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**AGING & DISABILITY RESOURCE CENTER (ADRC) BOARD
THURSDAY, February 16, 2017
MINUTES**

CALL TO ORDER

The regular meeting of the Aging & Disability Resource Center Board was called to order at 9:00 a.m. by Chair Kevin Kessler. The meeting was legally advertised. A quorum was present.

ROLL

ADRC BOARD MEMBERS PRESENT: Kevin Kessler; Renae DeMott-McMahon; Kurt Rinde; Teresa Sumnicht; Marilyn George Burton; Sharon Peterson.

ADRC BOARD MEMBERS EXCUSED: Neil Ford.

ADRC BOARD MEMBERS ABSENT: Betty Telvick.

H&HS STAFF PRESENT: Becky Mulhern; Ashley Jahn; Kathy Cummings; Dawn Woodard.

OTHERS: Pastor Julie Krahn; Mary Cupery, County Board 1st Vice chair; Jessica Kath, Accounting;

Chair Kessler lead the group in introductions by everyone.

Chair Kessler appointed Mary Cupery to act as Secretary in the absence of Betty Telvick.

APPROVAL OF AGENDA

MOTION: TO APPROVE THE AMENDED FEBRUARY 16TH, 2017 AGENDA OF THE COLUMBIA COUNTY AGING & DISABILITY RESOURCE CENTER BOARD.

Motion by Sharon Peterson, second by Mary Cupery. Motion carried.

APPROVAL OF MINUTES

MOTION: TO APPROVE THE DECEMBER 1, 2016 MINUTES OF THE AGING & DISABILITY RESOURCE CENTER BOARD MEETING.

Motion by Renae DeMott-McMahon, second by Marilyn George Burton. Motion carried.

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PUBLIC COMMENTS AND CONCERNS

None.

DEPARTMENT BUDGET & COMPENSATORY TIME

ADRC Director Becky Mulhern presented Comp Time Report to the Board. The Finance Report was unavailable.

ACTION ON ADRC FEES

Director Mulhern reported the current Title 9 Chapter 1 fee schedules were not in alignment with what the ADRC brochure advertises for transportation costs. Discussion followed.

MOTION: TO WAIVE 48 HOUR WAITING PERIOD FROM AGENDA POSTING TO ACT ON ADRC FEES.

Motion by Chair Kevin Kessler, second by Renae DeMott-McMahon.

MOTION TO CHANGE FEES TO MATCH THE CURRENT BROCHURE.

Motion by Sharon Peterson, second by Marilyn George Burton. Motion carried.

DISCUSSION OF ADRC BYLAWS

Director Mulhern presented information regarding the current by-laws. Discussion followed.

MOTION TO ADD LANGUAGE THAT CLEARLY DEFINES THE ROLE OF THE ADRC BOARD AND ALIGN WITH STATE STATUTES

Motion by Teresa Sumnicht, second by Sharon Peterson. Motion carried.

MOTION TO ACCEPT ADDITIONAL DISCUSSED LANGUAGE AND GRAMMATICAL CHANGES AND ALIGN WITH CURRENT STANDING COMMITTEE LANGUAGE.

Motion by Chair Kevin Kessler, second by Teresa Sumnicht. Motion carried.

**AGING & DISABILITY RESOURCE CENTER BOARD MEETING
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UPDATE ON NEW BOARD MEMBERS

Director Mulhern gave updates on current ADRC Board members length of terms and new Board members. New ADRC Board members will be appointed by the County Board in March. Director Mulhern requested permission to list Board members on the ADRC website and in the Grapevine newsletter. Discussion followed.

MOTION TO REAPPOINT MARILYN GEORGE BURTON TO A SECOND TERM.

Motion by Teresa Sumnicht, second by Renae DeMott-McMahon. Motion carried.

TRANSPORTATION PROGRAM UPDATE

Director Mulhern reported that Sarah Millard is close to having her Mobility Manager Certificate. The ADRC was not granted the 5310 Grant, but was granted the 85.21 Grant. Director Mulhern will be meeting with state department of transportation to discuss the 5310 Grant to assist with the application for 2018. Currently there are six vehicles out of eight in service with two out of service including one wheel-chair van. A Smart Driver Course will be held in April 27th in Poynette.

