

608-742-9233 888-742-9233 FAX: 608-742-9277

TDD: 608-742-9229 E-MAIL: ADRC@columbiacountywi.gov WEBSITE: www.co.columbia.wi.us

> 111 East Mullett Street P.O. Box 136 Portage, WI 53901-0136

# AGING & DISABILITY RESOURCE CENTER (ADRC) BOARD THURSDAY, NOVEMBER 17, 2022 MINUTES

### CALL TO ORDER

The regular meeting of the Aging & Disability Resource Center Board was called to order at 9:00 A.M. by Chair Doug Richmond. The meeting was legally advertised. A quorum was present.

#### ROLL

ADRC BOARD MEMBERS PRESENT: Doug Richmond; Steven Balsiger; Rosemary Minnema; Allan Baumgartner; Connie Pease; Adaora Bilse; Shelby Carter.

APPEARED BY PHONE: Sarah Lochner.

ADRC BOARD MEMBERS EXCUSED: Kayla Wolff; Jolene Wheeler; Darlene Anderson-Prest.

HHS STAFF PRESENT: Sue Lynch; Brianne Williams; Heather Gove; Gretchen Halvorsen.

OTHERS: Jesica Walter, Accounting.

### APPROVAL OF AGENDA

MOTION: TO APPROVE THE NOVEMBER 17, 2022 AGENDA OF THE AGING & DISABILITY RESOURCE CENTER BOARD.

Motion by Steve Balsiger, second by Connie Pease. Motion carried.

# **APPROVAL OF MINUTES**

MOTION: TO APPROVE THE SEPTEMBER 15, 2022 MINUTES OF THE AGING & DISABILITY RESOURCE CENTER BOARD MEETING.

Motion by Steve Balsiger, second by Rosemary Minnema. Motion carried.

#### **PUBLIC COMMENTS AND CONCERNS**

No one from the public was present to provide comments/concerns.

### FINANCIAL REPORTS & COMPENSATORY TIME

Director Sue Lynch presented the financial and compensatory time reports. She also reported she is still waiting on word about the Lenz grant and the Adams/Columbia Round Up grant.

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# ADVOCACY/EDUCATION

ADRC Assistant Director Brianne Williams reported that she and one of the ADRC's I&A workers attended the WisconsinAIRS Resource Training on November 3, and received training on 211 (HHS services), 988 (Mental Health Crisis services), Selfcare, Ethics & Boundaries, and Advanced Directives, which all adults are encouraged by the ADRC to complete. ADRC Director Sue Lynch shared a number of informational bulletins from the WI Aging Advocacy regarding Caregivers; Reliable, Accessible & Affordable Transportation; and, Nutrition Services for Homebound Seniors.

# TRANSPORTATION PROGRAM

Director Lynch informed the Board of the program audit for the 5310 grant, scheduled for December 14, by Zoom. Director Lynch reported on the ADRC Driver Trainings that occur every other month, including a recent training by County Mutual and a challenge to go accident free in 2023. Currently, the transportation program is about 300 trips short of the total number of trips provided in 2021. The TRIP Council still has 2 vacancies open, and are waiting on the County Board to establish a process for recruiting and appointing interested individuals who wish to serve on Boards and Committees for the County. Director Lynch reported that one older van, in need of a new transmission, is scheduled to go to auction. Proceeds from the sale of the van must be returned to the ADRC's transportation program.

### **NUTRITION PROGRAM**

Director Lynch reported on the mandatory annual training that the ADRC must organize for all employees involved with the nutrition programs. The State helps with some of the planning, which will be virtual again this year. To date, the program has served 32,716 Home Delivered Meals (HDM), compared to 43,000 in 2021, and 476 Congregate Meals since the meal sites reopened earlier this year. Reassessments of all current HDM participants for program eligibility continues, which has significantly reduced the estimated demand for meals for next year. Director Lynch informed the Board that the current suggested donation for meals is \$4.50, but she may bring this issue back to the Board to recommend an increase to \$5 per meal as the cost of supplies increases.

### **NUTRITION WAITLIST**

Director Lynch reported that the waitlist for the HDM program currently has approximately 72 individuals on it.

# **PREVENTION PROGRAM**

Director Lynch reported that the ADRC offers prevention classes year round. The Stepping on Class is popular and offered in the Spring and in the Fall. The ADRC partnered with the UW-Extension to offer Strong Bodies in October and will be bringing it back next year. The ADRC has paid for 2 new trainers to lead the Walk with Ease

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class for arthritis prevention and it will be offered again next year. The ADRC also offers a Mind Over Matter class addressing bladder and bowel incontinence, which has become popular and will be offered again in 2023.

# **CAREGIVER PROGRAM**

Director Lynch reported that the ADRC's National Caregiver Support Program is currently full, however the Alzhiemers Caregiver Support program still has openings. This State program does have an eligibility component to it, as well as a physician's confirmation of the diagnosis. Director Lynch reported that she recently contracted with a new caregiver agency from Dane County who has expanded services into Columbia County.

### **ELDER AND DISABILITY BENEFIT SPECIALIST**

Director Lynch reported that Open Enrollment for Medicare Part D continues with appointments scheduling at full capacity. Appointments are occurring at the ADRC and at other locations around the County. The State is also offering assistance through additional in-person appointments throughout the County and with help over the phone. Approximately 200 individuals have been served so far during the open enrollment period. The Disability Benefit Specialist continues to working on a number of compassionate care allowance cases for individuals who have been diagnosed with terminal illness. Director Lynch shared that these cases are labor intensive and critically reviewed by the State, but the Disability Specialist has been successful with each one she has submitted. She currently is carrying a caseload of 70 with approximately 33 new referrals since the ADRC Board's September meeting.

### **DEMENTIA CARE SPECIALIST**

Director Lynch reported on the Remember Project event held last night at Northwoods. Eighty-five people attended, plus a handful of walk-ins. The evening was very successful and Director Lynch shared how valuable the work of Nellie Mueller, the ADRC's Dementia Care Specialist was to bring the whole event together.

# **ADULT PROTECTIVE SERVICES**

Director Lynch reported that the APS staff continue to be extremely busy with some very complex cases, several of them involving financial exploitation.

# ADRC DIRECTOR'S REPORT

ADRC Director Sue Lynch reported that the I&A staff have been busy with 2,544 calls since the last ADRC Board meeting in September. Director Lynch also reported that Home Visits have resumed, post COVID, for options counseling and services. Director Lynch informed the Board that the ADRC's sale of Ensure has officially ended, and that the Foot Clinic has added 2 additional days a month to try to help meet the demand of that popular program.

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## **NEXT MEETING DATE**

The next meeting of the Aging & Disability Resource Center Board will be on Thursday, January 19, 2023, at 9:00 a.m. in Meeting Rooms 2 & 3, ADRC Entrance, of Health and Human Services at 111 East Mullett Street, Portage, WI 53901.

#### **ADJOURNMENT**

MOTION: TO ADJOURN THE MEETING AT 10:01 A.M.

Motion by Allan Baumgartner, second by Adoara Bilse. Motion carried.

The Columbia County Aging & Disability Resource Center Board will reconvene on Thursday, January 19, 2023 at 9:00 a.m. in Meeting Rooms 2 & 3, ADRC Entrance of Health and Human Services, 111 East Mullett Street, Portage, WI 53901.

Respectfully Submitted,

Gretchen Halvorsen, Executive Sec.

Columbia County Health & Human Services

cc: County Board Chair Chris Polzer County Board 1<sup>st</sup> Vice Chair Denise Brusveen County Board 2<sup>nd</sup> Vice Chair Matthew Rohrbeck