

(888)-742-9233



Resource Guide

Assistance and Resources for People who are Elderly and/or Disabled

111 E. Mullett Street
P.O. Box 136, Portage, WI 53901
Phone: (608) 742-9233
Fax: (608) 742-9277

Website:

www.columbia.wi.us/columbiacounty/adrc

Email: adrc@co.columbia.wi.us

Find us on Facebook!



COLUMBIA COUNTY-WISCONSIN

Cities

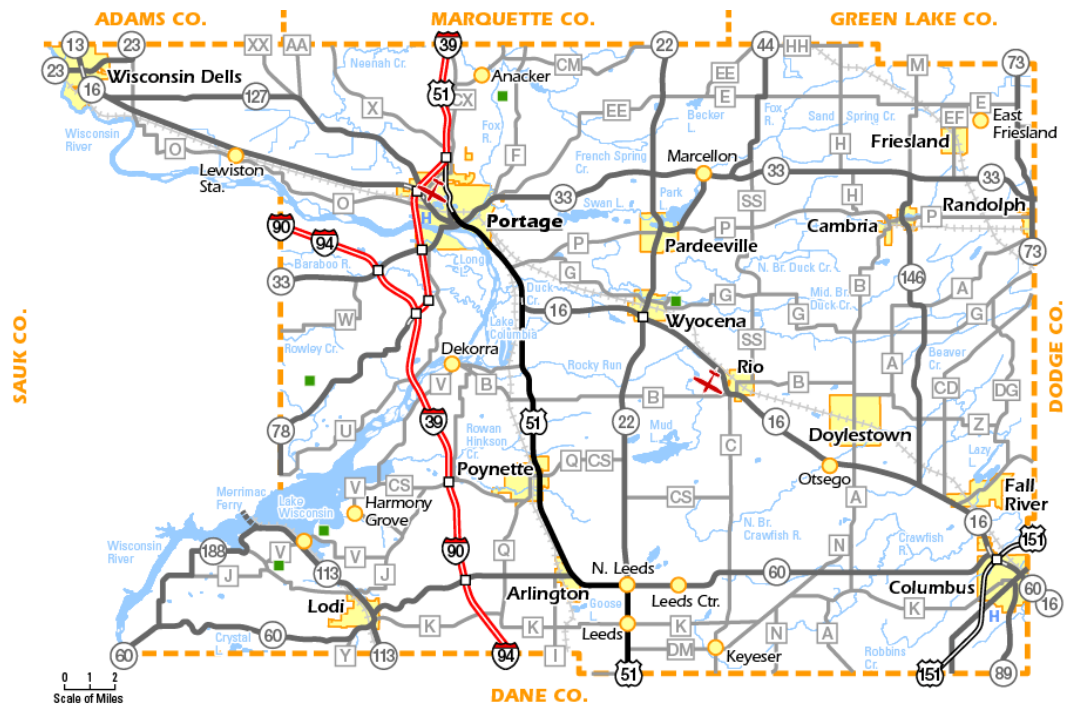
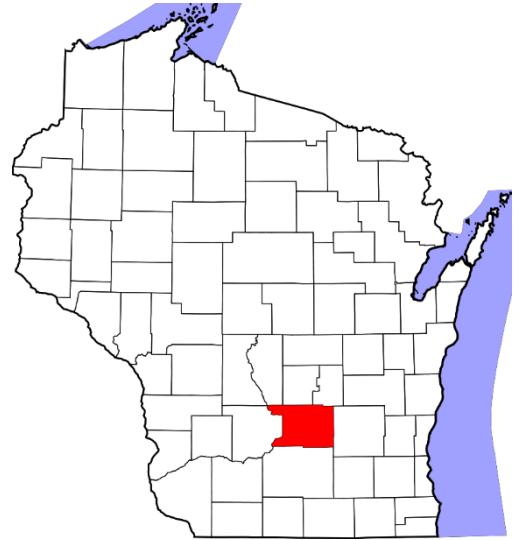
- Columbus (partly in Dodge County)
- Lodi
- Portage (county seat)
- Wisconsin Dells (partly in Adams County, Juneau County, and Sauk County)

Villages

- Arlington
- Cambria
- Doylestown
- Fall River
- Friesland
- Pardeeville
- Poynette
- Rio

Townships

- Arlington
- Caledonia
- Columbus
- Courtland
- Dekorra
- Fort Winnebago
- Fountain Prairie
- Hampden
- Leeds
- Lewiston
- Lodi
- Lowville
- Marcellon
- Newport
- Otsego
- Pacific
- Randolph (mostly in Dodge County)
- Scott
- Wyocena



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1-(888) 742-9233

111 E. Mullett St./ P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9233 Toll Free: 1-(888) 742-9233

Fax: (608) 742-9277 TDD: (608) 742-9229

Email: ADRC@co.columbia.wi.us

Website: www.co.columbia.wi.us/ColumbiaCounty/ADRC

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ADAPTIVE AID RETAILERS

Access to Independence
(608) 242-8484
Toll Free: 1 (800) 362-9877
<https://www.accesstoind.org/>

Independent Living Aids
(800) 537-2218
www.independentliving.com

Lighthouse Center for Vital Living
(218) 624-4828
www.lcfvl.org

The Low Vision Store
(800) 871-8780
www.lowvisionstore.org

LS&S
(800) 468-4789
www.lssproducts.com

Maxi Aids
(800) 522-6294
www.maxiaids.com

Vision Forward Store
(414) 615-0100
www.vision-forward.org/store/

**Wisconsin Council of the Blind and Visually Impaired
Sharper Vision Store**
(608) 237-8100
<https://store.wcblind.org>

ADULT DAY CENTERS

An Adult Day Care facility provides services for part of a day in a group setting to adults who need assistance with activities of daily living, supervision and/or protection.

Services may include personal care and supervision, provision of meals, medical care, medication administration, transportation, and activities designed to meet physical, social and leisure time needs. In Wisconsin, adult day care centers are not licensed, but may be certified. If the center serves one or more participants who receive Medicaid Waiver funding from a county, certification by the Department of Health Services (DHS) is required. If a center is certified, the DHS conducts surveys to determine compliance with certification standards. Adult day care may be provided in family homes, freestanding centers, and multi-use facilities such as churches, schools and senior centers. Adult day centers generally operate programs during normal business hours five days per week. Some programs offer services on evenings and weekends. **(There are currently no Adult Day Centers available in Columbia County).**

Colonial Club-Senior Activity Center
301 Blankenheim Lane, Sun Prairie WI 53590
Phone: (608) 837-4611
Toll Free: 1 (800) 373-0783
www.coloniacub.org

Reminisce Adult Day Services
2350 North Dewey Ave, Reedsburg WI 53959
Phone: (608) 768-5815
www.ramchealth.com/services/adult-day-services



1-(888) 742-9233

ALZHEIMERS AND OTHER DEMENTIA RELATED SERVICES

Alzheimer's and Dementia Alliance of Wisconsin

6314 Odana Rd Suite 4; Madison, WI 53705

Phone: (608) 232-3400

Toll Free: 1 (888) 308-6251

Fax: (608) 232-3407

Columbia/Sauk Regional Office

PO Box 856

Phone: (608) 697-2838

Toll Free: 1 (888) 308-6251

Fax: (608) 745-3940

Website: www.alzwisc.org

Email: support@alzwisc.org

The experienced staff at the Alzheimer's & Dementia Alliance of Wisconsin (ADAW) understand that every person touched by Alzheimer's or other dementia will need support to help them navigate the course of the disease. ADAW offers guidance through the complex maze of issues that can arise through one-on-one consultations, education, early-stage programs, access to resources and advocacy. Serving Wisconsin with regional offices in Madison, Portage, Richland Center and Beloit.

Alzheimer's Association

Phone: (608) 203-8500

24/7 Hotline: (800) 272-3900

Website: www.alz.org/wi

Provides education, research, resources and advocacy relating to Alzheimer's and Dementia. Also offers a 24/7 hotline for caregivers.

Alzheimer's Family and Caregiver Support Program (AFCSP)

Columbia County Aging & Disability Resource Center

111 E. Mullett St.; P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9233 or (888) 742-9233

www.co.columbia.wi.us/columbiacounty/adrc

The Alzheimer's Family & Caregiver Support Program is designed to support families caring for a person with Alzheimer's disease or other dementia in their home. Up to \$2,000 per year can be used to pay for respite care (in-home care or adult day care) so family members can have a break from caregiving. A co-payment might be required, depending upon the income level of the person with dementia and his or her spouse.

Dementia Support Group

2nd Thursday of each month from 10 a.m.-11:30 a.m.

2825 Hunters Trail, Portage, WI 53901

Phone: (608) 742-9055 or (888) 308-6251

Memory Café

4th Wednesday of the month, 1-3 p.m.

Portage Public Library

Phone: (608) 742-9055

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

Website: <https://www.dhs.wisconsin.gov/guide/cbrfcolum.pdf>

A state licensed facility has been specially designed to cater to the special needs of the person and to offer an alternative to nursing home care. Services offered are: 24-hour staffing, cooked meals, supervision of medication, assistance with personal hygiene and dressing, laundry, planned leisure activities and daily companionship. Cost varies for each CBRF. Medicare does not fund this type of placement. If you are unable to afford the costs of this type of facility and you have medical needs, the Aging and Disability Resource Center (ADRC) is available to assess your situation to see if you qualify for public funding. Please contact the ADRC as listed at the front of this document. *The following are located in Columbia County.

Facility Name	Licensee Name	Specialty Programs	
Aspirus Tivoli Community 2805 Hunters Trail Portage WI 53901 (608) 745-5900	Divine Savior Healthcare Inc (608) 742-4131	Type: CBRF Class: CNA Gender: M/F Capacity: 40 Initial License: 12/27/2010	Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled
At Home Again – Rio 403 Lowville Road Rio WI 53960 (920) 992-6430	A&J Senior Care (920) 992-6430	Type: CBRF Class: CNA Gender: M/F Capacity: 16 Initial License: 03/07/2017	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Public Funding Terminally Ill
At Home Again Memory Care – Rio 405 Lowville Road Rio WI 53960 (920) 992-6430	A&J Senior Care (920) 992-6430	Type: CBRF Class: CNA Gender: M/F Capacity: 8 Initial License: 06/15/2018	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Public Funding Terminally Ill
Hamilton Park Place 2525 Hamilton Street Portage WI 53901 (608) 742-7888	Therapeutic Assited Living Operations (920) 207-3550	Type: CBRF Class: CNA Gender: M/F Capacity: 24 Initial License: 12/26/2014	HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Public Funding

<p>Haven Hills 215 Dale Drive Lodi WI 53555 (608) 592-0394</p>	<p>Back In Lodi LLC (608) 575-7221</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 24 Initial License: 08/17/2016</p>	<p>Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled Public Funding Terminally Ill</p>
<p>Home Again – Columbus 110 Stuart Street Columbus WI 53925 (920) 623-9833</p>	<p>Home Again Assited Living Inc (608) 712-1517</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 36 Initial License: 04/20/2011</p>	<p>HCBS Compliant Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill</p>
<p>Home Again Memory Care – Columbus 110 Stuart Street Columbus WI 53925 (920) 623-9833</p>	<p>Home Again Assited Living Inc (608) 712-1517</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 12 Initial License: 03/09/2017</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill</p>
<p>Lake Place Group Home 105 Lake Road Portage WI 53901 (608) 742-4746</p>	<p>The ARC of Greater Columbia County (608) 742-0260</p>	<p>Type: CBRF Class: CS Gender: M/F Capacity: 8 Initial License: 01/01/1981</p>	<p>HCBS Compliant Developmentally Disabled</p>
<p>Larson House 550 River Road Columbus WI 53925 (920) 623-5253</p>	<p>Larson House Platinum LLC (414) 940-6608</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 36 Initial License: 09/01/2015</p>	<p>HCBS Compliant Advanced Age Developmentally Disabled Emtionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill</p>
<p>Larson House South 550 River Road Columbus WI 53925 (920) 623-5253</p>	<p>Larson House Platinum LLC (414) 940-6608</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 28 Initial License: 11/01/2017</p>	<p>Advanced Age Developmentally Disabled Emtionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill</p>
<p>Meadows of Fall River 101 Hometown Ave Fall River WI 53932 (920) 484-6171</p>	<p>Meadows of Fall River LLC (920) 484-6171</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 18 Initial License: 09/05/2017</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled</p>

<p>Our House Lodi Assisted Care 121 Second Street Lodi WI 53555 (608) 592-7433</p>	<p>Keystone Lodi LLC (317) 280-8455</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 16 Initial License: 09/30/2010</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding</p>
<p>Our House Portage Assisted Care 2876 Village Road Portage WI 53901 (608) 745-0330</p>	<p>KSMS Our House LLC (317) 280-8455</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 18 Initial License: 04/15/2011</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding</p>
<p>Our House Wisconsin Dells Assisted Care 1954 State Road 23 Wisconsin Dells WI 53965 (608) 253-3404</p>	<p>KSMS Our House LLC (317) 280-8455</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 09/30*2010</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding</p>
<p>Our House Wisconsin Dells Memory Care 1950 State Road 23 Wisconsin Dells WI 53965 (608) 253-7901</p>	<p>KSMS Our House LLC (317) 280-8455</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 09/30/2010</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding</p>
<p>The Remington House 113 Industrial Drive Pardeeville WI 53954 (608) 429-4443</p>	<p>CBL INC (608) 297-7012</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 01/01/2000</p>	<p>HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Public Funding</p>
<p>The Rivers -Baraboo 601 Latten Lane Portage WI 53901 (608) 566-1500</p>	<p>Elder Care Consulting LLC (507) 361-3495</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 14 Initial License: 12/28/2020</p>	<p>HCBS Compliant Advanced Age Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Terminally Ill</p>
<p>The Rivers – Fox 611 East Albert Street Portage WI 53901 (608) 566-1500</p>	<p>Elder Care Consulting LLC (507) 361-3495</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 20 Initial License: 12/28/2020</p>	<p>HCBS Compliant Advanced Age Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Terminally Ill</p>
<p>The Rivers – Wisconsin 621 Latton Lane Portage WI 53901 (608) 566-1500</p>	<p>Elder Care Consulting LLC (507) 361-3495</p>	<p>Type: CBRF Class: CNA Gender: M/F Capacity: 16 Initial License: 12/28/2020</p>	<p>HCBS Compliant Advanced Age Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill</p>



