

**(888)-742-9233**



# Resource Guide

## Assistance and Resources for People who are Elderly and/or Disabled

111 E. Mullett Street  
P.O. Box 136, Portage, WI 53901  
Phone: (608) 742-9233  
Fax: (608) 742-9277

Website:

[www.columbia.wi.us/columbiacounty/adrc](http://www.columbia.wi.us/columbiacounty/adrc)

Email: [adrc@columbiacountywi.gov](mailto:adrc@columbiacountywi.gov)

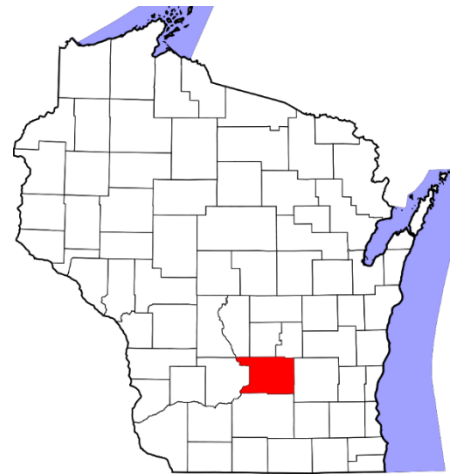
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## COLUMBIA COUNTY-WISCONSIN

### Cities

- Columbus (partly in Dodge County)
- Lodi
- Portage (county seat)
- Wisconsin Dells (partly in Adams County, Juneau County, and Sauk County)

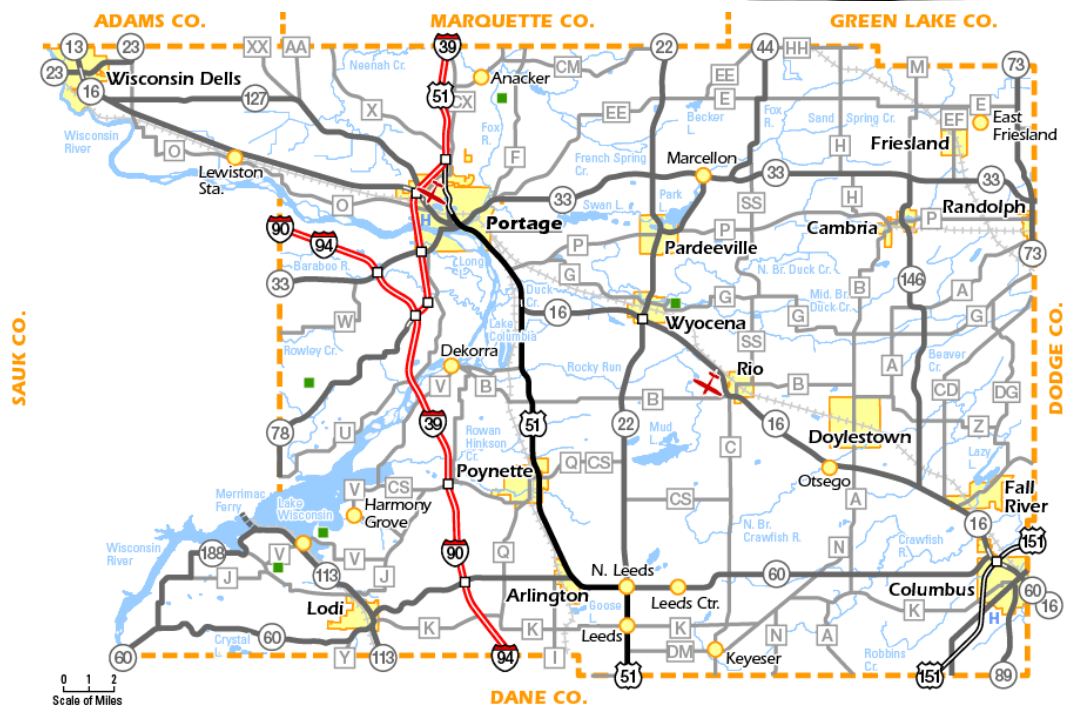


### Villages

- Arlington
- Cambria
- Doylestown
- Fall River
- Friesland
- Pardeeville
- Poynette
- Rio
- Wycena

### Townships

- Arlington
- Caledonia
- Columbus
- Courtland
- Dekorra
- Fort Winnebago
- Fountain Prairie
- Hampden
- Leeds
- Lewiston
- Lodi
- Lowville
- Marcellon
- Newport
- Otsego
- Pacific
- Randolph (mostly in Dodge County)
- Scott
- Wycena



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111 E. Mullett St./ P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9233 Toll Free: 1-(888) 742-9233

Fax: (608) 742-9277

Email: [adrc@columbiacountywi.gov](mailto:adrc@columbiacountywi.gov)

Website: [www.co.columbia.wi.us/ColumbiaCounty/ADRC](http://www.co.columbia.wi.us/ColumbiaCounty/ADRC)

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## ADAPTIVE AID RETAILERS

Company Name	Phone Number	Website address
Access to Independence	(608) 242-8484	<a href="https://www.accesstoind.org/">https://www.accesstoind.org/</a>
Independent Living Aids	(800) 537-2218	<a href="http://www.independentliving.com">www.independentliving.com</a>
Lighthouse Center for Vital Living	(218) 624-4828	<a href="http://www.lcfvl.org">www.lcfvl.org</a>
The Low Vision Store	(800) 871-8780	<a href="http://www.lowvisionstore.org">www.lowvisionstore.org</a>
LS&S	(800) 468-4789	<a href="http://www.lssproducts.com">www.lssproducts.com</a>
Maxi Aids	(800) 522-6294	<a href="http://www.maxiaids.com">www.maxiaids.com</a>
Vision Forward Store	(414) 615-0100	<a href="http://www.vision-forward.org/store/">www.vision-forward.org/store/</a>
Wisconsin Council of the Blind and Visually Impaired Sharper Vision Store	(608) 237-8100	<a href="https://store.wcblind.org">https://store.wcblind.org</a>

## ADULT DAY CENTERS

An Adult Day Care facility provides services for part of a day in a group setting to adults who need assistance with activities of daily living, supervision and/or protection. Services may include personal care and supervision, provision of meals, medical care, medication administration, transportation, and activities designed to meet physical, social and leisure time needs. In Wisconsin, adult day care centers are not licensed, but may be certified. If the center serves one or more participants who receive Medicaid Waiver funding from a county, certification by the Department of Health Services (DHS) is required. If a center is certified, the DHS conducts surveys to determine compliance with certification standards. Adult day care may be provided in family homes, freestanding centers, and multi-use facilities such as churches, schools and senior centers. Adult day centers generally operate programs during normal business hours five days per week. Some programs offer services on evenings and weekends. **(There are currently no Adult Day Centers available in Columbia County).**

Company Name	Address	Phone Number	Website Address
Colonial Club-Senior Activity Center	301 Blankenheim Lane, Sun Prairie WI 53590	(608) 837-4611	<a href="http://www.colonialclub.org">www.colonialclub.org</a>
Thomas Family Adult Day Center	Madison, WI	262-900-4743	<a href="http://www.thomasfamilyaduldaycenter.com">www.thomasfamilyaduldaycenter.com</a>
Reminisce Adult Day Services	2350 North Dewey Ave, Reedsburg WI 53959	(608) 768-5815	<a href="http://www.ramchealth.com/services/adult-day-services">www.ramchealth.com/services/adult-day-services</a>

**ALZHEIMERS AND OTHER DEMENTIA RELATED SERVICES**

Company Name	Address	Phone Number	Important Info
Dementia Care Specialist Program	111 E. Mullett St, PO Box 136, Portage, WI 53901	(608) 742-9726	Our program for dementia care offers support to improve the quality of life for people with the condition who are living at home and their caregivers while also increasing awareness and support in the community.
Alzheimer's Association		Phone: (608) 203- 8500 24/7 Hotline: (800) 272-3900	Provides education, research, resources and advocacy relating to Alzheimer's and Dementia. Also offers a 24/7 hotline for caregivers. <a href="http://www.alz.org/wi">www.alz.org/wi</a>
Columbus Caregiver Support Group	Columbus Community Center 125 N Dickason Blvd, Columbus, WI 53925	608-742-9726	2 <sup>nd</sup> Thursday of every month 10-11:30AM
Lodi Caregiver Support	Reach Out Lodi 601 Clark St. Lodi, WI 53555	608-742-9726	3 <sup>rd</sup> Thursday of every month 1:00-2:30PM
Portage Caregiver Group	Portage Public Library 235 E. Edgewater St. Portage, WI 53901	608-742-9726	1 <sup>st</sup> Monday of every month from 1:00-2:30PM
Lodi Memory Café	At Reach Out Lodi 601 Clark St, Lodi, WI 53555	(608) 592-4592	4 <sup>th</sup> Friday of every month, 1:00-2:30PM
Alzheimer's Family and Caregiver Support Program (AFCSP)	Columbia County Aging and Disability Resource Center 111 E. Mullett St; P.O Box 136; Portage, WI 53901	Phone: (608) -742-9233	Up to \$2,000 per year can be used to pay for respite care (in-home care or adult day care) so family members can have a break from caregiving. A co-payment might be required, depending upon the income level of the person with dementia and his or her spouse.
Riverwood Caregiver Support Group	Riverwood Senior Living 115 Bowman Road Wisconsin Dells WI 53965	(608) 684-0123	Caregiver Support Group, last Tuesday of each month at 10:00 AM in their Community Room.

**COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)**

Website: <https://www.dhs.wisconsin.gov/guide/cbrfcolum.pdf>

A state licensed facility has been specially designed to cater to the special needs of the person and to offer an alternative to nursing home care. Services offered are: 24-hour staffing, cooked meals, supervision of medication, assistance with personal hygiene and dressing, laundry, planned leisure activities and daily companionship. Cost varies for each CBRF. Medicare does not fund this type of placement. If you are unable to afford the costs of this type of facility and you have medical needs, the Aging and Disability Resource Center (ADRC) is available to assess your situation to see if you qualify for public funding. Please contact the ADRC as listed at the front of this document. \*The following are located in Columbia County.

Facility Name	Licensee Name	Specialty Programs	
Aspirus Tivoli Community 2805 Hunters Trail Portage WI 53901 (608) 745-5900	Divine Savior Healthcare Inc (608) 742-4131	Type: CBRF Class: CNA Gender: M/F Capacity: 40 Initial License: 12/27/2010	Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled
At Home Again – Rio 403 Lowville Road Rio WI 53960 (920) 992-6430	A&J Senior Care (920) 992-6430	Type: CBRF Class: CNA Gender: M/F Capacity: 16 Initial License: 03/07/2017	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Public Funding Terminally Ill
At Home Again Memory Care – Rio 405 Lowville Road Rio WI 53960 (920) 992-6430	A&J Senior Care (920) 992-6430	Type: CBRF Class: CNA Gender: M/F Capacity: 8 Initial License: 06/15/2018	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Public Funding
Hamilton Park Place 2525 Hamilton Street Portage WI 53901 (608) 742-7888	Therapeutic Assisted Living Operations (920) 207-3550	Type: CBRF Class: CNA Gender: M/F Capacity: 24 Initial License: 12/26/2014	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Public Funding



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Haven Hills 215 Dale Drive Lodi WI 53555 (608) 592-0394	Back In Lodi LLC (608) 575-7221	Type: CBRF Class: CNA Gender: M/F Capacity: 24 Initial License: 08/17/2016	Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled Public Funding Terminally Ill
Home Again – Columbus 110 Stuart Street Columbus WI 53925 (920) 623-9833	Home Again Assisted Living Inc (608) 712-1517	Type: CBRF Class: CNA Gender: M/F Capacity: 36 Initial License: 04/20/2011	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill
Home Again Memory Care – Columbus 110 Stuart Street Columbus WI 53925 (920) 623-9833	Home Again Assisted Living Inc (608) 712-1517	Type: CBRF Class: CNA Gender: M/F Capacity: 12 Initial License: 03/09/2017	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill
Lake Place Group Home 105 Lake Road Portage WI 53901 (608) 742-4746	The ARC of Greater Columbia County (608) 742-0260	Type: CBRF Class: CS Gender: M/F Capacity: 8 Initial License: 01/01/1981	HCBS Compliant Developmentally Disabled
Larson House 550 River Road Columbus WI 53925 (920) 623-5253	Larson House Platinum LLC (414) 940-6608	Type: CBRF Class: CNA Gender: M/F Capacity: 36 Initial License: 09/01/2015	HCBS Compliant Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill
Larson House South 550 River Road Columbus WI 53925 (920) 623-5253	Larson House Platinum LLC (414) 940-6608	Type: CBRF Class: CNA Gender: M/F Capacity: 28 Initial License: 11/01/2017	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness



			Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill
Meadows of Fall River 101 Hometown Ave Fall River WI 53932 (920) 484-6171	Meadows of Fall River LLC (920) 484-6171	Type: CBRF Class: CNA Gender: M/F Capacity: 18 Initial License: 09/05/2017	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled
Our House Lodi Assisted Care 121 Second Street Lodi WI 53555 (608) 592-7433	Keystone Lodi LLC (317) 280-8455	Type: CBRF Class: CNA Gender: M/F Capacity: 16 Initial License: 09/30/2010	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding
Our House Portage Assisted Care 2876 Village Road Portage WI 53901 (608) 745-0330	KSMS Our House LLC (317) 280-8455	Type: CBRF Class: CNA Gender: M/F Capacity: 18 Initial License: 04/15/2011	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding
Our House Wisconsin Dells Assisted Care 1954 State Road 23 Wisconsin Dells WI 53965 (608) 253-3404	KSMS Our House LLC (317) 280-8455	Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 09/30*2010	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding
Our House Wisconsin Dells Memory Care 1950 State Road 23 Wisconsin Dells WI 53965 (608) 253-7901	KSMS Our House LLC (317) 280-8455	Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 09/30/2010	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding
The Rivers -Baraboo 601 Latten Lane Portage WI 53901 (608) 566-1500	Elder Care Consulting LLC (507) 361-3495	Type: CBRF Class: CNA Gender: M/F Capacity: 14 Initial License: 12/28/2020	HCBS Compliant Advanced Age Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Terminally Ill
The Rivers – Fox 611 East Albert Street Portage WI 53901 (608) 566-1500	Elder Care Consulting LLC (507) 361-3495	Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 12/28/2020	HCBS Compliant Advanced Age Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's

			Terminally Ill
The Rivers – Wisconsin 621 Latton Lane Portage WI 53901 (608) 566-1500	Elder Care Consulting LLC (507) 361-3495	Type: CBRF Class: CNA Gender: M/F Capacity: 16 Initial License: 12/28/2020	HCBS Compliant Advanced Age Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill
Riverwood Senior Living Eagles Nest 115 Bowman Road Wisconsin Dells WI 53965 (608) 684-0123	Riverwood Eagles Nest LLC (608) 829-3450	Type: CBRF Class: CNA Gender: M/F Capacity: 55 Initial License: 01/01/2021	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Terminally Ill
The ARC 237 W Seward Street Poynette WI 53955 (608) 635-2887	The ARC of Greater Columbia County (608) 742-0260	Type: CBRF Class: CNA Gender: M/F Capacity: 8 Initial License: 12/01/2014	HCBS Compliant Developmentally Disabled Physically Disabled

**RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)**

Website: <https://www.dhs.wisconsin.gov/guide/rcaccolum.pdf>

A state licensed facility has been specially designed to cater to the special needs of the person and to offer an alternative to nursing home care. Services offered are “ala carte” and designed to assist individuals based on their individual needs. Each independent apartment has its own lockable entrance and exit, a kitchen, including a stove, and individual bathroom, sleeping and living areas. An RCAC is limited in providing no more than 28 hours per week of services that are supportive, personal and nursing services. Cost varies for each RCAC. Medicare does not fund this type of placement. If you are unable to afford the costs of this type of facility and you have medical needs, the Aging and Disability Resource Center (ADRC) is available to assess your situation to see if you qualify for public funding. Please contact the ADRC as listed at the front of this document.