NUTRITION PROGRAM UPDATE

ADRC Assistant Director Ashley Jahn reported that the ADRC is still looking for meal site managers. There is discussion on possibly moving the Lodi nutrition site from the school to Reach-Out Lodi. A welcome letter is being created to give to new congregate members. All meal site participation numbers are down with the exception of Poynette. Home delivered meals have increased.

NUTRITION WAITLIST UPDATE

Assistant Director Jahn informed the Board that the waitlist has yet to be implemented.

ADVOCACY/EDUCATION UPDATE

Director Mulhern reported that the state's budget has some initiatives that will effect the ADRC Consumers. Assistant Director Jahn will report back about the initiatives at the April ADRC Board meeting. Director Mulhern handed out a handout out from GWAAR with information on some of the initiatives. Director Mulhern attended the GWAAR Advocacy Training and will share the information at future meetings.

PREVENTION PROGRAM UPDATE

Assistant Director Jahn reported that the upcoming Prevention Programs include: Stepping On in May, Healthy Living with Diabetes, and Living Well with Chronic Conditions in June, all at Divine Savior.

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CAREGIVER PROGRAM UPDATE

Assistant Director Jahn reported that the AFCSP currently has 7 people enrolled, with availability for 10. The NFCSP is currently serving 19 people and has a wait-list of 8 people.

ADULT PROTECTIVE SERVICES UPDATE

Director Mulhern reported that Elder Abuse Awareness Day is in June and the ADRC plans on expanding to the communities of Portage, Columbus and Lodi.

ADRC DIRECTOR'S REPORT

Director Mulhern handed out the 2016 year end report and reviewed the changes over the last year. There will be an Aging and Disability Networking Conference in Middleton September 6th - 8th for ADRC staff and board members. The 2017 Aging Plan Budget was approved. At the April ADRC Board meeting we will discuss the 2016 Self Assessment report which will be submitted at the end of March. Governor Scott Walker has proclaimed May as ADRC month. The proclamation will be displayed in the lobby. The AARP tax appointment are booked through March. The Information & Assistance p/t position is still open. Assistant Director Jahn will be covering while Director Mulhern is away on maternity leave. Director Mulhern has been approved to return in April working 2 days in office and 3 days at home.

NEXT MEETING DATE

The next meeting of the Aging & Disability Resource Center Board will be on Thursday, April 20th, 2017, 9:00 a.m. at Columbia County Health & Human Services.


ADJOURNMENT

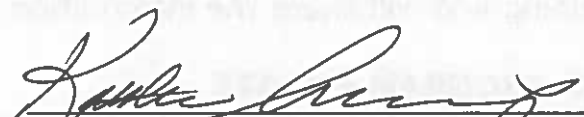
MOTION: TO ADJOURN THE MEETING AT 10:18 a.m.

Motion by Marilyn George Burton, second by Chair Kessler. Motion carried.

The Columbia County Aging & Disability Resource Center Board will reconvene on Thursday, April 20th, 2017 at 9:00 a.m. in the Brewer's Room of the Columbia County Health & Human Services Building, located at 2652 Murphy Rd, Portage, WI.

Respectfully Submitted,


Betty Telvick, Secretary
ADRC Board


Kathleen Cummings, Clerk Typist
Columbia County DH&HS

cc: County Board Chair Vern Gove
County Board 1st Vice Chair Mary Cupery
County Board 2nd Vice Chair James E. Foley

**BUREAU OF AGING AND DISABILITY RESOURCES
AGING UNIT SELF-ASSESSMENT FOR 2016**

County/Tribe: Columbia

Name of Aging Unit Director: Becky Mulhern

Approved by Commission on Aging?	Yes		No	X	Date approved	To be on agenda for April 20 th Board meeting. ADRC Board meets every other month. The last meeting was February 16 th .
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Part I: Compliance With the Wisconsin Elders' Act
Refer to Section 3-D (Statutory Requirements for the Structure of the Aging Unit) in your 2016-2018 Aging Plan

