudsmen** – assistance with appeals, complaints, billing problems etc. for Medicaid HMO enrollees..... 1-800-760-0001  
**WIC Nutrition Program** – food and education for pregnant and nursing women; food/formula for young children; breastfeeding support to eligible families..... 1-800-722-2295

If you cannot find what you are looking for, please call 1-800-532-3321

## Columbia County Resources for Children and Youth with Special Health Care Needs

(Note: Phone numbers are either in the 608 area code or are toll-free)

<b>Advocacy</b>	
<b>ARC- Columbia County</b> .....	742-0260
<b>Community Coordination for Children</b> .....	1-800-750-5437
<b>Disability Rights Wisconsin</b> ( <i>protection and advocacy for individuals with disabilities</i> ) .....	267-0214
<b>Faith Inclusion Network</b> ( <i>assists faith communities to include and empower people with disabilities and their families</i> ) .....	836-1455
<b>Legal Assistance</b> .....	see Statewide Resources

<b>At-Home Support (Respite, Personal Care, Resources)</b>	
<b>Divine Savior Home Health</b> ( <i>home health and personal care</i> ) .....	745-6400
<b>Energy Services</b> ( <i>energy assistance</i> ) .....	742-4088
<b>Home Health United</b> ( <i>home health and personal care</i> ) .....	742-6583
<b>Northwoods Inc.</b> ( <i>serving individuals with disabilities</i> ) .....	742-7114
<b>Portage Food Pantry</b> ( <i>M-W 11-Noon, TH 5-6 pm</i> ) .....	742-3774
<b>REM</b> ( <i>home health and personal care</i> ) .....	745-0585
<b>South Central Respite</b> .....	745-0000

<b>Child Care/Preschools</b>	
<b>Columbia County child care/preschool certified provider list</b> .....	742-9227
<b>Before and After School Program</b> .....	742-4244
<b>Community Coordinated Child Care</b> .....	1-800-750-5437

<b>Columbia County Dept. of Health and Human Services</b>	
<b>Columbia County Division of Public Health</b> ( <i>immunization clinics, environmental health, nutrition program, communicable disease control, prenatal care coordination, well-water testing, fluoride supplements, public health nurse walk-in services</i> ).....	742-9227
<b>Family Support, CIP, COP, Children's Autism Waiver</b> .....	742-9227
<b>Food Share (food stamps)</b> .....	742-9227
<b>HealthCheck</b> ( <i>for Medical Assistance recipients ages birth-21</i> ).	
Columbia County Division of Health.....	742-9227
Cambria Clinic.....	920-348-5114
Columbus Clinic.....	920-623-9611
Portage Clinic.....	742-7164
<b>Medical Assistance</b> .....	742-9227

<b>Early Intervention for Infants and Young Children</b>	
<b>Beyond the Boundaries of Autism</b> .....	920-795-4183
<b>Birth-to-3</b> ( <i>service coordination and therapy for children 0-3 years of age</i> ) .....	742-9227
<b>Columbia County Health and Human Services</b> .....	742-9227
<b>Family Resource Center</b> ( <i>play groups for children</i> ) .....	742-8482
<b>Great Lakes Autism and PLAY Project</b> ( <i>Play and Language for Autistic Youngsters</i> ) .....	617-9930
<b>Head Start/Columbia County</b> ( <i>child-development program for preschool children from low-income families</i> ).....	742-5329
<b>Integrated Development Services</b> .....	441-0123
<b>Wisconsin Early Autism Project</b> .....	288-9040

<b>Education: Partnerships and Support</b>		
<b>(CESA 5) Cooperative Educational Service Agency</b> .....	742-8811	
<b>FACETS</b> ( <i>serves children &amp; adults with disabilities, their families and those who support them</i> ) .....	824-8755	
<b>Madison Area Technical College- DRS</b> ( <i>disability resource services</i> ).....	1-800-322-6282	
<b>Special Education: Public School Districts' Administrative Offices</b>		
Cambria-Friesland: .....	920-348-5656 Portage: .....	608-742-359
Columbus: .....	920-623-5950 Poynette: .....	608-635-4341
Fall River: .....	920-484-3326 Randolph: .....	920-326-2425
Lodi: .....	608-592-3851 Rio: .....	920-992-3012
Pardeeville: .....	608-429-2153 Wisconsin Dells: 608-254-2468	

**(WSPEI) Wisconsin Statewide Parent-Educator Initiative** (*parent-educator partnerships for children with disabilities*) .....

<b>Health Resources</b>	
<b>For Emergencies</b> .....	call 9-1-1
<b>Divine Savior Hospital</b> .....	742-4131
<b>Immunization Records</b> <a href="http://dhfs.WIR.org">http://dhfs.WIR.org</a> .....	742-9227
<b>Planned Parenthood of Wisconsin</b> .....	742-1551
<b>Substance Abuse Hotline</b> .....	1-800-QUIT-NOW

<b>Housing</b>	
<b>Renewal Unlimited</b> .....	742-5329
<b>Community Action Council</b> .....	742-3320
<b>Columbia County Health and Human Services</b> .....	742-9227
<b>St. Vincent de Paul</b> ( <i>crisis housing</i> ) .....	742-5513
<b>Salvation Army</b> ( <i>crisis housing</i> ).....	1-800-849-9733