Facility Name/ Information	Licensee Name	Specialty Programs	
Heritage House of Portage 2685 Airport Road Portage, WI 53901 (608) 745-3312 County: Columbia	SHA MSL Portage OPCO LLC (312) 462-4462 Tom Ostrom 101 N Wacker DR Suite 616 Chicago, IL 60606	Type: Class: Gender: Apartments: Initial Cert:	RCAC Certified M/F 66 04/07/2015

Meadows of Fall River (The) 101 Hometown Ave. Fall River, WI 53932 (920) 484-6171 County: Columbia	The Meadows of Fall River, LLC (608) 317-6384 Robert Simonson 2850 Monarch Altoona, WI 54720	Type: RCAC Class: Certified Gender: M/F Apartments: 38 Initial Cert.: 01/01/2010	Public Funding
Our House Portage RCAC 215 Northridge Dr. Portage, WI 53901 (608) 745-0331 County: Columbia	KSMS Our House LLC (317) 280-8455 4350 156 <sup>th</sup> St Chippewa Falls, WI 54729	Type: RCAC Class: Certified Gender: M/F Apartments: 32 Initial Cert: 04/15/2011	Public Funding

**BLIND/VISUALLY IMPAIRED**

Company Name	Address	Phone Number	Important Information
Dept. of Health Services Office for the Blind and Visually Impaired	1 W. Wilson St. P.O. Box 2659, Madison, WI 53701	1 (888) 879-0017	Statewide group of rehabilitation specialists who teach independent living skills to people in their homes, provide group trainings, demonstrate adaptive equipment and provide information and referral services. <a href="http://www.dhs.wisconsin.gov/blind/index.htm">www.dhs.wisconsin.gov/blind/index.htm</a>
Wisconsin Center for the Blind and Visually Impaired	1700 West State St, Janesville, WI 53546	1 (800) 832-9784	Public school and statewide outreach, administered by the Department of Public Instruction, that offers an educational facility for children who are visually impaired and summer rehabilitation program for adults with vision loss. <a href="http://www.wcbvi.k12.wi.us/">www.wcbvi.k12.wi.us/</a>
Wisconsin Council of the Blind and Visually Impaired	754 Williamson St. Madison, WI 53703	Phone: (608) 255-1166 Toll Free: 1 (800) 783-5213 Fax: (608) 255-3301	Nonprofit agency that offers white canes, adaptive equipment, information and referral, low vision evaluations, rehabilitation teaching, computer training and scholarships.
Wisconsin Lions Camp	3834 County Rd A, Rosholt, WI 54473	(715) 677-4969	Camp that provides educational camping experiences free of charge to eligible children and adults with disabilities from Wisconsin.
Wisconsin Talking Book and Braille Library	813 West Wells St, Milwaukee, WI 53233	(414) 286-3045	Library that lends books and magazines in audio and braille formats to people with vision loss, physical disabilities or reading disabilities.

**CLOTHING CENTERS (LOW COST)**

Company Name	Phone Number	Address
St. Vincent de Paul Portage	(608) 742-5513	1311 W. Wisconsin Street; Portage, WI 53901
St. Vincent de Paul Baraboo	(608) 356-4649	100 South Boulevard; Baraboo, WI 53913
St. Vincent de Paul Wisconsin Dells	(608) 254-4011	W15210 Hwy 16; Wisconsin Dells, WI 53965
St. Vincent de Paul Columbus	(920) 623-2004	110 Meister Drive; Columbus, WI 53925
Goodwill Industries Portage	Phone: (608) 745-0616 Donation Center: (608) 742-0907	2902 American Legion Dr; Portage, WI 53901
Reach Out Lodi Community Store	(608) 592-4592	601 Clark St.; Lodi, WI 53555 (By appointment only)
Wyocena Helping Hands Pantry		165 E. Dodge Street; Wyocena, WI 53969 1 <sup>st</sup> three Mon, Tues, Wed from 10:00 am–12:00 pm wyocenafoodpantry.com hhands652@gmail
Dekorrra Lutheran Church Clothes Closet	(608) 635-7200 (Call for hours)	Corner of Smith Road and County CS; Poynette, WI
Baraboo First United Methodist Church-Neighborly	(608) 356-3991	615 Broadway, Baraboo, WI 53913

**COMMUNITY OUTREACH PROGRAMS**

Company Name	Phone Number	Important Information
You Are Not Alone (Y.A.N.A)	(608) 254-1611 (608) 273-8255	For residents in the Wisconsin Dells School District. A service of the Wisconsin Dells Police Department. Free telephone reassurance and welfare maintenance project.

**COUNSELING SERVICES / HOTLINES**

Company Name	Address	Phone Number	Important Information
AA Meeting		(608) 222-8989	For a complete up to date list of AA Meetings in Columbia County, please call the phone number below or visit the website. <a href="http://www.aamadisonwi.org">www.aamadisonwi.org</a>

Alcohol and Drug Assistance 24 Hour Emergency Crisis Hotline		1 (888) 552-6642	
Al-Anon & Alateen Meetings		1 (888) 425-2666	Call for locations and meeting days/times
Alcohol and Drug Helpline		1 (800) 821-4357	Provides referrals to local facilities where adolescents and adults can seek help.
Alcohol Treatment Referral Hotline		1 (800) ALCOHOL	Provides help/referrals for people with concerns about alcohol or drug use. 24 hours.
Center for Substance Abuse Treatment National Drug and Alcohol Treatment Referral Service		1 (800) 662-HELP	Can link the caller to a variety of hotlines that provide treatment referrals. 24 hours.
Columbia County Connects Coalition	626 E. Slifer St.; PO Box 564; Portage, WI 53901	(608) 742-8814 Ext 242	Provides information on drugs and alcohol to parents and community members. Also offers Juvenile Underage Drinking Offenders classes.
HA-Heroin Anonymous Meeting	102 4 <sup>th</sup> Ave, Baraboo, WI 53913		Recovery/Peer Support Meetings are co-ed, space is limited. <a href="https://www.satorihouse.org/">https://www.satorihouse.org/</a>
Lutheran Social Services	727 8 <sup>th</sup> Street, Baraboo, WI 53913	Baraboo: (608) 355-4103	<a href="http://www.lsswis.org">www.lsswis.org</a>
Medication Assistance Recovery and Coordination (MARC)	111 E. Mullett St, Portage, WI 53901	1 (888) 552-6642 24 hour line	MARC is a collaborative program developed to provide an innovative approach to treating heroin and opioid prescription drug addiction. Program will facilitate referrals to medication-assisted treatment as well as ongoing case management services.
Narcotics Anonymous	Scenic Bluffs Area (Baraboo, Beaver Dam, Portage, Reedsburg, Wisconsin Dells)	1 (866) 590-2648	
Wisconsin Regional Service Office		1 (920) 232-9615	<a href="http://www.na.org">www.na.org</a>

Pauquette Center of Psychological Services	2901 Hunters Trail; Portage, WI 53901 1343 Park Ave.; Columbus, WI 53925	Portage: (608) 742-5518 Columbus: (920) 623-5578	<a href="http://www.pauquette.com">www.pauquette.com</a>
Prevention and Response Columbia County (PARCC)			A community-based coalition that collaborates with Columbia County communities to identify, guide, support, lead and advocate for both prevention and recovery strategies to decrease the occurrence of substance abuse. <a href="http://www.parccinfo.org">www.parccinfo.org</a> Email: <a href="mailto:columbiacountyPARCC@gmail.com">columbiacountyPARCC@gmail.com</a>
Rosecrance		1 (866) 330-8729	Offers inpatient and outpatient substance use disorder and mental health issues treatment. <a href="https://rosecrance.org/">https://rosecrance.org/</a>
SAMHSA's National Helpline and Referral Service		1 (800) 662-4357	Free, confidential, 24/7/365 treatment referral and information service (English and Spanish) for individuals and families facing mental and/or substance use disorders. Can link the caller to a variety of hotlines that provide treatment referrals 24 hours a day. <a href="http://www.samhsa.gov">www.samhsa.gov</a>
Sauk Prairie Recovery	St. Vincent de Paul 815 19 <sup>th</sup> Street, Prairie du Sac, WI 53578	(608) 644-0504 Ext. 12	Community Activated Recovery Enhancement (CARE) assists individuals to abstain from using alcohol and opioids by using the non-addictive medically assisted treatment medication called Vivitrol.
Sonas Behavioral health Agency	6402 Odana Road, Madison WI 53719	(608) 204-6076	<a href="http://www.sonasbehavioralhealth.com">www.sonasbehavioralhealth.com</a>
Substance Abuse Resources for Wisconsin			<a href="http://www.addicted.org/wisconsin-long-term-drug-rehab.html">www.addicted.org/wisconsin-long-term-drug-rehab.html</a>
Tellurian	Main Campus 300 Femrite Drive, Madison, WI 53716	Phone: (608) 222-7311 Toll Free: 1 (877) 661-9051	<a href="https://tellurian.org">https://tellurian.org</a>
Wisconsin Addiction Recovery Helpline	2-1-1 or 1 (833) 944-4673		The Wisconsin Addiction Recovery Helpline is sponsored by the Wisconsin Department of Health Services. The helpline is a free, confidential, statewide resource for finding substance abuse treatment and recovery services. The helpline is available 24/7. <a href="https://211wisconsin.community.os.org">https://211wisconsin.community.os.org</a>
The Harbor Recovery Center	PO Box 803 Portage, WI 53901	608-697-7163 (call or text)	<a href="http://www.theharborrecoverycenter.com">www.theharborrecoverycenter.com</a>

## Gambling Problem

### Wisconsin Council on Problem Gambling

Toll-Free help line 1 (800) GAMBLE-5 / 1 (800) 426-2535

1423 Kellogg Street, Green Bay WI

The Wisconsin Council on Problem Gambling provides resources, public awareness and education on problem and pathological gambling disorders while maintaining strict neutrality on the issue of legalized gambling.

## DISASTER RELIEF

Company Name	Phone Number	Important Information
American Red Cross	1 (800) 733-2767	Responds to disasters such as fire, flood, and tornado, providing relief (food, clothing, emergency shelter, and personal items, including essential household furnishings, medical supplies, and eyeglasses) to individuals and families, and recruits' volunteers. <a href="http://www.redcross.org">www.redcross.org</a>
Disaster Distress Helpline	1 (800) 985-5990	
Salvation Army	Columbus Police Dept. (920) 623-5919 Portage Community Action Council (608) 254-8353 or (608) 742-3320	

## Domestic Violence

Company Name	Address	Phone Number	Important Information
Hope House	Baraboo Location Mailing address: P.O. Box 557; Baraboo, WI 53913 Physical Address: 720 Ash St.; Baraboo, WI 53913	24-Hour Confidential Helpline 1 (800) 584-6790 Crisis Line: (608) 356-7500 Office Phone: (608) 356-9123	Office Hours: Monday-Friday 8:00am-4:30pm Email: <a href="mailto:hshelter@hopehousesw.org">hshelter@hopehousesw.org</a> Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.
National Domestic Violence Hotline		1 (800) 799-SAFE 1 (800) 787-3224	

## Domestic Abuse Program

Company Name	Phone Number	Important Information
Ho-Chunk Nation Social Services	1 (888) 343-8190 (877) 847-8689	Domestic Abuse Services available: Emergency shelter, emergency transportation, information, childcare assistance, advocacy, education, support group.

### Poison Information

Company Name	Phone Number	Important Information
Wisconsin Poison Control	1 (800) 222-1222	<a href="http://www.wisconsinpoison.org">www.wisconsinpoison.org</a>

### Pregnancy Services

Company Name	Address	Phone Number	Important Information
Columbia County Pregnancy Resource Center	306 W. Cook St.; Portage, WI 53901	1 (800) 705-4710	Offers free pregnancy testing, adoption information and referrals, baby clothing, counseling and pregnancy education.

### DEAF AND HARD OF HEARING

Company Name	Address	Phone Number	Important Information
Office of the Deaf and Hard of Hearing (ODHH)	1 W. Wilson St., PO Box 2659, Madison, WI 53701	(855) 359-5252 (608) 264-9899	Provides information and referral services, consultation and technical assistance. Can provide information including: assistive technology, laws and rights of individuals with hearing loss, resources and services, listing of available interpreter agencies.

### DENTAL

Company Name	Address	Phone Number	Important information
Directory of Dentists in Wisconsin		1 (800) 362-3002	<a href="http://www.dhs.wisconsin.gov/forwardhealth/clinics.htm">http://www.dhs.wisconsin.gov/forwardhealth/clinics.htm</a>
ACHS Joyce & Marshall Erdman Clinic-Madison	2202 S. Park St, Madison, WI 53713	(608) 443-5480	<a href="https://accesscommunityhealthcenters.org/clinics">https://accesscommunityhealthcenters.org/clinics</a>
ACHC-Sun Prairie	1270 W. Main St, Sun Prairie, WI 53590	(608) 825-7100	<a href="https://accesscommunityhealthcenters.org/clinics/sun-prairie-clinic/">https://accesscommunityhealthcenters.org/clinics/sun-prairie-clinic/</a>
ACHS William T. Evjue Clinic-Madison	3434 E. Washington Ave, Madison, WI 53704	(608) 443-5480	<a href="https://accesscommunityhealthcenters.org/clinics">https://accesscommunityhealthcenters.org/clinics</a>
Affordable Dental Care, Inc.	2110 Fordem Ave., Madison, WI 53704	English: (608) 622-4002 Spanish: (608) 622-0034	<a href="http://www.affordablesmiles.com">www.affordablesmiles.com</a>



Church Health Services	115 N. Center St., Beaver Dam, WI 53916	(920) 887-1766	Must be 18 years old or older and have an income below 200% Federal Poverty Line. Accepts BadgerCare and Medicaid. <a href="http://www.churchclinic.org">www.churchclinic.org</a>
Familia Dental	3003 E. Washington Ave., Madison, WI 53704	(608) 244-8050	Accepts Medical Assistance or BadgerCare <a href="http://www.famliadental.com">www.famliadental.com</a>
Family Health/La Clinica	400 S. Townline Rd., P.O. Box 1440; Wautoma, WI 54982	Phone: 1 (800) 942-5330 Fax: (920) 787-4737	<a href="http://www.famhealth.com">www.famhealth.com</a>
Beaver Dam Location	207 S. University Ave.; Beaver Dam, WI 53916	(920) 356-5012	Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.
Madison Area Technical College-Dental Hygiene Clinic	Truax Campus, Health Education Building 1705 Hoffman Street, Room 151	(608) 258-2400 to schedule an appointment.	Available services, performed by dental hygiene students under the supervision of instructors, include: <ul style="list-style-type: none"> <li>• Oral prophylaxis (cleaning)</li> <li>• X-rays</li> <li>• Fluoride treatments</li> <li>• Sealants</li> <li>• Oral hygiene instruction</li> </ul> Service cannot be considered a complete dental/oral examination.
Marshfield Clinic-Black River Falls Dental	N6571 Lumberjack Guy Road; Black River Falls, WI 54615	Phone: (715) 670-0400 Fax: (715) 670-0700	A family health center dedicated to bringing health services to the underserved. <a href="http://www.marshfieldclinic.org">www.marshfieldclinic.org</a>
Marquette University School of Dentistry Clinic	1801 W. Wisconsin Ave.; Milwaukee, WI 53233	(414) 288-6790	All patients accepted including MA and Title XIX, Low-Income, and Uninsured. 13 years of age and older for general clinic. Must pass screening process. Pediatric clinic also available. <a href="http://www.marquette.edu/dentistry/patients/">http://www.marquette.edu/dentistry/patients/</a>
Mauston Dental Center	880 Herriot Dr. Mauston, WI 53948	(608) 847-6700	Provides low cost dental care to patients. The clinic accepts Medical Assistance (Medicaid) Badgercare and also offers an Affordable Care program to low income and uninsured patients.