	Yes	No	Describe Change
Has the organization of the <i>Aging Unit</i> changed this past year?		X	
Has the organization of the <i>Commission on Aging</i> changed this past year?		X	
Does the aging unit have a full-time aging director?	X		
Is the membership of the Commission on Aging in Compliance? <i>Members of a county or tribal commission on aging shall serve no more than 2 consecutive 3-year terms. In the case of county board members, the requirement is 3 consecutive 2-year terms.</i>	X		

Members of the Commission on Aging (please list)

Official Name of the Aging Unit's Policy-Making Body:

ADRC Board

Name of Individual	Age 60 and Older (x)	Elected Official (x)	Mo./Year first term began	Mo./Year final term ends
Chairperson: Kevin Kessler		X	4/2016	4/2018
Marilyn George Burton	X		4/2017	3/2020
Sharon Peterson	X		4/2015	3/2018
Betty Telvik	X		3/2014	2/2017
Jeanne Baertsch	X		3/2017	2/2020
Julie Krahn			3/2017	2/2020
Neil Ford	X		3/2015	2/2018

Kurt Rinde			4/2015	3/2018
Allan Baumgartner	X		3/2017	2/2020
Teresa Sumnicht		X	4/2016	4/2018
Rena DeMott-McMahon			4/2015	3/2018

Part II: Activities to Help Older People Advocate for Themselves

1. What does the aging unit do to inform older people about the issues that affect their lives?

The Aging Unit provides information related to aging issues to its ADRC Board, the Health and Human Services Board, the Nutrition Advisory Council, and The Ride Improvement Project of Columbia County. Transportation Coordination Advisory Council members. The Nutrition and Transportation council meet on a quarterly basis. The ADRC board meets every other month and the Health & Human Services Board meets monthly. Board members/older adults are also involved in the decision-making for the ADRC and assist in the preparation of the county comprehensive plan for aging resources that identifies needs, goals, activities and county resources for older individuals.

ADRC unit staff coordinate and facilitate Nutrition Site Manager meetings every other month, (6x per year) for the purpose of sharing pertinent information and discussing topics of interest to be shared with older adults that participate in the Elderly Nutrition Program.

The ADRC has an agency newsletter called the "Grapevine" which reaches over 3,000 older adults in Columbia County and is published 6 times per year. All home delivered meal participants receive the grapevine newsletter which includes articles created by our Registered Dietetic Technician 6 times per year.

Information is also shared with the locations/facilities where our dining centers are located, these include: the senior center, libraries, schools, and city/village halls. In turn, these locations/facilities shared pertinent information with older adults that frequent their building or utilize their programs/services.

Information has been provided to our contracted agency which provides Caregiver Services for the ADRC. Information pertinent to their clients is shared at meetings and via e-mail. Pertinent information is also shared with agencies, groups and individuals that collaborate with the ADRC on Aging such as: APS/I-Team meetings, service group organizations (Lion's, Elk's, VFW), Columbia County Dementia Care Network, Low Vision/Blind Support Group, BrightStar, Columbus and Divine Savior Hospitals, senior housing and nursing facilities, Columbia County Professional Network, hospice/home health agencies, TRIAD S.A.L.T Council, United Way of Portage and Wisconsin Dells, Community Services Provider Forum, Coordinated Community Response Committee, Alzheimer's Memory Café, Dementia Friendly Communities Coalition, Columbia County Crisis Coordinating Team, Coordinated Crisis Response Team, Caregiver Support Group, Portage Library, banks, low income housing, Portage Chamber of Commerce, and Veterans Services. Agencies share and/or publish the information in their newsletters that are distributed to senior

adults, family members, and caregivers residing in their service areas.

The ADRC provides informational handouts that are easily accessible in the ADRC waiting area. We also provide books on aging topics that people are asked to pass along to someone else or donate to their local library.

ADRC has provided information at the following community outreach events: Portage Sharing Super, All Things Senior Expo, Senior Safe Night Out, Health and Wellness Expo, Women's Night Out, Veteran's fair at Columbus Senior Center, Lodi's Senior Luncheon, the Columbia County Home and Community Education groups, and the Prevent Suicide Coalition.

