

COLUMBIA
COUNTY

Health and Human Services

608-742-9227

FAX: 608-742-9700

TDD: 608-742-9229

E-MAIL: DHHS@co.columbia.wi.us

WEBSITE: www.co.columbia.wi.us

Division of Economic Support

The Division of Economic Support is here to provide timely and accurate benefits to eligible recipients within Federal and State regulations. Low income services include programs which are designed to assist people in meeting basic living and health care needs. The services offered include Healthcare (BadgerCare Plus and Medicaid), FoodShare, Child Care Assistance (Wisconsin SHARES program) and Caretaker Supplement. Each program may have different income and asset limits which can vary by family size. There are also non-financial criteria which need to be met at time of application. In addition to these programs, Columbia County is also part of the fraud consortium to investigate and prosecute public assistance fraud.

FSET (FoodShare Employment & Training Program)

FSET participation is voluntary and the purpose is to provide FoodShare members free assistance and support needed to obtain competitive employment or enhance opportunities for career advancement. FSET can help with job searches, job referrals, skills assessment, basic job training, work experience, career planning and transportation. If you are an adult who is receiving FoodShare benefits, and you work less than 30 hours a week, FSET may be able to assist you. Persons interested in receiving FSET services should contact Forward Services at 608-742-1089.

SOS (Signs of Suicide)

Walk for Hope

Benefiting Prevent Suicide Columbia County

EVENT INFORMATION

PLACE: Indian Agency House,
Portage

DATE: Sunday, September 29th,
2013

TIME: Registration: 1:00pm

WELCOMING ADDRESS: 1:30PM

WALK START: 2:00pm

COST: \$25.00 (includes t-shirt)

Prevention

Info • Support • Remembrance

More Info:

[www.preventsuicidecolumbia
county.org](http://www.preventsuicidecolumbiacounty.org)



WIC Program Now In Wisconsin Dells!



Providing Free Healthy Food for pregnant, breastfeeding, postpartum women, infants and children under age 5!

Beginning July 18, 2013

WIC will be at the **Kilbourn Public Library**
620 Elm St.

Wisconsin Dells

3rd Thursday, odd months

Walk-ins welcome July 18th from 1 - 4 PM

Or call for an appointment: 608-742-9254

See our website at www.co.columbia.wi.us

HELPFUL NUMBERS:



Important Numbers to Know:

- ☺ To Report Child Abuse & Neglect call 608-742-9227
- ☺ To Report Elder Abuse & Neglect call 602-742-9233 or 1-888-552-6642
- ☺ To Apply for Benefits please apply online at access.wi.gov or call 1-888-794-5556
- ☺ To Report Changes or Ask Questions about your food share or Badgercare case call 1-888-794-5556
- ☺ To Receive WIC call 608-742-9254
- ☺ COA Transportation Phone 608-742-9213— Transportation for the Elderly
- ☺ Logisticare—Medicaid Transportation 1-866-907-1493 (until 8/1/13)
- ☺ MTM, INC.-Medicaid Transportation as of 8/1/13 continue to call 1-866-907-1493 to schedule appointments until further notice.

Personal Essential Supplies Available

Lodi Valley

PERSONAL- ESSENTIALS CENTER

A place where families in need can obtain personal-essentials

The Lodi Valley Personal-Essentials Center is a community-wide ecumenical Christian Ministry. Their mission is to provide families with basic personal hygiene products and household cleaning supplies. All contacts will be treated confidentially. Remember they are here to help in your time of need. Personal-essentials are available by appointment at the Lodi United Methodist Church, 130 Locust Street, Lodi. (608)592-3480 or www.LODIUMC.ORG

Community friends provide all supplies through personal giving. Personal-essential items can be delivered to the Lodi United Methodist church or the Lodi Enterprise office. Monetary contributions are also welcome and are tax deductible.

Personal Essentials supplies needed to care for individual family members:

- Shampoo/Conditioners
- Laundry Soap/Fabric Softener
- Feminine Supplies
- Toilet Paper
- Shaving Cream & Razors
- Band-Aides/Q Tips
- Deodorants
- Baby Supplies/Wipes/ Diapers
- Household Cleaning Supplies
- Dental Care Products
- Hand and Liquid Soap
- Chapstick
- Combs/brushes
- Paper Towels
- Dish soap



Dental Health Resources

Any adult or child that is uninsured, underinsured or is a participant of the Medical Assistance or BadgerCare Dental Program may contact these dental health resources. If you need to apply for Medical Assistance/ BadgerCare benefits, please call Columbia County Health and Human Services at 608-742-9227.

