

COLUMBIA HEALTH CARE CENTER  
Wyocena, Wisconsin

**JOB DESCRIPTION**

**POSITION TITLE:** Certified Nursing Assistant

**SUPERVISOR:** Director of Nursing

**POSITION OBJECTIVES**

The primary purpose of your job position is to provide your assigned residents with routine daily nursing care in accordance with our established nursing care procedures, and as may be directed by your supervisor.

**PERSONAL QUALIFICATIONS**

**EDUCATION:**

- Needs to be 18 years of age and a High School Graduate or equivalent/GED preferred.

**EXPERIENCE:**

Must be a licensed Certified Nursing Assistant in accordance with laws of this state.

**SPECIFIC REQUIREMENTS:**

- Must be able to read, write, speak, and understand the English language.
- Must possess the ability to make independent decisions when circumstances warrant such action.
- Must possess the ability to deal tactfully with personnel, residents, family members, visitors, government agencies/personnel, and the general public.
- Must possess the ability and willingness to work harmoniously with professional and non-professional personnel.
- Must have patience, tact, a cheerful disposition and enthusiasm, as well as the willingness to handle difficult residents.
- Must be willing to seek out new methods and principles and be willing to incorporate them into existing nursing practices.
- Must be able to relate information concerning a resident's condition.
- Must not pose a direct threat to the health and safety of other individuals in the workplace.

**DELEGATION OF AUTHORITY**

As a Certified Nursing Assistant you are delegated the administrative authority, responsibility, and accountability necessary for carrying out your assigned duties.

**MAJOR DUTIES AND RESPONSIBILITIES**

**ADMINISTRATIVE FUNCTIONS:**

- Use the wristband or photo to identify residents before administering treatments, serving meals, etc., as necessary.
- Record all entries on flow sheets, notes, charts, etc., in an informative and descriptive manner.

- Use only authorized abbreviations established by this facility when recording information.
- Report all changes in the resident's condition to the Wing Nurse/Charge Nurse as soon as practical.
- Report all accidents and incidents you observe on the shift that occur.

### **ADMISSION, TRANSFER, AND DISCHARGE FUNCTIONS:**

- Ensure that the resident's room is ready for receiving the resident. (i.e., bed made, nametags up, admission kit available, etc.).
- Greet residents and escort them to their room.
- Introduce resident to his/her roommate, if any, and other residents and personnel as appropriate.
- Make resident comfortable (i.e., put to bed, get water, etc.).
- Store resident's clothing.
- Assist residents with packing their personal possessions when they are being transferred to a new room, or when being discharged.
- Transport residents to new rooms or to the receiving area.
- Assist with loading/unloading residents from vehicles as necessary.

### **PERSONNEL FUNCTIONS:**

- Perform all assigned tasks in accordance with our established policies and procedures and as instructed by your supervisor.
- Follow work assignments, and/or work schedules in completing and performing your assigned tasks.
- Cooperate with inter-departmental personnel, as well as other facility personnel to ensure that nursing services can be adequately maintained to meet the needs of the residents.
- Create and maintain an atmosphere of warmth, personal interest and positive emphasis, as well as a calm environment throughout the unit and shift.
- Meet with your shift's nursing personnel, on a regularly scheduled basis, to assist in identifying and correcting problem areas, and/or the improvement of services.
- Report all complaints and grievances made by the resident to the wing nurse/charge nurse.
- Notify the facility when you will be late or absent from work.

### **PERSONAL NURSING CARE FUNCTIONS:**

- Participate in and receive the nursing report upon reporting for duty.
- Follow established policies concerning exposure to blood/body fluids.
- Assist residents with daily dental and mouth care (i.e., brushing teeth/dentures, oral hygiene, special mouth care, etc.).
- Assist residents with bath functions (i.e., bedbath, tub, or shower bath, etc.) as directed.
- Give backrubs as instructed.
- Assist residents with dressing/undressing as necessary.
- Assist residents with hair care functions (i.e., combing, brushing, shampooing, etc.).
- Assist residents with nail care (i.e., clipping, trimming, and cleaning the finger/toenails). (Note: Does not include diabetic residents.)
- Shave male residents.
- Keep hair on female residents clean shaven (i.e., facial hair, under arms, on legs, etc.) as instructed.
- Keep residents dry (i.e., change gown clothing, linen, etc., when it becomes wet or soiled.)