			Mauston Dental Center strives to provide high quality, comprehensive dental care, excluding orthodontics, to all patients. Call for hours of operation. <a href="http://www.famhealth.com">www.famhealth.com</a>
More Smiles Wisconsin-Salvation Army Dental Clinic	630 E. Washington Ave., Madison, WI 53703	(608) 665-2752	More Smiles primarily serves residents of the following counties: Dane, Columbia, Dodge, Green, Iowa, Jefferson, Richland, Rock, Sauk, or Walworth. Residents of other counties can call to confirm eligibility. We accept Medicaid plans including BadgerCare, and uninsured patients. We do not accept any other forms of dental insurance. For uninsured patients, income must be at or below 200% of the Federal Poverty Level for your family size (about \$25,000 per year for an individual or \$51,500 for a family of four). For uninsured patients, please refer to our fee scale for price of general services. More Smiles Wisconsin requires all appointments to be scheduled, we do not accept walk-ins. For information about emergency care, please call (608) 665-2752. Website: <a href="http://www.moresmileswi.org">www.moresmileswi.org</a>
St. Ann Center for Intergenerational Care	2450 W. North Ave., Milwaukee, WI 53205	(414) 210-2450	Hours M, T, Th & F 8:00 – 5:00 For children and adults with disabilities who cannot be treated in a standard dental clinic because of expense or lack of accessibility. Referral from a Dr or Dentist required. <a href="http://www.stanncenter.org/clinich">www.stanncenter.org/clinich</a>
St. Vincent de Paul Dental Clinic	1906 North St; Prairie du Sac, WI 53578	(608) 644-0504 Ext. 10	The St. Vincent de Paul Dental Clinic located in Prairie du Sac, Wisconsin is ready to serve the public with low cost dental hygiene services. The program provides discounted dental services (sliding scale, which starts at 50% of usual and customary charges) to qualified, uninsured and under insured clients. Medicaid and Badger Care clients are accepted. Our service area includes Sauk and Columbia counties. <a href="http://www.stvdpdental.com">www.stvdpdental.com</a>
Wisconsin Dental Association			Use the link to find resources for dental care for low income and uninsured. <a href="http://www.wda.org">http://www.wda.org</a>
Donated Dental Program			Wisconsin Dental Association program designed to bring dental care to Wisconsin residents who are unable to afford treatment because of a limited income that is clearly linked to a permanent disability, chronic illness or advanced age (65 and older). Program is by application only. Eligibility is determined based on a completed written application and phone interview by the DDS referral coordinator. For more information please visit, <a href="http://www.WDA.org">www.WDA.org</a>

**DISABILITY SERVICES**

Company Name	Address	Phone Number
The Arc of Greater Columbia	711 E. Cook St, Suite 202; Portage, WI 53901	(608) 742-0260/ (608) 742-0261

The Arc provides programs and advocacy for people with disabilities. The programs offered are:

- Special Olympics (ages 2-7, and ages 8+)
- Adult social club; bowling league, parties, assorted recreational activities (age 18+)
- Advocacy
- Newsletter
- Very special arts choir

Residential service provide

**Disability Benefit Specialist (ages 18-59)**

Company Name	Address	Phone Number
Aging and Disability Resource Center	111 E. Mullett St.; PO Box 136; Portage, WI 53901	(608) 742-9233

- Columbia County's Disability Benefit Specialist program is available to assist persons age 18-59 with:
- Filing of medical insurance claims;
- Questions about medical and prescription insurance coverage;
- Other legal and benefit problems;
- Applications for Social Security Disability and Supplemental Security Income Benefits;
- Assistance with appealing Medicare or Medical Assistance decisions on payment claims for services or equipment;
- Assist with the eligibility of State and Federal programs;
- Consumer issues.

Company Name	Address	Phone Number	Website
Access to Independence, INC	3810 Milwaukee St., Madison, WI 53714	(608) 242-84841/(800) 362-9877	<a href="http://www.accesstoind.org/">http://www.accesstoind.org/</a> email: <a href="mailto:info@accesstoind.org">info@accesstoind.org</a>

Access to Independence advocates and provides services for people of any type of disability, and of any age, to achieve or maintain their independence. Services provided by Access to Independence include: Information and Referral, Peer Support, Advocacy – Individual, Systems, Grassroots, Independent Living Skills Training – cooking, budgeting, household maintenance, computers, transportation, etc...., Assistive Technology – demonstration, loan, selection assistance, funding assistance, purchase assistance, training, Public Benefits Assistance – SSDI and SSI application and appeal assistance, Medicaid assistance, Work Incentives Benefits Counseling , Deaf and Hard of Hearing programs and services, Youth with Disabilities Transition Services, Nursing Home Transition and Diversion. Access to Independence provides services in Columbia, Dane, Dodge and Green counties.

Company Name	Address	Phone Number	Important Information
Disability Rights Wisconsin	1502 W Broadway, Monona, WI 53703	Phone: (608) 267-0214 Toll Free Number: (800) 928-8778 DRW Voter Hotline: (844) 347-8683 Medicare Part D Helpline: (800) 926-4862	Website: <a href="http://www.disabilityrightswi.org">www.disabilityrightswi.org</a> Email: <a href="mailto:info@drwi.org">info@drwi.org</a>

Disability Rights Wisconsin helps people across Wisconsin gain access to benefits, supports and services, and experience opportunity through its advocacy services and legal expertise. Our mission is to challenge systems and society to create positive change and improve the lives of people with disabilities. DRW manages a variety of programs in support of this mission.

### **ELDERLY SERVICES**

Company Name	Address	Phone Number
Elder Benefit Specialist (Age 60+)	111 E. Mullett St, Portage, WI 53901	(608) 742-9233

Columbia County's Elder Benefit Specialist program is available to assist persons ages 60 and older with the following:

- Filing of medical insurance claims.
- Questions about medical and prescription insurance coverage.
- SeniorCare applications; SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older who meet income requirements. An annual enrollment fee of \$30.00 per person is charged. All participants will need to pay an out-of-pocket expense. Phone: (800) 657-2038 – TTY and translation services are available.
- Other legal and benefit problems.
- Applications for Social Security and Supplemental Security Income Benefits.
- Assistance with appealing Medicare or Medical Assistance decisions on payment claims for services or equipment.
- Assist with the eligibility of State and Federal programs.
- Consumer issues.

Company Name	Address	Phone Number	Important Information
Elder Law Center, Coalition of Wisconsin Aging Groups	30 W Mifflin St Suite 406, Madison, WI 53718	(608) 224-0606 or 1(800) 488-2596	<a href="http://www.cwag.org">www.cwag.org</a>
Adult Protective Services	111 E Mullett St, Portage, WI 53901	(608) 742-9233	Personal contact is made with suspected victims of elder abuse and/or neglect. Limited in-home counseling is available to individuals needing assistance. APS and Elder Abuse includes physical abuse, material (financial) abuse, neglect, or self-neglect.

## **EMERGENCY RESPONSE SERVICES**

### **MedicAlert + Alzheimer's Association Safe Return**

MedicAlert + Alzheimer's Association Safe Return is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia that are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert + Alzheimer's Association Safe Return then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain information or an application, call (888) 572-8566.

<https://www.alz.org/help-support/caregiving/safety/medicalert-with-24-7-wandering-support>

### **Project Lifesaver Program**

Company Name	Address	Phone Number
Columbia County Sheriff's Department	711 E. Cook St., Portage, WI 53901	(608) 742-4166

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Columbia County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. Help is available to cover the \$300 start-up cost, if needed. More information and an application are available at the website listed.

[www.co.columbia.wi.us/columbiacounty/sheriff](http://www.co.columbia.wi.us/columbiacounty/sheriff)

### **Medical Alert Systems**

Medical alert systems connect you with help in the event of a fall or other emergency. Medical alert devices are available as at-home systems or on-the-go wearables, monitored or unmonitored, and traditional or specialized. Some systems include a wearable help button and a base unit, and some have wall-mounted options.

Company Name	Phone Number	Important Information
SSM Health at Home VoiceCare®	(855) 332-6882	<a href="https://www.ssmhealth.com/services/health-at-home/voicecare">https://www.ssmhealth.com/services/health-at-home/voicecare</a> VoiceCare, a personal emergency response system, provides subscribers a secure connection to help should the need arise.
Senior Safety (Get Help Now)	(888) 473-2800	<a href="https://www.seniorsafety.com/">https://www.seniorsafety.com/</a>
Valued Relationships Inc (VRI)	(800) 860-4230	<a href="https://vricares.com/">https://vricares.com/</a> VRI provides remote patient monitoring to save lives and preserve independence for people in need and the caregivers who support them.
WellBe (HandsFree Health)		<a href="https://handsfreehealth.com/medical-alert-device/">https://handsfreehealth.com/medical-alert-device/</a>
Bay Alarm Medical	(877) 522-9633	<a href="https://www.bayalarmmedical.com/">https://www.bayalarmmedical.com/</a>

Comfort Keepers	(920) 922-1779	<a href="https://www.comfortkeepers.com/care-services/in-home-care/safety-care">https://www.comfortkeepers.com/care-services/in-home-care/safety-care</a> Also offers medication monitoring, health monitoring, GPS, and fall detection.
Lively	(866) 359-5606	<a href="https://www.lively.com/">https://www.lively.com/</a> Provides user friendly mobile phones and medical alert options.
Home Helpers	(920) 722-2273	<a href="https://www.homehelpershomecare.com/">https://www.homehelpershomecare.com/</a> Also offers medication monitoring, health monitoring, GPS, and fall detection.
LifeFone	(800) 882-2280	<a href="https://www.lifefone.com/">https://www.lifefone.com/</a> Medical alert systems for in the home and on the go.
Night Owl Support Systems	(877) 559-1642	<a href="https://www.nossllc.com/">https://www.nossllc.com/</a> Remote supports for individuals with disabilities
Medical Guardian	(800) 224-6400	<a href="http://www.medicalguardian.com">www.medicalguardian.com</a>
MobileHelp	(800) 992-0616	<a href="http://www.mobilehelp.com">www.mobilehelp.com</a>
Alert-1	(800) 693-5433	<a href="https://www.alert-1.com/">https://www.alert-1.com/</a> Alert1 offers in-home and mobile medical alert systems for seniors and others looking for the security and protection that a personal emergency button alarm provides.
Prairie Ridge Health Lifeline	(920) 623-1280	<a href="#">Lifelines2023.pdf</a> Wearable medical alert system.

## **EMPLOYMENT SERVICES**

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Important Information</b>
Division of Vocational Rehabilitation	2875 Village Road, Suite 200, Portage, WI 53901	Phone: (608) 405-4720 Fax: (608) 327-6209	<a href="https://dwd.wisconsin.gov/dvr/">https://dwd.wisconsin.gov/dvr/</a> The Division of Vocational Rehabilitation provides services to people with disabilities to obtain, maintain or improve their employment depending on the severity of the disability. There may be a waiting list for services.
Employment Resources Inc.	4126 Lien Rd. Ste. 14, Madison WI 53704	(608) 246-3444	<a href="http://www.eri-wi.org">www.eri-wi.org</a> Employment Resources, Inc. (ER) is a private, non-profit organization located in Madison, Wisconsin. Since 1990 our mission has been to increase employment opportunities for people with disabilities.

Forward Services Corporation	2425 New Pinery Road Suite 201 Portage WI 53901	(608)-665-9364	<a href="https://fsc-corp.org/our-services/fset">https://fsc-corp.org/our-services/fset</a> Program provides general job search assistance to participants. Individuals must currently be receiving a food share benefit to volunteer for the FSET program. (Voluntary, no-cost program)
MATC-Portage Campus	330 Collins St., Portage, WI 53901	(608) 745-3100	Career Advising available
Tools for Tomorrow	Madison Area Technical College 2125 Commercial Ave., Madison, WI 53705		This program is designed to help women obtain training and employment in skilled trade and technical areas, including apprenticeships. For details, call (608) 246-5285. Information sessions held several times a year. <a href="mailto:toolsfortomorrow@madisoncollege.edu">toolsfortomorrow@madisoncollege.edu</a>
Sauk County Job Center	505 Broadway St Room 232 Baraboo, WI 53913	(608) 355-4810	Job service assistance is available for help with job center registration, resumes, cover letters, job applications and unemployment benefits.
Wisconsin Senior Employment Program	(GWAAR) 1819 Aberg Avenue, Suite C, Madison, WI 53704	(608) 242-4897, leave a message or call 1 (888) 810- 1279	The Wisconsin Senior Employment Program (Senior Community Services Employment Program) is an employment training program for low-income, unemployed individuals aged 55 years and older. The program provides subsidized, part-time work experience for a limited time through community service to obtain the skills necessary for permanent employment.
Workforce Investment Act	Center 505 Broadway St, Baraboo, WI 53910	(608) 355-4810	Provides employment and training services to limited income adults (must meet income eligibility requirement) and dislocated workers.