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Riverwood Senior Living Eagles Nest 115 Bowman Road Wisconsin Dells WI 53965 (608) 684-0123	Riverwood Eagles Nest LLC (608) 829-3450	Type: CBRF Class: CNA Gender: M/F Capacity: 55 Initial License: 01/01/2021	HCBS Compliant Advanced Age Irreversible Dementia/Alzheimer's Terminally Ill
The ARC 237 W Seward Street Poynette WI 53955 (608) 635-2887	The ARC of Greater Columbia County (608) 742-0260	Type: CBRF Class: CNA Gender: M/F Capacity: 8 Initial License: 12/01/2014	HCBS Compliant Developmentally Disabled Physically Disabled

RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

Website: <https://www.dhs.wisconsin.gov/guide/rcaccolumn.pdf>

A state licensed facility has been specially designed to cater to the special needs of the person and to offer an alternative to nursing home care. Services offered are “ala carte” and designed to assist individuals based on their individual needs. Each independent apartment has its own lockable entrance and exit, a kitchen, including a stove, and individual bathroom, sleeping and living areas. An RCAC is limited in providing no more than 28 hours per week of services that are supportive, personal and nursing services. Cost varies for each RCAC. Medicare does not fund this type of placement. If you are unable to afford the costs of this type of facility and you have medical needs, the Aging and Disability Resource Center (ADRC) is available to assess your situation to see if you qualify for public funding. Please contact the ADRC as listed at the front of this document.

Facility Name/ Information	Licensee Name	Specialty Programs	
Heritage House of Portage 2685 Airport Road Portage, WI 53901 (608) 745-3312 County: Columbia	SHA MSL Portage OPCO LLC (312) 462-4462 Tom Ostrom 101 N Wacker DR Suite 616 Chicago, IL 60606	Type: RCAC Class: Certified Gender: M/F Apartments: 66 Initial Cert: 04/07/2015	
Meadows of Fall River (The) 101 Hometown Ave. Fall River, WI 53932 (920) 484-6171 County: Columbia	The Meadows of Fall River, LLC (608) 317-6384 Robert Simonson 2850 Monarch Altoona, WI 54720	Type: RCAC Class: Certified Gender: M/F Apartments: 38 Initial Cert.: 01/01/2010	Public Funding
Our House Portage RCAC 215 Northridge Dr. Portage, WI 53901 (608) 745-0331 County: Columbia	KSMS Our House LLC (317) 280-8455 4350 156 th St Chippewa Falls, WI 54729	Type: RCAC Class: Certified Gender: M/F Apartments: 32 Initial Cert: 04/15/2011	Public Funding

BLIND/VISUALLY IMPAIRED

Department of Health Services

Office for the Blind and Visually Impaired

1 W. Wilson St., P.O. Box 2659, Madison, WI 53701

Phone: 1 (888) 879-0017

www.dhs.wisconsin.gov/blind/index.htm

Statewide group of rehabilitation specialists who teach independent living skills to people in their homes, provide group trainings, demonstrate adaptive equipment and provide information and referral services.

Wisconsin Center for the Blind and Visually Impaired

1700 West State Street, Janesville, WI 53546

Phone: 1 (800) 832-9784

www.wcbvi.k12.wi.us/

Public school and statewide outreach, administered by the Department of Public Instruction, that offers an educational facility for children who are visually impaired and summer rehabilitation program for adults with vision loss.

Wisconsin Council of the Blind and Visually Impaired

754 Williamson St.; Madison, WI 53703

Phone: (608) 255-1166

Toll Free: 1 (800) 783-5213

Fax: (608) 255-3301

Website: www.wcblind.org

Email: info@wcblind.org

Nonprofit agency that offers white canes, adaptive equipment, information and referral, low vision evaluations, rehabilitation teaching, computer training and scholarships.

Wisconsin Lions Camp

3834 County Road A, Rosholt, WI 54473

Phone: (715) 677-4969

www.wisconsinlionscamp.com/

Camp that provides educational camping experiences free of charge to eligible children and adults with disabilities from Wisconsin.

Wisconsin Talking Book and Braille Library

813 West Wells St., Milwaukee, WI 53233

Phone: (414) 286-3045

<https://dpi.wi.gov/talkingbooks/>

Library that lends books and magazines in audio and braille formats to people with vision loss, physical disabilities or reading disabilities.

CLOTHING CENTERS (LOW COST)

<p><u>St. Vincent De Paul Store</u> 1311 W. Wisconsin Street; Portage, WI 53901 Phone: (608) 742-5513</p>	<p><u>St. Vincent De Paul Store</u> W15210 Hwy 16; Wisconsin Dells, WI 53965 Phone: (608) 254-4011</p>
<p><u>St. Vincent De Paul Store</u> 100 South Boulevard; Baraboo, WI 53913 Phone: (608) 356-4649</p>	<p><u>St. Vincent De Paul Store</u> 110 Meister Drive; Columbus, WI 53925 Phone: (920) 623-2004</p>
<p><u>Goodwill Industries</u> 2902 American Legion Dr; Portage, WI 53901 Phone: (608) 745-0616 Donation Center Phone: (608) 742-0907</p>	<p><u>Wyocena Helping Hands Pantry</u> 165 E. Dodge Street; Wyocena, WI 53969 1st three Mon, Tues, Wed from 10:00 am–12:00 pm Phone: (608) 429-2349</p>
<p><u>Lodi-Reach Out Lodi Community Store</u> 601 Clark St.; Lodi, WI 53555 Phone: (608) 592-4592 (By appointment ONLY)</p>	<p><u>Dekorra Lutheran Church-Clothes Closet</u> Corner of Smith Road and County CS; Poynette, WI Phone: (608) 635-7200 (Call for hours)</p>

COMMUNITY OUTREACH PROGRAMS

You Are Not Alone (Y.A.N.A)

For residents in the Wisconsin Dells School District
Phone: (608) 254-1611
Phone: (800) 273-8255
A service of the Wisconsin Dells Police Department
Free telephone reassurance and welfare maintenance project.

COUNSELING SERVICES / HOTLINES

Alcohol and Drug Assistance
24 Hour Emergency Crisis Hotline
Phone: 1-888-552-6642

Al-Anon & Alateen Meetings
Phone: 1 (888) 425-2666
Call for locations and meeting days/times

Alcohol Treatment Referral Hotline
Phone: 1 (800) ALCOHOL
Provides help/referrals for people with concerns about alcohol or drug use. 24 hours.

AA Meeting

For a complete up to date list of AA Meetings in Columbia County, please call the phone number below or visit the website.

Phone: (608) 222-8989 Website: www.aamadisonwi.org

Alcohol and Drug Helpline

Phone: 1 (800) 821-4357

*Provides referrals to local facilities where adolescents and adults can seek help.

Center for Substance Abuse Treatment National Drug and Alcohol Treatment Referral Service

Phone: 1 (800) 662-HELP

Can link the caller to a variety of hotlines that provide treatment referrals. 24 hours

Columbia County Connects Coalition

626 E. Slifer St.; PO Box 564; Portage, WI 53901
Phone: (608) 742-8814 Ext 242

Provides information on drugs and alcohol to parents and community members. Also offers Juvenile Underage Drinking Offenders classes.

Lutheran Social Services

Baraboo: 727 8th Street, Baraboo, WI 53913
Phone: (608) 355-4103
Website: www.lsswis.org

Medication Assistance Recovery and Coordination (MARC)

111 E. Mullett St., Portage, WI 53901
Phone: 1 (888) 552-6642 24 hour line

MARC is a collaborative program developed to provide an innovative approach to treating heroin and opioid prescription drug addiction. Program will facilitate referrals to medication-assisted treatment as well as ongoing case management services.

Narcotics Anonymous

Scenic Bluffs Area (Baraboo, Beaver Dam, Portage, Reedsburg, Wisconsin Dells)
Phone: 1 (866) 590-2648

Pauquette Center for Psychological Services

Portage: 2901 Hunters Trail; Portage, WI 53901
Phone: (608) 742-5518

Prevention and Response Columbia County (PARCC)

Website: www.parccinfo.org

Email: Paula Enger columbiacountyPARCC@gmail.com

A community-based coalition that collaborates with Columbia County communities to identify, guide, support, lead and advocate for both prevention and recovery strategies to decrease the occurrence of substance abuse.

Rosecrance

Phone: 1 (866) 330-8729

Website: <https://rosecrance.org/>

Offers inpatient and outpatient substance use disorder and mental health issues treatment.

HA-Heroin Anonymous Meeting

Satori House

102 4th Ave, Baraboo WI 53913

Recovery/Peer Support Meetings are co-ed, space is limited.

Website: <https://www.satorihouse.org/>

Beaver Dam: 809 Park Ave., Beaver Dam, WI 53916

Phone: (920) 887-3171

Wisconsin Regional Service Office

Phone: 1 (920) 232-9615

www.na.org

Columbus: 1343 Park Ave.; Columbus, WI 53925

Phone: (920) 623-5578

Website: www.pauquette.com

SAMHSA's National Helpline and Referral Service

Phone: 1 (800) 662-4357

Website: www.samhsa.gov

Free, confidential, 24/7/365 treatment referral and information service (English and Spanish) for individuals and families facing mental and/or substance use disorders. Can link the caller to a variety of hotlines that provide treatment referrals 24 hours a day.

Sauk Prairie Recovery

St. Vincent de Paul

815 19th Street, Prairie du Sac, WI 53578

Phone: (608) 644-0504 Ext. 12

Website: <https://stvdpsaukprairie.com/care-outpatient-addiction-program/>

Community Activated Recovery Enhancement (CARE) assists individuals to abstain from using alcohol and opioids by using the non-addictive medically assisted treatment medication called Vivitrol. CARE is an integrated system putting each individual at the center of their treatment, which empowers the individual to make better life choices.

Sonas Behavioral Health Agency

6402 Odana Road, Madison WI 53719

Phone: (608) 204-6076

Website: www.sonasbehavioralhealth.com

Substance Abuse Resources for Wisconsin

Website: www.addicted.org/wisconsin-long-term-drug-rehab.html

Tellurian

Main Campus

300 Femrite Drive, Madison, WI 53716

Phone: (608) 222-7311

Toll Free: 1-877-661-9051

Website: <http://tellurian.org>

Wisconsin Addiction Recovery Helpline

Phone: 2-1-1 or 1 (833) 944-4673

The Wisconsin Addiction Recovery Helpline is sponsored by the Wisconsin Department of Health Services. The helpline is a free, confidential, statewide resource for finding substance abuse treatment and recovery services. The helpline is available 24/7. <https://211wisconsin.community.os.org>

Gambling Problem

Wisconsin Council on Problem Gambling

Toll-Free help line 1 (800) GAMBLE-5 / 1 (800) 426-2535
1423 Kellogg Street, Green Bay WI

The Wisconsin Council on Problem Gambling provides resources, public awareness and education on problem and pathological gambling disorders while maintaining strict neutrality on the issue of legalized gambling.

Disaster Relief

American Red Cross

1 (800) 733-2767

www.redcross.org

Responds to disasters such as fire, flood, and tornado, providing relief (food, clothing, emergency shelter, and personal items, including essential household furnishings, medical supplies, and eyeglasses) to individuals and families, and recruits volunteers.

Disaster Distress Helpline

Phone: 1 (800) 985-5990

Salvation Army

Columbus area contact via Columbus Police Department
at (920) 623-5919

Portage area contact Community Action Council at (608)
254-8353 or (608) 742-3320

Domestic Violence

Hope House

24-Hour Confidential Helpline 1 (800) 584-6790

Crisis Line: (608) 356-7500

Baraboo Location

Mailing address: P.O. Box 557; Baraboo, WI 53913

Physical Address: 720 Ash St.; Baraboo, WI 53913

Office Phone: (608) 356-9123

Office Hours: Monday-Friday 8:00am-4:30pm

Email: hshelter@hopehousescw.org

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

National Domestic Violence Hotline

1 (800) 799-SAFE (800-799-7233)
1 (800) 787-3224 (TDD)

Domestic Abuse Program

Ho-Chunk Nation Social Services

Toll Free: 1 (888) 343-8190

Crisis Line: (877) 847-8689

Domestic Abuse Services available: Emergency shelter, emergency transportation, information, childcare assistance, advocacy, education, support group.

Poison Information

Wisconsin Poison Control

1 (800) 222-1222

www.wisconsinpoison.org

Pregnancy Services

Columbia County Pregnancy Resource Center

306 W. Cook St.; Portage, WI 53901

1 (800) 705-4710

Offers free pregnancy testing, adoption information and referrals, baby clothing, counseling and pregnancy education.

DEAF AND HARD OF HEARING

Office for the Deaf and Hard of Hearing (ODHH)

1 W. Wilson St., PO Box 2659, Madison, WI 53701-2659

Phone: (855) 359-5252

Fax: (608) 264-9899

Email: dhsodhh@wisconsin.gov

<https://dhs.wisconsin.gov/odhh/>

Provides information and referral services, consultation and technical assistance. ODHH provides free in-service trainings, presentations and consultations. Can provide information including: assistive technology, laws and rights of individuals with hearing loss, resources and services, listing of available interpreter agencies.

