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**AGING & DISABILITY RESOURCE CENTER (ADRC) BOARD
THURSDAY, MARCH 16, 2023
MINUTES**

CALL TO ORDER

The regular meeting of the Aging & Disability Resource Center Board was called to order at 9:00 A.M. by Chair Doug Richmond. The meeting was legally advertised. A quorum was present.

ROLL

ADRC BOARD MEMBERS PRESENT: Doug Richmond; Steven Balsiger; Rosemary Minnema; Adaora Bilse; Kayla Wolff; Jolene Wheeler; Darlene Anderson-Prest; Shelby Carter; Allan Baumgartner.

ADRC BOARD MEMBERS EXCUSED: Connie Pease.

HHS STAFF PRESENT: Sue Lynch; Brianne Williams; Heather Gove; Gretchen Halvorsen.

OTHERS: Jesica Walter, Accounting.

APPROVAL OF AGENDA

MOTION: TO APPROVE THE MARCH 16, 2023 AGENDA OF THE AGING & DISABILITY RESOURCE CENTER BOARD.

Motion by Steve Balsiger, second by Darlene Anderson-Prest. Motion carried.

APPROVAL OF MINUTES

MOTION: TO APPROVE THE JANUARY 19, 2023 MINUTES OF THE AGING & DISABILITY RESOURCE CENTER BOARD MEETING.

Motion by Jolene Wheeler, second by Rosemary Minnema. Motion carried.

PUBLIC COMMENTS AND CONCERNS

No one from the public was present to provide comments/concerns.

REAPPOINTMENT OF ROSEMARY MINNEMA TO THE ADRC BOARD

MOTION: TO RECOMMEND REAPPOINTMENT OF ROSEMARY MINNEMA TO THE ADRC BOARD.

Motion by Steve Balsiger, second by Adaora Bilse. Motion carried.

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FINANCIAL REPORTS & COMPENSATORY TIME

ADRC Director Sue Lynch presented the financial report.

ADVOCACY/EDUCATION

ADRC Director Sue Lynch advised the Board that March is National Nutrition Month and the 50th Anniversary of the Senior Nutrition Program. March is also Disability Awareness Month. April is National Volunteer Month and the ADRC is working on a small appreciation event. On April 12, the State of Wisconsin Joint Finance Committee will be holding public hearings at the Wilderness Resort in Wisconsin Dells to hear testimony about the 2023-2025 State Budget. Director Lynch provided a handout from GWAAR with tips for testifying at the Joint Finance hearings. Aging Advocacy Day 2023 is scheduled for May 9 at the state capitol. Director Lynch distributed a handout for participating in that event also.

FEE SCHEDULE UPDATE WITH TERMINATION OF ENSURE PROGRAM

Director Lynch reported that the ADRC has terminated the sale of Ensure because it was not selling quickly enough, and because of this, she explained that the fees for Ensure sales need to be removed from the County's fee schedule.

MOTION: TO REMOVE THE FEE OF ENSURE FROM THE ADRC'S FEE SCHEDULE.

Motion by Steve Balsiger, second by Adaora Bilse. Motion carried.

APPROVAL OF FEE SCHEDULE ADDITION FOR TRANSPORTATION TO LOCAL CONGREGATE DINING AT \$3 ROUNDTrip

Director Lynch requested approval to add a \$3.00 roundtrip fee to the fee schedule for transportation to local congregate dining sites to help promote participation at meal sites.

MOTION: TO ADD A \$3.00 ROUND TRIP FEE FOR TRANSPORTATION TO LOCAL CONGREGATE MEAL SITES TO THE ADRCs FEE SCHEDULE.

Motion by Sarah Lochner, second by Rosemary Minnema. Motion carried.

NOMINATION OF TRIP COUNCIL MEMBERS

Director Lynch presented information on 2 individuals interested in being on the TRIP Council to fill the vacancies. Marie Darling-Ellis from HHS-Division of Public Health, and Shamus O'Reilly from Poynette.

MOTION: TO RECOMMEND APPOINTING MARIE DARLING-ELLIS AND SHAMUS O'NEIL TO THE TRIP TRANSPORTATION COUNCIL.

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Motion by Shelby Carter, second by Kayla Wolff. Motion carried.

NOMINATION OF ADRC BOARD MEMBERS

Director Lynch presented information on 2 individuals interested in serving on the ADRC Board to fill the vacancies, Vanessa Chapman, Pardeeville, and Paul Zarnikow, from Lodi.

MOTION: TO RECOMMEND APPOINTING VANESSA CHAPMAN AND PAUL ZARNIKOW TO THE ADRC BOARD.

Motion by Adaora Bilse, second by Darlene Anderson-Prest. Motion carried.

Director Lynch advised the Board that Sarah Lochner, owner of Ruby Transportation, and Allan Baumgartner cannot be reappointed to the ADRC Board at this time as they have both completed two consecutive 3-year terms. Director Lynch thanked them for their service to the community.