ADRC staff provided the following services in 2016:

Type of Service	Number of Individuals Served
AARP Tax Assistance	510
Receptionist Phone calls	12,272
Congregate/Home Delivered Meals	28,425
ADRC Transportation	6,413
Adult Protective Service Referrals	131
Guardianship/Protective Placements	105
Information & Assistance Contacts	6,084
ADRC Walk-ins	2,545
Medicare Open Enrollment	442
Elder Benefits Specialist	680
Disability Benefit Specialist	428

2. How does the aging unit teach older people to act as advocates?

The ADRC provides an orientation to all new ADRC Board Members, Health and Human Services Members, Nutrition Advisory Council and the Transportation Coordination Advisory Council members. One part of the orientation focuses on advocacy. ADRC staff provide an overview of the Older Americans Act, the funding process, as well as, the status of our programs and services. A discussion is facilitated on what advocacy means and what their role is as an advocate. Speakers, such as, GWAAR representatives and legislators attend board and council meetings, as well as, our dining centers to discuss issues pertinent to older adults and how they can advocate for issues that are important to them and other seniors in their community.

Action alerts that are sent by national groups, DHS or AAA staff are also shared with our different boards, councils, and dining centers managers/participants so that older adults can be informed for the purpose of empowering them to advocate for themselves.

An advocacy topic was added to all of the ADRC Board Meeting agendas, ADRC Team Meeting agendas, Health & Human Services Board agendas, The Ride Improvement Project Meeting agendas, and is also a part of all public speaking topics.

The Information & Assistance Specialists, along with the Adult Protective Services Workers, provide

education to older adults on various topics. Topics include, but are not limited to: community resources, public benefits, private pay services, appeal rights/procedures, financial and elder abuse. ADRC staff are available for follow and ongoing support.

3. How does the aging unit advocate on behalf of the older people it serves?

ADRC staff provide information to the public to educate them on the aging experience and share information about accessing local, regional and state resources for and within the aging population. Assist in representing needs, views and concerns of older individuals in local decision making and assist older individuals in expressing their views to elected officials and providers of services.

The ADRC applied for and received a revitalization grant that spans from Sept 2015 – Sept 2016. Planning was done and purchases and preparations were made in 2015 for the start-up of a Salad Bar at the Portage nutrition in January 2016. The revitalization grant allows the nutrition site to increase options for seniors who have been advocating for a salad bar at the nutrition site. The Salad Bar did very well at the Portage and we are looking at different ways to make it more self-sustainable.

In 2016 we held a successful Elder Abuse Awareness Day in Portage. We tried to bring attention to those who are sometimes too afraid to speak on their own behalf. We received calls from people in the community that did not believe that such things happen in our County. In 2017 we are planning on expanding our outreach by including two additional communities, Lodi and Columbus.

In 2016 we were part of a successful Alzheimer's and Dementia Awareness walk. We raised funds for research and advocated for those who have Alzheimer's or those that are caring for a family member with Alzheimer's.

We continue to meet as a Transportation Council regarding opportunities to improve our transportation program for Columbia County residents. In 2017 we are partnering with GWAAR staff for the MSAA Technology Roadmap TMCC Study Grant to hopefully better the way that we do our transportation program.

In addition, when an older individual wants to appeal a decision or has a complaint regarding services received within the Community Based Long Term Care System, the aging unit educates and advocates on their behalf. ADRC Staff may act as the advocate for the individual or direct them to appropriate individuals who can act on their behalf such as staff of the State Ombudsman Program.