St. Vincent de Paul Dental Clinic

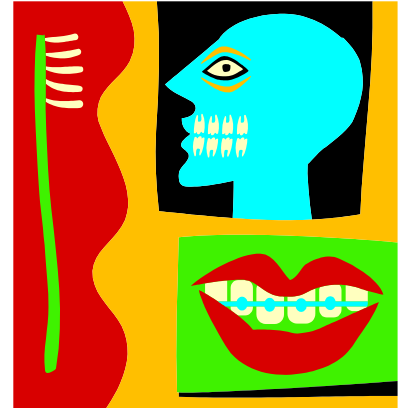
Address: 1906 North Street, Prairie du Sac, WI 53578

Website: <http://www.stvdpdental.com>

Phone: 608-644-0504 ext. 10 or 12

Hours of Operation: Monday through Thursday

Accepts Medical Assistance, Badgercare, uninsured and underinsured.
Federal Poverty Guidelines are used to determine eligibility.



Family Health Medical and Dental Center: La Clinica de los Campesinos

Address: 400 South Townline Road, Wautoma, WI 54982

Website: <http://www.famhealth.com>

Phone: 920-787-5514

Hours of Operation: Monday & Thursday 8AM-7PM, Tuesday, Wednesday, Friday 8AM-5PM

Accepts Medical Assistance, Badgercare, Insured, Low-Income (Uninsured)

Mauston Dental Clinic

Address: 880 Herriot Drive, Mauston, WI 53948

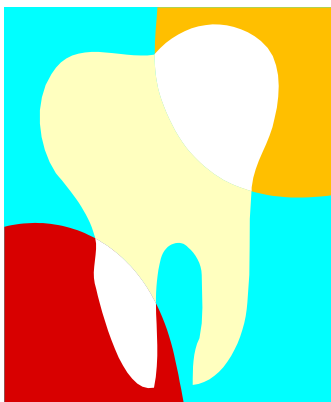
Website: <http://www.famhealth.com>

Phone: 608-847-6700

Hours of Operation: Monday & Thursday 8AM-7PM, Tuesday, Wednesday, Friday 8AM-5PM

Accepts Medical Assistance, Badgercare, Insured, Low-Income (Uninsured)

Meriter Hospital: Max Pohle Dental Clinic Dental Residency Program



Address: 202 South Park Street, Madison, WI 53715 Website:

<http://www.meriter.com/clinics/dental-clinic>

Phone: 608-417-6500

Hours of Operation: Monday-Friday 8AM-4PM After Hours Emergency Care Available

Accepts Uninsured, Underinsured, Medical Assistance children and adults

--For children aged 4 years through 12 years, call to make appointment. Those 13 years and older will be put into a lottery drawing at the end of each month to make an appointment

Dental Health Resources Continued:

Marquette Dental School Clinic

Address: 1801 West Wisconsin Avenue, Milwaukee, WI 53233

Website: <http://mu.edu/dentistry>

Phone: 414-288-6790

Hours of Operation: Monday-Friday 9AM-5PM (4PM Summer)

All patients accepted including Medical Assistance and Title XIX, Low-income, Uninsured, 13 years and older for general clinic. Pediatric clinic available.

--Adults needing an appointment, call between 9:30-3:30 to be put on a list for an appointment.



Note this is not a complete list. It was updated in May of 2013 and is a reflection of the information the Wisconsin Dental Association was able to gather from dentists.

ATTENTION! Medical Transportation Update

The Department of Health Services (DHS) has announced that they have entered into a contract with a new non-emergency medical transportation manager, Medical Transportation Management, Inc. (MTM, Inc.).

As of August 1, 2013 MTM Inc. will replace the Department's current transportation manager, LogistiCare, LLC. Please see the DHS Press Release for more details:

<http://www.dhs.wisconsin.gov/News/PressReleases/2013/050813.htm>

Medicaid and BadgerCare Plus members who are eligible to get non-emergency medical transportation through LogistiCare will be eligible to get rides through MTM, Inc. To schedule rides with MTM, Inc. to appointments for covered services, eligible members should continue to call the current reservation number at **1-866-907-1493 (or TTY 1-866-288-3133)**.