DENTAL

Directory of Dentists in Wisconsin

Website:

<http://www.dhs.wisconsin.gov/forwardhealth/clinics.htm>

Phone: 1 (800) 362-3002

ACHS Joyce & Marshall Erdman Clinic-Madison

Access Community Health Center-Madison

2202 S. Park St., Madison, WI 53713

Phone: (608) 443-5480

<https://accesscommunityhealthcenters.org/clinics>

ACHC-Sun Prairie

Access Community Health Center-Sun Prairie Clinic
1270 W. Main St., Sun Prairie, WI 53590
Appointments: (608) 825-7100
After Hours: (608) 825-7100 (to reach on-call provider)
<https://accesscommunityhealthcenters.org/clinics/sun-prairie-clinic/>

ACHS William T. Evjue Clinic-Madison

Access Community Health Center-Madison
3434 E. Washington Ave., Madison, WI 53704
Phone: (608) 443-5480
<https://accesscommunityhealthcenters.org/clinics>

Affordable Dental Care, Inc.

2110 Fordem Ave., Madison, WI 53704
Phone for English: (608) 622-4002
Phone for Spanish: (608) 622-0034
www.affordablesmiles.com

Church Health Services

115 N. Center St., Beaver Dam, WI 53916
Phone: (920) 887-1766
www.churchclinic.org

Must be 18 years old or older and have income below 200% Federal Poverty Line. Accepts Badgercare and Medicaid

Familia Dental

3003 E. Washington Ave., Madison, WI 53704
Phone: (608) 244-8050
www.famliadental.com
Medical Assistance or BadgerCare

Family Health/La Clinica

400 S. Townline Rd., P.O. Box 1440; Wautoma, WI 54982
Phone: 1 (800) 942-5330
Fax: (920) 787-4737
www.famhealth.com

Beaver Dam Location

207 S. University Ave.; Beaver Dam, WI 53916
Phone: (920) 356-5012

Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.

Madison Area Technical College-Dental Hygiene Clinic

Truax Campus, Health Education Building,
1705 Hoffman Street, Room 151
Phone: (608) 258-2400 to schedule an appointment.

Available services, performed by dental hygiene students under the supervision of instructors, include:

- Oral prophylaxis (cleaning)
- X-rays
- Fluoride treatments
- Sealants
- Oral hygiene instruction

Service cannot be considered a complete dental/oral examination. Information obtained by the dental hygiene student is available to the patient's dentist upon request. As required by state law, a dentist must make proper interpretation of any diagnostic material.

Marshfield Clinic-Black River Falls Dental

N6571 Lumberjack Guy Road; Black River Falls, WI
54615
Phone: (715) 670-0400
Fax: (715) 670-0700
www.marshfieldclinic.org

A family health center dedicated to bringing health services to the underserved.

Marquette University School of Dentistry Clinic

1801 W. Wisconsin Ave.; Milwaukee, WI 53233
Phone: (414) 288-6790

<http://www.marquette.edu/dentistry/patients/>

All patients accepted including MA and Title XIX, Low-Income, and Uninsured. 13 years of age and older for general clinic. Must pass screening process. Pediatric clinic also available.

Mauston Dental

880 Herriot Dr. Mauston, WI 53948
Phone: (608) 847-6700
www.famhealth.com

Provides low cost dental care to patients. The clinic accepts Medical Assistance (Medicaid) Badgercare and also offers an Affordable Care program to low income and uninsured patients. Mauston Dental Center strives to provide high quality, comprehensive dental care, excluding orthodontics, to all patients. Call for hours of operation.

More Smiles Wisconsin-Salvation Army Dental Clinic

630 East Washington Ave., Madison, WI 53703

Phone: (608) 665-2752

Email: contact@moresmileswi.org

Website: www.moresmileswi.org

More Smiles primarily serves residents of the following counties: Dane, Columbia, Dodge, Green, Iowa, Jefferson, Richland, Rock, Sauk, or Walworth. Residents of other counties can call to confirm eligibility.

We accept Medicaid plans including BadgerCare, and uninsured patients. We do not accept any other forms of dental insurance. For uninsured patients, income must be at or below 200% of the Federal Poverty Level for your family size (about \$25,000 per year for an individual or \$51,500 for a family of four).

For uninsured patients, please refer to our fee scale for price of general services. More Smiles Wisconsin requires all appointments to be scheduled, we do not accept walk-ins. For information about emergency care, please call (608) 665-2752.

St. Ann Center for Intergenerational Care

2450 W. North Ave., Milwaukee, WI 53205

Phone: (414) 210-2450

www.stanncenter.org/clinic

Hours M, T, Th & F 8:00 – 5:00

For children and adults with disabilities who cannot be treated in a standard dental clinic because of expense or lack of accessibility. Referral from a Dr or Dentist required.

St. Vincent De Paul Dental Clinic

1906 North Street; Prairie du Sac, WI 53578

Phone: (608) 644-0504 Ext. 10

www.stvdpdental.com

The St. Vincent de Paul Dental Clinic located in Prairie du Sac, Wisconsin is ready to serve the public with low cost dental hygiene services. The program provides discounted dental services (sliding scale, which starts at 50% of usual and customary charges) to qualified, uninsured and under insured clients. Medicaid and Badger Care clients are accepted.

Our service area includes Sauk and Columbia counties. We have four dentists on staff and are open up to four days a week to provide dental care.

Wisconsin Dental Association

Use the following link to find resources for dental care for low income and uninsured <http://www.wda.org>

Donated Dental Program

Wisconsin Dental Association program designed to bring dental care to Wisconsin residents who are unable to afford treatment because of a limited income that is clearly linked to a permanent disability, chronic illness or advanced age (65 and older). Program is by application only. Eligibility is determined based on a completed written application and phone interview by the DDS referral coordinator. For more information please visit, www.WDA.org

DISABILITY SERVICES

The Arc of Greater Columbia County

711 E. Cook Street, Suite 202; Portage, WI 53901

Phone: (608) 742-0260

Fax: (608) 742-0261

www.arcgcc.org

The Arc provides programs and advocacy for people with disabilities. The programs offered are:

- Special Olympics (ages 2-7, and ages 8+)
- Adult social club; bowling league, parties, assorted recreational activities (age 18+)
- Advocacy
- Newsletter
- Very special arts choir
- Residential service provides

Disability Benefit Specialist (ages 18-59)

Aging and Disability Resource Center

111 E. Mullett St.; PO Box 136; Portage, WI 53901

Direct Phone: (608) 742-9233

- Columbia County's Disability Benefit Specialist program is available to assist persons age 18-59 with:
- Filing of medical insurance claims;
- Questions about medical and prescription insurance coverage;
- Assistance with completion of paperwork for the Homestead Tax Credit;
- Other legal and benefit problems;
- Applications for Social Security Disability and Supplemental Security Income Benefits;
- Assistance with appealing Medicare or Medical Assistance decisions on payment claims for services or equipment;
- Assist with the eligibility of State and Federal programs;
- Consumer issues.

Access to Independence, INC (ATI)

3810 Milwaukee St., Madison, WI 53714

Phone: (608) 242-8484 or 1 (800) 362-9877

Website: <http://www.accesstoind.org/>

Email: info@accesstoind.org

Access to Independence advocates and provides services for people of any type of disability, and of any age, to achieve or maintain their independence. Services provided by Access to Independence include:

Information and Referral, Peer Support, Advocacy – Individual, Systems, Grassroots, Independent Living Skills Training – cooking, budgeting, household maintenance, computers, transportation, etc..., Assistive Technology – demonstration, loan, selection assistance, funding assistance, purchase assistance, training, Public Benefits Assistance – SSDI and SSI application and appeal assistance, Medicaid assistance, Work Incentives Benefits Counseling, Deaf and Hard of Hearing programs and services, Youth with Disabilities Transition Services, Nursing Home Transition and Diversion. Access to Independence provides services in Columbia, Dane, Dodge and Green counties.

Disability Rights Wisconsin

01502 W Broadway, Monona, WI 53703

Phone: (608) 267-0214

Toll Free Number: (800) 928-8778

DRW Voter Hotline: (844) 347-8683

Medicare Part D Helpline: (800) 926-4862

Website: www.disabilityrightswi.org

Email: info@drwi.org

Disability Rights Wisconsin helps people across Wisconsin gain access to benefits, supports and services, and experience opportunity through its advocacy services and legal expertise. Our mission is to challenge systems and society to create positive change and improve the lives of people with disabilities. DRW manages a variety of programs in support of this mission.

ELDERLY SERVICES

Elder Benefit Specialist (Age 60+)

Aging and Disability Resource Center

111 E. Mullett St.; PO Box 136; Portage, WI 53901

Direct Phone: (608) 742-9233

Columbia County's Elder Benefit Specialist program is available to assist persons age 60 and older with the following:

- Filing of medical insurance claims;
- Questions about medical and prescription insurance coverage;
- Assistance with completion of paperwork for the Homestead Tax Credit;
- SeniorCare applications; SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older who meet income requirements. An annual enrollment fee of \$30.00 per person is charged. All participants will need to pay an out-of-pocket expense. Phone: (800) 657-2038 – TTY and translation services are available;
- Other legal and benefit problems;
- Applications for Social Security and Supplemental Security Income Benefits;
- Assistance with appealing Medicare or Medical Assistance decisions on payment claims for services or equipment;
- Assist with the eligibility of State and Federal programs;
- Consumer issues.

Benefit Specialist Program

Elder Law Center, Coalition of Wisconsin Aging Groups

30 W Mifflin St Suite 406, Madison, WI 53718

Phone: (608) 224-0606 or 1 (800) 488-2596

www.cwag.org

Elder Abuse and/or Neglect Investigations (Adult Protective Services)

Aging and Disability Resource Center

111 E. Mullett St., PO Box 136, Portage, WI 53901

Phone: (608) 742-9233

Personal contact is made with suspected victims of elder abuse and/or neglect. Limited in-home counseling is available to individuals needing assistance. Adult Protective Services and Elder Abuse includes physical abuse, material (financial) abuse, neglect, or self-neglect. For additional information or to make a referral call Aging and Disability Resource Center at the number above.

EMERGENCY RESPONSE SERVICES

MedicAlert + Alzheimer's Association Safe Return

MedicAlert + Alzheimer's Association Safe Return is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia that are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert + Alzheimer's Association Safe Return then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain information or an application, call (888) 572-8566.

<https://www.alz.org/help-support/caregiving/safety/medicalert-with-24-7-wandering-support>

Project Lifesaver Program

Columbia County Sheriff's Department
711 E. Cook St., Portage, WI 53901
(608) 742-4166

www.co.columbia.wi.us/columbiacounty/sheriff

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Columbia County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. Help is available to cover the \$300 start-up cost, if needed. More information and an application are available at the website listed.

Medical Guardian

(800) 224-6400

www.medicalguardian.com

MobileHelp

(800) 992-0616

www.mobilehelp.com

MobileHelp has different options ranging from \$25-\$42 per month. When the medical alert system is triggered, a signal is sent to an alarm monitoring system. The situation is then assessed and if required, medical personnel are dispatched or family members are contacted.

EMPLOYMENT SERVICES

Division of Vocational Rehabilitation

2875 Village Road, Suite 200, Portage, WI 53901

Phone: (608) 742-6250

Toll Free: 1 (800) 422-7138

TTY: (608) 745-6708

Fax: (608) 742-6247

<https://dwd.wisconsin.gov/dvr/>

The Division of Vocational Rehabilitation provides services to people with disabilities to obtain, maintain or improve their employment depending on the severity of the disability. There may be a waiting list for services.

Employment Resources Inc.

4126 Lien Rd. Ste. 14, Madison WI 53704

Phone: (608) 246-3444

www.eri-wi.org

Employment Resources, Inc. (ER) is a private, non-profit organization located in Madison, Wisconsin. Since 1990 our mission has been to increase employment opportunities for people with disabilities.

Food Share Employment and Training (FSET) Forward Services Corporation

2875 Village Road, Suite 200, Portage, WI 53901

Phone: (608) 742-1089

<https://fsc-corp.org/our-services/fset>

Program provides general job search assistance to participants. Individuals must currently be receiving a food share benefit to volunteer for the FSET program. (Voluntary, no-cost program)

MATC – Portage Campus

330 Collins St., Portage, WI 53901

Phone: (608) 745-3100

Adult study center for GED: (608) 745-3110

Career Advising available

Tools for Tomorrow

Madison Area Technical College

2125 Commercial Ave., Madison WI 53705

This program is designed to help women obtain training and employment in skilled trade and technical areas, including apprenticeships. For details, call (608) 246-5285. Information sessions held several times a year.

toolsfortomorrow@madisoncollege.edu



1-(888) 742-9233

Wisconsin Job Center (Sauk/Columbia County)

505 Broadway Street Room 232, Baraboo, WI. 53913 (Full Service Job Center)

Phone: (608) 355-4810

The Job Center and its affiliated partners serve as the primary employment and training program vehicle for Sauk & Columbia County. Some of the onsite partners include Central Wisconsin Community Action Coalition, Columbia County Economic Development Corp, Division of Vocational Rehabilitation, MATC, Renewal Unlimited, Wisconsin Job Service and Workforce Connections. Or call 608-355-4810 to find the job center nearest you.

Visit the virtual Job Center at www.jobcenterofwisconsin.com for job postings and job seeking information.

Wisconsin Senior Employment Program

Greater Wisconsin Agency on Aging Resources (GWAAR)

1819 Aberg Avenue, Suite C, Madison, WI 53704

(608) 242-4897, leave a message

1 (888) 810-1279

The Wisconsin Senior Employment Program (Senior Community Services Employment Program) is an employment training program for low-income, unemployed individuals aged 55 years and older. The program provides subsidized, part-time work experience for a limited time through community service to obtain the skills necessary for permanent employment.