<p>1. The first step in the process of identifying a problem is to define the problem. This involves identifying the symptoms of the problem and determining the scope of the problem. Once the problem is defined, the next step is to identify the causes of the problem. This involves identifying the factors that are contributing to the problem and determining the underlying causes. Once the causes are identified, the next step is to develop a plan of action to address the problem. This involves identifying the goals of the plan and determining the steps that need to be taken to achieve those goals. Finally, the plan of action is implemented and the results are monitored to ensure that the problem is being resolved.</p>	<p>2. The second step in the process of identifying a problem is to identify the causes of the problem. This involves identifying the factors that are contributing to the problem and determining the underlying causes. Once the causes are identified, the next step is to develop a plan of action to address the problem. This involves identifying the goals of the plan and determining the steps that need to be taken to achieve those goals. Finally, the plan of action is implemented and the results are monitored to ensure that the problem is being resolved.</p>	<p>3. The third step in the process of identifying a problem is to develop a plan of action to address the problem. This involves identifying the goals of the plan and determining the steps that need to be taken to achieve those goals. Finally, the plan of action is implemented and the results are monitored to ensure that the problem is being resolved.</p>
<p>4. The fourth step in the process of identifying a problem is to implement the plan of action. This involves identifying the goals of the plan and determining the steps that need to be taken to achieve those goals. Finally, the plan of action is implemented and the results are monitored to ensure that the problem is being resolved.</p>	<p>5. The fifth step in the process of identifying a problem is to monitor the results of the plan of action. This involves identifying the goals of the plan and determining the steps that need to be taken to achieve those goals. Finally, the plan of action is implemented and the results are monitored to ensure that the problem is being resolved.</p>	<p>6. The sixth step in the process of identifying a problem is to evaluate the results of the plan of action. This involves identifying the goals of the plan and determining the steps that need to be taken to achieve those goals. Finally, the plan of action is implemented and the results are monitored to ensure that the problem is being resolved.</p>

Part III: Progress on the Aging Unit Plan for Serving Older People

Aging Unit Plan Goals	Progress Notes <i>(briefly summarize only those activities completed as of Dec. of each year; explain if a goal was not accomplished)</i>	Check if Done		
		2016	2017	2018
Focus Area 6-A. Involvement of Older People in Aging-Related Program Development and Planning				
<ul style="list-style-type: none"> In order to ensure that 100% of the home delivered meal recipients receive information on absentee ballots prior to the November 2016 election, the ADRC will publish in the Grapevine Newsletter, which is received by all home delivered recipients, information on how to vote via absentee ballot by September 1, 2016. 	<p>The Grapevine was delivered to meal recipients and they were given information on absentee ballots.</p>	X		
<ul style="list-style-type: none"> In order to ensure opportunities for senior adults to be involved in Program Development and Planning, the ADRC will create awareness by advertising opportunities for participation on the Health & Human Services Board, ADRC Board, Transportation Council, Nutrition Council, I-Team and other committees in three local publications by October 31, 2017. 	<p>This is a goal that is in progress. We currently do a lot of our awareness about the different boards and councils by word of mouth.</p>			
<ul style="list-style-type: none"> In order to ensure input from senior adults when considering new programs/focus for 2019 the ADRC will seek input at 6 local services clubs from 6 different areas of the county and survey our current recipients of ADRC services by March 31, 2018. 	<p>This is a goal that we are continuing to work towards.</p>			
Focus 6-B. The Elder Nutrition Program				
<ul style="list-style-type: none"> In order to provide nutritional options for participants, in addition to the program meal the ADRC will establish partnerships with at least one local producer to provide free, fresh, in season produce for 3 meal sites for congregate and home delivered meal recipients by December 31, 2016. 	<p>No partnerships were established due to the exit of Assistant Director mid-year. This is something that we will continue to pursue.</p>			
<ul style="list-style-type: none"> In order to provide brightly colored meal bags and create awareness in the schools of the home delivered meal program, the ADRC will partner with local schools to decorate home delivered 	<p>We partnered with the school to decorate bags one time in 2016. We will continue to partner with the school to increase the number of times</p>			