Please note:

- Until July 31, 2013, LogistiCare will be coordinating transportation for members.
- MTM, Inc. will be providing outreach to transportation and health care providers over the coming weeks.
- Public presentations will be held throughout the State in early summer with dates to be announced in the near future.
- In early summer a Member and a Provider Update will be mailed out to provide an overview of MTM, Inc. as well as non-emergency medical transportation processes and procedures.
- In addition, the Member Update will list the rules and member responsibilities for scheduling and receiving rides to covered services through MTM, Inc.
- Please check <http://www.dhs.wisconsin.gov/badgercareplus/NEMT/index.htm> or <http://www.dhs.wisconsin.gov/aboutdhs/initiatives/transportation/index.htm> for fact sheets and other related materials.

Columbia County Food & Nutrition Resources

Bread Basket Community Food Pantry

First Presbyterian Church, 121 W. Florence Street, Cambria, WI 53923.

Serves residents of Cambria School District on an on-call basis: Call Joanne Sanderson at (920) 348-5568, Julie Saalsaa at (920) 348-6120, or Ann Smedema at (920) 348-5485 for assistance

Columbus/Fall River Food Pantry

Columbus Area Senior Center, 125 N Dickason Blvd., Columbus.

Serves residents of Columbus & Fall River School Districts; Call (920) 623-5918 - a different church is responsible for distribution every month

Lake Delton/WI Dells Community Food Pantry

Community Action Building, 1000 Hwy. 13, Wisconsin Dells, WI 53965;

Serves residents of Wisconsin Dells School District. Kim McClelland or Lisa Williams at (608) 254-8353
Hours: Tues: 9 am - noon; Thurs: 1-4 pm

Lodi Area Food Pantry

Serves residents of Lodi School District

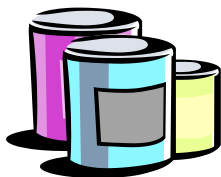
By appointment only:

Monday, Tuesday, and Thursday
Call Carol Meyer 608-592-4324 or Judy Brownrigg 608-592-4626

PAD Pantry (Poynette, Arlington, Dekorra)

Village Hall/Nutrition Site, 106 S. Main St., Poynette, WI 53955

Serves residents of Poynette School District. Claire Robson (608) 635-2185; Donna Luessman (608) 635-4448; Ruth Ann Waugh (608) 635-4167
Hours: Tuesday 1-3 pm and Thursday 5-7 pm



Portage Food Pantry

Episcopal Church, 211 W Pleasant St., Portage, WI 53901

Serves residents of Portage Community School District; (608) 742-3774 Hours: Mon & Wed 11-noon; Thurs 5-6 pm

Poynette Clergy Food Pantry

Bethel Lutheran Church, 101 Bethel Dr., Poynette, WI 53955

Serves residents of Poynette area on an on-call basis
Pastor Stephen (608) 635-2468; Church Office (608) 635-7118; or Kenneth Nelson (608) 695-6741

Prairie Pride Pantry

United Methodist Church, 103 Reagles St., Arlington, WI 53911

Serves residents of Arlington and Poynette and Towns of Arlington, Dekorra, Hampden, & Leeds
Hours: Wednesdays 4:30-5:30 pm and Saturdays 9:00-10:30 am

Randolph Food Pantry

Evangelical Free Church, 702 N. High St.,

Randolph, WI 53956 (corner of Hwy 73 and P); Serves Randolph area; Sharon Sorenson, church in afternoons (920) 326-3821; call ahead, preferably before the weekend. Hours: Tuesday 1-3 pm

Rio Area Food Pantry

Rio Community Center, 104 Lincoln Ave., Rio, WI 53960

Serves residents of Rio, Cambria, & Doylestown
John Atkinson (608) 697-9006; Dean Hoel (608) 617-8044 or Suzi Salzwedel (608) 697-1490
Hours: 2nd, 3rd & 4th Mondays - 10 am-noon
4th Monday - 5-6 pm

St. Vincent DePaul - Portage

St. Vincent DePaul Resale Shop, 1311 W. Wisconsin St., Portage, WI 53901

(608) 742-5513; ID & application form required;
Hours: M-F, 9 am - 4:30 pm.

