



608-742-9233  
888-742-9233  
FAX: 608-742-9277  
TDD: 608-742-9229  
E-MAIL: ADRC@co.columbia.wi.us  
WEBSITE: www.co.columbia.wi.us

111 East Mullett Street  
P.O. Box 136  
Portage, WI 53901-0136

**AGING & DISABILITY RESOURCE CENTER (ADRC) BOARD  
THURSDAY, SEPTEMBER 20, 2018  
MINUTES**

**CALL TO ORDER**

The regular meeting of the Aging & Disability Resource Center Board was called to order at 9:00 a.m. by Chair Kevin Kessler. The meeting was legally advertised. A quorum was present.

**ROLL**

ADRC BOARD MEMBERS PRESENT: Allan Baumgartner; Kevin Kessler; Sarah Lochner; Renae DeMott-McMahon; Sharon Peterson; John Primrose; Teresa Sumnicht.

ADRC BOARD MEMBERS EXCUSED: Susanna Bradley; Marilyn George Burton.

H&HS STAFF PRESENT: Matthew Bortz, Accounting; Kathleen Cummings; Richard Ferguson, Jessica Kath, Accounting; Ashley Jahn; Sarah Millard; Becky Mulhern; Dawn Woodard.

**APPROVAL OF AGENDA**

MOTION: TO APPROVE THE SEPTEMBER 20, 2018 AGENDA OF THE COLUMBIA COUNTY AGING & DISABILITY RESOURCE CENTER BOARD.

Motion by Teresa Sumnicht, second by Sharon Peterson. Motion carried.

**PUBLIC HEARING on 85.21 DEPARTMENT OF TRANSPORTATION GRANT APPLICATION**

The public hearing on 85.21 Department of Transportation Grant Application opened at 9:03 a.m.

No one from the public spoke or was present.

Public Hearing on 85.21 Department of Transportation Grant Application closed at 9:06am.

**PUBLIC HEARING ON COLUMBIA COUNTY'S THREE YEAR AGING PLAN**

The public hearing on Columbia County's Three Year Aging Plan opened at 9:06 a.m.

No one from the public spoke or was present.

The Public Hearing on Columbia County's Three Year Aging Plan closed at 9:15 a.m.

**AGING & DISABILITY RESOURCE CENTER BOARD MEETING  
SEPTEMBER 20, 2018 - PAGE 2**

**PUBLIC HEARING ON COLUMBIA COUNTY'S FIVE YEAR COORDINATED  
TRANSPORTATION PLAN**

The public hearing on Columbia County's Five Year Coordinated Transportation Plan opened at 9:15 a.m.

No one from the public spoke or was present.

The Public Hearing on Columbia County's Five Year Coordinated Transportation Plan closed at 9:41 a.m.

Chair Kessler assigned Sharon Peterson to act as acting Secretary in the absence of Marilyn George-Burton.

**APPROVAL OF MINUTES**

MOTION: TO APPROVE THE JULY 26, 2018 MINUTES OF THE AGING & DISABILITY RESOURCE CENTER BOARD MEETING.

Motion by Allan Baumgartner, second by John Primrose. Motion carried.

**PUBLIC COMMENTS AND CONCERNS**

None.

**REVIEW FINANCIAL REPORT & COMPENSATORY TIME**

ADRC Director Becky Mulhern presented the Finance Report and Compensatory Time Report to the Board.

**ACTION ON 85.21 DEPARTMENT OF TRANSPORTATION GRANT APPLICATION**

MOTION: TO APPROVE SUBMITTAL OF THE 85.21 TRANSPORTATION GRANT APPLICATION TO THE STATE.

Motion by John Primrose, second by Sharon Peterson. Motion Carried.

**ACTION ON COLUMBIA COUNTY'S THREE YEAR AGING PLAN 2019-2021**

MOTION: TO APPROVE THE SUBMITTAL OF COLUMBIA COUNTY'S THREE YEAR AGING PLAN TO THE STATE.

Motion by Sharon Peterson, second by Allan Baumgartner. Motion Carried.

**ACTION ON COLUMBIA COUNTY'S FIVE YEAR COORDINATED TRANSPORTATION  
PLAN 2019-2023**

MOTION: TO APPROVE THE SUBMITTAL OF COLUMBIA COUNTY'S FIVE YEAR COORDINATED TRANSPORTATION PLAN 2019-2023 TO THE STATE.

Motion by Sharon Peterson, second by Renae DeMott McMahan. Motion Carried.

**AGING & DISABILITY RESOURCE CENTER BOARD MEETING  
SEPTEMBER 20, 2018 - PAGE 3**

**ACTION ON 2019 CONGREGATE MEAL RATES**

ADRC Assistant Director Ashley Jahn proposed the following increases in the congregate meal rates: \$12.87/meal (up from \$11.61/meal).

The cost is for people under the age of 60 who don't meet the Older Americans Act qualifications and is determined by using the state mandated cost allocation tool. For those over 60 years of age, the ADRC asks for a \$4.00 donation.

MOTION: TO APPROVE THE REVISED CHARGE RATE OF CONGREGATE MEALS AS OF JANUARY 1<sup>ST</sup> 2019.

Motion by Teresa Sumnicht, second by Sarah Lochner. Motion carried.

**ACTION ON 2019 HOME DELIVERED MEAL RATES**

ADRC Assistant Director Ashley Jahn proposed the following decrease in the home delivered meal rates: \$10.40/meal (down from \$10.52). This cost is also for people under age 60 who don't meet the Older American's Act qualifications and is determined by using the state mandated cost allocation tool.

MOTION: TO APPROVE THE PROPOSED DECREASE IN THE HOME DELIVERED MEAL RATES FOR 2019.

Motion by John Primrose, second by Sharon Peterson. Motion carried.