- Change bed linens. Keep linens tight to avoid wrinkles from forming under the resident.
- Make beds (occupied and unoccupied) when necessary.
- Put extra covers on beds as requested.
- Position bedfast residents in correct and comfortable position.
- Assist resident with bowel and bladder functions (i.e., take to bathroom, offer bedpan/urinal, portable commode, etc.).
- Maintain intake and output records as instructed.
- Keep incontinent residents clean and dry.
- Check and report bowel movements and character of stools as instructed.
- Prepare and give enemas. Report results as instructed.
- Collect specimens as instructed (i.e., urine, sputum, stools, etc.).
- Assist residents in preparing for medical tests (i.e., lab work, x-ray, therapy, dental, etc.).
- Assist residents in preparing for activity and social programs (i.e., church services, parties, visitor, etc.).
- Assist in transporting residents to/from appointments, activity, and social programs, etc., as necessary.
- Assist with lifting, turning, moving, positioning, and transporting residents into and out of beds, chairs, bathtubs, wheelchairs, lifts, etc.
- Assist residents to walk with or without self-help devices as instructed.
- Perform restorative and rehabilitative procedures as instructed.
- Provide eye and ear care (i.e., warm/cool compresses, cleaning eyeglasses/hearing aides, etc.) as instructed.
- Assist with the application on nonsterile (moist and dry) warm/cold compresses.
- Assist in preparing the resident for a physical examination.
- Weigh and measure residents as instructed.
- Measure and record temperatures, pulse, and respirations (TPRs), as instructed.
- Answer resident calls promptly.
- Ensure that residents who are unable to call for help are checked frequently.
- Check each resident routinely to ensure that his/her personal care needs are being met in accordance with his/her wishes.
- Assist with the care of the dying resident.
- Provide post-mortem care as instructed.

### **SPECIAL NURSING CARE FUNCTIONS:**

- Observe and report the presence of pressure areas and skin breakdowns to prevent decubitus ulcers (bedsores).
- Provide daily indwelling catheter care.
- Provide daily perineal care.
- Assist with the application of slings, elastic bandages, binders, etc.
- Give tepid sponge baths.
- Provide daily Range of Motion Exercises. Record data as instructed.
- Turn bedfast residents at least every two (2) hours.
- Perform diabetic urine testing (i.e., clinitest, acetest, etc.).
- Provide physical and respiratory therapy as instructed.
- Perform special treatments as instructed.
- Observe disoriented and comatose residents. Record and report data as instructed.

- Turn all medications found in the resident's room/possession over the Wing Nurse/Charge Nurse.
- Provide residents with Reality Orientation as instructed.
- Watch for and report any change in room temperature, ventilation, lighting, etc.

### **FOOD SERVICE FUNCTIONS:**

- Prepare residents for meals (i.e., take to bathroom, wash hands, comb hair, raise bed, position tables, place bibs, take to/from dining room, etc.).
- Serve food trays. Assist with feeding as indicated (i.e., cutting foods, feeding, assist in dining room supervision, etc.).
- Assist residents with identifying food arrangements (i.e., informing resident with sight problem of foods that are on his/her tray, where it is located, if it is hot/cold, etc.).
- Record the resident's food/fluid intake. Report changes in the resident's eating habits.
- Keep residents' water pitchers clean and filled with fresh water (on each shift) when unit assistants are unavailable and within easy reach of the resident.
- Serve between meal and bedtime snacks.
- Perform after meal care (i.e., remove trays, clean resident's hands, face clothing, take to bathroom, brush teeth, clean dentures, etc.).
- Check rooms for food articles (i.e., food in proper container, unauthorized food items, etc.).

### **STAFF DEVELOPMENT:**

- Attend and participate in scheduled training and educational classes to maintain current certification as a Nursing Assistant.
- Attend and participate in scheduled orientation programs and activities.
- Attend and participate in annual mandated OSHA and CDC in- service training programs for hazard communication, TB management, and bloodborne pathogens standard.

### **SAFETY AND SANITATION:**

- Restrain residents in chair/bed as instructed.
- Check restrained residents at least every thirty (30) minutes.
- Release restraints at least every two (2) hours for range of motion exercises, taking to bathroom, etc.
- Maintain a record of restrained residents, the times restraints were released, and how long the restraints were released.
- Participate in an in-service training program prior to performing tasks that involve potential exposure to blood/body fluids.
- Wash hands before and after performing any service for the resident.
- Keep the nurses' call system within easy reach of the resident.
- Immediately notify the Wing Supervisor/Charge Nurse of any resident leaving/missing from the facility.
- Follow established safety precautions in the performance of all duties.
- Keep residents' personal possessions off the floor and properly stored.
- Keep floors dry. Report spills immediately.
- Keep excess supplies and equipment off the floor. Store in designated areas.
- Wash wheelchairs, walkers, etc, as instructed.
- Clean, disinfect, and return all resident care equipment to its designated storage area after each use.