Workforce Investment Act

Serving Columbia, Marquette and Sauk Counties

Sauk County Job Center

505 Broadway Street, Baraboo, WI 53910

(608) 355-4810

Provides employment and training services to limited income adults (must meet income eligibility requirement) and dislocated workers.

ENERGY ASSISTANCE

Energy Assistance for Columbia/Marquette County

242 West Cook St.; Portage, WI 53901

Phone: (608) 742-4088

Toll free: (800) 506-5596

Energy Assistance provides services to households living on a fixed or low income. If a household falls within the income guidelines, it may receive a once per year grant to supplement home heating costs. The household may also qualify for furnace repair and/or replacement, and emergency heating services at no cost to the household. A short application must be completed either at our office or at an outreach site in the county. They do provide homebound services.



1-(888) 742-9233

Wisconsin Home Energy Assistance Program

1 (866) 432-8947

<https://energybenefit.wi.gov>

2-1-1 Wisconsin

<https://211wisconsin.communityos.org>

FINANCIAL ASSISTANCE / ECONOMIC SUPPORT

Columbia County Department of Health and Human Services

111 E. Mullett St./P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9227

Fax: (608) 742-9700

TDD: (608) 742-9229

Types of assistance available to financially eligible persons are: food share, childcare, and Medicaid/Medicare premium assistance. For additional information on these types of assistance or to make an appointment for determination of eligibility, please call the Columbia County Health and Human Service Department and ask to speak to the Economic Support Intake Specialist.

***Capital Consortium**-If you live in Columbia County this consortium will provide enrollment services and manage benefits for: • **FoodShare** • **Medicaid** • **BadgerCare Plus** • **Family Planning Only Services** • **Caretaker Supplement**. **To contact them please call 1-888-794-5556.**

FOOD SERVICES

2nd Harvest Mobile Food Pantry

Portage Location: 2nd Monday of the month, Veteran's Memorial Field (fairgrounds) - intersection of Griffith Street and Superior Street, building #8

10:30am-until all food is distributed; Do not arrive more than 15 minutes early

Distribution occurs inside. Bring boxes, bags, and wheeled carts to help carry your groceries.

No restrictions, EVERYONE in need is welcome and served. No ID necessary.

Pardeeville Location: Pardeeville High School. 120 Oak St, Pardeeville, WI 53954

4th Monday of the month, 3:30-4:30pm; Registration begins at 3pm

Held outdoors year-round. Bring boxes, bags, and wheeled carts to help carry your groceries.

No restrictions, EVERYONE in need is welcome and served. No ID necessary.

Cambria Bread Basket Community Food Pantry

First Presbyterian Church

121 W. Florence Street; Cambria, WI 53923

(920) 348-5485 or (920) 348-5568

Serves residents of the Cambria School District. Open every Thursday from 3-5 p.m. or call for an appointment.

Also offering home delivery to those within a 7-mile radius of Cambria.

Columbus/Fall River Food Pantry

(Currently housed at the Senior Center)

125 N. Dickason Blvd., Columbus

Serves residents of Columbus & Fall River School Districts; (920) 623-5918.

By appointment only 4-6:45 pm, Thursdays. Call to reserve a spot.

Monthly contact list:

<https://www.cityofcolumbuswi.com/2324/Food-Pantry>

Reach Out Lodi

601 Clark Street; Lodi, WI 53555
Monday-Friday 9:00 a.m.-3:30 p.m., Saturday 8:00 a.m.-11:00 a.m.
Phone: (608) 592-4592
Serves Lodi School District, Dane, Harmony Grove, Okee, Poynette/Arlington.
Food pantry, personal essentials, community closet, school supplies, community center.

Neighbors in Constant Care Foundation (NICC)

Call (920) 623-5540 or (920) 623-4772 for information
Serves Columbus/Fall River School Districts
Credit mediation, housing or food assistance, school, referral to other resources. Call for more information.

Portage Food Pantry (Located in Lincoln Park)

405 E. Howard St.; P.O. Box 474; Portage, WI 53901
(608) 742-3774
Serves income eligible residents of the Portage Community School District. Must bring ID.
Monday and Wednesday 11-Noon, Thursday 5-6pm

Poynette Area Community Food Pantry, Inc.

Poynette Village Hall
106 South Main Street, Poynette, WI 53955
Tuesdays 1:00 - 3:00 p.m.
Thursdays 5:00 - 7:00 p.m.

Please note that the pantry is closed during any 5th Tuesday or Thursday of a month, if one occurs. If school is closed due to inclement weather, the pantry will also close. Donations can be made daily at the Village Hall during our regular hours of operation.

Prairie Pride Food Pantry

Arlington United Methodist Church (Lower Level)
103 Reagles St., P.O. Box 140, Arlington, WI 53911
(608) 697-5880
Wednesday from 4:00pm-5:30pm and Saturdays from 9am-10:30am
Serves residents of Columbia and Dane counties.

Rio Area Food Pantry

Rio Community Center
104 Lincoln Avenue; Rio, WI 53960
John Atkinson (608) 429-3728
Hours: 2nd, 3rd & 4th Mondays, 10am – noon
4th Mondays 5-6pm
Serves income eligible residents of Rio, Cambria-Friesland, Ostego and Doylestown School Districts. Must bring ID.

Portage United Methodist Church Pop Up Pantry

1804 New Pinery Road, Portage WI 53901
Open the 4th Wednesday of the month from 2-5pm or until food runs out.
Located in the back parking lot.
(608) 742-2107

St. Vincent de Paul-Portage

1311 W. Wisconsin St., Portage, WI 53901
(608) 742-5513; ID and application form required.
Hours: Mon-Thur 9am-5pm, Fri 9am-8pm, Sat 9am-5pm
Must provide your own bags.

Wisconsin Dells Community Food Pantry

1000 Hwy. 13; Wisconsin Dells, WI 53965
Phone: (608) 697-4612 Holly Weber
Tuesdays 9 am-noon and Thursdays 1 to 4 pm
Serves residents of Wisconsin Dells/Lake Delton School District; must bring ID.
Contact: wiscdellsfp@cwcac.org

Wyocena Community Helping Hands Pantry

Wyocena Community Center
165 E. Dodge St.; Wyocena, WI 53969
Hours: 10am to 12 noon on The first three Mondays, Tuesdays, and Wednesdays each month, and anytime the Pardeeville School District is closed due to inclement weather.
Clothing, shoes, books, games, puzzles and small household items available to anyone in need. Serves residents of the Pardeeville School District based on income eligibility.
www.villageofwyocena.com/helping-hands/

OTHER FOOD PROGRAMS

Community Gardens

Community Gardens provide a small lot of land for a nominal fee to people who want to grow some of their own food.

Portage: contact UW Extension Office-Columbia County (608) 742-9682 or george.koepp@wisc.edu

Poynette: contact Curtis, (608) 635-2627 cjniglis@charter.net

Cambria: contact (920) 348-5443 or cambria@centurytel.net

Lodi: contact (608) 592-4592 or billpatti@charter.net

Ensure

Ensure is available at the nutrition site (if prearranged) or Aging and Disability Resource Center of Columbia County. Ensure comes in a variety of flavors including: chocolate, vanilla, strawberry and butter pecan. There are no requirements to purchase Ensure through the ADRC. Please call for the most current prices and availability. (608) 742-9233.

Farmer's Markets

Seasonal Farmers Markets:

Columbus: Wednesdays from 3-6pm at 105 N. Dickason Blvd.

Lodi: Fridays from 2-6pm; 902 N. Main St., Next to Koltes Hardware.

Portage: Thursday from 12-5pm at Commerce Plaza, corner of Cook and Wisconsin

Poynette: Saturdays from 8am to 11am at Pauquette Park (106 S. Main St.)

Rio: Thursdays 3-7pm at the Rio Village Train Depot

Downtown Wisconsin Dells: Sundays 9:30am-1:30pm, 911 River Rd. New Location TBD

Food Share (formerly Food Stamps)

Columbia County Health and Human Services

111 E. Mullett St., Portage, WI 53901

(608) 742-9227

Food assistance based on income. Check your eligibility or apply for Food Share, healthcare or other services at

www.access.wisconsin.gov or call 1 (888) 794-5556.

Senior Farmers' Market Nutrition Program

Vouchers to spend on fresh fruits and vegetables at farmers' markets and participating farm stands, for age 60 and over meeting income eligibility guidelines. Call Columbia County ADRC (608) 742-9233 for details.

Senior Nutrition Program

Serves individuals over age 60 and their spouses. No income or asset limits. Meals served at 11:30am in Columbus, Pardeeville, Portage, and Poynette and home delivered meals to homebound seniors who can't prepare daily meals.

Donation based program. For more information, call (608) 742-9233 *Congregate dining currently closed due to COVID-19*



1-(888) 742-9233

Wisconsin Nutrition Education Program

WNEP helps low-income families eat better, keep food safe, and stretch their food dollars. Open to those who receive or are eligible to receive a Food Share benefit. Call UW-Madison Extension, Columbia County FoodWise Program Coordinator at (608) 742-9693 for more information.

FOOT CLINIC (PODIATRY CARE)

Aging and Disability Resource Center of Columbia County

111 E. Mullett St./ PO Box 136, Portage, WI 53901

Phone: (608) 742-9233

Toll Free: (888) 742-9233

At a cost of \$42 per person (initial visit) and \$32 for follow-up appointments or \$37 for specialized clients (those with diabetes or those taking a blood thinner), you will have your feet soaked, toenails cut and filed and lotion applied. You must be age 18 years and older. This service is performed at the Aging and Disability Resource Center of Columbia County. Appointments are required for these services.

FREE and LOW COST HEALTH CLINICS

Community Care Program

Prairie Ridge Health

1515 Park Avenue; Columbus, WI 53925

Email: pfs@prairieridge.health

Main Phone: (920) 623-2200

Fax: (920) 623-1580

TDD: (920) 623-2091

Toll Free: (800) 549-7511

Ask to speak to a patient financial counselor for questions or to fill out a program application.

Family Health/La Clinica

400 S. Townline Rd.; P.O. Box 1440; Wautoma, WI 54982

Phone: (920) 787-5514 or 1 (800)942-5330

Fax: (920) 787-4737

Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.

Good Neighbor Clinic

95 Lincoln Ave; Prairie du Sac, WI 53578

(608) 643-4749

www.goodneighborclinic.org/index.html



1-(888) 742-9233

Portage Free Clinic, St Vincent De Paul Free Clinic

1311 W Wisconsin St Portage, WI 53901
Phone: (608) 742-5513

Open every Wednesday from 9AM to Noon. Everyone is welcome to use the clinic. Offers a variety of services such as; physical exams, blood pressure monitoring, prescribing medications (they do not prescribe narcotics), give advice and refer patients to specialists, and foot clinic services. Please call the number above for more information or with questions.

GOVERNMENT OFFICES

Child Support Office

400 DeWitt St.; Portage, WI 53901
(608) 742-9610
<http://dcf.wisconsin.gov/bcs>

Columbia County Jail & Huber Center

711 E Cook St, Portage, WI 53901
(608) 742-6476

Columbia County Sheriff's Office

711 E. Cook St.; Portage, WI 53901
(608) 742-4166

Department of Transportation, Division of Motor Vehicles, Drivers Licensing and Testing

2888 Village Road.; Portage, WI 53901
(608) 264-7447
7am-5pm, Tuesdays and Thursdays
www.dot.state.wi.us/drivers/index.htm

Quest Card

Questions: 1 (877) 415-5164

Register of Deeds

112 E. Edgewater St.; Portage, WI 53901
(608) 742-9616u

Forward Card (Medicaid)

Questions: 1 (800) 362-3002

Unemployment Compensation

1 (800) 822-5246
ALL unemployment claims are taken online. No local office. www.dwd.state.wi.us/ui/ to apply online. For help with online services over the phone, call (414) 435-7069.

Health and Human Services

111 E. Mullett St.; Portage, WI 53901
(608) 742-9227
Administers Food Share and Medical Assistance Programs; Free immunizations to qualifying families.

Veterans' Service Officer

112 E. Edgewater St.; Portage, WI 53901
(608) 742-9618

Probation and Parole Office

260 Eastridge Dr.; Portage, WI 053901
(608) 742-4020

GRAPEVINE NEWSLETTER

Aging and Disability Resource Center

111 E. Mullett St.; P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9233

Toll Free: 1 (888) 742-9233

Bi-monthly newspaper to all senior households (60 years and older) delivered to your home. Donations are appreciated. Please call to receive the latest copy and sign-up to regularly receive the newsletter.

HEALTHCARE

ACHS Joyce & Marshall Erdman Clinic-Madison

Access Community Health Center-Madison

2202 S. Park St., Madison, WI 53713

Phone: (608) 443-5482

<https://accesscommunityhealthcenters.org/clinics>

ACHS William T. Evjue Clinic-Madison

Access Community Health Center-Madison

3434 E. Washington Ave., Madison, WI 53704

Phone: (608) 443-5482

<https://accesscommunityhealthcenters.org/clinics>

ACHC Wingra Family Medical Center

Access Community Health Center

1102 South Park St., Madison, WI 53715

Phone: (608) 263-3111

<https://accesscommunityhealthcenters.org/clinics/wingra>

Access Community Health Centers partnered with the University of Wisconsin Department of Family Medicine and Community Health offer a full range of primary care services at the Wingra Family Medical Center. Services include: Adult preventative care, chronic care, pediatric and adolescent care, pregnancy care and pharmacy services.

Prairie Ridge Health

1515 Park Avenue; Columbus, WI 53925

Email: communityrelations@cch-inc.com

Main Phone: (920) 623-2200

Fax: (920) 623-1580

TDD: (920) 623-2091

Toll Free: (800) 549-7511

Emergency room 24 hrs/day; urgent care 24 hours/day, 9am-9pm Sat. and Sun.