## **ENERGY ASSISTANCE**

Company Name	Address	Phone Number	Important Information
Energy Assistance for Columbia/Marquette County	242 W Cook St.; Portage, WI 53901	(608) 742-4088 (800) 506-5596	Energy Assistance provides services to households living on a fixed or low income. If a household falls within the income guidelines, it may receive a once per year grant to supplement home heating costs. The household may also qualify for furnace repair and/or replacement, and emergency heating services at no cost to the household. A short application must be completed either at our office or at an outreach site in the county. They do provide homebound services.
Wisconsin Home Energy		(866) 432-8947	<a href="https://energybenefit.wi.gov">https://energybenefit.wi.gov</a>

Assistance Program			
2-1-1 Wisconsin			<a href="https://211wisconsin.communityos.org">https://211wisconsin.communityos.org</a>
Emergency Assistance	2875 Village Road Portage, WI 53901	608-665-9364 800-771-8420	<a href="https://fsc-corp.org/our-services/emergency_assistance/">https://fsc-corp.org/our-services/emergency_assistance/</a> <a href="https://www.google.com/search?q=baraboo+first+united+methodist+church&amp;oq=baraboo+first+united+m&amp;aqs=edge.0.0i512j69i57.3166j0j9&amp;sourceid=chrome&amp;ie=UTF-8&amp;bshmlbse/1">https://www.google.com/search?q=baraboo+first+united+methodist+church&amp;oq=baraboo+first+united+m&amp;aqs=edge.0.0i512j69i57.3166j0j9&amp;sourceid=chrome&amp;ie=UTF-8&amp;bshmlbse/1</a>

**FINANCIAL ASSISTANCE / ECONOMIC SUPPORT**

Company Name	Address	Phone Number	Important Information
Columbia County Department of Health and Human Services	111 E. Mullett St. P.O. Box 136; Portage, WI 53901	Phone: (608)742-9227 Fax: (608) 742-9700 TDD: (608) 742-9229	Types of assistance available to financially eligible persons are: food share, childcare, and Medicaid/Medicare premium assistance. For additional information on these types of assistance or to make an appointment for determination of eligibility, please call the Columbia County Health and Human Service Department and ask to speak to the Economic Support Intake Specialist.
Capital Consortium		(888) 794-5556	If you live in Columbia County this consortium will provide enrollment services and manage benefits for: FoodShare, Medicaid, BadgerCare Plus, Family Planning Only Services, Caretaker Supplement.

**FOOD SERVICES**

Company Name	Address	Phone Number	Important Information
2nd Harvest Mobile Food Pantry	Intersection of Griffith St & Superior Street, building #8		2nd Monday of the month. 10:30am-until all food is distributed; Do not arrive more than 15 minutes early Distribution occurs inside. Bring boxes, bags, and wheeled carts to help carry your groceries.
2nd Harvest Mobile Food Pantry	Pardeeville High School. 120 Oak St, Pardeeville, WI 53954		4th Monday of the month, 3:30-4:30pm; Registration begins at 3pm Held outdoors year-round. Bring boxes, bags, and wheeled carts to help carry your groceries. No restrictions, EVERYONE in need is welcome and served.



Cambria Bread Basket Community Food Pantry	121 W. Florence St; Cambria, WI 53923	(920) 384-5485 or (920) 348-5568	Serves residents of the Cambria School District. Open every Thursday from 3-5PM. Call for an appointment. Also offering home delivery to those within a 7-mile radius of Cambria.
Columbus/Fall River Food Pantry	Senior Center 125 N. Dickason Blvd., Columbus	920) 623-5918	Serves residents of Columbus & Fall River School Districts. By appointment only 4-6:45PM, Thursdays. Call to reserve a spot. Monthly contact list: <a href="https://www.cityofcolumbuswi.com/2324/Food-Pantry">https://www.cityofcolumbuswi.com/2324/Food-Pantry</a>
Reach Out Lodi	601 Clark Street; Lodi, WI 53555	(608) 592-4592	Serves Lodi School District, Dane, Harmony Grove, Okee, Poynette/Arlington. Food pantry, personal essentials, community closet, school supplies, community center. Monday-Friday 9:00AM-3:30PM, Saturday 8:00AM-11:00AM.
Neighbors in Constant Care Foundation (NICC)		(920) 623-5540 or (920) 623-4772	Serves Columbus/Fall River School Districts. Credit mediation, housing or food assistance, school, referral to other resources. Call for more information.
Portage Food Pantry (Located in Lincoln Park)	405 E. Howard St.; P.O. Box 474; Portage, WI 53901	(608) 742-3774	Serves income eligible residents of the Portage Community School District. Must bring ID. Monday-Wednesday 11-Noon, Thursday 5-6PM
Poynette Area Community Food Pantry, Inc	106 South Main Street, Poynette, WI 53955		Please note that the pantry is closed during any 5 <sup>th</sup> Tuesday or Thursday of a month, if one occurs. If school is closed due to inclement weather, the pantry will also close. Donations can be made daily at the Village Hall during our regular house of operation.
Prairie Pride Food Pantry	Arlington UMC 103 Reagles St., P.O. box 140, Arlington, WI 53911	(608) 697-5880	Wednesday from 4:00PM-5:30PM and Saturdays from 9AM-10:30AM serves residents of Columbia and Dane counties.
Rio Area Food Pantry	Rio Community Center 104 Lincoln Avenue; Rio, WI 53960	920-210-9618 608-234-7454	Hours: 2 <sup>nd</sup> and 3 <sup>rd</sup> Mondays 10AM-Noon 4 <sup>th</sup> Mondays 5-6PM Serves income eligible residents of Rio, Cambria-Friesland, Otsego and Doylestown School Districts. Must bring ID.
St. Vincent de Paul-Portage	1311 W. Wisconsin St., Portage, WI 53901	(608) 742-5513	ID and application form required. Hours: Monday-Thursday 9AM-5PM, Friday 9AM-8PM, Saturday 9AM-5PM. Must provide your own bags.
Wisconsin Dells Community Food Pantry	1000 Hwy. 13; Wisconsin Dells, WI 53965	Holly Weber: (608) 697-4612	Tuesdays 9AM-NOON and Thursdays 1-4PM Serves residents of Wisconsin Dells/Lake Delton School District; must bring ID. Contact: <a href="mailto:wiscdellsfp@cwccac.org">wiscdellsfp@cwccac.org</a>

Wyocena Community Helping Hands Pantry	Wyocena Community Center. 165 E. Dodge St.; Wyocena, WI 53969		Hours: 10am to 12 noon on the first three Mondays, Tuesdays, and Wednesdays each month. Clothing, shoes, books, games, puzzles and small household items available to anyone in need. Serves residents of the Pardeeville School District based on income eligibility. <a href="http://www.villageofwyocena.com/helping-hands/">www.villageofwyocena.com/helping-hands/</a>
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## OTHER FOOD PROGRAMS

### Order Delivery and Pickup

Some local convenience and grocery stores offer online ordering for your items to be picked up in store or delivered to your home. This service is available via online ordering through their website or through a third-party application such as Instacart and/or DoorDash. Some pickup/delivery services may accept EBT/SNAP for grocery items, restrictions may apply.

Location	Delivery/Pickup	Additional Cost for Service?	How to Order
<b>Pick N Save</b> 210 Dix St, Columbus, WI 53925 920-623-2205	Delivery available Pickup available	Delivery (Yes) Pickup (Yes on orders less than \$35)	Instacart: (Delivery) <a href="http://www.instacart.com">www.instacart.com</a> Pick N Save Website: (Pickup) <a href="http://www.picknsave.com">www.picknsave.com</a>
<b>Dollar General</b> 951 W James St, Columbus, WI 53925 920-350-4030	Delivery available Pickup available	Delivery (Yes) Pickup (No)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> Dollar General Website: (Pickup) <a href="http://www.dollargeneral.com">www.dollargeneral.com</a>
<b>Kwik Trip #808</b> 204 Dix St, Columbus, WI 53925 920-623-2844	Delivery available Pickup available	Delivery (Yes) Pickup (Yes for delivery, no for pickup)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> DoorDash (Pickup) <a href="http://www.doordash.com">www.doordash.com</a> Kwik Rewards App (Pickup and delivery)
<b>Main Street Market Piggly Wiggly</b> 805 N Main St, Lodi, WI 53555 608-592-7570	Delivery available Pickup available	Delivery (Yes) Pickup (Yes)	Instacart: (Delivery) <a href="http://www.instacart.com">www.instacart.com</a> Piggly Wiggly Website: (Pickup) <a href="http://www.shopthepig.com">www.shopthepig.com</a>
<b>Dollar General</b> 717 N Main St, Lodi, WI 53555 608-721-7105	Delivery available Pickup available	Delivery (Yes) Pickup (No)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> Dollar General Website: (Pickup) <a href="http://www.dollargeneral.com">www.dollargeneral.com</a>
<b>Piggly Wiggly</b> 514 S Main St, Pardeeville, WI 53954 608-429-2221	Delivery available Pickup available	Delivery (Yes) Pickup (Yes)	Instacart: (Delivery) <a href="http://www.instacart.com">www.instacart.com</a> Piggly Wiggly Website: (Pickup) <a href="http://www.shopthepig.com">www.shopthepig.com</a>

<b>Dollar General</b> 509 S Main St, Pardeeville, WI 53954 920-350-3310	Delivery available Pickup available	Delivery (Yes) Pickup (No)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> Dollar General Website: (Pickup) <a href="http://www.dollargeneral.com">www.dollargeneral.com</a>
<b>Aldi</b> 2941 New Pinery Rd, Portage, WI 53901 855-955-2534	Delivery available Pickup available	Delivery (Yes) Pickup (Yes)	Instacart: (Delivery) <a href="http://www.instacart.com">www.instacart.com</a> Instacart: (Pickup) <a href="http://www.instacart.com">www.instacart.com</a>
<b>Walgreens</b> 2700 New Pinery Rd, Portage, WI 53901 608- 742-5727	Delivery available Pickup available	Delivery (Yes) Pickup (Yes)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> Walgreens Website: (Pickup) <a href="http://www.walgreens.com">www.walgreens.com</a>
<b>Festival Foods</b> 2915 New Pinery Rd, Portage, WI 53901 608-742-2386	Delivery available No pickup	Delivery (Yes) Pickup (yes)	Instacart: (Delivery) <a href="http://www.instacart.com">www.instacart.com</a> Festival Website: Pickup <a href="http://www.festfoods.com">www.festfoods.com</a>
<b>Walmart</b> 2950 New Pinery Rd, Portage, WI 53901 608-566-7259	Delivery Available Pickup available	Delivery (Yes, starting at \$9.95) Pickup (Yes for orders under \$35)	<a href="http://www.walmart.com">www.walmart.com</a> Walmart App
<b>Dollar General</b> 501 E Wisconsin St, Portage, WI 53901 608-448-6936	Delivery available Pickup available	Delivery (Yes) Pickup (No)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> Dollar General Website: (Pickup) <a href="http://www.dollargeneral.com">www.dollargeneral.com</a>
<b>Kwik Trip #764</b> 1925 New Pinery Rd, Portage, WI 53901 (608) 742-8005	Delivery available Pickup available	Delivery (Yes) Pickup (Yes for delivery, no for pickup)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> DoorDash (Pickup) <a href="http://www.doordash.com">www.doordash.com</a> Kwik Rewards App (Pickup and Delivery)
<b>Kwik Trip #683</b> 2970 New Pinery Rd, Portage, WI 53901 (608) 742-6676	Delivery available Pickup available	Delivery (Yes) Pickup (Yes for delivery, no for pickup)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> DoorDash (Pickup) <a href="http://www.doordash.com">www.doordash.com</a>
<b>Piggly Wiggly</b> 164 Kienow Dr, Randolph, WI 53956 920-326-5800	Delivery available Pickup available	Delivery (Yes) Pickup (Yes)	Instacart: (Delivery) <a href="http://www.instacart.com">www.instacart.com</a> Piggly Wiggly Website: (Pickup) <a href="http://www.shopthepig.com">www.shopthepig.com</a>
<b>Dollar General</b> 110 Progress Dr, Randolph, WI 53956 920-463-3027	Delivery available Pickup available	Delivery (Yes) Pickup (No)	DoorDash: (Delivery) <a href="http://www.doordash.com">www.doordash.com</a> Dollar General Website: (Pickup) <a href="http://www.dollargeneral.com">www.dollargeneral.com</a>

<b>Maurer's Market</b> 216 Washington Ave, Wisconsin Dells, WI 53965 608-254-8313	Delivery available Pickup available	Delivery (Yes) Pickup (Yes)	Maurer's Market Website: (Delivery & pickup) maurersmarket.com
<b>Walmart</b> 130 Commerce St, Wisconsin Dells, WI 53965	Delivery available Pickup available	Delivery (Yes) Pickup (Yes for orders under \$35)	Walmart website: (Delivery) www.walmart.com Walmart website: (Pickup) www.walmart.com

*If you have troubles with the DoorDash app, delivery driver, or your order please call DoorDash Support at 1 (855) 431-0459.*

*Instacart offers a special Senior Support Service for customers over age 60. The Senior Support Line is available in the U.S. and Canada at 1-844-981-3433, daily from 8 a.m. — 11 p.m. ET.*

### **HOME DELIVERED MEALS**

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Important Information</b>
Aging and Disability Resource Center of Columbia County	111 E. Mullett St./PO Box 136; Portage, WI 53901	(608) 742-9233 (888) 742-9233	Meals delivered to eligible homebound individuals age 60 and older, or spouse thereof. Donations toward total meal costs are based on an individual's financial circumstances and own ability to pay. Meals are available from four (4) sites across Columbia County. Contact the ADRC and ask to speak to the Information and Assistance Specialist worker for more information.
Mom's Meals		(877) 508-6667	Monday-Friday 7AM-6PM <a href="https://www.momsmeals.com/">https://www.momsmeals.com/</a> Delivery on Thursdays only. **Renal-friendly, Pureed and Gluten Free
Homestyle Direct		(866) 735-0921	<a href="https://www.homestyledirect.com/">https://www.homestyledirect.com/</a> Homestyle Direct ships healthy, ready-to-eat meals to your doorstep. Orders may be placed online or by calling their phone number. Meals delivered weekly.

### **Community Gardens**

Community Gardens provide a small lot of land for a nominal fee to people who want to grow some of their own food.

Portage: contact UW Extension Office-Columbia County (608) 742-9680

Poynette: contact Curtis, (608) 635-2627 [cjniglis@charter.net](mailto:cjniglis@charter.net)

Cambria: contact (920) 348-5443 or [cambria@centurytel.net](mailto:cambria@centurytel.net)

Lodi: contact (608) 592-4592 or [billpatti@charter.net](mailto:billpatti@charter.net)

**Farmer's Markets**

**Seasonal Farmers Markets:**

**Columbus:** Wednesdays from 3-6pm at 150 N. Ludington Street

**Lodi:** Fridays from 2-6pm; 902 N. Main St., Next to Koltes Hardware.

**Portage:** Thursday from 12-5pm at Commerce Plaza, corner of Cook and Wisconsin

**Poynette:** Saturdays from 8am to 11am at Pauquette Park (106 S. Main St.)

**Rio:** Thursdays 3-7pm at the Rio Village Train Depot

**Downtown Wisconsin Dells:** Sundays 9:30am-1:30pm, 350 Broadway St.

**Food Share** (formerly Food Stamps)

Columbia County Health and Human Services

111 E. Mullett St., Portage, WI 53901

(608) 742-9227

Food assistance based on income. Check your eligibility or apply for Food Share, healthcare or other services at [www.access.wisconsin.gov](http://www.access.wisconsin.gov) or call 1 (888) 794-5556.