TRANSPORTATION PROGRAM

Director Lynch reported that transportation demand is up and the ADRC provided over 100 more rides in the 1st quarter of the year, as compared to 2022, as well as an increase over 1st quarter of 2021, although the transportation rides are still overall lower than 1st quarter 2020. The ADRC is continuing to promote ridership and now providing rides for other purposes besides medical appointments. Director Lynch reported that 4 of the ADRC vans have mileage in excess of 130,000 miles but they will continue to monitor their use and repair demands.

NUTRITION PROGRAM

Director Lynch reported that congregate meal site usage continues to climb, and she reported that all sites are now open 5 days per week, with the exception of Pardeeville, which will start mid-April. Director Lynch reported that the UW-Extension is providing nutrition and food safety education at the sites on a rotating schedule. The ADRC is looking to offer some of their exercise classes at different meal sites in an effort to increase participation at all congregate meal sites. The ADRC is also looking into spending ARPA grant funding to help modernize the sites and make them more welcoming where possible.

NUTRITION WAITLIST

The waitlist for the HDM program continues to increase with approximately 100 individuals on the list at this time. The ADRC has been able to remove individuals from the wait list due to the Lenz Grant funding it received.

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**APPROVAL OF UPDATING THE SUGGESTED PER MEAL CONTRIBUTION
RATE FROM \$4.50 TO \$5.00 PER MEAL**

Director Lynch presented a request to raise the suggested per meal contribution rate from \$4.50 to \$5.00 per meal.

MOTION: TO APPROVE THE INCREASE OF THE SUGGESTED PER MEAL
CONTRIBUTION RATE FROM \$4.50 TO \$5.00 PER MEAL.

Motion by Darlene Anderson-Prest, second by Adaora Bilse. Motion carried.

PREVENTION PROGRAM

The ADRC will be hosting two sessions of the Walk with Ease program this year. Dates and locations are yet to be determined. The ADRC will also hold sessions of Strong Bodies and Stepping On at new locations, other than Portage this year, in order to provide broader participation.

CAREGIVER PROGRAM

The Homemaker/Chore Program remains full and is a popular service. Currently, the National Family Caregiver Program has 2 openings for service and the Alzheimer's Family Caregiver Support Program has 3 openings.

ELDER AND DISABILITY BENEFIT SPECIALIST

The Disability Specialist will be attending Disability Advocacy Day on March 23. She currently has 65 cases open. The Elder Benefit Specialist currently has 45 cases open and has been busy working on a new format to introduce new retirees to the Medicare program.

DEMENTIA CARE SPECIALIST

The Dementia Care Specialist has Memory Clinics scheduled throughout the county. The Portage Memory Clinic has 8 of 9 slots filled. She is also continuing to provide memory screens to those interested. The Remember Project is slated to return to Columbia County this year with an event in Lodi on August 16 and a second event in Portage on August 17. A poet, Gary Glazner, is scheduled to visit the Portage Memory Cafe on April 27th. Mr. Glazner works with children to teach them about poetry and then visits Assisted Living facilities to share that poetry.

ADULT PROTECTIVE SERVICES

Planning for Columbia County's event to recognize World Elder Abuse Awareness Day has begun and details for it will appear in the May/June edition of the Grapevine. Director Lynch reported that APS cases remain complex and time

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consuming for staff. The staff are also preparing for the upcoming required guardianship training for all non-corporate guardians.

INFORMATION & ASSISTANCE REPORT

Assistant Director Brianne Williams reported that I&A staff have fielded 3,360 calls since the Board's January meeting. Staff are seeing a rise in unmet needs, specifically, safety in the home, lack of in-home health services, lack of socialization, the need for assistance with technology, and mental health concerns.

ADRC & DIRECTOR'S REPORT

Director Sue Lynch reported that the ADRC has been reviewing the community contacts that support the Grapevine Newsletter and hoping to increase the number of advertisers so that the ADRC can retain the current printer of the Grapevine. About 2,000 newsletters are printed for each edition, and of those, approximately 1,800 are mailed out. The ADRC received notice that the Independent Living Program pilot was awarded to Columbia County and will allow 100 individuals to receive additional services and case management over the next 2 years to help keep them in their homes. Ten Wisconsin counties were awarded funding for the pilot program.

NEXT MEETING DATE

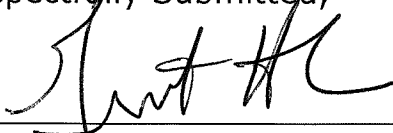
The next meeting of the Aging & Disability Resource Center Board will be on Thursday, May 18, 2023, at 9:00 a.m. in Meeting Rooms 2 & 3, ADRC Entrance, of Health and Human Services at 111 East Mullett Street, Portage, WI 53901.

ADJOURNMENT

The meeting was declared adjourned by Chair Richmond at 10:04 a.m.

The Columbia County Aging & Disability Resource Center Board will reconvene on Thursday, May 18, 2023 at 9:00 a.m. in Meeting Rooms 2 & 3, ADRC Entrance of Health and Human Services, 111 East Mullett Street, Portage, WI 53901.

Respectfully Submitted,



Gretchen Halvorsen, Executive Sec.
Columbia County Health & Human Services

cc: County Board Chair Chris Polzer
County Board 1st Vice Chair Denise Brusveen
County Board 2nd Vice Chair Matthew Rohrbeck

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