Aspirus -Divine Savior Hospital & Clinic

2817 New Pinery Road; P.O. Box 387; Portage, WI 53901

Phone: (608) 742-4131

www.dshealthcare.com

Call the education department for information about no fee or nominal fee classes open to the public on topics such as fibromyalgia fitness, smoking cessation, cancer support group, aquatic fitness, grief support, etc.

Aspirus Divine Savior-Pardeeville Clinic

102 Gillette St.; Pardeeville, WI 53954

Phone: (608) 429-2185

Dean Clinics

Portage Clinic

2825 Hunters Trail; Portage, WI 53901

Phone: (608) 742-7161

Affiliated with Dean/St. Mary's Regional Clinic/Family Practice, Obstetrics, General Practice; Internal Medicine; Pediatrics.

Columbus Specialty Clinic

1513 Park Ave 2nd Floor

Phone: (920) 623-9535

Dells Clinic

1310 Broadway Rd; Wisconsin Dells, WI 53965

(608) 253-1171

Family Practice, Obstetrics and Gynecology, General Surgery, and Podiatry.

Family Health/La Clinica

400 S. Townline Rd.; P.O. Box 1440; Wautoma, WI 54982

Phone: (920) 787-5514 or 1 (800) 942-5330

Fax: (920) 787-4737

Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.

Free Clinic-Portage (Located in Wilz Drugstore)

140 E. Cook St., Portage, WI 53901

Phone: (608) 234-0159

HOME DELIVERED MEALS

Aging and Disability Resource Center of Columbia County

111 E. Mullett St./P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9233

Toll Free: (888) 742-9233

Open every Wednesday from 9AM to Noon. Everyone is welcome to use the clinic. Offers a variety of services such as; physical exams, blood pressure monitoring, prescribing medications (they do not prescribe narcotics), give advice and refer patients to specialists, and foot clinic services. Please call the number above for more information or with questions.

Lodi Clinic- Sauk Prairie Health Care

160 Valley Drive.; Lodi, WI 53555

Phone: (608) 592-3296

Affiliated with Sauk Prairie Memorial Hospital and Clinics.

Mile Bluff's Delton Family Medical Center

28 Commerce St., Wisconsin Dells, WI 53965

Phone: (608) 254-5888

Poser Clinic

635 Park Ave.; P.O. Box 229; Columbus, WI 53925

Phone: (920) 623-5000

UW Health-Portage

2977 County Hwy. CX; Portage, WI 53901

(608) 742-3004

Family Medicine, Vascular Surgery, Allergy and Rheumatology.

UW Health- Columbus

1511 Park Ave; Columbus WI 53925

(920) 623-5226

Meals delivered to eligible homebound individuals age 60 and older, or spouse thereof. Donations towards total meal costs are based on an individual's financial circumstances and own ability to pay. Meals are available from five (5) sites across Columbia County. Contact the Aging and Disability Resource Center and ask to speak to the Information and Assistance Specialist worker for more information.

Mom's Meals

1 (877) 508-6667

Monday-Friday 7am-6pm

<https://www.momsmeals.com/>

Delivery on Thursdays only. *Renal-friendly, Pureed and Gluten Free

HOME HEALTH CARE SERVICES

*Please contact the home health agencies individually as they may offer varying services, rates, minimum hours of service, etc.

Age at Home by Agrace

5395 E. Cheryl Parkway

Madison, WI 53711

Phone: (608) 327-7456

1670 South Boulevard

Baraboo, WI 53913

Age at Home is non-medical, in-home care from non-profit organization, Agrace. You choose and pay for the services you are interested in such as personal care/bathing, grooming, medication reminders and assistance, exercise support, diet monitoring, housekeeping, laundry, meal preparation and clean-up, errands and shopping. Supports are also offered evenings, weekend and/or overnight such as bedtime, 24/7 in-home care, family caregiver coaching and cognitive support programming (for clients with dementia or other cognitive challenges).

Aspirus Divine Savior Home Health

2805 Hunters Trail; Portage, WI 53901

Phone: (608) 745-6400

www.dshealthcare.com

Divine Savior Home Care offers a wide range of home health services to persons in Adams, Columbia, Dane, Green Lake, Marquette and Sauk Counties. Services provided include skilled nursing, physical therapy, occupational therapy, speech therapy, home health aide care and medical social services.

BrightStar

507 Linn St., Unit B; Baraboo, WI 53913

(608) 355-5015

www.brightstarcare.com

Provides chore services, companion care, personal care, home health services, respite and live-in care.

Coram/CVS

5345 Moorland Rd., Suite 101, New Berlin, WI 53151

Phone: (262) 207-1590

www.coramhc.com

Provides IV therapy.

Hillside Home Health Care and Hospice

709 S. University Avenue; Beaver Dam, WI 53916

Phone: (920) 887-4050

<https://bdch.com/about-hillside-home-care>

Hillside is a Medicare certified Home Health and Hospice agency. Hillside provides intermittent skilled nursing, physical, occupational, speech therapies, and Home Health Aide services. Hospice care is focused on the comfort care of terminally ill people and their families, who wish to remain in their own home or area nursing homes. Medicare, Medical Assistance and Private Insurance reimbursement is accepted. Services are provided in Columbia County and serve: Arlington, Cambria, Columbus, Fall River, Rio, and Pardeeville.

Home Instead

1708 N. Spring St.; Beaver Dam, WI 53916

Phone: (920) 219-9832

www.homeinstead.com/609

Serves the Columbus area. 24 hour and live-in care. Companion care, personal care, meals, transportation, household duties, respite care.

Homeward Bound, Inc.

1360 Jefferson Street; Baraboo, WI 53913

Phone: (608) 356-4666

www.hwbcare.com

This agency provides homemaker and home companion services in your home, on a long or short-term basis. The agency is usually private-pay. Services may include: flexible schedules, housekeeping, laundry, grocery shopping, meal preparation, bathing and dressing assistance, companionship, respite, transportation to appointments, etc. Please call for more information or to begin services.

Marquardt Management Services

1045 Hill St., Watertown, WI 53098

Phone: (920) 261-2221

www.marquardtmanagement.com

Bathing, case management, emergency response, home health aides, homemaker services, hospice, IV therapy, mobile meals, OT, personal care workers, PT, respite, speech, wound care.

Maxim Healthcare Services Madison

5752 Tokay Blvd, Suite 500, Madison, WI 53718

Phone: (608) 232-1000

Fax: (877) 306-8303

www.maximhealthcare.com

Email: MadisonOffice@maxhealth.com

Home Healthcare, Personal Caregiving Services, Behavioral Care, Healthcare Staffing

Northwoods Inc. Supportive Home Care

N6510 US Hwy 51 South/P.O. Box 357; Portage, WI 53901

Phone: (608) 742-7114

Northwoods, Inc. of Wisconsin is a Portage-based nonprofit corporation that serves senior citizens and others in need. Northwoods can help with light housekeeping, socialization, errands, shopping and cooking. To be eligible, you must be 60+ years of age or have physical limitations that prevent you from managing your house or apartment without assistance or have experienced an incapacitating injury. Minimum service available is one hour weekly.

Recover Health

Baraboo Office

407 Oak St Baraboo, WI 53913

Phone: (608) 356-7570

Fax: (608) 356-2629

Madison Office

2500 Rimrock Rd., Suite 101; Madison, WI 53713

Phone: (608) 274-8193

Fax: (608) 274-8713

Website: www.recoverhealth.org

Recover Health provides skilled nursing, therapies, homemaking and personal cares services. Services are available 7 days per week and 24 hours per day. Recover Health is Medicare and Medicaid certified. Recover Health accepts private pay, HMO and private insurance.

SSM Health at Home

1111 8th St, Baraboo, WI 53913

Toll Free: (800) 924-2273

www.ssmhealthathomewi.com

1513 Park Ave., Suite A, Columbus, WI 53925

Toll Free: (800) 924-2273

www.ssmhealthathomewi.com

Visiting Angels

Address: 140 Corporate Drive, Suite 2, Beaver Dam WI 53916

Phone: (920) 821-1111

Fax: (920) 328-0324

Website: www.visitingangels.com

We are nationally known and locally owned non-medical in-home care. Our customized plans allow you to pick and choose the services that appeal most to your loved one and that would help to lighten the load of family caregivers. Our caregivers are so great at what they do, and so loved by their clients, that we refer to them as our “Angel companions.” Each caregiver we employ is someone we would be happy to see take care of a member of our own family!

HOMEMAKER SERVICES/HOUSE CLEANING SERVICES

Aging and Disability Resource Center of Columbia County

Phone: (608) 742-9233

Service provided to elderly persons needing assistance within indoor household chores. A home visit will occur in which an assessment will be completed to determine the amount of assistance needed. Hours and availability is limited. A minimal fee will be charged to offset the total chore services which are provided. Contact the Aging and Disability Resource Center and ask to speak to the Information and Assistance Specialist worker for more information.

Age At Home

5395 E. Cheryl Parkway 1670 South Boulevard
Madison, WI 53711 Baraboo, WI 53913
(608) 327-7456

BrightStar

507 Linn St., Unit B, Baraboo, WI 53913
(608) 355-5015

Northwoods Inc, Supportive Home Care

N6510 U.S. Highway 51 South P.O. Box 357, Portage, WI 53901
(608) 742-7114 ext. 239

HOSPICE

Agrace Hospice and Palliative Care

5395 E. Cheryl Parkway, Fitchburg WI 53711
Phone: (608) 276-4660
Toll Free: (800) 930-2770
www.agrace.org

MMC-BD Hillside Home Care/Hospice

707 S. University Ave., Beaver Dam, WI 53916
Phone: (920) 887-4050
www.bdch.com

Agrace Baraboo

1670 South Boulevard; Baraboo, WI 53913
Toll Free: (800) 553-4289
www.agrace.org

Rainbow Hospice Care

147 W. Rockwell St., Jefferson, WI 53549
Phone: (920) 674-6255
www.rainbowhospicecare.org

Generations Home Care and Hospice

1020 S. Main St., Suite C; Fond du Lac, WI 54935
Phone: (920) 922-0134

SSM Health Hospice House

915 12th St., Baraboo, WI 53913
Toll Free: (877) 356-4514
www.ssmhealthathomewi.com

Heartland Hospice

2801 Crossroads Dr., Suite 2000; Madison, WI 53718
Phone: (608) 819-0033
Toll Free: (866) 216-5708
www.heartlandhospice.com

St. Croix Hospice

414 Broadway, Suite 200; Baraboo, WI 53913
Phone: (608) 448-4200
Toll Free: (855) 278-2764
Fax: (608) 448-4202
www.stcroixhospice.com

Marquardt Hospice

1045 Hill St., Watertown, WI 53098
Toll Free: (844) 206-4930
www.marquardthospice.org

Moments Hospice

5315 Wall Street, Suite 135, Madison WI 53718
Phone: (608) 384-3710
Fax: (608) 384-3711
www.momentshospice.com

HOUSING

Low Income Housing for Elderly and/or Disabled Persons

City	Name and Address	Phone Number	Details
Cambria	Parkview Apartments 201-205 Evans Drive Cambria, WI 53923	(608) 258-2080 Low Income Housing www.wisconsinmanagement.com	Family
Columbus	Carriage Hills Apartments 95 Fuller Street Columbus, WI 53925	(920) 623-5690 Section 8 www.cardinalcapital.us	
Columbus	Columbus Manor 779 Maple Avenue Columbus, WI 53925	(920) 623-5589 (fax & phone) Low Income Housing www.lsswis.org	62 & up or 18 & up with physical handicap
Columbus	Farnham Village 938 Farnham Street Columbus, WI 53925	(800) 944-4866 Ext. 1120 Low Income Housing www.hmgapt.com	
Fall River	Fall River Meadows 550 & 552 N. Main Street 554 Sleepy Hollow Fall River, WI 53932	(608) 308-4242 www.wisconsinmanagement.com	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Lodi	Country Glen Apartments 85 Strangeway Lodi, WI 53555	(608) 258-2080 Low Income Housing www.wisconsinmanagement.com	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Lodi	Parkside Apartments 215 Water Street Lodi, WI 53555	(608) 258-2080 Low Income Housing www.wisconsinmanagement.com	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Lodi	Pleasant Valley Apartments 239 Columbus Street Lodi, WI 53555	(608) 592-4134 Low Income Housing Section 8 Vouchers	
Pardeeville	Pardeeville Meadows 507-511 Elliott Street Lane Pardeeville, WI 53954	(800) 944-4866 ext 1120 Email: apartments@hmgapt.com Website: www.hmgapt.com Low Income Housing Section 8 Vouchers	Income restrictive. Includes: water, sewer, gas, trash. Smoking permitted. Storage available. Air conditioning. Washer/dryer in unit.
Pardeeville	Parkview Apartments I 102 Gillette Street Pardeeville, WI 53954	(608) 566-1777 Low Income Housing Section 8 Vouchers	
Portage	Deer Run Park Apartments 2345 Schultz Street Portage, WI 53901	(608) 566-1777 Low Income Housing Section 8 Vouchers www.oakbrookcommunities.com	