**Senior Farmers' Market Nutrition Program**

Vouchers to spend on fresh fruits and vegetables at farmers' markets and participating farm stands, for age 60 and over meeting income eligibility guidelines. Call Columbia County ADRC (608) 742-9233 for details.

**Senior Nutrition Program**

Serves individuals over age 60 and their spouses. No income or asset limits. Meals served at 11:30 AM in Columbus, Pardeeville, Portage, and Poynette and home delivered meals to homebound seniors who can't prepare daily meals. Donation based program. For more information, call (608) 742-9233 \*Congregate dining currently closed due to COVID-19\*

**Wisconsin Nutrition Education Program**

WNEP helps low-income families eat better, keep food safe, and stretch their food dollars. Open to those who receive or are eligible to receive a Food Share benefit. Call UW-Madison Extension, Columbia County FoodWise Program Coordinator at (608) 742-9693 for more information.

**FOOT CLINIC (PODIATRY CARE)**

Company Name	Address	Phone Number	Important Information
Aging and Disability Resource Center of Columbia County	111 E. Mullett St. PO Box, 136, Portage, WI 53901	(608) 742-9233 (888) 742-9233	At a cost of \$42 per person (initial visit) and \$34 for follow-up appointments or \$39 for specialized clients (those with diabetes or those taking a blood thinner), you will have your feet soaked, toenails cut and filed and lotion applied. You must be age 18 years and older. This service is performed at the Aging and Disability Resource Center of Columbia County. Appointments are required for these services.

## FREE AND LOW COST HEALTH CLINICS

Company Name	Address	Phone Number	Important Information
Community Care Program	Prairie Ridge Health 1515 park Avenue; Columbus, WI 53925	Main Phone: (920) 623-2200 Fax: (920) 623-1580 TDD: (920) 623-2091 Toll Free: (800) 549-7511	Ask to speak to a patient financial counselor for questions or to fill out a program application. Email: <a href="mailto:pfs@prairieridge.health">pfs@prairieridge.health</a>
Family Health/La Clinica	400 S. Townline Rd.; P.O. box 1440; Wautoma, WI 54982	Phone: (920) 787-5514 or 1 (800) 942-5330 Fax: (920) 787-4737	Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.
Good Neighbor Clinic	95 Lincoln Ave; Prairie du Sac, WI 53578	(608) 643-4749	<a href="https://goodneighborclinic.org/">https://goodneighborclinic.org/</a>
Portage Free Clinic, St Vincent de Paul Free Clinic	1311 W Wisconsin St, Portage, WI 53901	(608) 742-5513	Open every Wednesday from 9:00 AM to 12:00 PM. Everyone is welcome to use the clinic. Offers a variety of services such as; physical exams, blood pressure monitoring, prescribing medications (they do not prescribe narcotics), give advice and refer patients to specialists, and foot clinic services.

## GOVERNMENT OFFICES

Company Name	Address	Phone Number	Important Information
Child Support Office	400 DeWitt St.; Portage, WI 53901	(608) 742-9610	<a href="http://dcf.wisconsin.gov/bcs">http://dcf.wisconsin.gov/bcs</a>
Columbia County Jail & Huber Center	711 E Cook St, Portage, WI 53901	(608) 742-6476	
Columbia County Sheriff's Office	711 E. Cook St.; Portage, WI 53901	(608) 742-4166	
Department of Transportation, Division of Motor Vehicles, Drivers Licensing and Testing	2888 Village Road.; Portage, WI 53901	(608) 264-7447	7AM-5PM, Tuesdays and Thursdays <a href="http://www.dot.state.wi.us/drivers/index.htm">www.dot.state.wi.us/drivers/index.htm</a>
Forward Health (Medicaid)		1 (800) 362-3002	<a href="https://www.forwardhealth.wi.gov/WIPortal/">https://www.forwardhealth.wi.gov/WIPortal/</a>

Health and Human Services	111 E. Mullett St. Portage, WI 53901	(608) 742-9227	Administers Food Share and Medical Assistance Programs; Free immunizations to qualifying families.
Probation and Parole Office	260 Eastridge Dr.; Portage, WI 53901	(608) 742-4020	
Quest Card		1 (887) 415-5164	
Register of Deeds	112 E. Edgewater St.; Portage, WI 53901	(608) 742-9616	
Unemployment Compensation		1 (800) 822-5246	ALL unemployment claims are taken online. No local office. <a href="https://dwd.wisconsin.gov/uiben/">https://dwd.wisconsin.gov/uiben/</a> to apply online. For help with online service over the phone, call (414) 435-7069.
Veterans' Service Office	112 E. Edgewater St.; Portage, WI 53901	(608) 742- 9618	

## **GRAPEVINE NEWSLETTER**

### **Aging and Disability Resource Center**

111 E. Mullett St.; P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9233

Toll Free: 1 (888) 742-9233

Bi-monthly newspaper to senior households (60 years and older) delivered to your home. Donations are appreciated. Please call to receive the latest copy and sign-up to regularly receive the newsletter.

## **HEALTHCARE**

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Important Information</b>
ACHS Joyce & Marshall Erdman Clinic-Madison	2202 S. Park St., Madison, WI 53713	(608) 443- 5482	<a href="https://accesscommunityhealthcenters.org/clinics/joyce-marshall-erdman/">https://accesscommunityhealthcenters.org/clinics/joyce-marshall-erdman/</a>
ACHS William T. Evjue Clinic-Madison	3434 E. Washington Ave., Madison, WI 53704	(608) 443-5482	<a href="https://accesscommunityhealthcenters.org/clinics/william-t-evjue/">https://accesscommunityhealthcenters.org/clinics/william-t-evjue/</a>
ACHC Wingra Family Medical Center	1102 South Park St., Madison, WI 53715	(608) 263-3111	<a href="https://accesscommunityhealthcenters.org/clinics/wingra">https://accesscommunityhealthcenters.org/clinics/wingra</a> Services include: Adult preventative care, chronic care, pediatric and adolescent care, pregnancy care and pharmacy services.
Prairie Ridge Health	1515 Park Avenue; Columbus, WI 53925	Main Phone: (920) 623-220 Fax: (920) 623-1580	Emergency room 24 hrs/day; urgent 24 hours/day, 9AM-9PM Saturday and Sunday.

		TDD: (920) 623-2091 Toll Free: (800) 549-7511	
Aspirus Hospital & Clinic	2817 New Pinery Road; P.O. Box 387; Portage, WI 53901	(608) 742-4131	<a href="https://www.aspirus.org/">https://www.aspirus.org/</a> Call the education department for information about no fee or nominal fee classes open to the public on topics such as fibromyalgia fitness, smoking cessation, cancer support group, aquatic fitness, grief support, etc.
Aspirus Pardeeville Clinic	102 Gillette St.; Pardeeville, WI 53954	(608) 429-2185	
Dean Clinics	Portage Clinic 2825 Hunters Trail; Portage, WI 53901	(608) 742-7161	Affiliated with Dean/St. Mary's Regional Clinic/Family Practice, Obstetrics, General Practice; Internal Medicine; Pediatrics.
Columbus Specialty Clinic	1513 Park Ave 2 <sup>nd</sup> Floor	(920) 623-9535	
Dells Clinic	1310 Broadway Rd; Wisconsin Dells, WI 53965	(608) 253-1171	Family Practice, Obstetrics and Gynecology, General Surgery and Podiatry.
Family Health/La Clinica	400 S. Townline Rd.; P.O. Box 1440; Wautoma, WI 54982	Phone: (920) 787-5514 Fax: (920) 787-4737	Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.
Free Clinic-Portage (Located in Wilz Drugstore)	140 E. Cook St., Portage, WI 53901	(608) 234-0159	Open every Wednesday from 9AM to Noon. Everyone is welcome to use the clinic. Offers a variety of services such as; physical exams, blood pressure monitoring, prescribing medications (they do not prescribe narcotics), give advice and refer patients to specialists, and foot clinic services. Please call the number above for more information or with questions.
Lodi Clinic-Sauk Prairie Health Care	160 Valley Drive.; Lodi, WI 53555	(608) 592-3296	Affiliated with Sauk Prairie Memorial Hospital and Clinics.
Mile Bluff's Delton Family Medical Center	28 Commerce St., Wisconsin Dells, WI 53965	(608) 254-5888	



Poser Clinic	635 Park Ave.; P.O. Box 229; Columbus, WI 53925	(920) 623-5000	
UW Health- Portage	2977 County Hwy. CX; Portage, WI 53901	(608) 742-3004	Family Medicine, Vascular Surgery, Allergy and Rheumatology.
UW Health- Columbus	1511 Park Ave; Columbus, WI 53925	(920) 623-5226	
Baraboo Veterans Affairs Clinic	1670 South Boulevard Baraboo, 53913	608-356-9318	

### HOME HEALTH CARE SERVICES

\*Please contact the home health agencies individually as they may offer varying services, rates, minimum hours of service, etc.

Company Name	Address	Phone Number	Important Information
Age at Home by Agrace	5395 E. Cheryl Parkway Madison, WI 53711	(608) 327-7456	Age at Home is non-medical, in-home care from non-profit organization, Agrace. You choose and pay for the services you are interested in such as personal care/bathing, grooming, medication reminders and assistance, exercise support, diet monitoring, housekeeping, laundry, meal preparation and clean-up, errands and shopping.
Aspirus At Home Home Care	2805 Hunters Trail; Portage, WI 53901	(608) 745-6400	<a href="https://www.aspirus.org/find-a-location/aspirus-at-home-portage-585">https://www.aspirus.org/find-a-location/aspirus-at-home-portage-585</a> Divine Savior Home Care offers a wide range of home health services to persons in Adams, Columbia, Dane, Green Lake, Marquette and Sauk Counties. Services provided include skilled nursing, physical therapy, occupational therapy, speech therapy, home health aide care and medical social services.
BrightStar	507 Linn St., Unit B; Baraboo, WI 53913	(608) 355-5015	<a href="http://www.brightstarcare.com">www.brightstarcare.com</a> Provides chore services, companion care, personal care, home health services, respite and live-in care.
Christian Servants Home Care		920-851-8100	<a href="http://www.christianservantshomecare.com">www.christianservantshomecare.com</a> Christian Servants Home Care offers in home care for children, adults, and elderly individuals with physical and/or developmental disabilities.

Commonheart Home Health	1045 Hill Street Watertown, WI 53098	(844) 206-4930	<a href="http://www.commonheart.com">www.commonheart.com</a> Skilled Nursing, Medication administration, Medical Equipment and training, Activities of Daily Living assistance and Rehab Therapies and other special services.
Coram/CVS	5345 Moorland Rd., Suite 101, New Berlin, WI 53151	(262) 207-1590	<a href="http://www.coramhc.com">www.coramhc.com</a> Provides IV Therapy.
Hillside Home Health Care and Hospice	709 S. University Avenue; Beaver Dam, WI 53916	(920) 887-4050	<a href="https://bdch.com/about-hillside-home-care">https://bdch.com/about-hillside-home-care</a> Hillside is a Medicare certified Home Health and Hospice agency. Hillside provides intermittent skilled nursing, physical, occupational, speech therapies, and Home Health Aide services. Hospice care is focused on the comfort care of terminally ill people and their families, who wish to remain in their own home or area nursing homes. Medicare, Medical Assistance and Private Insurance reimbursement is accepted. Services are provided in Columbia County and serve: Arlington, Cambria, Columbus, Fall River, Rio, and Pardeeville.
Home Instead	1708 N. Spring St.; Beaver Dam, WI 53916	(920) 219-9832	<a href="http://www.homeinstead.com/609">www.homeinstead.com/609</a> Serves the Columbus area. 24 hour and live-in care. Companion care, personal care, meals, transportation, household duties, respite care.
Homeward Bound, Inc.	1360 Jefferson Street; Baraboo, WI 53913	(608) 356-4666	<a href="http://www.hwbcare.com">www.hwbcare.com</a> This agency provides homemaker and home companion services in your home, on a long or short-term basis. The agency is usually private-pay. Services may include: flexible schedules, housekeeping, laundry, grocery shopping, meal preparation, bathing and dressing assistance, companionship, respite, transportation to appointments, etc. Please call for more information or to begin services.
Endearment Unlimited	2801 International Lane Suite 208; Madison, WI 53704	(608) 807-0408	<a href="http://www.endearmentunlimited.com">www.endearmentunlimited.com</a>
Illuminus	1045 Hill St., Watertown, WI 53098	(920) 261-2221	<a href="http://www.illuminus.us">www.illuminus.us</a> Bathing, case management, emergency response, home health aides, homemaker services, hospice, IV therapy, mobile meals, OT, personal care workers, PT, respite, speech, wound care.

Journey of Peace Homecare	Poynette, WI 53955	(608)336-3111	<a href="http://www.jophomecare.com">www.jophomecare.com</a> Companion Care Personal Care Hospice Respite Care
Maxim Healthcare Services Madison	5752 Tokay Blvd, Suite 500, Madison, WI 53718	Phone: (608) 232-1000 Fax: (877) 306-8303	<a href="http://www.maximhealthcare.com">www.maximhealthcare.com</a> Email: <a href="mailto:MadisonOffice@maxhealth.com">MadisonOffice@maxhealth.com</a> Home Healthcare, Personal Caregiving Services, Behavioral Care, Healthcare Staffing.
Northwoods Inc. Supportive Home Care	N6510 US Hwy 51 South/P.O. Box 357; Portage, WI 53901	(608) 742-7114	Northwoods, Inc. of Wisconsin is a Portage-based nonprofit corporation that serves senior citizens and others in need. Northwoods can help with light housekeeping, socialization, errands, shopping and cooking. To be eligible, you must be 60+ years of age or have physical limitations that prevent you from managing your house or apartment without assistance or have experienced an incapacitating injury. Minimum service available is one hour weekly.
Aveanna Home Health	Baraboo Office 407 Oak St Baraboo, WI 53913 Madison Office 2500 Rimrock Rd., Suite 101; Madison, WI 53713	Phone: (608) 356-7570 Fax: (608) 356-2629 Phone: (608) 274-8193 Fax: (608) 274-8713	Aveanna Home Health provides skilled nursing, therapies, homemaking and personal cares services. Services are available 7 days per week and 24 hours per day. Aveanna Health is Medicare and Medicaid certified. Aveanna Health accepts private pay, HMO and private insurance. Website: <a href="http://www.aveanna.com">www.aveanna.com</a>
SSM Health at Home	1111 8 <sup>th</sup> St, Baraboo, WI 53913  1513 Park Ave., Suite A, Columbus, WI 53925	Toll Free: (800) 924-2273	<a href="http://www.ssmhealthathomewi.com">www.ssmhealthathomewi.com</a>
Visiting Angels	140 Corporate Drive, Suite 2, Beaver Dam WI 53916	Phone: (920) 821-1111 Fax: (920) 328-0324	Website: <a href="http://www.visitingangels.com">www.visitingangels.com</a> We are nationally known and locally owned non-medical in-home care. Our customized plans allow you to pick and choose the services that appeal most to your loved one and that would help to lighten the load of family caregivers. Our caregivers are so great at what they do, and so loved by their clients, that we refer to them as our "Angel companions." Each caregiver we employ is someone we would be happy to see take care of a member of our own family!