<p>meal bags at least 4 times by December 31, 2016.</p> <ul style="list-style-type: none"> In order to ensure home delivered meal recipients that the person delivering their meal is a legitimate ADRC staff/volunteer, 100% of all drivers will have photo identification with the ADRC official logo by July 31, 2016. 	<p>bags are decorated throughout the year. This goal was not completed due to the exit of Assistant Director mid-year.</p> <p>All drivers have a photo identification.</p>	<p>X</p>
<ul style="list-style-type: none"> In order to increase options for Wisconsin Dells residents the ADRC will schedule one joint meeting with each participating County Department by March 31, 2017 to determine what steps are needed to pursue a restaurant voucher program within Wisconsin Dells. In order to provide education, information and/or entertainment for nutrition site participants, the ADRC will develop partnerships with at least 1 organizations or individuals at each meal site by December 31, 2017. 	<p>We no longer have a meal site in Wisconsin Dells. Lake Delton opened a senior center for the Wisconsin Dells area, which has eliminated the need/ want for a restaurant voucher program at this time.</p> <p>In Portage we have partnered with Our House, In Poynette we have partnered with UW Extensions, and local businesses and individuals, In Columbus we have partnered with the Senior Center. We have not yet partnered with someone in Pardeeville. In Lodi we are working towards partnering with Reach Out Lodi.</p>	
<ul style="list-style-type: none"> In order to increase intergenerational and natural socialization the ADRC will ensure that participants are able to bring family and friends with them to meal sites regardless of age by reducing the cost of meals for those under age 60 to no more than \$10 per meal by December 31, 2017. In order to demonstrate that we have listened to senior adults requests to "ensure that meal sites do not look so institutionalized" and are in keeping with the active lifestyles of the younger seniors age 60 and over the ADRC will incorporate colors and styles that are current when designing the meal site in the newly constructed 	<p>Our current meals for those under 60 cost \$10.30, we are looking at options to hopefully reduce this cost, but have been unable thus far.</p> <p>Our move into the newly constructed ADRC has been pushed back to sometime in 2018, but we were involved in designing the ADRC.</p>	

<p>ADRC by December 31, 2017.</p>	<ul style="list-style-type: none"> In order to ensure that lower income senior adults are able to access nutrition program meals, the ADRC will meet with the accounting department and other county departments to complete a feasibility study on implementing a system to accept Food Share as a donation source for the meal program by May 31, 2018. 	<p>This is a goal that we are continuing to work towards with our accounting department to see if we would be able to accept Food Share from our meal site and home delivered meal participants.</p>			
<p>Focus 6-C. Services in Support of Caregivers</p>					
<ul style="list-style-type: none"> In order to assist caregivers in stress reduction and maintaining their own health the ADRC will provide respite services to at least 5 families by December 31, 2016. In order to assist family caregivers in identifying themselves as caregivers the ADRC will have 4 articles in the Grapevine Newsletter by December 31, 2016. In order to support caregivers in caring for themselves and their care recipients the ADRC staff/volunteers will offer 2 Powerful Tools for Caregivers workshop by December 31, 2017. In order to provide opportunities for socialization, learning and support for caregivers, 2 caregiver retreats will be held by December 31, 2017. In order to promote participation in the monthly Caregiver Support Groups the ADRC will collaborate with the Alzheimer's and Dementia Alliance by providing advertisement for this group each 	<p>At least 5 families or more were in the process or received respite services in 2016.</p> <p>4 caregiver articles were published in 2016 in the Grapevine Newsletter.</p> <p>2 additional leaders were trained for Powerful Tools for Caregivers in 2016. One PTC workshop was completed in 2016. 1 PTC workshop to be completed in 2017.</p> <p>2 caregiver retreats were held in 2016.</p> <p>This is a goal that we are continuing to work towards. We have a strong relationship with the Alzheimer's and Dementia Alliance, and will continue to support each other.</p>	<p>X</p> <p>X</p> <p>X</p>			