Portage	Pat Smith's Manor 142 Henry Drive Portage, WI 53901	Impact Seven 855-316-8967 Section 8 Vouchers	*Chronic and Mentally Ill
Portage	Portage Building Apartments 203 DeWitt Street Portage, WI 53901	(608) 254-8353 Central WI Community Action Council Section 8 Vouchers	All Units on second level above offices/ shops: market rate with some utilities included. 2 Bedroom Unit Efficiency Unit 1 Bedroom Unit
Portage	Portage Meadows Apartments 2375 Schultz Street Portage, WI 53901	Impact Seven (715) 434-1717 Low Income Housing Section 8 Vouchers www.impactseven.org	
Portage	Riverwood Apartments 215 W. Mullett Street Portage, WI 53901	(608) 742-4454 Project Based Section 8 www.riverwoodelderlyapartments.com	62 & older or disabled
Portage	The Phoenix 104 W. Cook Street Portage, WI 53901	(608) 745-4450 Low Income Housing Section 8 Vouchers www.cardinalcapital.us	55 & older
Portage	Village House Apartments 2830 Village Road Portage, WI 53901	(608) 742-2131 Section 8 www.meridiangroupinc.net	
Poynette	Pioneer Place I, II, III, IV Hillside Terrace 238 W Seward St Poynette, WI 53955	(608) 635-7000 Section 8 Vouchers www.meridiangroupinc.net	1 & 2 Bedrooms
Rio	Argent of Rio 140 Athens Sreet Rio WI 53960	(800) 944-4866 Ext 1120 https://www.hmgapt.com/argent-of-rio	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent
Rio	Covenant Place 420 W. Lyons Street Rio, WI 53960	(920) 838-4000 Section 8	62 & Older Only
Wisconsin Dells	Dells Housing Colonial Apartments 309 Wisconsin Avenue Wisconsin Dells, WI 53965	(608) 697-1993	Senior Housing and Independent Living 62 & Older
Wisconsin Dells	Valley View Apartments 1700 Broadway Road Wisconsin Dells, WI 53965	(608) 253-7707 https://www.hmgapt.com/valley-view--wi-dells Low Income/Rental Assistance	Rental assistance may be available where you will pay only 30% of your gross adjusted income for rent

Wisconsin Dells	Village Glen Apartments 1008 Elm Street Wisconsin Dells, WI 53965	(608) 524-4900 Section 8 Vouchers C/O 800 Third St., Reedsburg, WI 53959 www.meridiangroupinc.net	
Wisconsin Dells	Cambrian Commons 920 Race Street Wisconsin Dells WI	(608) 432-4447 https://www.movin-out.org/rental	
Wisconsin Dells	Pioneer Ridge 460 Pioneer Drive Wisconsin Dells WI 53965	(608) 432-4447 https://www.movin-out.org/rental	
Wisconsin Dells	Stepping Stone 409 Vine Street Wisconsin Dells WI 53965	St. Vincent DePaul (608) 742-5329 https://svdpwisdells.org/stepping-stone-housing	
Wyocena	Wyona Lake Apartments 107 N. Columbus St. Wyocena, WI 53969	(608) 963-1741 (608) 254-8353 Central WI Community Action Council Section 8 Vouchers	Wyona Lake Apartments have a total of 16 units, all of which are Section 8 assisted living units serving the elderly and disabled. All units on this property are one-bedroom in a secured locked single-story building. HOUSEHOLD INCOME LIMITS APPLY

American Red Cross

4860 Sheboygan Ave., Madison, WI 53705

(608) 232-5819

1 (877) 618-6628

<https://www.redcross.org/local/wisconsin/about-us/locations/southwest-chapter.html>

During disasters such as fires, floods and tornadoes the Red Cross provides relief (food, clothing, emergency shelter and personal items such as essential household furnishings, medical supplies and eyeglasses) to individuals and families.

Columbia County Housing Rehabilitation Program

May provide no-interest home repair loan for qualifying owner-occupied housing. Contact MSA Professional Services, Sue Koehn, Housing Program Department.

201 Corporate Drive; Beaver Dam, WI 53916

1 (800) 552-6330



1-(888) 742-9233

Central Wisconsin Community Action Council, Inc.

Columbia County Residents
203 De Witt St.; Portage, WI 53901
Phone: (608) 742-3320

Wisconsin Dells office
1000 Hwy 13, Wisconsin Dells, WI 53965
Phone: (608) 254-8353
Website: <http://cwcac.org/>

Central Wisconsin CAC is a private, not for Profit Corporation whose goal is to assist low-income individuals and families to become self-sufficient. The agency provides numerous services and helps to mobilize community resources through the Section 8 Rental Voucher Program, weatherization assistance, short-term rental assistance, employment and training, emergency food assistance, and crisis emergency shelter assistance. The above services are offered through two departments: Housing & Energy and Human Development. *There may be a wait-list for Section 8 Rental Voucher Program. Please call to verify.

Habitat for Humanity of Sauk-Columbia Area

Habitat for Humanity Main Office
1211 8th St, P.O. Box 38; Baraboo, WI 53913
(608) 448-2888

Habitat for Humanity ReStore
1450 E. Wisconsin St., Portage, WI 53901
(608) 356-0332

Habitat for Humanity ReStore

615 South Boulevard.; Baraboo, WI 53913
(608) 356-0332
<http://hfhwisconsinriver.org/>
email: office@hfhsca.org

Open Tuesday-Friday 9am-5pm and Saturday 9am-4pm.

Buy gently used and even new building supplies for all of your fixing, remodeling and building projects. Prices ½ or less off of retail. Donate to the ReStore, gently used or unused building materials.

Renewal Unlimited

2900 Red Fox Run; Portage, WI 53901
Phone: (608) 742-5329
Website: www.renewalunlimited.net/

HCRI Program

The Housing Cost Reduction Initiative Program is a housing assistance program for households with low to moderate income. Assistance is provided in the form of a 0% interest loan. The loan is to be paid back using an affordable payment plan, which is set up between the recipient, and Renewal Unlimited, Inc.

River Haven Homeless Shelter

108 E. Pleasant St., Portage, WI. 53901
P.O. Box 641, Portage, WI. 53901
(608) 742-7687

Housing may be available for homeless single women, men and families.

Section 8

This program, administered by HUD, allows a resident's rent to be based on 30% of their gross adjusted monthly income. To be eligible, you can earn no more than the HUD income limit. Contact the apartment for information.

USDA Rural Development (Housing Loans)

5417 Clem's Way ; Stevens Point, WI 54482
Phone: (715) 345-7600
Website: www.rd.usda.gov

Low interest loans are available to very low-income owner occupants of modest homes. Funds are available for improvements and repairs or to remove health and safety hazards. Limited grant money may be available for qualified homeowners 62 years and over to remove health or safety hazards or remodel to make homes accessible to disabled household members. Applicants must meet income and asset limits to qualify. Call the local office above for information on these limits or to start the application process.

INSURANCE

Affordable Care Act

Health Insurance Marketplace
1 (800) 318-2596
www.healthcare.gov

Enroll in or change health insurance plans.

LAW ENFORCEMENT AGENCIES

Columbia County Sheriff's Department

711 E. Cook Street/P.O. Box 132;
Portage, WI 53901
Phone: (608) 742-4166

Columbus Police Department

159 S. Ludington St.; Columbus, WI 53925
Phone: (920) 623-5919
Fax: (920) 623-5930

Cambria Police Department

111 W. Edgewater Street/P.O. Box 295;
Cambria, WI 53923
Phone: (920) 348-5088
Fax: (920) 348-6050

Fall River Police Department

641 S. Main Street; Fall River, WI 53932
Phone: (920) 484-3707

Lake Delton Police Department

50 Wisconsin Dells Pkwy S, P.O. Box 510;
Lake Delton, WI 53940
Phone (Office): (608) 254-7571
Fax: (608) 254-4651
Dispatch: (608) 254-8331

Lodi Police Department

142 S. Main Street; Lodi, WI 53555
Phone: (608) 592-5401
Fax: (608) 592-4117

Pardeeville Police Department

114 Lake Street; Pardeeville, WI 53954
Phone: (608) 429-2188

Portage Police Department

117 W. Pleasant Street, Portage, WI 53901
Phone: (608) 742-2174
Fax: (608) 742-1175

Poynette Police Department

118 N. Main Street/P.O. Box 247;
Poynette, WI 53955
Phone: (608) 635-2588
Fax: (608) 635-8715

Rio Police Department

207 Lincoln Avenue; Rio, WI 53960
Phone: (920) 992-5454

Randolph Police Department

136 W. Stroud Street; Randolph, WI 53956
Phone: (920) 326-4620

Wisconsin Dells Police Department

712 Oak Street; Wisconsin Dells, WI 53965
Phone: (608) 253-1611
Fax: (608) 254-4375

LEGAL ADVOCACY

Lawyer Referral and Information Service of the State Bar of Wisconsin

Provides three services: Lawyer Hotline, Lawyer Referral, and Community Referral. Caller will be screened at initial call to determine nature of problem and make appropriate referral. Open: 7:30am-6pm, Monday through Thursday; 7:30am-5pm, Friday

Toll Free: 1 (800) 362-9082 or phone: (608) 257-4666

Department of Health Services, Division of Public Health

1 West Wilson St, Room 250, Madison, WI 53703
Phone: (608) 267-2832

<http://dhs.wisconsin.gov/forms/AdvDirectives/>

The above link is for Power of Attorney documents and does not provide legal advocacy

Disability Rights WI

(For persons age 18-59)
1502 West Broadway, Suite 201, Madison, WI 53713
Madison: (608) 267-0214

Toll Free: 1 (800) 928-8778

Milwaukee: (414) 773-4646

Toll Free: 1 (877) 338-3724

TTY for all offices: 1 (888) 758-6049

Elder Law Center, Coalition of Wisconsin Aging Groups

2850 Dairy Drive, Suite 100; Madison, WI 53718
(608) 224-0606

Provides assistance to victims of elder financial exploitation. Also accepts reports of Medicare fraud. Helps retirees find lost pensions.

Wisconsin State Bar Association

(608) 257-3838
(800) 728-7788
www.wisbar.org

Wisconsin Guardianship Support Center Hotline

(855) 409-9410
www.gwaar.org

Alzheimer's & Dementia Alliance of Wisconsin-Columbia/Sauk Regional Office

(608) 697-2838
(888) 308-6251
www.alzwisc.org

Legal Action of Wisconsin, Inc.

Phone: (800) 362-3904 or (608) 256-3304
Website: www.legalaction.org
Legal Action of Wisconsin provides civil legal services for low-income Wisconsin residents.

National Academy of Elder Law Attorneys

(703) 942-5711
www.naela.com

On-line resource for self-representation or self-help

See www.wicourts.gov

LIBRARIES

City	Location	Phone Number
Cambria	Jane Morgan Memorial Library 109 W. Edgewater Street; Cambria, WI 53923	(920) 348-4030
Columbus	Columbus Public Library 223 W. James Street; Columbus, WI 53925	(920) 623-5910
DeForest	DeForest Public Library 203 Library Street; DeForest, WI 53532	(608) 846-5482
Endeavor	Endeavor Public Library 400 Church Street; Endeavor, WI 53930	(608) 587-2902
Lodi	Lodi Women's Club Public Library 130 Lodi St.; Lodi, WI 53555	(608) 592-4130
Pardeeville	Angie W. Cox Public Library 119 N. Main Street; Pardeeville, WI 53954	(608) 429-2354
Portage	MATC – Portage 330 Collins Street; Portage, WI 53901	(608) 745-3100
Portage	Portage Public Library 253 W. Edgewater Street; Portage, WI 53901	(608) 742-4959
Poynette	Poynette Public Library 118 N. Main Street; Poynette, WI 53955	(608) 635-7577
Randolph	Hutchinson Memorial Library 228 N. High Street; Randolph, WI 53956	(920) 326-4640
Rio	Rio Community Library 324 W. Lyons St; Rio, WI 53960	(920) 992-3206
Wisconsin Dells	Kilbourn Public Library 620 Elm Street; Wisconsin Dells, WI 53965	(608) 254-2146
Wyocena	Wyocena Public Library 165 East Dodge St.; Wyocena, WI 53969	(608) 429-4899

LIFELINE COMMUNICATIONS SYSTEMS

Most hospitals offer a type of lifeline service. Individuals usually use the lifeline service through the hospital they receive services at, although you may contact the hospital social worker for more information. Lifeline units cost roughly \$30.00 per month.

Prairie Ridge Health

Lifeline Services

1515 Park Avenue; Columbus, WI 53925

Phone: (920) 623-1280

St. Clare Hospital-Golden Care

Personal Emergency Response System

707 14th Street; Baraboo, WI 53913

Phone: (608) 356-1407

MEDICAL EQUIPMENT

SSM Health At Home

1111 8th St.; Baraboo, WI. 53913

(800) 924-2273

St. Vincent de Paul

100 S. Blvd.; Baraboo, WI 53913

(608) 356-4649

Unity Point at Home

2180 W. Beltline Hwy.; Madison, WI 53713

(608) 417-3700

www.unitypoint.org/madison/homehealth

Walgreen's Home Care

<https://www.walgreens.com/store/c/home-medical-supplies-and-equipment/ID=359443-tier1>

St. Vincent de Paul

1311 W. Wisconsin St.; Portage, WI 53901

(608) 742-5513

Wilz Hometown Pharmacy

140 East Cook Street

Portage, WI. 53901

(608) 742-3545

MEDICATION ASSISTANCE PROGRAMS

Partnership For Prescription Assistance

(877) 474-6504

Website: www.pparx.org/Intro.php

The Partnership for Prescription Assistance is an on-line site that helps you find the patient assistance program that you may qualify for. Through this site you will find a single point of access to more than 475 public and private patient assistance programs, including access to programs offered by pharmaceutical companies.

Other medication assistance web-sites:

Website: www.phrma.org/ or www.needymeds.com/

Check with your preferred pharmacy for discount programs that may be offered.

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up.

Memory Care Clinic

Marshfield Medical Center-Beaver Dam, 3rd floor
707 S. University Ave.; Beaver Dam, WI 53916
(920) 887-4321
www.bdch.com

UW-Health Hospital and Clinics

Memory Assessment Clinic

2880 University Ave.; Madison, WI 53705
(608) 263-7740
Fax: (608) 262-6048
www.uwhealth.org/geriatrics

Geriatric consultations are comprised of three clinics:
Geriatric Assessment Clinic, Memory Assessment Clinic
and Mobility and Falls Clinic.