- Perform routine housekeeping duties (i.e., clean bedrails, overbed table, nightstand, etc., that relate to nursing care procedures).
- Before leaving work area for breaks, or at the end of the workday, store all tools, equipment, and supplies.
- Report all hazardous conditions and equipment to the Wing Nurse/Charge Nurse immediately.
- Report all safety violations.
- Follow established smoking regulations. Report all violations.
- Report any communicable or infectious disease to the Director of Nursing Services and/or to the Infection Control Coordinator.
- Follow established isolation precautions and procedures.
- Wash hands before entering and after leaving an isolation room/area.
- Follow established procedures in the use and disposal of personal protective equipment.
- Wear and/or use safety equipment and supplies (e.g., back braces, lifter, etc.) when lifting or moving residents.

### **EQUIPMENT AND SUPPLY FUNCTIONS:**

- Use only the equipment you have been trained to use.
- Operate all equipment in a safe manner.
- Use only the equipment and supplies necessary to do the job. Do not be wasteful.
- Report defective equipment to the Wing Nurse/Charge Nurse.
- Inform the Wing Nurse/Charge Nurse of your equipment and supply needs.

### **CARE PLAN FUNCTIONS:**

- Review care plans daily to determine if changes in the resident's daily care routine have been made on the care plan.
- Inform the Wing Nurse/Charge Nurse of any changes in the resident's condition so that appropriate information can be entered on the resident's care plan.
- Ensure that your notes reflect that the care plan is being followed.

### **RESIDENT RIGHTS:**

- Maintain the confidentiality of all resident care information.
- Ensure that you treat all residents fairly, and with kindness, dignity, and respect.
- Ensure that all nursing care is provided in privacy.
- Knock before entering the resident's room.
- Report all grievances and complaints made by the resident to the Wing Nurse/Charge Nurse.
- Report all allegations of resident abuse and/or misappropriation of resident property.
- Honor the resident's refusal of treatment request. Ensure that such requests are in accordance with the facility's policies governing advance directives.

### **WORKING CONDITIONS:**

- Works throughout the nursing service area (i.e., nurses' stations, resident rooms, etc.).
- Sits, stands, bends, lifts, and moves intermittently during working hours.
- Is subject to frequent interruptions.
- Is involved with residents, personnel, visitors, government agencies/personnel, etc., under all conditions and circumstances.
- Is subject to hostile and emotionally upset residents, family members, personnel, and visitors.

- Communicates with nursing personnel and other department personnel.
- Works beyond normal working hours, on weekends and holidays, and in other positions temporarily, when necessary.
- Attends and participates in continuing educational programs.
- Is subject to falls, burns from equipment, odor, etc., throughout the workday.
- Is subject to exposure to infectious waste, disease, conditions, etc., including TB and the AIDS and Hepatitis B viruses.

**PHYSICAL AND SENSORY REQUIREMENTS:**

- Must be able to move intermittently throughout the workday.
- Must be able to speak and write the English language in an understandable manner.
- Must be able to cope with the mental and emotional stress of the position.
- Must be able to see and hear or use prosthetics that will enable these senses to function adequately to ensure that the requirements of this position can be fully met.
- Must function independently and have flexibility, personal integrity, and the ability to work effectively with residents, personnel, and support agencies.
- Must be in good general health and demonstrate emotional stability.
- Must be able to relate to and work with the ill, disable, elderly, emotionally upset, and, at times, hostile people within the facility.
- Must be able to lift, push, pull, and move a minimum of 50 pounds.
- Must be able to assist in the evacuation of residents during emergency situations.

1. This job description is not intended to be all-inclusive. The employee will also perform other reasonably related business duties as assigned by the Director.
2. Management reserves the right to change job responsibilities, duties, and hours as needs prevail. This document is for management communications only and not intended to imply a written contract of employment.

I have read this job description and fully understand the requirements set forth therein. I hereby accept the position of Certified Nursing Assistant and agree to abide by the requirements set forth and will perform all duties and responsibilities. I understand that as a result of my employment, I may be exposed to the AIDS and Hepatitis B viruses and that the facility will make available to me, free of charge, the hepatitis B vaccine.

Date	Signature - Cert. Nurse Asst.
Date	Signature - Dir. of Nursing