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**AGING & DISABILITY RESOURCE CENTER (ADRC) BOARD  
THURSDAY, SEPTEMBER 19, 2019  
MINUTES**

**CALL TO ORDER**

The regular meeting of the Aging & Disability Resource Center Board was called to order at 9:00 a.m. by Chair Eric Shimpach. The meeting was legally advertised. A quorum was present.

**ROLL**

ADRC BOARD MEMBERS PRESENT: Darlene Anderson-Prest; Allan Baumgartner; Susanna Bradley; Renae DeMott-McMahon; Marilyn George-Burton; Sharon Peterson; John Primrose; Eric Shimpach; Teresa Sumnicht; Jolene Wheeler.

EXCUSED ADRC BOARD MEMBERS ABSENT: Sarah Lochner.

H&HS STAFF PRESENT: Kathleen Cummings; Trina Gaunt; Sandy Kinder; Jessica Latimer; Becky Mulhern.

**PUBLIC HEARING on 85.21 DEPARTMENT OF TRANSPORTATION GRANT APPLICATION**

The public hearing on 85.21 Department of Transportation Grant Application opened at 9:02 a.m.

No one from the public spoke or was present.

Public Hearing on 85.21 Department of Transportation Grant Application closed at 9:12 a.m.

**APPROVAL OF AGENDA**

MOTION: TO APPROVE THE SEPTEMBER 19, 2019 AGENDA OF THE COLUMBIA COUNTY AGING & DISABILITY RESOURCE CENTER BOARD.

Motion by Susanna Bradley, second by Sharon Peterson. Motion carried.

**APPROVAL OF MINUTES**

MOTION: TO APPROVE THE JULY 18, 2019 MINUTES OF THE AGING & DISABILITY RESOURCE CENTER BOARD MEETING.

Motion by Sharon Peterson, second by Jolene Wheeler. Motion carried.

**AGING & DISABILITY RESOURCE CENTER BOARD MEETING  
SEPTEMBER 19, 2019 - PAGE 2**

**PUBLIC COMMENTS AND CONCERNS**

None.

**FINANCIAL REPORTS & COMPENSATORY TIME**

Director Becky Mulhern presented the Finance Report and Compensatory Time Report to the Board. It was noted that due to being Grant funded the financial reports are always three months behind real time. Director Mulhern explained a line item that was discussed at the last ADRC Board Meeting, was the Employee's 1% salary increase for 2019 for two ADRC employees. Director Mulhern reported that comp time has decreased in the ADRC.

**ACTION TO APPROVE 85.21 DEPARTMENT OF TRANSPORTATION GRANT APPLICATION 2020**

Director Mulhern explained the allocation amounts due to Columbia County having a one percent total population of Disabled and Elderly.

**MOTION TO APPROVE SUBMITTAL OF THE 85.21 DEPARTMENT OF TRANSPORTATION GRANT APPLICATION 2020.**

Motion by Sharon Peterson, second by Marilyn George-Burton. Motion carried.

**ACTION TO APPROVE RELOCATION OF LODI MEAL SITE**

Director Mulhern explained the MOU is signed and the ADRC will be opening the new meal site for Lodi at Settler's Trail on October 1, 2019.

**MOTION TO APPROVE THE RELOCATION OF THE LODI MEAL SITE.**

Motion by Susanne Bradley, second by Jolene Wheeler. Motion carried.

**ACTION TO APPROVE RECOMMENDATION OF 2020 CONGREGATE MEAL RATES**

Director Mulhern gave details on the increase in costs for the Congregate Meal Rates. Costs are for the public eating at meal sites who are below age 60. 2020 rate for congregate meals will be \$16.73

**MOTION TO APPROVE THE INCREASE 2020 CONGREGATE MEAL RATES.**

Motion by Allan Baumgartner, second by Darlene Anderson-Prest. Motion carried.

**ACTION TO APPROVE RECOMMENDATION OF 2020 HOME DELIVERED MEAL RATES**

Director Mulhern explained the need for the increase in costs for the Congregate Meal Rates. Funding for the Home Delivered Meals is provided by the Older Americans Act. 2020 rate for home delivered meals will be \$11.32

**MOTION TO APPROVE THE INCREASE 2020 HOME DELIVERED MEAL RATES.**

Motion by Sharon Peterson, second by Marilyn George Burton. Motion carried.

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**ACTION TO APPROVE RECOMMENDATION OF 2020 TRANSPORTATION RATES**

Director Mulhern gave details on the increase in costs of gas, maintenance, etc. which drives the need for the increase in transportation rates. Transportation rates have not increased in five years. 2020 transportation rates will be \$1.00/mile for riders and \$2.00/mile for Managed Care Organizations/Nursing Homes/Businesses.

**MOTION TO APPROVE THE INCREASE 2020 TRANSPORTATION MEAL RATES.**

Motion by Sharon Peterson, second by Darlene Anderson-Prest. Vote by roll-call. Motion carried.

**REVIEW OF HOMEMAKER SERVICES RECOMMENDED DONATION**

Director Mulhern explained the Homemaker Services recommended donation has not increased since its inception in 1967. Director Mulhern further explained the services, the long wait-list to receive services and that Columbia County is one of just a handful of ADRCs still offering the services. 2020 donation request will be \$15/hr.

**MOTION TO APPROVE THE INCREASE RECOMMENDED DONATION FOR HOMEMAKER SERVICES.**

Motion by Susanna Bradley, second by Renee DeMott-McMahon. Motion carried.

**REVIEW OF SENIOR NUTRITION MEAL PROGRAM RECOMMENDED DONATION**

Director Mulhern gave details on the need to increase the Senior Nutrition Meal Program recommended donation. 2020 meal donation request will be \$4.50/meal.