MENTAL HEALTH SERVICES

Division of Mental Health/AODA

111 E. Mullett St./P.O. Box 136; Portage, WI 53901
Phone: (608) 742-9227
Fax: (608) 742-9700 TDD: (608) 742-9229

Mental Health Crisis

24-Hour Emergency Crisis Hotline

1 (888) 552-6642
Immediate counseling for people having thoughts of
suicide.

Aspen Family Counseling

2639 New Pinery Rd., Suite 1; Portage, WI 53901
Phone: (608) 742-5020
Emergency Line: (608) 477-5363

UW Health Memory Assessment Clinic - Sauk Prairie

250 26th Street, Suite 120
Prairie du Sac, WI 53578
(608) 643-6060

William S. Middleton Veterans Hospital

Geriatric Research Education Clinic Center
2500 Overlook Terrace ; Madison, WI 53705
(608) 256-1901 ext. 17000
www.madison.va.gov

Dean Memory Assessment Center

Dean Clinic
1313 Fish Hatchery Road; Madison, WI 53715
(608) 252-8040

Midlands Psychological Associates

336 Lodi Street; Lodi, WI 53555
Phone: (608) 592-2080

Columbia County Comprehensive Community Services (CCS)

111 E. Mullett St.; Portage, WI 53901
Phone: (608) 742-9227

CCS assists with mental health or substance abuse
concerns to identify what he/she needs in order to help
increase ability and enhance connection to natural
supports and community resources.

Columbia County Community Support Program (CSP)

1440 East Wisconsin Street, Portage, WI 53901

Phone: (608) 742-9227

CSP (through Journey Mental Health) provides community based services to adults with severe and persistent mental illness (such as schizophrenia, major depression or bipolar disorder).

Compass Counseling

1508 New Pinery Road; Portage, WI 53901

Phone: (608) 745-4900

www.compasscounseling.info

Journey Mental Health Center

1440 East Wisconsin Street, Portage, WI 53901

Phone: (608) 745-9720

Phone: (608) 280-2700

National Hopeline Network

1 (800) 442-4673

National Network of hotline for people in crisis and having thoughts of suicide.

National Institute of Mental Health Resource Center

1 (866) 615-6464

Mental illness literature for the public and professionals.

National Suicide Prevention Lifeline

1 (800) 273-8255

Immediate counseling for people having thoughts of suicide.

Northwest Connections

1 (888) 552-6642

Hotline for people in crisis and having thoughts of suicide

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, uncontrollable wandering or major changes in sleep.

Pauquette Center

2901 Hunters Trail; Portage, WI 53901

Phone: (608) 742-5518

www.pauquette.com

Transitions Behavioral Health, LLC

317 DeWitt St.; Portage, WI 53901

Phone: (608) 745-1751

Veterans Mental Health/AODA Support Group

400 DeWitt Street, Portage WI

Third Wednesday of each month 11:00-1:00 p.m.

For more information about the group contact:

Jennifer at (608) 256-1901 x16904 or

Jennifer.gruba@va.gov

Veterans Crisis Line: 1 (800) 273-8255

Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have a master's degree and are also veteran's themselves.

Solstice Warmline

Phone: (608) 422-2383

Do you need someone to talk to? The warmline is answered by people who have experienced mental health and/or substance abuse issues and are trained to support people during tough times.

Monday-Friday, 4PM-10PM; Saturday and Sunday 2PM-10PM



1-(888) 742-9233

Inpatient Geriatric Mental Health Services

Medota Mental Health Institute

301 Troy Drive; Madison, WI 53704

Phone: (608) 301-1000

www.dhfs.wisconsin.gov/MH_Mendota/index.htm

If you are having a psychiatric emergency or need crisis mental health services please contact Dane County Crisis Center (608) 280-2600 or your local county crisis line.

Stoughton Hospital-Geriatric Psychiatry

900 Ridge St. Stoughton, WI 53589

Phone: (608) 873-2242

www.stoughtonhospital.com

Inpatient Only Geriatric Mental Health Services

Mobile Outreach to Seniors Team (MOST)

C/O Journey Mental Health Center of Dane County

49 Kessel Court, Madison WI 53711

Phone: (608) 280-2700

Please call 9:00AM-5:00PM Monday through Friday

Watertown Regional Medical Center

Senior Behavioral Medical Center

125 Hospital Drive, Watertown, WI 53098

Phone: (920) 261-4210

Fax: (920) 206-3153

NURSING HOMES

Directory of Licensed Wisconsin Nursing Homes In Columbia County

Long Term Care Ombudsman

State of Wisconsin Board on Aging and Long-Term Care

1402 Pankratz St., Suite 111

Madison, WI 53704

(800) 815-0015

<http://longtermcare.state.wi.us>

Online complaints: boaltc@wisconsin.gov

An ombudsman projects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care and quality of life. The program is provided through the State of Wisconsin at no charge. They can investigate complaints and help families resolve problems. A list of licensed Columbia County nursing homes can also be found here: <https://www.dhs.wisconsin.gov/guide/nh-columbia.pdf>

Columbia Health Care Center

323 W. Monroe Street; PO Box 895; Wyocena, WI 53969

Phone: (608) 429-2181

License #2418

Columbus Health and Rehab

825 Western Avenue; Columbus, WI 53925

Phone: (920) 623-2520

License #3116



1-(888) 742-9233

Randolph Health Services (Dodge County)

502 S. High St., Randolph, WI 53956
 Phone: (920) 326-3171
 License #2290

Wisconsin Dells Health Services

300 Race Street; Wisconsin Dells, WI 53965
 Phone: (608) 254-2574
 License #2875

Divine Rehabilitation and Nursing at Lodi

700 Clark Street; Lodi, WI 53555
 Phone: (608) 592-3241
 License #2086

Tivoli - Divine Savior Healthcare, Inc.

2805 Hunter's Trail; Portage, WI 53901
 Phone: (608) 745-5900
 License #2018

Nutrition Sites

A noontime meal is offered to individuals age 60 or older or spouse thereof. Donations are accepted. Reservations are made by calling the meal site between the hours of 10am-12:30pm, on the days listed. Reservations are required 24 hours in advance so a meal can be ordered for all attendees. Following is a list of the phone number and location of each site. Activities at each site are offered as scheduled by the meal site manager.

City	Location	Days
Columbus	Senior Center 125 N. Dickason Blvd. (920) 763-2124	Monday – Friday
Pardeeville	Pardeeville Public Library 119 N. Main St. (608) 617-1821	Monday – Friday
Portage	Aging & Disability Resource Center 111 E. Mullett St. (608) 742-9211	Monday – Friday
Poynette	City Hall 106 S. Main St. (608) 635-2122, Option 2	Monday – Friday
Wisconsin Dells/ Lake Delton *Collaboration with Sauk County	Frank Fischer Building, 20 Wisconsin Dells Parkway South, Lake Delton. (608) 393-8701	Monday—Friday

OTHER COMMUNITY RESOURCES

Columbia County Department of Health and Human Services

111 E. Mullett St./P.O. Box 136; Portage, WI 53901
 Phone: (608) 742-9233
 Website: www.co.columbia.wi.us
 State link: www.dhfs.wisconsin.gov/programs.htm

PREVENTION PROGRAMS

Available through the Aging & Disability Resource Center of Columbia County (608) 742-9233

Healthy Living with Diabetes

Healthy Living with Diabetes (HLWD) is a high-level evidence-based workshop for people who have diabetes. Developed at Stanford University, the Healthy Living with Diabetes workshop meets for 2-1/2 hours once a week for six weeks. This community-based program is very interactive, where mutual support and success build participants' confidence in their ability to manage their health condition and maintain active and fulfilling lives. It is facilitated by two trained leaders in a small group setting, and most of the learning comes from sharing and helping others in the workshop with similar challenges.

Workshops are best for anyone who:

- Has, or lives with someone who has, diabetes (Type 2, Pre, or Type 1)
- Is living in a home or apartment; and
- Is not suffering from dementia

Healthy Living with Diabetes does not replace existing treatments, but serves to complement a participant's current medical treatment plan

- What is diabetes?
- Short-term goal setting
- Monitoring blood sugars
- Healthy eating and nutrition: food label reading and meal planning
- Relaxation Techniques
- Planning for the future
- Partnering with health provider
- Fitness for exercise and fun!
- Feedback and problem-solving
- Preventing high and low blood sugars
- Preventing or delaying complications
- Stress and depression management
- Communicating effectively with friends, family, and medical team

Living Well with Chronic Conditions

Living Well is a [high-level evidence-based](#) workshop for people who have one or more chronic conditions. A chronic condition is an on-going health problem or disease such as diabetes, heart disease, arthritis, and other long-term problems. Developed at Stanford University, the Living Well workshop meets for 2-1/2 hours a week for six weeks. Classes are highly participative. Mutual support and success build participants' confidence in their ability to manage their health condition to maintain active and fulfilling lives. It is facilitated by two trained leaders in a classroom style, but most of the learning comes from sharing and helping others with similar challenges.

Workshops are best for anyone who:

- Has, or lives with someone who has, one or more chronic conditions
- Is living in a home or apartment; and
- Is not suffering from dementia

Living Well benefits:

- Improved general health (as reported by participants)
- Fewer days of hospitalization
- Fewer out-patient health care visits
- Cost savings of approximately 10:1

Powerful Tools for Caregivers

Powerful Tools for Caregivers © (PTC) is an educational workshop for people who are taking care of a family member or friend. It was developed by Legacy Health Systems at the University of Oregon, Portland and is based on the Living Well with Chronic Conditions program created by Dr. Kate Lorig and colleagues at Stanford University. PTC is an evidence-based curriculum which means it has been studied and found to have significant positive results for people who take the workshop. Powerful Tools for Caregivers is designed specifically to support the family caregiver and improve his or her well-being - it does not teach hands-on care or focus on disease or other conditions.

Powerful Tools for Caregivers: For Parents of Children with Special Needs is a separate program adapted from PTC and is designed to support a parent or parents who are caring for a child of any age (minor or adult) who has special health or behavioral needs. It provides the same caregiver support curriculum while focusing on the unique challenges of parents caring for a child of any age with health or behavior challenges.

Caregivers who take PTC experience:

- Greater self-efficacy (confidence in one's ability to accomplish a self-identified goal)
- Better emotional well-being
- Increased use of self-care behaviors
- Increased awareness and use of community resources

Stepping On

Stepping On is designed specifically for people who are: 1) at risk of falling, 2) have a fear of falling, or 3) who have fallen one or more times. Participants meet for two hours a week for seven weeks. Workshops are facilitated by trained Leaders and provide a safe and positive learning experience.

It is the process in which the program is taught that makes it effective. Classes are highly participative; mutual support and success build participants' confidence in their ability to manage their health behaviors, reduce their risk of falls, and maintain active and fulfilling lives.

Who should take the workshop?

Stepping On is for older adults who:

- Live in their home or independent apartment
- Are able to walk without the help of another person
- Do not use a walker, scooter or wheelchair most of the time indoors
- Are cognitively intact
- Understand the language being used by the Stepping On Leader

Subjects covered include:

- Simple and fun strength and balance exercises
- The role vision plays in keeping your balance
- How medications can contribute to falls
- Ways to stay safe when out and about in your community
- What to look for in safe footwear
- How to check your home for safety hazards

Benefits:

- Learn to step outside your home with confidence
- Learn with people your own age
- Become more aware of fall hazards and learn how your fall risk can be reduced
- Study the most up-to-date information on falls prevention

PUBLIC HEALTH

Division of Health

111 E. Mullett St./P.O. Box 136; Portage, WI 53901
Phone: (608) 742-9227

Fax: (608) 742-9700
TDD: (608) 742-9229

Annual Flu Clinics

Flu clinics are offered in the fall. Pneumonia vaccine, TB skin testing and Hepatitis B vaccines for adults are available year-round. Please call (608) 742-9227 to make an appointment.

Free Immunizations

Free immunizations are available for eligible children. Some vaccines for adults have a cost. Immunization records are required. Please call (608) 742-9227 to make an appointment.

Communicable Disease Control

Public health nurses provide surveillance, investigation, prevention and control of communicable disease(s).

Health Check

Health Checks are available for anyone under the age of 21 who has a valid Medical Assistance/Medicaid card. Health Checks provide Well Baby Toddler and Well Child assessments emphasizing preventative health.

Women, Infants and Children (WIC)

Phone: (608) 742-9227

WIC is a supplemental nutrition program for pregnant, postpartum and breastfeeding women, infants, and young children. It provides nutrition education and vouchers for specific food items. Eligibility is based on family income. WIC clients are eligible for free breast pumps.

RESPITE

Columbus Nursing and Rehabilitation Center – Respite Program

825 Western Avenue; Columbus, WI 53925

Phone: (920) 623-2520

For the convenience of home care providers who desire a brief or longer break from the demands of home care, they provide an on-going vacation/respice care program. Whether you need assistance for an overnight, weekend stay, week, month or an entire season, they can provide you and your family members with a special, individualized care in a safe, secure setting. Admissions are readily available in both planned and unexpected situations.

Prairie Ridge Health-Respice Program

1515 Park Avenue; Columbus, WI 53925

Phone: (920) 623-1281 or (920) 623-1363

The respice program offers temporary in-patient care to relieve the caregiver from the duties and responsibilities of caring for someone. Respice is available 24 hours per day, 7 days per week. Rooms are semi-private, based on needs assessed.

Randolph Health Services

502 South High Street; Randolph, WI 53956

Phone: (920) 326-3171

Golden Living Center offers short-term care designed to provide nursing and other necessary services for your loved one. They will work with you to make this temporary transition as pleasant as possible while providing: 24 hour skilled nursing services, recreational and social programming, nutritional programming and intervention.