2nd Harvest Mobile Food Pantries

(open to all Columbia County residents)

Portage: 2nd Monday of every month, 11-noon, at St. Vincent de Paul, 1311 W. Wisconsin St
Pardeeville: 4th Monday of every month, 3:30 pm at St. Mary's church, 318 S. Main St

Wyocena Community Helping Hands Pantry

Wyocena Community Center, 165 E. Dodge St., Wyocena, WI 53969

Serves residents of Pardeeville School District based on income eligibility; Hours: Mon-Thurs 10-noon; closed most holidays and any 5th Mon-Thurs in a month. Also closed anytime School District closed due to inclement weather. Clothing, shoes, books, games, puzzles, and small household items available to anyone in need. Call Bridget Rhode (608) 742-4905 for questions.



Other Food and Nutrition Resources

Food Pantries

Information prepared by Becky Gutzman, UW-Extension Wisconsin Nutrition Education Program. Updated July, 2012. Call (608) 742-9693 with additions or changes.

Free Community Meals—Open to anyone

3rd Saturday of each month, 11-1 pm at Episcopal Church, 211 Pleasant St., Portage
4th Saturday of each month, 11:30-1:00 pm at 120 W Pleasant St., Portage

Community Gardens—Grow your own food for a small plot fee

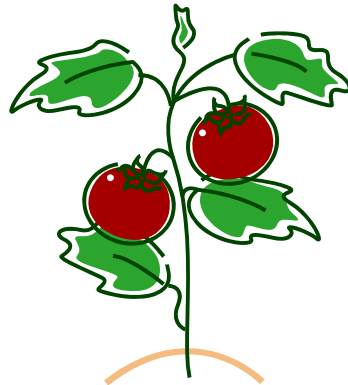
Cambria: Becky Gutzman, (920) 348-4511
Columbus: Terry Humiston, (920) 623-4955, thumiston33@yahoo.com
Poynette: Village Office (608) 635-7524.
Portage: Parks and Rec Dept., (608) 742-2178
Lodi: Mark Essex (608) 592-2571.

Senior Nutrition Program

Serves people over age 60 and their spouses. No income or asset limits. Noon meals at sites in Cambria, Columbus, Lodi, Pardeeville, Portage, Poynette, Rio, Wisconsin Dells, and Wyoceana, and home delivered meals to homebound seniors who can't prepare daily meals. For more information, call Columbia County at (608) 742-9219.

Seasonal Farmer's Markets

Cambria Farmer's Market
Tuesdays, 4-7 pm; Tarrant Park
Columbus Downtown Farmer's Market
Wednesdays, 3-6 pm; Parking lot behind City Hall
Columbus Farmer's Market
Sundays, 9am-1pm; N Ludington-next to Amtrak
Fall River Area Farm & Flea Market
Saturdays, 8am-12:30 pm; Hwy. 16 & Poser Road
Lodi Valley Farmer's Market
Fridays, 2-6 pm; N Main, corner of 113 and J
Portage Farmer's Market
Thursdays, Noon-6 pm
Commerce Plaza, corner of Cook & Wisconsin
Poynette Area Farmer's Market
Saturdays, 8-11 am, Pauquette Park, S Main St



Senior Farmer's Market Vouchers

\$25 in vouchers to spend on fresh fruits and vegetables at farmer's markets and participating farm stands, for age 60 and over meeting income eligibility guidelines. Call UW-Extension at (608) 742-9693 for details.

FoodShare (formerly food stamps)

Food assistance based on income
Contact Columbia County Health & Human Services at 2652 Murphy Road, Portage, WI 53901 (608) 742-9277
Check your eligibility or apply for Food Share, health care or other services at www.access.wisconsin.gov

Neighbors in Constant Care Foundation

(920) 623-5540, 623-4772 or 623-4722
Serves Columbus/Fall River School Districts
Credit mediation, housing, food assistance, school supplies, or referral to other resources.
Call for information

WIC (Women, Infants, Children Nutrition Program)

2652 Murphy Road, Portage, WI 52901
(608) 742-9254
Provides food vouchers, farmer's market vouchers, and nutrition information to keep pregnant and breastfeeding women, infants, and children under 5 years healthy and strong. Income eligibility requirements.

School Lunch Program

Free or reduced price school lunch to eligible families. Some schools also offer breakfast.
Contact your school district for details.

Wisconsin Nutrition Education Program
WNEP helps low-income families eat better, keep food safe, and stretch their food dollars. Open to those who receive or are eligible to receive food stamps. Call UW-Extension Nutrition Coordinator, Becky Gutzman, at (608) 742-9693.