<p>quarter by December 31, 2017.</p>	<p>We are currently in the process of working towards this goal, we currently have two workshops scheduled at Divine Savior Hospital, and we hope to continue to partner with them for support groups, etc. We have attempted to work with Columbus, but are still working to strengthen this relationship. We were starting to work with someone from Columbus Rehab, but that person is no longer employed. We will continue to collaborate and strengthen our relationships with such important facilities in our community.</p>			
<p>Focus 6-D. Services to People With Dementia</p>				
<ul style="list-style-type: none"> In order to ensure that the new county building that will house the ADRC will be dementia friendly related to color, lighting etc., the ADRC will collaborate with Alzheimer and Dementia experts in the design of the building, especially the ADRC area by March 30, 2016. 		<p>X</p>		
<ul style="list-style-type: none"> In order to ensure that 100% of the ADRC staff are trained regarding being Dementia Friendly all new employees will receive dementia friendly training by December 31, 2016. 		<p>All staff that were hired prior to July of 2016 have completed the Dementia friendly training. We are going to have another session of our Dementia Friendly training in the near future to train employees that were hired after July of 2016.</p>		
<ul style="list-style-type: none"> In order to raise awareness of Alzheimer's and Dementia signs & symptoms, the ADRC will promote helpful website and facts on the ADRC Facebook Page and Website one time each quarter to educate senior adults and their families by December 31, 2017. 		<p>We have links on our ADRC Website that are helpful to raise awareness regarding Alzheimer's and Dementia. We also post helpful links and information on our Facebook page.</p>		
<ul style="list-style-type: none"> In order to improve Dementia Care services within Columbia 		<p>This is a goal that we are continuing to work</p>		

<p>County, the ADRC will work with DHS Representatives to ensure that we have a Dementia Care Lead invited and involved in the Dementia Specialist's trainings and calls each month by December 31, 2018.</p>	<p>towards. We have relationships with our DHS Representatives and are working toward having a Dementia Care Lead.</p>	
<p>Focus 6-E. Healthy Aging</p>		
<ul style="list-style-type: none"> In order to assist people in managing diabetes so they can live healthier lives and maximize their independence the ADRC staff/volunteers will offer 2 sessions of Living Well with Diabetes by December 31, 2016. 	<p>In 2016 we had three workshops that were started, and completed two of these. One of the three workshops ended up combining with another workshop that we had started.</p>	<p>X</p>
<ul style="list-style-type: none"> In order to provide more preventative health evidence based prevention programs without long waitlists, the ADRC will establish one new partner with a local agencies/organizations/volunteers to combine financial, personnel and physical space resources by March 31st, 2017. 	<p>Divine Savior Healthcare has provided space and snacks for our workshops. Reach out Lodi has provided space and snacks for our workshops. We did reach out to Columbus Rehab Center and Columbus Senior Center, but unable to find adequate space within centers for workshops. We are going to reach out to the Columbus Hospital to see if they would be willing to partner with us for a workshop.</p>	
<ul style="list-style-type: none"> In order to make the aging process and getting access for senior adults a simpler process throughout Columbia County, the ADRC will partner with the UW Extension and the Veterans Services Department which will be centrally located in the new buildings by December 31, 2017. 	<p>This goal is in process, we have had a presentation at the ADRC from Veterans Services, so that we better know what services they can provide for people. This goal may have to be pushed back due to the delay of moving into the new ADRC building until 2018 sometime.</p>	
<ul style="list-style-type: none"> In order to expand the public's knowledge of the services that the ADRC offers, the ADRC will work on planning for an ADRC Health & Wellness Expo that will be in the new Health & Human Services building. The ADRC will work on getting sponsors, speakers and 	<p>This goal is in process, it may have to be pushed back due to delay in ADRC moving into new building. We continue to strengthen our partnerships with the community.</p>	

agencies that are listed in our Resource Guide to attend by September 30, 2018.

Focus 6-F. Local Priorities

- In order to educate senior adults on fraud and current scams, The APS Workers will partner with 1 local police department by December 31, 2016.

- In order for Bankers to recognize financial abuse and learn how to report it, the APS Workers will train two different banks by October 31, 2016.

- In order to ensure all parties have a mutual understanding of the process of becoming and expectations related to being an ADRC volunteer the ADRC will develop policies and procedures on the recruitment and training of volunteers by December 31, 2016.

- In order to update the local Police Officer's on how to work with people who have Alzheimer's and Dementia and how to work better with senior adults who tend to self-neglect themselves, by hoarding or giving their money to adult children, the APS Workers will attend all monthly Chief's meeting to update them on both topics by December 31, 2017.

- In order to increase volunteers and expand services to assist senior adults in our community, the ADRC will contact local service clubs, the 4-H and the UW-Extension and local seniors/retirees to recruit

APS partnered with the Columbia County Sheriff department in 2016 to educate seniors on fraud and current scams.