Aspirus – Divine Savior Tivoli Health Care Respice Program

2817 New Pinery Road; Portage, WI 53901

Phone: (608) 742-4134 option 3

Wisconsin Dells Health Services

300 Race Street; Wisconsin Dells, WI 53965

Phone: (608) 254-2574

Wisconsin Dells Health Services offers skilled nursing services and rehabilitation programs. Short-term rehabilitation in the form of physical therapy, occupational therapy, and speech therapy are offered. They also provide 24-hour skilled nursing, wound care, IV therapy, 7 day per week admissions, respice care, barber and beauty shop, and many planned activities.

Respite Care Funding

Funding may be available to persons who suffer from Alzheimer's, Parkinson's disease, and other dementia related illnesses. Clients must meet medical and financial requirements. Spouse is providing all cares in household and is unable to leave client alone. Respite care funding is not available while caregiver is working. For additional information or to make a referral, contact the Aging and Disability Resource Center and ask to speak to the Information and Assistance Specialist worker for more information.

SEXUAL ASSAULT

Hope House

24-Hour Confidential Helpline toll-free 1 (800) 584-6790

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

Rape Crisis Center

2801 Coho Street, Suite 301, Madison, WI 53713

Phone: (608) 251-5126

24/7 Helpline: (608) 251-7273

Email: info@theRCC.org

Rape Crisis Center (RCC) provides services to survivors (and their family and friends) of all forms of sexual violence, including recent sexual assault, past sexual assault, incest (past or present), sexual harassment, and sexual exploitation.

PAVE

P.O. Box 561, Beaver Dam, WI 53916

Crisis Line: (800) 775-3785

Phone: (920) 887-3785

Texting Line: (920) 344-0123

Business Line: (920) 887-3810

We serve individuals affected by domestic and sexual violence regardless of age, gender expression, sexual orientation, race and socioeconomic status. While we work closely with law enforcement and the court system, we place our client's confidentiality above all else. If you or someone you know is facing a violent environment, always know that we are here. If you would like to join us in furthering the mission of creating this safe space, we can always use supplies, volunteers and funding.

DAIS – Domestic Abuse Intervention Services

2102 Fordem Avenue, Madison, WI 53704

Phone: (608) 251-1237

Help Line: (608) 251-4445 or 1-800-747-4045

If you or a loved one feels abused, threatened, scared or unsafe in an intimate partner relationship, DAIS can help you. The information below describes the services we provide.

If you need immediate help, please call our 24-Hour Help Line at (608) 251-4445.

Interpreter services are available. If you feel your life may be in danger, please call 911. Non-urgent requests can be emailed to crisisline@abuseintervention.org and a crisis intervention team member will respond within 2 business days. If you cannot safely call, please text the national hotline by texting LOVEIS to 22522.

SOCIAL SECURITY

Social Security Office

2875 Village Road, Suite 100; Portage, WI 53901

Phone: 1 (800) 772-1213

TDD (800) 325-0778

Website: www.ssa.gov

The Social Security office is open Monday, Tuesday, Thursday and Friday from 9 a.m. until 4 p.m. and 9 a.m. to 12 p.m. on Wednesdays.

Services available include:

- Assisting with claims for Social Security and Supplemental Security Income;
- Applications for Social Security numbers;
- Health insurance or Medicare claims;
- Name changes on Social Security cards;
- Retirement benefits for workers 62 or older;
- Benefits for survivors of deceased workers;
- Benefits for persons disabled for at least one year, unable to work;
- Supplemental Security Income assures a basic cash income to people 65 and older, people under 65 who are blind or disabled, if they have limited income and limited resources. A person can own a home or personal property and still be eligible. The SSI Program may provide financial assistance to families with a physically or mentally disabled child.
- One may be eligible for both Social Security and SSI benefits. Persons receiving SSI receive Medical Assistance automatically.
- Referrals from individuals and local agencies are encouraged, as well as telephone contacts.

SSI-E (Supplemental Security Income – Exceptional Rate)

Those who are already on SSI and require more than 40 hours per month of care by someone other than their spouse are eligible for this assessment. Monthly income limits apply. For additional information or to make a referral, contact the Aging and Disability Resource Center and ask to speak to the Information and Assistance Specialist worker for more information.

SUPPORT GROUPS

Addiction

Addiction in the Family

Pauquette Center
2901 Hunter's Trail; P.O. Box 301; Portage, WI 53901
(608) 742-5518
2nd and 4th Thursday of the month at 6:00pm
Please call Sheila Starr for more information

Alcohol/Narcotics

Pauquette Center
2901 Hunters Trail; Portage, WI 53901
Phone: (608) 742-5344
See back of Resource Booklet for listing of AA support groups.

Alzheimer's & Dementia

Columbus Memory Café

1st Wednesday of the month, 10-11:30am
125 N Dickason Blvd, Columbus WI 53925
Contact: Kim Lang (920) 623-5918

Dementia Support Group

4th Thursday of the month, 1-2:30pm
Reach Out Lodi
601 Clark St, Lodi, WI 53555
(608) 697-2838

Portage Memory Café

4th Wednesday of the month, 1-3 p.m.
Portage Public Library
(608) 697-2838

For a current list, call Janet Weigel with the ADAW at
(608) 697-2838

Cancer

Cancer

Living with Cancer Support Group
Meets 3rd Monday of the month, 7:00pm
United Methodist Church, Portage
Phone: (608) 742-2281

Cancer

Cancer Support Group
Phone: (920) 623-6434 Cathy Bolan
2nd Thursday of the month
Time: 6:00p.m.-7:00p.m.
Columbus Library Ground Floor Meeting Room,
located at 223 W. James St., Columbus, WI 53925

Caregivers

Caregivers

1st Monday of the month 1-3pm
Health & Human Services, Aging & Disability Resource
Center Entrance
111 E. Mullett St., Portage, WI 53901
Janet (608) 742-9055

Caregivers

(Family of residents/patients at a facility or at home)
1st Wednesday of the month 6-7pm
Columbus Nursing and Rehab Center
825 Western Ave.; Columbus, WI 53925
(608) 345-5419 Please RSVP



1-(888) 742-9233

Alzheimer's & Dementia Caregiver Support Groups

Dementia Support Group
2nd Thursday of each month from 10am-11:30am
Senior Center
125 N Dickason Blvd, Columbus WI 53925
(608) 697-2838

For a current list, call Janet Weigel with the ADAW at 608-697-2838

Domestic Violence

Domestic Violence/Sexual Assault

Hope House Support Group
For survivors of past and present domestic violence and sexual assault.
1 (800) 584-6790

Domestic Violence Support Group

1st and 3rd Friday of the month
Portage Public Library
253 E. Edgewater St; Portage, WI 53901
(608) 742-4959

Grief

Compassionate Friends (death of a child)

Phone: (608) 355-7696 or (608) 524-3385

Enduring Loss Together (death of a child)

Divine Savior Healthcare
2817 New Pinery Road; Portage, WI 53901
Phone: (608) 745-5114

Medical Groups

AIDS/HIV

Phone: (800) 486-6276

TRANSPORTATION

Transportation Program for Individuals who are Aging and/or Disabled

Aging & Disability Resource Center of Columbia County

111 E. Mullett St./P.O. Box 136; Portage, WI 53901

Phone: (608) 742-9213

Toll Free: (888) 742-9233

Fax: (608) 742-9277

TDD: (608) 742-9229

Columbia County Aging & Disability Resource Center provides transportation services to disabled and/or senior Columbia County residents over the age of 60 from their homes. Transportation is provided to and from appointments throughout Columbia County as well as surrounding Counties. Medical appointments are given priority, all other transportation needs can be considered depending on availability.

Persons desiring a ride should call the Aging & Disability Resource Center at 1-888-742-9233 or 608-742-9213. Scheduling must be done at least 24 hours in advance. There is a limit of 125 miles per round trip. The trip charge is to be paid directly to the driver. If a client and a caregiver/assistance person are picked up at the same location and both go the same destination, they are charged for one fare. Please call for the most current/up-to-date rates.

Abby Vans Inc.

1 (800) 236-8438
(715) 743-3364
www.abbyvans.net

Open 24 hours/day, 365 days.
Wheelchair accessible.
Call for trip pricing.

A&J Mobility

4125 Terminal Drive, McFarland, WI 53558
(608) 579-1500
1 (888) 223-9731
www.aandjmobility.com

Specializing in vehicle conversions for people with disabilities.
New, preowned and rental vehicles.

Amtrak

400 W. Oneida St.
Portage, WI 53901
1 (800) 872-7245

359 N. Ludington St.
Columbus, WI 53925

100 La Crosse St.
Wisconsin Dells, WI 53965

Portage and Wisconsin Dells are not staffed.
Westbound train generally late afternoon, eastbound train generally mid-day.
Call for details and fares.

Badger Cab

(608) 256-5566
www.badgercab.com

Open 24 hours/day, 365 days. No wheelchair access.
Call for trip pricing.

Comfort Care Transportation

311 E. Wisconsin St., Suite 102, Portage, WI 53901
Cell: (608) 745-8392
Office: (608) 566-1140 or 800-686-9817
Email: info@comfortcaretransportation.com
www.comfortcaretransportation.com

Open 24 hours/day, 365 days. Call for trip pricing.

BrightStar Care

(608) 355-5015
www.brightstar.com

Open 24 hours/day, 365 days. Call for trip pricing.

DAV Van Program

(608) 772-4761
www.dav-wi.org/vans
Email: vhamaddavoffice@va.gov

Veterans only to Madison VA Hospital & VA Clinic-West.
By appointment. No wheelchair access. Veterans-no charge.

Capital Express Transportation

(608) 661-7433
www.captolxpresswi.com

Open 24 hours/day, 365 days. Wheelchair accessible.
Stretcher van available. Call for trip pricing.

Guardian Care Transport

(608) 432-4993

www.guardiancaretransport.com

Open 24 hours/day, 7 days per week.

MettaTransport

(608) 745-8602

(608) 697-7698 (Erin)

www.mettahomes.com

Monday-Friday, 8 a.m.-4 p.m., Special occasions by appointment. Call for trip pricing. Wheelchair accessible, bariatric wheelchair accessible.

Portage Cab

(608) 742-7915

www.runninginc.net

Call for specific prices. Cab will also go outside of normal service area. Operates 24 hours/day every day.

Ruby Medical Transit

(608) 587-2202

Email: Info@rubymt.com

www.rubymedicaltransit.com

Union Cab

(608) 242-2000

www.unioncab.com

Open 24 hours/day, 365 days. Wheelchair accessible.

Wisconsin Employment Transportation Program

Central Wisconsin Community Action Council

(800) 590-1868

Provides car loans to income-eligible, employed individuals. Down payment is required.

VETERAN INFORMATION AND SERVICES

Columbia County Veterans Service Office

Columbia County Administration Building

122 E. Edgewater St., P.O. Box 232, Portage, WI 53901-0232

Phone: (608) 742-9618, FAX: (608) 742-9634

County Website: <http://www.co.columbia.wi.us/ColumbiaCounty/veterans/>

State Website: <http://dva.state.wi.us/>

Van Go Taxi LLC

(608) 849-7070

www.vangotaxi.com

Open 24 hours/day. Senior discounts available. Wheelchair accessible.

Vanpool

1 (800) 884-8267

(608) 884-8267

www.doa.state.wi.us/vanpool

The State Vanpool program provides alternate transportation for state and non-state employees commuting to Madison from outside communities. Participants can join a group that is already established or if there are enough interested people, they can form a new Vanpool. Riders enjoy low rates, comfortable vans, and the benefit of convenient pick-up and drop-off locations. Portage, Columbus, Wisconsin Dells, Wyocena, Poynette and Lodi have established Vanpool groups.

Veyo (Formerly MTM)

To schedule a ride with at least two business days notice:

Call: (866) 907-1493

Monday through Friday. 7am-6pm

Veyo Member Portal* at <https://member.veyo.com>

Wisconsin Dells Taxi

(608) 253-7433

www.wisconsindellstaxi.com

Operates 7 a.m.-2 p.m., no wheelchair access. Call for trip pricing.



1-(888) 742-9233

Federal Website: <http://www.va.gov/>

The Veterans Service Office assists eligible veterans and their dependents by providing them with information and assistance on: Medical Care, Disability Compensation, Disability Pension, Survivor Benefits, Education, Rehabilitation, Home Loans, Emergency Aid Grants and Burial Benefits.

National Call Center for Homeless Veterans

1 (877) 424-3838

24hours/7 days

www.va.gov

Founded by the Department of Veterans Affairs to ensure that homeless Veterans or Veterans at-risk for homelessness have free access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

National Caregiver Support Line

1 (855) 260-3274

Monday-Friday 8am-11pm, Saturday 10:30am-6pm

www.caregiver.va.gov

Developed by the Department of Veterans Affairs to support family caregivers of Veterans who were disabled in the line of duty since September 11, 2001. Licensed clinical social workers will be available to answer questions, and directly link caregivers to the Caregiver Support Coordinator at their local VA Medical Center. Each VA Medical Center has a Caregiver Support Coordinator who can locate assistance tailored to each unique situation. The Department of Veterans Affairs will also begin providing advanced benefits to Veterans of all eras who are already enrolled in VA care.

Please remember that we are constantly updating and expanding our files, and we are always happy to share our latest information with you. Although we believe the information we collect from service providers is accurate and up-to-date, the Aging and Disability Resource Center of Columbia County disclaims responsibility for the accuracy or current status of these materials.

Please note that the Aging and Disability Resource Center of Columbia County does not endorse agencies, but supplies them as a resource to the community. Thank you for your interest.

Revised April 2022

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