**HOMEMAKER SERVICES/HOUSE CLEANING SERVICES**

**Aging and Disability Resource Center of Columbia County**

Phone: (608) 742-9233

Service provided to elderly persons needing assistance within indoor household chores. A home visit will occur in which an assessment will be completed to determine the amount of assistance needed. Hours and availability is limited. A minimal fee will be charged to offset the total chore services which are provided. Contact the Aging and Disability Resource Center and ask to speak to the Information and Assistance Specialist worker for more information.

Company Name	Address	Phone Number
Age at Home	5395 E. Cheryl Parkway 1670 South Boulevard Madison, WI 53711	(608) 327-7456
BrightStar	507 Linn St., Unit B, Baraboo, WI 53911	(608) 355-5015
Northwoods Inc, Supportive Home Services	N 6510 U.S. Highway 51 South P.O. Box 357, Portage, WI 53901	(608) 742-7114 ext. 239
Visiting Angels	140 Corporate Dr #2, Beaver Dam, WI 53916	(920) 821-1111
Village Caregiving	2918 Marketplace Dr. Fitchburg, WI 53719	(414) 331-0800

**HOSPICE**

Company Name	Address	Phone Number	Important Information
Agrace Hospice and Palliative	5395 E. Cheryl Parkway, Fitchburg WI 53711	Phone: (608) 276-4660 Toll Free: (800) 930-2770	<a href="http://www.agrace.org">www.agrace.org</a>
Agrace Baraboo	1670 South Boulevard; Baraboo, WI 53913	Toll Free: (800) 553-4289	<a href="http://www.agrace.org">www.agrace.org</a>
Generations Home Care and Hospice	1028 S Main St Suite C, Fond du Lac, WI 54935	Phone: (920) 922-0134	
ProMedica Palliative Care	2801 Crossroads Dr., Suite 2000; Madison, WI 53718	Phone: 866-216-5708	<a href="http://www.promedicapalliativecare.org">www.promedicapalliativecare.org</a>
Commonheart Home Health and Hospice	1045 Hill St., Watertown, WI 53098	Toll Free: (844) 206-4930	<a href="http://www.commonheart.com">www.commonheart.com</a>
MMC-BD Hillside Home Care/Hospice	707 S. University Ave., Beaver Dam, WI 53916	Phone: (920) 887-4050	<a href="http://www.bdch.com">www.bdch.com</a>
Rainbow Hospice Care	147 W. Rockwell St., Jefferson, WI 53549	Phone: (920) 674-6255	<a href="http://www.rainbowhospicecare.org">www.rainbowhospicecare.org</a>
SSM Health Hospice House	1600 Jefferson St Suite 101, Baraboo, WI 53913	Toll Free: (877) 356-4514	<a href="http://www.ssmhealthathomewi.com">www.ssmhealthathomewi.com</a>
St. Croix Hospice	414 Broadway, Suite 200; Baraboo, WI 53913	Phone: (608) 448-4200 Toll Free: (855) 278-2764 Fax: (608) 448-4202	<a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>

Moments Hospice	5315 Wall Street, Suite 135, Madison WI 53718	Phone: (608) 384-3710 Fax: (608) 384-3711	<a href="http://www.momentshospice.com">www.momentshospice.com</a>
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## HOUSING

### Low Income Housing for Elderly and/or Disabled Persons

City	Name and Address	Phone Number	Details
Cambria	Parkview Apartments 201-205 Evans Drive Cambria, WI 53923	(608) 258-2080 Low Income Housing <a href="http://www.wisconsinmanagement.com">www.wisconsinmanagement.com</a>	Family
Columbus	Carriage Hills Apartments 95 Fuller Street Columbus, WI 53925	(920) 623-5690 Section 8 <a href="http://www.cardinalcapital.us">www.cardinalcapital.us</a>	
Columbus	Columbus Manor 779 Maple Avenue Columbus, WI 53925	(920) 623-5589 (fax & phone) Low Income Housing <a href="http://www.lsswis.org">www.lsswis.org</a>	62 & up or 18 & up with physical handicap
Columbus	Farnham Village 938 Farnham Street Columbus, WI 53925	(800) 944-4866 Ext. 1120 Low Income Housing <a href="http://www.hmgapt.com">www.hmgapt.com</a>	
Fall River	Fall River Meadows 550 & 552 N. Main Street 554 Sleepy Hollow Fall River, WI 53932	(608) 308-4242 <a href="http://www.wisconsinmanagement.com">www.wisconsinmanagement.com</a>	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Lodi	Country Glen Apartments 85 Strangeway Lodi, WI 53555	(608) 258-2080 Low Income Housing <a href="http://www.wisconsinmanagement.com">www.wisconsinmanagement.com</a>	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Lodi	Parkside Apartments 215 Water Street Lodi, WI 53555	(608) 258-2080 Low Income Housing <a href="http://www.wisconsinmanagement.com">www.wisconsinmanagement.com</a>	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Lodi	Pleasant Valley Apartments 239 Columbus Street Lodi, WI 53555	(608) 592-4134 Low Income Housing Section 8 Vouchers	
Pardeeville	Parkview Apartments I 102 Gillette Street Pardeeville, WI 53954	(608) 566-1777 Low Income Housing Section 8 Vouchers	
Portage	Deer Run Park Apartments 2345 Schultz Street Portage, WI 53901	(608) 566-1777 Low Income Housing Section 8 Vouchers <a href="http://www.oakbrookcommunities.com">www.oakbrookcommunities.com</a>	

Portage	Pat Smith's Manor 142 Henry Drive Portage, WI 53901	(608) 697-8909 Section 8 Vouchers	*Chronic and Mentally Ill
Portage	Portage Building Apartments 203 DeWitt Street Portage, WI 53901	(608) 254-8353 Central WI Community Action Council Section 8 Vouchers	All Units on second level above offices/ shops: market rate with some utilities included.
Portage	Portage Meadows Apartments 2375 Schultz Street Portage, WI 53901	Impact Seven (715) 434-1717 Low Income Housing Section 8 Vouchers <a href="http://www.impactseven.org">www.impactseven.org</a>	
Portage	Riverwood Apartments 215 W. Mullett Street Portage, WI 53901	(608) 742-4454 Project Based Section 8 <a href="http://www.riverwoodelderlyapartments.com">www.riverwoodelderlyapartments.com</a>	62 & older or disabled
Portage	The Phoenix 104 W. Cook Street Portage, WI 53901	(608) 745-4450 Low Income Housing Section 8 Vouchers <a href="http://www.cardinalcapital.us">www.cardinalcapital.us</a>	55 & older
Portage	Village House Apartments 2830 Village Road Portage, WI 53901	(608) 742-2131 Section 8 <a href="http://www.meridiangroupinc.net">www.meridiangroupinc.net</a>	
Poynette	Pioneer Place I, II, III, IV Hillside Terrace 238 W Seward St Poynette, WI 53955	(608) 635-7000 Section 8 Vouchers <a href="http://www.meridiangroupinc.net">www.meridiangroupinc.net</a>	1 & 2 Bedrooms
Rio	Argent of Rio 140 Athens Street Rio WI 53960	(800) 944-4866 Ext 1120 <a href="https://www.hmgapt.com/argent-of-rio">https://www.hmgapt.com/argent-of-rio</a>	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Rio	Covenant Place 420 W. Lyons Street Rio, WI 53960	(920) 992-3366 Section 8	62 & Older Only
Wisconsin Dells	Village Glen Apartments 1008 Elm Street Wisconsin Dells, WI 53965	(608) 524-4900 Section 8 Vouchers C/O 800 Third St., Reedsburg, WI 53959 <a href="http://www.meridiangroupinc.net">www.meridiangroupinc.net</a>	
Wisconsin Dells	Cambrian Commons 920 Race Street Wisconsin Dells WI	(608) 844-7853 <a href="https://www.cambriancommonsapts.com/">https://www.cambriancommonsapts.com/</a>	

Wisconsin Dells	Pioneer Ridge 460 Pioneer Drive Wisconsin Dells WI 53965	(608) 432-4447 <a href="https://www.pioneerridgewidells.com/">https://www.pioneerridgewidells.com/</a>	
Wisconsin Dells	Stepping Stone 409 Vine Street Wisconsin Dells WI 53965	Zakopane, LLC. (608) 770-3012	
Wycocena	Wyona Lake Apartments 107 N. Columbus St. Wycocena, WI 53969	(608) 963-1741 Central WI Community Action Council (608) 254-8353 Section 8 Vouchers	Wyona Lake Apartments have a total of 16 units, all of which are Section 8 assisted living units serving the elderly and disabled. All units on this property are one-bedroom in a secured locked single-story building.

### American Red Cross

4860 Sheboygan Ave., Madison, WI 53705

(608) 232-5819

1 (877) 618-6628

<https://www.redcross.org/local/wisconsin/about-us/locations/southwest-chapter.html>

During disasters such as fires, floods and tornadoes the Red Cross provides relief (food, clothing, emergency shelter and personal items such as essential household furnishings, medical supplies and eyeglasses) to individuals and families.

### HOUSING

Company Name	Address	Phone Number	Important Information
Columbia County Housing Rehabilitation Program	201 Corporate Drive; Beaver Dam, WI 53916	1 (800) 552-6330	May provide no-interest home repair loan for qualifying owner-occupied housing. Contact MSA Professional Services, Sue Koehn, Housing Program Department.
Central Wisconsin Community Action Council, Inc.	Columbia County Residents 203 De Witt St.; Portage, WI 53901  Wisconsin Dells office 1000 Hwy 13, Wisconsin Dells, WI 53965	(608) 742-3320          (608) 254-8353	Central Wisconsin CAC is a private, not for Profit Corporation whose goal is to assist low-income individuals and families to become self-sufficient.

<p>Habitat for Humanity of Sauk-Columbia Area</p>	<p>Habitat for Humanity Main Office 1211 8<sup>th</sup> St, P.O. Box 38; Baraboo, WI 53913</p> <p>Habitat for Humanity ReStore 1450 E. Wisconsin St., Portage, WI 53901</p>	<p>(608) 448-2888</p> <p>(608) 356-0332</p>	
<p>Habitat for Humanity of Wisconsin River Area ReStore Baraboo</p>	<p>615 South Boulevard.; Baraboo, WI 53913</p>	<p>(608) 356-0332</p>	<p><a href="http://hfhwisconsinriver.org/">http://hfhwisconsinriver.org/</a> email: <a href="mailto:office@hfhsca.org">office@hfhsca.org</a> Open Tuesday-Friday 9am-5pm and Saturday 9am-4pm. Buy gently used and even new building supplies for all of your fixing, remodeling and building projects. Prices ½ or less off of retail. Donate to the ReStore, gently used or unused building materials.</p>
<p>Renewal Unlimited</p>	<p>2900 Red Fox Run; Portage, WI 53901</p>	<p>(608) 742-5329</p>	<p>Website: <a href="http://www.renewalunlimited.net/">www.renewalunlimited.net/</a></p>
<p>Housing Cost Reduction Initiative</p>			<p>The Housing Cost Reduction Initiative Program is a housing assistance program for households with low to moderate income. Assistance is provided in the form of a 0% interest loan. The loan is to be paid back using an affordable payment plan, which is set up between the recipient, and Renewal Unlimited, Inc. <a href="https://energyandhousing.wi.gov/Pages/AgencyResources/hcri.aspx">https://energyandhousing.wi.gov/Pages/AgencyResources/hcri.aspx</a></p>
<p>River Haven Homeless Shelter</p>	<p>108 E. Pleasant St., Portage, WI 53901 P.O. Box 641, Portage, WI, 53901</p>	<p>(608) 742-7687</p>	<p>Housing may be available for homeless single women, men and families.</p>
<p>Foundation for Rural Housing</p>		<p>608-238-3448 or 888-400-5874</p>	<p><a href="https://www.wisconsinruralhousing.org/">https://www.wisconsinruralhousing.org/</a> Low interest loans are available to very low-income owner occupants of modest homes. Funds are available for improvements and repairs or to remove health and safety hazards. Limited grant money may be available for qualified homeowners 62 years and over to remove health or safety hazards or remodel to make homes accessible to disabled</p>



			household members. Applicants must meet income and asset limits to qualify.
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### Section 8

This program, administered by HUD, allows a resident's rent to be based on 30% of their gross adjusted monthly income. To be eligible, you can earn no more than the HUD income limit. Contact the apartment for information.

Company Name	Address	Phone Number	Important Information
Integrated Community Solutions (ICS)	1500 N3rd St Manitowoc, WI 54220  <i>Mailing address:</i> 2605 S Oneida Street Suite 106 Green Bay, WI 54304	920-498-3737 Fax: (920) 498-3614	

### INSURANCE

Company Name	Phone Number	Important Information
Affordable Care Act	1 (800) 318-2596	<a href="http://www.healthcare.gov">www.healthcare.gov</a> Enroll in or change health insurance plans.
Covering Wisconsin	877-942-6837	<a href="http://www.coveringwi.org">www.coveringwi.org</a>

### LAW ENFORCEMENT AGENCIES

Company Name	Address	Phone Number
Columbia County Sheriff's Department	711 E. Cook Street/P.O. Box 132; Portage, WI 53901	(608) 742-4166
Cambria Police Department	111 W. Edgewater Street/P.O. Box 295; Cambria, WI 53923	Phone: (920) 348-5088 Fax: (920) 348-6050
Columbus Police Department	159 S. Ludington St.; Columbus, WI 53925	Phone: (920) 623-5919 Fax: (920) 623-5930
Fall River Police Department	641 S. Main Street; Fall River, WI 53932	(920) 484-3707

Lake Delton Police Department	35 Miller Dr, Baraboo, WI 53913	Phone: (608) 254-7571 Fax: (608) 254-4651
Lodi Police Department	142 S. Main Street; Lodi, WI 53555	Phone: (608) 592-5401 Fax: (608) 592-4117
Pardeeville Police Department	114 Lake Street; Pardeeville, WI 53954	(608) 429-2188
Portage Police Department	117 W. Pleasant Street, Portage, WI 53901	(608) 742-1175
Poynette Police Department	118 N. Main Street/P.O. Box 247; Poynette, WI 53955	Phone: (608) 635-2588 Fax: (608) 635-8715
Rio Police Department	207 Lincoln Avenue; Rio, WI 53960	(920) 992-5454
Randolph Police Department	136 W. Stroud Street; Randolph, WI 53956	(920) 326-4620
Wisconsin Dells Police Department	712 Oak Street: Wisconsin Dells, WI 53965	Phone: (608) 253-1611 Fax: (608) 254-4375