<b>Information and Referral</b>	
<b>Access to Independence</b> ( <i>Independent living</i> ) .....	1-800-362-9877
<b>Children and Youth with Special Health Care Needs- Waisman Resource Center</b> ( <i>resources, training, support</i> ) .....	1-800-532-3321
<b>WI First Step</b> ( <i>24-hour information &amp; referral service</i> ) .....	1-800-642-7837

<b>Job Training and Placement</b>	
<b>DVR Division of Vocational Rehab</b> .....	742-4181
<b>Goodwill Industries</b> .....	742-0616
<b>Job Center – Columbia Co.</b> .....	742-4181
<b>MATC – Portage</b> .....	742-3100
<b>Northwoods Inc.</b> ( <i>sheltered workshop</i> ) .....	742-7114
<b>Renewal Youth Services</b> ( <i>job training</i> ) .....	745-6703

<b>Mental Health Intervention, Resources and Support</b>	
<b>Aspen Family Counseling</b> .....	742-5020
<b>Columbia County- Psychiatric Disorder Counseling</b> .....	742-5518
<b>Lutheran Counseling and Family Services</b> .....	1-800-291-4513
<b>NAMI</b> ( <i>information on disorders</i> ).....	768-5375
<b>Pauquette Center for Psychological Services</b> .....	742-5518
<b>Poynette Counseling and Psychotherapy Assoc.</b> .....	635-2146
<b>Suicide Prevention</b> .....	9-1-1
<b>Wisconsin Family Ties</b> ( <i>information, referral and support</i> ) .....	1-800-422-7145

<b>Parent Support Groups</b>	
<b>Epilepsy Foundation</b> .....	442-5555 / 1-800-657-4929
<b>Family Resource Center</b> ( <i>parent education, support groups</i> ) .....	742-8482
<b>Madison Area Down Syndrome Society</b> .....	692-7653
<b>Autism Society of Greater America</b> .....	213-8519
<b>Shore to Shore</b> ( <i>play/parent group for kids who are deaf/hard of hearing</i> ) .....	241-5150
<b>Muscular Dystrophy Association</b> .....	222-3269
<b>United Cerebral Palsy</b> .....	1-800-574-4001

<b>Parent Training and Support</b>	
<b>Family Resource Center</b> ( <i>home visits, lending library, workshops</i> ).....	742-8482
<b>Parents as Leaders</b> ( <i>leadership training for parents of children, six or younger, who have special needs</i> ) .....	1-800-532-3321
<b>Parents in Partnership</b> ( <i>leadership training for parents of children, six to fourteen years old, who have special needs</i> ).....	1-877-844-4925
<b>UW Extension</b> ( <i>family living programs</i> ) .....	742-9686
<b>(CESA 5) Cooperative Educational Service</b> .....	742-8811

<b>Recreation, Sports and Summer Programs</b>	
<b>Camp Phoenix</b> ( <i>therapeutic, kids ages 7-17 with epilepsy</i> ).....	442-5555
<b>Karate America</b> .....	742-0064
<b>Pardeeville Gymnastics &amp; Karate Club</b> .....	429-2070
<b>Ridge Health and Fitness</b> ( <i>limit access swimming pool</i> ) .....	742-2348
<b>Special Olympics, Wisconsin</b> .....	221-2900
<b>Very Special Arts</b> ( <i>leisure arts programming</i> ) .....	241-7583
<b>Winners on Wheels</b> ( <i>service club for children using wheelchairs</i> ).....	242-8484
<b>YMCA-East</b> ( <i>adaptive recreational program</i> ) .....	221-1571
<b>Easter Seals</b> ( <i>Camp Wawbeek</i> ) .....	1-800-422-2324

<b>Stress and Crisis Resources</b>	
<b>American Red Cross</b> .....	742-3656
<b>Aspen Family Counseling</b> .....	742-5020
<b>Child Protective Services</b> .....	742-9227
<b>Columbia Co. Crisis Pregnancy Center</b> .....	742-0100
<b>Crime Victim Assistance</b> .....	742-9834
<b>HOPE House</b> ( <i>for those living with abuse</i> ) .....	356-9123/ crisis 1-800-584-6790
<b>River Haven</b> ( <i>homeless shelter</i> ).....	742-7687
<b>Lutheran Social Services</b> .....	742-4244
<b>Maternal and Child Health Hotline</b> .....	1-800-722-2295
<b>Neighbors in Constant Care</b> (Columbus only) .....	1-920-623-4772
<b>Pauquette Center</b> .....	742-5518
<b>Portage Food Pantry</b> ( <i>M-W 11-Noon, TH 5-6 pm</i> ).....	742-3774
<b>Runaway &amp; Youth Services</b> .....	1-800-924-7238
<b>Salvation Army</b> .....	1-800-849-9733

<b>Transportation</b>	
<b>Mid State Medical Express</b> .....	742-8603 / 1-800-463-3826
<b>City Cab Company</b> .....	742-6669

The Wisconsin Division of Public Health, Children and Youth with Special Health Care Needs (CYSHCN) Program provides consultation and technical assistance to the five Regional CYSHCN Centers and Wisconsin First Step. Funding is provided by a Maternal and Child Health Title V Service Grant, Maternal and Child Health Bureau, Health Resources and Service Administration, US Department of Health and Human Services.