**MOTION TO APPROVE THE SENIOR NUTRITION MEAL PROGRAM RECOMMENDED DONATION.**

Motion by Susanna Bradley, second by Allan Baumgartner. Motion carried.

**ADRC DONATION REQUEST DISCUSSION UPDATE**

Director Mulhern reported that due to fiscal changes at the beginning of the year, the ADRC Board and HHS Board must be notified and a record kept of donations received. Donations thus far this year include:

- Donations for Home Delivered Meal Food Drive;
- Donations for Caregiver Retreats;
- Donations for the Volunteer Appreciation Event;
- Donations for the Driver Appreciation.

**ADVOCACY/EDUCATION UPDATE**

Director Mulhern reported representatives from the ADRC and Supervisor Susanna Bradley attended the Small Community Forum in Pardeeville August 28, 2019. A representative from Wisconsin Rural Partners will attend a future ADRC Board meeting. Aging Advocacy Day is May 12, 2020 at the Capital.

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**ADVOCACY/EDUCATION UPDATE CONTINUED**

Wisconsin Credit for Caring is a bill pending in the Wisconsin State Legislature that provides a tax credit to Wisconsin caregivers who spend money to help a family member stay in their home. The bill creates a nonrefundable income tax credit that gives family caregivers an allowance of 50% of their annual caregiving costs up to \$500 on their tax return against any money owed.

**TRANSPORTATION PROGRAM UPDATE**

Director Mulhern reported the ADRC is currently recruiting paid medical drivers due to an increase in transportation requests. The new bariatric rear loading wheelchair vehicles are due to be delivered by the end of October.

**NUTRITION PROGRAM UPDATE**

Director Mulhern reported the ADRC continues to seek volunteer drivers to assist at meal sites and substitute meal site managers. The ADRC is now the only source for home delivered meals in Columbia County. There is a new work placement Intern at the Portage Meal Site. The ADRC has an upcoming assessment of the Nutrition Program which consists of GWAAR staff interviewing five Home Delivered Meals clients, a self-assessment, an in-person assessment and a GWAAR representative will eat a meal at one of the meal sites.

**NUTRITION WAITLIST UPDATE**

Director Mulhern reported that due to various and generous donations, the Nutrition Waitlist has not been implemented.

**PREVENTION PROGRAM UPDATE**

Director Mulhern reported the ADRC is currently holding a Stepping On (Falls Prevention) program at the Health and Human Services (HHS) building. The Health Living with Diabetes Class will be starting soon, and still has room for more participants. The first session of the Yoga program is complete. The second session has begun and will run for 12 weeks. There has been a lot of positive feedback from participants.

**CAREGIVER PROGRAM UPDATE**

Director Mulhern reported the ADRC will be holding a Caregiver Retreat in November in Portage. The ADRC is collaborating with UW Madison to hold a Dementia Friends Training course, October 29<sup>th</sup> at 1:00 p.m. at Bethlehem Lutheran Church in Portage.

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**BENEFIT SPECIALIST UPDATE**

Director Mulhern reported open enrollment starts October 15, 2019 and runs through December 7, 2019. The Elderly Benefits Specialist (EBS) continues to reach out to those in the area who have questions on their Medicare. The Medicare plan finder has been changed online making it difficult to find the right Part D plan. The Disability Benefit Specialist (DBS) is reaching out to local schools to discuss transitions for young adults turning 18.

**ADULT PROTECTIVE SERVICES UPDATE**

Director Mulhern reported there will be a Statewide Adult Protective Services (APS) Conference in October that the ADRC APS workers will attend. The ADRC has a new intern, Keara from UW Stevens Point, who will be working with APS staff on various projects through May.

**ADRC DIRECTOR'S REPORT**

Director Mulhern introduced the new Receptionist Sandy Kinder who started in August and the new Transportation Coordinator Trina Gaunt who started in September. Another addition to the ADRC is an intern working towards her Master's degree in Social Work from UW Madison, Rachel, who will be working with Information and Assistance staff. The latest issue of the Grapevine Newsletter came out on September 1, 2019. Columbia County ADRC along with 13 other counties are coming together to put on a Regional Veterans' Resource Fair Tuesday November 19, 2019 at the Alliant Energy Center in Madison. All 217 Senior Farmer's Market Vouchers were handed out. The ADRC is preparing for the upcoming tax season. One of the things being considered is adding a waiting list for residents outside of Columbia County. Last year the total people served during tax time was 551. Appointments can be made at the end of February. The ADRC is busy with the budget, training the new staff and interns, grant writing and outreach. October 9, 2019 is Day for Choice at the State Capitol. Director Mulhern has been the ADRC Director for five years.

**NEXT MEETING DATE**

The next meeting of the Aging & Disability Resource Center Board will be on Thursday, November 19, 2019, 9:00 a.m. in Meeting Room 3 at Columbia County Health & Human Services.

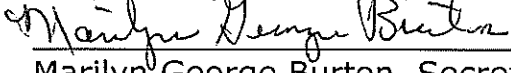
**ADJOURNMENT**

MOTION: TO ADJOURN THE MEETING AT 10:04 a.m.

Motion by Allan Baumgartner, second by Teresa Sumnicht. Motion carried.

The Columbia County Aging & Disability Resource Center Board will reconvene on Thursday, November 19, 2019 at 9:00 a.m. in Meeting Room 3 at County Health & Human Services Building, located at 111 East Mullett Street, Portage, WI.

Respectfully Submitted,



Marilyn George Burton, Secretary  
ADRC Board

cc: County Board Chair Vern Gove  
County Board 1<sup>st</sup> Vice Chair Dan Drews  
County Board 2<sup>nd</sup> Vice Chair James E. Foley



Kathleen Cummings, Clerk Typist  
Columbia County H&HS