## LEGAL ADVOCACY

Company Name	Address	Phone Number	Important Information
Lawyer Referral and Information Service of the State Bar of Wisconsin		Toll Free: 1 (800) 362-9082 Phone: (608) 257-4666	Provides three services: Lawyer Hotline, Lawyer Referral, and Community Referral. Caller will be screened at initial call to determine nature of problem and make appropriate referral. Open: 7:30am-6pm, Monday through Thursday; 7:30am-5pm, Friday
Department of Health Services, Division of Public Health	1 West Wilson St, Room 250, Madison, WI 53703	Phone: (608) 267-2832	<a href="http://dhs.wisconsin.gov/forms/AdvDirectives/">http://dhs.wisconsin.gov/forms/AdvDirectives/</a> The above link is for Power of Attorney documents and does not provide legal advocacy
Disability Rights WI (For persons age 18-59)	1502 West Broadway, Suite 201, Madison, WI 53713	Madison: (608) 267-0214 Toll Free: 1 (800) 928-8778	

		Milwaukee: (414) 773-4646 Toll Free: 1 (877) 338-3724 TTY (teletypewriters) for all offices: 1 (888) 758-6049	
Elder Law Center, Coalition of Wisconsin Aging Groups	30 W Mifflin St #406, Madison, WI 53703	(608) 224-0606	Provides assistance to victims of elder financial exploitation. Also accepts reports of Medicare fraud. Helps retirees find lost pensions.
Wisconsin State Bar Association		(608) 257-3838 (608) 728-7788	<a href="http://www.wisbar.org">www.wisbar.org</a>
National Academy of Elder Law Attorneys		(703) 942-5711	<a href="https://www.naela.org/">https://www.naela.org/</a>
Wisconsin Guardianship Support Center Hotline		(855) 409-9410	<a href="http://www.gwaar.org">www.gwaar.org</a>
Legal Action of Wisconsin, Inc.		(800) 362-3904 or (608) 256-3304	Website: <a href="http://www.legalaction.org">www.legalaction.org</a> Legal Action of Wisconsin provides civil legal services for low-income Wisconsin residents.
Online resource for self-representation or self-help			<a href="http://www.wicourts.gov">www.wicourts.gov</a>

## LIBRARIES

City	Location	Phone Number
Cambria	Jane Morgan Memorial Library 109 W. Edgewater Street; Cambria, WI 53923	(920) 348-4030
Columbus	Columbus Public Library 223 W. James Street; Columbus, WI 53925	(920) 623-5910
DeForest	DeForest Public Library 203 Library Street; DeForest, WI 53532	(608) 846-5482
Endeavor	Endeavor Public Library 400 Church Street; Endeavor, WI 53930	(608) 587-2902
Lodi	Lodi Women's Club Public Library 130 Lodi St.; Lodi, WI 53555	(608) 592-4130
Pardeeville	Angie W. Cox Public Library 119 N. Main Street; Pardeeville, WI 53954	(608) 429-2354
Portage	MATC – Portage	(608) 745-3100

	330 Collins Street; Portage, WI 53901	
Portage	Portage Public Library 253 W. Edgewater Street; Portage, WI 53901	(608) 742-4959
Poynette	Poynette Public Library 118 N. Main Street; Poynette, WI 53955	(608) 635-7577
Randolph	Hutchinson Memorial Library 228 N. High Street; Randolph, WI 53956	(920) 326-4640
Rio	Rio Community Library 324 W. Lyons St; Rio, WI 53960	(920) 992-3206
Wisconsin Dells	Kilbourn Public Library 620 Elm Street; Wisconsin Dells, WI 53965	(608) 254-2146
Wyocena	Wyocena Public Library 165 East Dodge St.; Wyocena, WI 53969	(608) 429-4899

## **MEDICAL EQUIPMENT**

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Website</b>
SSM Health At Home	111 8 <sup>th</sup> St.; Baraboo, WI 53913	(800) 924-2273	<a href="https://www.ssmhealth.com/services/health-at-home">https://www.ssmhealth.com/services/health-at-home</a>
St. Vincent de Paul	1311 W. Wisconsin St.; Portage, WI 53901	(608) 742-5513	
St. Vincent de Paul	100 S. Blvd.; Baraboo, WI 53913	(608) 356-4649	
Walgreen's Home Care			<a href="https://www.walgreens.com/store/c/home-medical-supplies-and-equipment/ID=359443-tier1">https://www.walgreens.com/store/c/home-medical-supplies-and-equipment/ID=359443-tier1</a>
Wilz Hometown Pharmacy	140 East Cook Street Portage, WI 53901	(608) 742-3545	

## **MEDICATION ASSISTANCE PROGRAMS**

### **Medicine Assistance Tool**

Website: <https://medicineassistancetool.org/>

PhRMA's Medicine Assistance Tool (MAT) is a search engine designed to help patients, caregivers and health care providers learn more about the resources available through the various biopharmaceutical industry programs. MAT is not its own patient assistance program, but rather a search engine for many of the patient assistance resources that the biopharmaceutical industry offers.

Other medication assistance websites:

[www.phrma.org/](http://www.phrma.org/) or [www.needymeds.com/](http://www.needymeds.com/)

Check with your preferred pharmacy for discount programs that may be offered.

### **MEMORY DIAGNOSTIC CLINICS**

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up.

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Important Information</b>
Memory Care Clinic	Marshfield Medical Center- Beaver Dam, 3 <sup>rd</sup> floor 707 S. University Ave.; Beaver Dam, WI 53916	(920) 887-4321	<a href="http://www.bdch.com">www.bdch.com</a>
UW-Health Hospital and Clinics Memory Assessment Clinic	5249 E. Terrace Dr. Madison, WI 53718	(608) 265-1210	<a href="http://www.uwhealth.org/geriatrics">www.uwhealth.org/geriatrics</a> Geriatric consultations are comprised of three clinics: Geriatric Assessment Clinic, Memory Assessment Clinic and Mobility and Falls Clinic.
UW Health Memory Assessment Clinic - Sauk Prairie	250 26th Street, Suite 120 Prairie du Sac, WI 53578	(608) 643-6060	
William S. Middleton Veterans Hospital	Geriatric Research Education Clinic Center 2500 Overlook Terrace; Madison, WI 53705	(608) 256-1901 ext. 17000	<a href="http://www.madison.va.gov">www.madison.va.gov</a>

### **MENTAL HEALTH SERVICES**

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Important Information</b>
Division of Mental Health	111 E. Mullett St/P.O. Box 136; Portage, WI 53901	(608) 742-9227 Fax: (608) 742-9700 TDD: (608)742-9229	
Midlands Psychological Associates	336 Lodi Street; Lodi, WI 53555	Phone: (608) 592-2080	
Columbia County Mental Health Crisis		1 (888) 552-6642	24-Hour Emergency Crisis Hotline Immediate counseling for people having thoughts on suicide. If you have issues connecting with this number, please hang up and dial 988
Aspen Family Counseling	2639 New Pinery Rd., Suite 1; Portage, WI 53901	Phone: (608) 742-5020 Emergency Line: (608) 477-5363	

Alay Health Psychiatry	1011 Cecelia Drive, Suite 200, Pewaukee, WI, 53072	(262) 260-9000	<a href="https://alaypsychiatry.com/">https://alaypsychiatry.com/</a> Call to set up an appt. or find a clinic near you. M-Th 9-5, F 9-1
Columbia County Comprehensive Community Services (CCS)	111 E. Mullett St.; Portage, WI 53901	(608) 742-9227	CCS assists with mental health or substance abuse concerns to identify what he/she needs in order to help increase ability and enhance connection to natural supports and community resources.
Columbia County Community Support Program (CSP)	1440 East Wisconsin Street, Portage, WI 53901	(608) 742-9227	CSP (through Journey Mental Health) provides community based services to adults with severe and persistent mental illness (such as schizophrenia, major depression or bipolar disorder).
Compass Counseling	1508 New Pinery Road; Portage, WI 53901	(608) 745-4900	<a href="http://www.compasscounseling.info">www.compasscounseling.info</a>
Innervisions Counseling and Consulting Center	840 State Road 136 Suite 1, Baraboo WI 53913	(608) 477-9858	<a href="https://innervisionscounseling.com/">https://innervisionscounseling.com/</a>
Journey Mental Health Center	1440 East Wisconsin Street, Portage, WI 53901	(608) 745-9720 (608) 280-2700	<a href="https://journeymhc.org/">https://journeymhc.org/</a>
National Hopeline Network		988	National Network of hotline for people in crisis and having thoughts of suicide. Dial 9-8-8
National Institute of Mental Health Resource Center		1 (866) 615-6464	Mental illness literature for the public and professionals. <a href="https://www.nimh.nih.gov/">https://www.nimh.nih.gov/</a>
Northwest Connections		1 (888) 552-6642	Hotline for people in crisis and having thoughts of suicide
Pauquette Center	2901 Hunters Trail; Portage, WI 53901	(608) 742-5518	<a href="http://www.pauquette.com">www.pauquette.com</a>
Transitions Behavioral Health, LLC	317 DeWitt; Portage, WI 53901	(608) 745-1751	
Veterans Mental Health/AODA Support Group	400 DeWitt Street, Portage WI 53901	Contact: Jennifer at (608) 256-1901 x16904 or <a href="mailto:Jennifer.gruba@va.gov">Jennifer.gruba@va.gov</a>	Third Wednesday of each month 11:00-1:00 p.m. Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays

		Veterans Crisis Line: 1 (800) 273-8255	required, counselors have a master's degree and are also veteran's themselves.
Solstice Warmline		(608) 422-2383	Do you need someone to talk to? The warmline is answered by people who have experienced mental health and/or substance abuse issues and are trained to support people during tough times. Monday-Friday, 4PM-10PM; and Saturday and Sunday 2PM-10PM
Baraboo Veteran's Affairs Clinic	1670 South Boulevard Baraboo, 53913	Main phone: 608-356-9318 Mental health care: 608-256-1901 x17084	If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care.

## GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, uncontrollable wandering or major changes in sleep.

### **Inpatient Geriatric Mental Health Services**

Company Name	Address	Phone Number	Important Information
Mendota Mental Health Institute	301 Troy Drive; Madison, WI 53704	(608) 301-1000	<a href="https://www.dhs.wisconsin.gov/mmhi/index.htm">https://www.dhs.wisconsin.gov/mmhi/index.htm</a> If you are having a psychiatric emergency or need crisis mental health services please contact Columbia County Crisis Center or your local county crisis line.
Stoughton Hospital-Geriatric Psychiatry	900 Ridge St. Stoughton, WI 53589	(608) 873-2242	<a href="http://www.stoughtonhospital.com">www.stoughtonhospital.com</a>

### **Inpatient Only Geriatric Mental Health Services**

Company Name	Address	Phone Number	Important Information
Mobile Outreach to Seniors Teams (MOST)	C/O Journey Mental Health Center of Dane County 49 Kessel Court, Madison 53711	(608) 280-2700	Please call 9AM-5PM Monday through Friday
Watertown Regional Medical Center	Senior Behavioral Medical Center 125 Hospital Drive, Watertown, WI 53098	(608) 261-4210	

## NURSING HOME RESOURCES

### **Directory of Licensed Wisconsin Nursing Homes In Columbia County**

An ombudsman projects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care and quality of life. The program is provided through the State

of Wisconsin at no charge. They can investigate complaints and help families resolve problems. A list of licensed Columbia County nursing homes can also be found here: <https://www.dhs.wisconsin.gov/guide/nh-columbia.pdf>

Company Name	Address	Phone Number	Important Information
Long Term Care Ombudsman	State of Wisconsin Board on Aging and Long-Term Care. 1402 Pankratz St., Suite 111 Madison, WI 53704	(800) 815-0015	<a href="https://www.dhs.wisconsin.gov/aging/ltcombud.htm">https://www.dhs.wisconsin.gov/aging/ltcombud.htm</a>
Columbia Health Care Center	323 W. Monroe St; PO Box 895; Wycocena, WI 53969	(608) 429-2182	License #2418
Columbus Health and Rehab	825 Western Ave; Columbus, WI 53925	(920) 623-2520	License #3116
Randolph Health Services (Dodge County)	502 S. High St., Randolph, WI 53956	(920) 326-3171	License #2290
Wisconsin Dells Health Services	300 Race St; Wisconsin Dells, WI 53965	(608) 254-2574	License #2875
Divine Rehabilitation and Nursing at Lodi	700 Clark St; Lodi, WI 53555	(608) 592-3241	License #2086

### Nutrition Sites

A noontime meal is offered to individuals age 60 or older or spouse thereof. Donations are accepted. Reservations are made by calling the meal site between the hours of 10am-12:30pm, on the days listed. Reservations are required 24 hours in advance so a meal can be ordered for all attendees. Following is a list of the phone number and location of each site. Activities at each site are offered as scheduled by the meal site manager.

City	Location	Days
Columbus	Senior Center 125 N. Dickason Blvd. (920) 763-2124	Monday – Friday
Pardeeville	Pardeeville Public Library 119 N. Main St. (608) 617-1821	Monday – Friday
Portage	Aging & Disability Resource Center 111 E. Mullett St. (608) 742-9211	Monday – Friday
Poynette	City Hall 106 S. Main St. (608) 635-2122, Option 2	Monday – Friday
Wisconsin Dells/ Lake Delton *Collaboration with Sauk County	Frank Fischer Building, 20 Wisconsin Dells Parkway South, Lake Delton. (608) 393-8701	Monday—Friday

### OTHER COMMUNITY RESOURCES

Company Name	Address	Phone Number	Important Information
Columbia County Department of Health and Human Services	111 E Mullett St/P.O. Box 136 Portage, WI 53901	(608) 742-9233	Website: <a href="http://www.co.columbia.wi.us">www.co.columbia.wi.us</a> State link: <a href="http://www.dhfs.wisconsin.gov/programs.htm">www.dhfs.wisconsin.gov/programs.htm</a>



**PREVENTION PROGRAMS**

There are multiple prevention programs available through the Aging & Disability Resource Center of Columbia County. Please call (608) 742-9233 for an up-to-date on courses. Keep an eye out in our Grapevine Newsletter for upcoming courses.

**PUBLIC HEALTH**

<b>Company Name</b>	<b>Phone Number</b>	<b>Important Information</b>
Division of Health	P: (608) 742-9227 Fax: (608) 742-9700 TDD: (608) 742-9229	111 E Mullett St/P.O. Box 136; Portage, WI 53901
Annual Flu Clinics	(608) 742-9227	Flu clinics are offered in the fall. Pneumonia vaccine, TB skin testing and Hepatitis B vaccines for adults are available year-round.
Communicable Disease Control	(608) 742-9227	Public health nurses provide surveillance, investigation, prevention and control of communicable disease(s).
Free Immunizations	(608) 742-9227	Free immunizations are available for eligible children. Some vaccines for adults have a cost. Immunization records are required.
Health Check	(608) 742-9227	Health Checks are available for anyone under the age of 21 who has a valid Medical Assistance/Medicaid card. Health Checks provide Well Baby Toddler and Well Child assessments emphasizing preventative health.
Women, Infants, and Children (WIC)	(608) 742-9227	WIC is a supplemental nutrition program for pregnant, postpartum and breastfeeding women, infants, and young children. It provides nutrition education and vouchers for specific food items. Eligibility is based on family income. WIC clients are eligible for free breast pumps.