**TRANSPORTATION PROGRAM UPDATE**

ADRC Director Mulhern reported the ADRC is hoping to receive the 5310 grant vehicle soon from the Wisconsin Department of Transportation. On October 18<sup>th</sup> an AARP Smart Driver's Course will be held at the ADRC from 9:00 until 1:30pm. A Passenger Safety Assistance Training was held at the ADRC on September 19<sup>th</sup> and was attended by those Columbia County ADRC Drivers who had not yet attended and was also attended by drivers from Dodge and Marquette Counties. This was made possible by a grant written by ADRC Mobility Manager Sarah Millard on how to successfully tie down wheelchairs.

**ADVOCACY/EDUCATION UPDATE**

ADRC Director Mulhern met with one of the regional State of Wisconsin Aging Board Representative who lives in Wisconsin Dells. She will start attending the ADRC Board meeting when possible. There are seven legislative priorities for 2019-2020. They include:

1. Elder Benefit Support
2. Direct Care Workforce Shortage
3. Family Caregiver Support
4. Healthy Aging Grants
5. Long Term Care Investment Fund
6. Loneliness and Social Isolation Study
7. Transportation Support

**AGING & DISABILITY RESOURCE CENTER BOARD MEETING  
SEPTEMBER 20, 2018 - PAGE 4**

**NUTRITION PROGRAM UPDATE**

ADRC Assistant Director Ashley Jahn reported the ADRC is recruiting meal site managers for Pardeeville and Portage and substitute managers in general. The ADRC is also recruiting meal drivers as well. The Portage meal site will move on October 1<sup>st</sup>, 2018 to the new location at Columbia County ADRC from the basement of Portage City Hall. The ADRC hopes to have entertainment at the event. The Lodi meal site continues to be closed. Work is continuing towards opening the first Columbia County restaurant model meal site in Lodi. The ADRC is working on a request for proposals for a new food vendor. The Nutrition Program staff will attend a mandatory state training in Sun Prairie in September.

**NUTRITION WAITLIST UPDATE**

ADRC Director Mulhern informed the Board the waitlist has yet to be implemented due to a generous donation from a grateful family of a Home Delivered Meal Participant who passed away. Due to cost increases the Nutrition Waitlist is being closely monitored.

**PREVENTION PROGRAM UPDATE**

ADRC Director Mulhern reported that with the success of the first Walk with Ease program, a second program will start October 1<sup>st</sup> at the ADRC. The class will meet three times a week for seven weeks. The ADRC is moving forward with the Yoga evidenced base class that will be available in Portage soon. It is a joint process that has been in the works for two years through a special grant with the University of Wisconsin and the Wisconsin Institute for Healthy Aging.

**CAREGIVER PROGRAM UPDATE**

ADRC Director Mulhern reported the next Caregiver Retreat is scheduled for November 5<sup>th</sup> in Portage with guest speaker – Kari Olson, Baraboo and author of the book Find Your Heart and Follow Your Heart.

**BENEFIT SPECIALIST UPDATE**

ADRC Director Mulhern reported Open Enrollment begins October 15<sup>th</sup> and ends on December 7<sup>th</sup>, and encouraged interested parties to schedule appointments with Elder Benefit Specialist Brianne Williams.

**ADULT PROTECTIVE SERVICES UPDATE**

ADRC Director Mulhern reported that the Adult Protective Services workers have completed two of three Adult Protective Services Trainings which were being held in Madison. This training is new and is required of all county Adult-Protective Services employees. The ADRC is working on issues with the after-hours coverage provider.

**AGING & DISABILITY RESOURCE CENTER BOARD MEETING  
SEPTEMBER 20, 2018 - PAGE 5**

**ADRC DIRECTOR'S REPORT**

ADRC Director Mulhern reported last week was the Aging & Disability Network Conference. Almost all ADRC funded employees attended. Columbia County ADRC was chosen by the State to have the Federal Government come to tour a 'working' ADRC while in Wisconsin for the conference. Mary Lezare the Principal Deputy Administrator of the Administration for Community Living was at the ADRC last week to tour the facility and talk to all staff. The open house/ribbon cutting event was held on Saturday August 18<sup>th</sup> with speakers, tours of the buildings, food and photo opportunities. The ADRC has opportunities for interns and volunteers to serve the ADRC in various capacities. These include volunteer drivers, assist at meal sites, health promotion classes, filing, front desk etc. The ADRC also has vacancies on the ADRC Board.

**NEXT MEETING DATE**

The next meeting of the Aging & Disability Resource Center Board will be on Thursday, November 15<sup>th</sup>, 2018, 9:00 a.m. at Columbia County Health & Human Services Meeting Room 3.

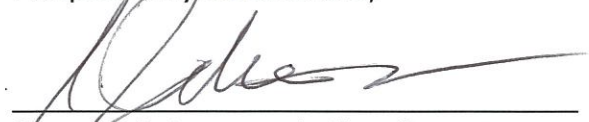
**ADJOURNMENT**

MOTION: TO ADJOURN THE MEETING AT 10:20 a.m.

Motion by Sharon Peterson, second by Alan Baumgartner. Motion carried.

The Columbia County Aging & Disability Resource Center Board will reconvene on Thursday, November 15<sup>th</sup>, 2018 at 9:00 a.m. in Meeting Room 3 at County Health & Human Services Building, located at 111 East Mullett Street, Portage, WI.

Respectfully Submitted,



Sharon Peterson, Acting Secretary  
ADRC Board



Kathleen Cummings, Clerk Typist  
Columbia County H&HS

cc: County Board Chair Vern Gove  
County Board 1<sup>st</sup> Vice Chair Mary Cupery  
County Board 2<sup>nd</sup> Vice Chair James E. Foley