APS met with The Bank of Wisconsin Dells in two of their locations, in Wisconsin Dells and Portage in 2016 to train regarding suspected financial abuse.

All volunteers that are interested in volunteering with the ADRC meet with ADRC Director or ADRC Assistant Director to discuss interests in volunteering. There is an orientation packet that is gone through with volunteers so that they are aware of expectations.

APS workers have regularly been attending the Chief's meetings and have been updating regarding topics stated.

This goal is in process, we have contacted some seniors, retirees, and service clubs to inquire about any interest in volunteering, but still have to contact the 4-H and UW-Extension to attempt to recruit more volunteers. We have hung flyers at various locations in several communities around the County in an attempt to recruit volunteers.

X

X

<p>at least 5 additional volunteers by December 31, 2017.</p> <ul style="list-style-type: none"> In order to assist those volunteers willing to provide services to connect with senior who need services the ADRC will develop a data base of volunteers by December 31, 2017. 	<p>This goal is in process. When a volunteer is interested in volunteering with the ADRC we meet with them and discuss various opportunities that we have. If they have interest in providing services to other seniors a note is made on their volunteer application.</p>		
<ul style="list-style-type: none"> In order to raise awareness in the community of who to call when you suspect elder abuse or know of an at risk adult, the ADRC will develop and distribute new brochures explaining our APS unit and how it works to a minimum of 7 agencies or committees by December 31, 2017. In order to find ways to support more people with their transportation, the ADRC will apply for at least two transportation grants that are available by December 31, 2018. In order to provide more people with transportation the ADRC will find 2 volunteer drivers by December 31, 2018. 	<p>This is something that we are working towards. We had an intern whom was working on the brochure, but was unable to finish his internship with us. We are working on creating this brochure.</p> <p>ADRC applied for both the 85.21 grant and the 53.10 grant. We were awarded the 85.21 grant.</p> <p>This goal is in process, we are continuing to recruit for volunteer drivers. We have flyers posted in several communities throughout the county and let people know by word of mouth that we are looking for volunteers for different capacities at the ADRC.</p>		

Part IV: Progress on the Aging Unit Plan for Serving Older People – National Family Caregiver Support Program (NFCSP)

This section is not required for tribal aging units.

Minimum Service Requirements: *The minimum service requirements of NFCSP must be provided by the aging unit or contracted with another agency. Please indicate who provides these services.*

Service	Aging Unit (X)	Other Agency (please list)
Information to caregivers about available services	X	
Assistance to caregivers in gaining access to the services	X	
Individual counseling, support groups, and training to caregivers	X	Alzheimer's and Dementia Alliance
Respite care	X	Northwoods
Supplemental services (e.g., transportation, assistive devices, home modifications, adaptive aids, emergency response systems, supplies, etc.)		

Caregiver Coordination: *To ensure coordination of caregiver services in the county, the aging unit shall convene or be a member of a local family-caregiver coalition or coordinating committee with other local providers who currently provide support services to family caregivers.*

Does the aging unit belong to a local caregiver coalition?

YES NO

2016 Activities: We continue to partner with the Alzheimer's and Dementia Alliance for Caregiver Support Groups. We also work with partners in the community to spread the word regarding Caregiver Services.

Name of Coalition: The Alzheimer's & Dementia Alliance and Dementia Care Network fill these roles with assistance from _____ the ADRC.

If YES, please provide a brief update on coalition activities conducted each year.

If NO, please explain plan for compliance.

2017 Activities:

2018 Activities:

Part V: Significant Accomplishments or Issues Not Included in the Aging Unit Plan

(Unplanned accomplishments or issues that had a significant impact on the aging unit's activities during the previous year. This is not meetings attended or actions that fit under plan goal objectives but may reflect noteworthy events or achievements.) This section is not required.

Part VI: Coordination Between Titles III and VI

If the county includes part or all of a federally-recognized tribe, indicate how the county aging unit and the tribal aging unit have worked together in the previous year to coordinate and ensure the provision of services to tribal elders.

If the county does not include part or all of a federally-recognized tribe, please indicate: Not Applicable