**RESPIRE**

<b>Company Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Important Information</b>
Columbus Nursing and Rehabilitation Center-Respite Program	825 Western Avenue; Columbus, WI 53925	(920) 623-2520	For the convenience of home care providers who desire a brief or longer break from the demands of home care, they provide an on-going vacation/respite care program. Whether you need assistance for an overnight, weekend stay, week, month or an entire season, they can provide you and your family members with a special, individualized care in a safe, secure setting.
Prairie Ridge Health-Respite Program	1515 Park Avenue; Columbus, WI 53925	(920) 623-1281 (920) 623-1363	Respite is available 24 hours per day, 7 days per week. Rooms are semi-private, based on needs assessed.
Randolph Health Services & Assisted Living	502 South High Street; Randolph, WI 53956	(920) 326-3171	Golden Living Center offers short-term care designed to provide nursing and other necessary services for your loved one. They will work with you to make this temporary transition as pleasant as possible while providing: 24-hour

			skilled nursing services, recreational and social programming, nutritional programming and intervention.
Wisconsin Dells Health Services	300 Race Street; Wisconsin Dells, WI 53965	(608) 254-2574	
Respite Care Funding			Funding may be available to persons who suffer from Alzheimer's, Parkinson's disease, and other dementia related illnesses. Clients must meet medical and financial requirements. Spouse is providing all cares in household and is unable to leave client alone. Respite care funding is not available while caregiver is working. For additional information or to make a referral, contact the Aging and Disability Resource Center @ (608) 742-9233 and ask to speak to the Information and Assistance Specialist worker for more information.
Christian Servants Home Care			<a href="http://www.christianservantshomecare.com">www.christianservantshomecare.com</a> Christian Servants Home Care offers in home care for children, adults, and elderly individuals with physical and/or developmental disabilities.

## SEXUAL ASSAULT

Company Name	Address	Phone Number	Important Information
Hope House		24-Hour Confidential Helpline toll-free 1 (800) 584-6790	Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.
Sexual Violence Resource Center	2801 Coho St, Suite 301, Madison, WI 53713	(608) 251-5126 24/7 Helpline: (608) 251-7273	Email: <a href="mailto:info@theRCC.org">info@theRCC.org</a> Sexual Violence Resource Center provides services to survivors (and their family and friends) of all forms of sexual violence, including recent sexual assault, past sexual assault, incest (past or present), sexual harassment, and sexual exploitation.
PAVE	P.O. Box 561, Beaver Dam, WI 53916	Crisis Line: (800) 775-3785 Phone: (920) 887-3785 Texting Line: (920) 344-0123	We serve individuals affected by domestic and sexual violence regardless of age, gender expression, sexual orientation, race and socioeconomic status. While we work closely with law enforcement and the court system, we place our client's confidentiality above all else. If you or someone you know is facing a violent environment, always know that we are here.

		Business Line: (920) 887-3810	
DIAS- Domestic Abuse Intervention Services	2102 Fordem Ave, Madison, WI 53704	Phone: (608) 251-1237 Help Line: (608) 251-4445 or 1-800-747-4045	If you or a loved one feels abused, threatened, scared or unsafe in an intimate partner relationship, DAIS can help you.
National Domestic Violence Hotline		800-799-7233	24 hours a day, seven days a week, 365 days a year. Contacts to The Hotline can expect highly-trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

**If you need immediate help, please call our 24-Hour Help Line at (608) 251-4445.**

Interpreter services are available. If you feel your life may be in danger, please call 911. Non-urgent requests can be emailed to [crisisline@abuseintervention.org](mailto:crisisline@abuseintervention.org) and a crisis intervention team member will respond within 2 business days. If you cannot safely call, please text the national hotline by texting LOVEIS to 22522.

**SOCIAL SECURITY**

**Social Security Office**

2875 Village Road, Suite 100; Portage, WI 53901

Phone: 1 (800) 772-1213

TDD (800) 325-0778

Website: [www.ssa.gov](http://www.ssa.gov)

The Social Security office is open Monday, Tuesday, Thursday and Friday from 9 a.m. until 4 p.m. and 9 a.m. to 12 p.m. on Wednesdays.

Services available include:

- Assisting with claims for Social Security and Supplemental Security Income;
- Applications for Social Security numbers;
- Health insurance or Medicare claims;
- Name changes on Social Security cards;
- Retirement benefits for workers 62 or older;
- Benefits for survivors of deceased workers;
- Benefits for persons disabled for at least one year, unable to work;
- Supplemental Security Income assures a basic cash income to people 65 and older, people under 65 who are blind or disabled, if they have limited income and limited resources. A person can own a home or personal property and still be eligible. The SSI Program may provide financial assistance to families with a physically or mentally disabled child.
- One may be eligible for both Social Security and SSI benefits. Persons receiving SSI receive Medical Assistance automatically.

- Referrals from individuals and local agencies are encouraged, as well as telephone contacts.

### SSI-E (Supplemental Security Income – Exceptional Rate)

Those who are already on SSI and require more than 40 hours per month of care by someone other than their spouse are eligible for this assessment. Monthly income limits apply. For additional information or to make a referral, contact the Aging and Disability Resource Center and ask to speak to the Information and Assistance Specialist worker for more information.

### SUPPORT GROUPS

#### Addiction

Company Name	Address	Phone Number	Important Information
Addiction in the Family	Pauquette Center 2901 Hunter's Trail; P.O. Box 301; Portage, WI 53901	(608) 742-5518	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday of the month at 6:00pm Please call for more information
Alcohol/Narcotics	Pauquette Center 2901 Hunters Trail; Portage, WI 53901	(608) 742-5344	See back of Resource Booklet for listing of AA support groups.

#### Alzheimer's & Dementia

Company Name	Address	Phone Number	Important Information
Lodi Memory Café	Reach Out Lodi 601 Clark St, Lodi, WI 53555	(608) 697-2838	4 <sup>th</sup> Friday of the month, 1-2:30PM

#### Cancer

Company Name	Address	Phone Number	Important Information
Living with Cancer Support Group	United Methodist Church, Portage WI	(608) 742-2281	Meets 3 <sup>rd</sup> Monday of the Month, 7:00PM
Cancer Support Group	Columbus Library Ground Floor Meeting Room. 223 W. James St, Columbus, WI 53925	(920) 623-6434	2 <sup>nd</sup> Thursday of the month from 6-7:00PM

#### Caregivers

Company Name	Address	Phone Number	Important Information
Columbus Caregiver Support Group	Columbus Community Center 125 N Dickason Blvd	(608) 742-9233	2 <sup>nd</sup> Thursday of the month* 10:00AM-11:30AM
Portage Caregiver Support Group	Portage Public Library 253 W Edgewater St.	(608) 742-9233	1 <sup>st</sup> Monday of the month* 1:00PM-2:30PM
Lodi Caregiver Support Group	Reach Out Lodi 601 Clark Street	(608) 742-9233	3 <sup>rd</sup> Thursday of the month* 1:00PM-2:30PM

\*Please call to RSVP, some dates to be shifted to accommodate for holidays



**1-(888) 742-9233**

**Domestic Violence**

Company Name	Address	Phone Number	Important Information
Hope House Support Group		1 (800) 584-6790	For survivors of past and present domestic violence and sexual assault.

**Grief**

Company Name	Address	Phone Number	Important Information
Greif Support Group	Aspirus Divine Savior Chapel 2817 New Pinery Rd, Portage, WI 53901	608-745-5121	Contact Spiritual Care at 608-745-5121 for days/times
Greif Support Group	Compass Counseling 1508 New Pinery Rd, Portage, WI 53901	(608) 745-4900	

**Other**

Company Name	Address	Phone Number	Important Information
Brain Injury and Stroke Support Group	La Vita Wellness Center, Suite 4 2815 New Pinery Rd, Portage, WI 53901 Portage, WI 53901	1 (800) 584-6790	Please call 608-745-6290 for more info.
Diabetes Support Group	Aspirus Divine Savior 2817 New Pinery Rd, Portage, WI	608-745-6289	1 <sup>st</sup> Thursday of each month, 1:30PM
Columbus Diabetes Support Group	Prairie Ridge Health 1515 Park Ave, Columbus, WI	(920) 623-1293	The 3 <sup>rd</sup> Wednesday 10:30 AM to 11:30 AM <u>and</u> the 4 <sup>th</sup> Wednesday 10:30 AM to 11:30 AM
Relatives Raising Relatives	ADRC of Columbia County 111 E. Mullett St., Portage, WI	(608) 742-9283	Last Wednesday of the month 5:00PM-6:30PM
Vietnam Vet Support Group	112 E Edgewater St. Portage, WI	(608) 264-5342	2nd Friday of the month 1:00 PM-2:30 PM.

**TRANSPORTATION**

**Transportation Program for Individuals who are Aging and/or Disabled**

**Aging & Disability Resource Center of Columbia County**

111 E. Mullett St./P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9213

Toll Free: (888) 742-9233

Fax: (608) 742-9277

TDD: (608) 742-9229

Columbia County Aging & Disability Resource Center provides transportation services to disabled and/or senior Columbia County residents over the age of 60 from their homes. Transportation is provided to and from appointments throughout

Columbia County as well as surrounding Counties. Medical appointments are given priority, all other transportation needs can be considered depending on availability.

Persons desiring a ride should call the Aging & Disability Resource Center at 1-888-742-9233 or 608-742-9213. Please call as soon as you know when you will need a ride. There is a limit of 125 miles per round trip. The trip charge is to be paid directly to the driver. If a client and a caregiver/assistance person are picked up at the same location and both go the same destination, they are charged for one fare. Please call for the most current/up-to-date rates

Company Name	Phone Number	Important Information
Abby Vans Inc	1 (800) 236-8438 (715) 743-3364	<a href="http://www.abbyvans.net">www.abbyvans.net</a> Open 24 hours/day, 356 days Wheelchair accessible. Call for trip pricing.
A&J Mobility	(608) 579-1500	<a href="http://www.aandjmobility.com">www.aandjmobility.com</a> Specializing in vehicle conversions for people with disabilities. New, preowned and rental vehicles.
Amtrak	1 (800) 872-7245	<a href="https://www.amtrak.com/">https://www.amtrak.com/</a> Portage and Wisconsin Dells are not staffed. Westbound train generally late afternoon, eastbound train generally mid-day. Call for details and fares.
Badger Care	(608) 256-5566	Open 24 hours/day, 365 days. No wheelchair access. Call for trip pricing.
BrightStar Care	(608) 355-5015	<a href="http://www.brightstarcare.com">www.brightstarcare.com</a> Open 24 hours/day, 365 days. Call for trip pricing.
Capital Express Transportation	(608) 661-7433	Open 24 hours/day, 365 days. Wheelchair accessible. Stretcher van available. Call for trip pricing.
ComfortCare Transportation	(608) 556-1140 800-686-9817	Email: <a href="mailto:info@comfortcaretransportation.com">info@comfortcaretransportation.com</a> <a href="http://www.comfortcaretransportation.com">www.comfortcaretransportation.com</a> Open 24 hours/day, 365 days. Call for trip pricing.
DAV Van Program	(608) 772-4761	Veterans only to Madison VA Hospital & VA Clinic-West. By appointment. No wheelchair access. Veterans-no charge.
Metta Transport	(608) 745-8602 (608) 697-7698	Monday-Friday, 8 a.m.-4 p.m., Special occasions by appointment. Call for trip pricing. Wheelchair accessible, bariatric wheelchair accessible.
NMotion Medical Transport	(608) 473-1477	<a href="https://nmotionmt.com/">https://nmotionmt.com/</a> Provides bariatric, stretcher, COVID +/-testing transport, out-of-state, early hours transportation.
Portage Cab	(608) 742-7915	<a href="http://www.runninginc.net">www.runninginc.net</a> Call for specific prices. Cab will also go outside of normal service area. Operates 24 hours/day every day.
Ruby Medical Transit	(608) 587-2202	Email: <a href="mailto:Info@rubymt.com">Info@rubymt.com</a> <a href="http://www.rubymedicaltransit.com">www.rubymedicaltransit.com</a>
Union Cab	(608) 242-2000	<a href="http://www.unioncab.com">www.unioncab.com</a> Open 24 hours/day, 365 days. Wheelchair accessible.
Wisconsin Employment	(800) 590-1868	Provides car loans to income-eligible, employed individuals. Down payment is required.

Transportation Program		
Van Go Taxi LLC	(608) 849-7070	Open 24 hours/day. Senior discounts available. Wheelchair accessible.
Vanpool	(800) -884-8267 (608) 884-8267	<a href="http://www.doa.state.wi.us/vanpool">www.doa.state.wi.us/vanpool</a> Riders enjoy low rates, comfortable vans, and the benefit of convenient pick-up and drop-off locations. Portage, Columbus, Wisconsin Dells, Wyocena, Poynette and Lodi have established Vanpool groups.
Veyo (Formerly MTM)	(866) 907-1493	Schedule a ride with at least two business days notice: Monday through Friday. 7am-6pm Veyo Member Portal* at <a href="https://member.veyo.com">https://member.veyo.com</a>
Wisconsin Dells Taxi	(608) 253-7433	<a href="http://www.wisconsinhellstaxi.com">www.wisconsinhellstaxi.com</a> Operates 7AM-2PM, no wheelchair access. Call for trip pricing.

### **VETERAN INFORMATION AND SERVICES**

Company Name	Address	Phone Number	Important Information
Columbia County Veterans Service Office	122 E. Edgewater St., P.O. Box 232, Portage, WI 53901	Phone: (608) 742-9618 Fax: (608) 742-9634	County Website: <a href="http://www.co.columbia.wi.us/ColumbiaCounty/veterans/">http://www.co.columbia.wi.us/ColumbiaCounty/veterans/</a> State Website: <a href="http://dva.state.wi.us/">http://dva.state.wi.us/</a> Federal Website: <a href="http://www.va.gov/">http://www.va.gov/</a> The Veterans Service Office assists eligible veterans and their dependents by providing them with information and assistance on: Medical Care, Disability Compensation, Disability Pension, Survivor Benefits, Education, Rehabilitation, Home Loans, Emergency Aid Grants and Burial Benefits.
National Call Center for Homeless Veterans		1 (877) 424-3838 24 hours/7days	<a href="http://www.va.gov">www.va.gov</a> Founded by the Department of Veterans Affairs to ensure that homeless Veterans or Veterans at-risk for homelessness have free access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.
National Caregiver Support Line		1 (855) 260-3274	Monday-Friday 8am-11pm, Saturday 10:30am-6pm Licensed clinical social workers will be available to answer questions, and directly link caregivers to the Caregiver Support Coordinator at their local VA Medical Center. Each VA Medical Center has a Caregiver Support Coordinator who can locate assistance tailored to each unique situation.



**1-(888) 742-9233**

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Please remember that we are constantly updating and expanding our files, and we are always happy to share our latest information with you. Although we believe the information, we collect from service providers is accurate and up to date, the Aging and Disability Resource Center of Columbia County disclaims responsibility for the accuracy or current status of these materials.

Please note that the Aging and Disability Resource Center of Columbia County does not endorse agencies but supplies them as a resource to the community. Thank you for your interest.