Information prepared by Becky Gutzman, UW-Extension Wisconsin Nutrition

Education Program. Updated July, 2012. Call (608) 742-9693 with additions or changes.

Are You Ready For Severe Weather?

Get a Kit

When disaster strikes, immediate help may not be available. Every household should have an emergency kit with enough supplies to see you through three days following a natural disaster, health or manmade emergency.



Make a Plan

Start out thinking about the basics of survival—fresh water, food, safety, warmth, sanitation, and clean air.

Choose foods that don't require refrigeration and are not high in salt. Salty foods will make you thirsty. Include canned foods with high liquid content. There should also be one gallon of water per person per day. Do not stockpile soda.

Your stockpile should also contain flashlights, a radio, manual can opener, batteries, and copies of important documents.

Be Informed

Pack all items in a clearly labeled, easy-to-carry, sealable container and store them in a place that is easy to access. Check your stockpile once or twice a year. A good rule of thumb is to check your stockpile when you change your clocks for daylight saving time. Replace any supplies that are missing or have expired or have been damaged.

For a complete listing of Emergency Supplies in the event of severe weather, please visit our website at <http://ready.wi.gov>.

Was Your Furnace Unreliable This Past Winter?

FOCUS ON ENERGY MAKES TODAY'S COST-SAVING HEATING AND COOLING EQUIPMENT MORE AFFORDABLE WITH UP TO **\$1,500** IN ENHANCED REWARDS FOR QUALIFIED CUSTOMERS.

If your HVAC system is over 15 years old, needs frequent repairs, or costs you more and more in energy bills, a new system makes good financial sense.

If your income falls below 80 percent of the State Median Income, you may be eligible for Enhanced Rewards on High-efficiency HVAC equipment. Call: 800.762.7077 today.

SAVING ENERGY AND MONEY FOR WISCONSIN

INCREASE HVAC EFFICIENCY WITH \$475-\$1,500 IN ENHANCED REWARDS

All residential utility customers are encouraged to check out the Residential Rewards Program at

focusonenergy.com/residential

for additional Cash-Back Rewards on HVAC equipment.

Contact US:

For more information, call 800-762.7077 or visit focusonenergy.com

STATE MEDIAN INCOME LIMITS BY HOUSEHOLD SIZE (2013)

People in Household	ANNUAL INCOME Upper Limit
1	\$32,376
2	\$42,338
3	\$52,300
4	\$62,262
5	\$72,224
6	\$82,186

focus on energy

Partnering with Wisconsin utilities

HOTLINE TO TRACK WEST NILE VIRUS



State of Wisconsin Department of Health Services

Protecting and promoting the health and safety of the people of Wisconsin

Contact: Jennifer Miller (608) 266-1683

STATE ACTIVATES DEAD BIRD REPORTING HOTLINE TO TRACK WEST NILE VIRUS

MADISON—To help track the West Nile virus (WNV) in Wisconsin, state health officials have reactivated the statewide, toll-free **Dead Bird Reporting Hotline at 1-800-433-1610**.

“Certain dead birds can act as an early warning system for West Nile virus activity in an area,” said Dr. Henry Anderson, State Health Officer. “Finding the virus in birds indicates that West Nile virus is present in the local mosquito population. This knowledge can be helpful in triggering special prevention and insect-control measures.”

Anderson said that anyone who sees a dead bird can call the hotline and arrange to have the bird tested for West Nile virus. Hotline staff can answer questions about dead birds and provide information on safe handling and disposal. People should not handle dead birds with their bare hands but should use gloves or a clean plastic bag to pick up the bird through the bag.

West Nile virus is spread to people by the bite of an infected mosquito. Mosquitoes get infected with WNV by feeding on infected birds and can then transmit the virus to other animals, birds, and humans.

Only one in five people infected with West Nile virus will have symptoms, which begin within 3 to 14 days and typically last a few days. Symptoms include fever, headache, body aches, swollen lymph nodes or a skin rash on the chest, stomach and back. In rare cases, West Nile virus can cause severe disease with additional symptoms, including muscle weakness, stiff neck, disorientation, tremors, convulsions, paralysis, coma, and potentially death. The elderly and people who have received a transplant may be at greater risk of developing severe illness. People who become ill and think they have West Nile virus infection should contact their healthcare provider for treatment of symptoms.

WEST NILE VIRUS HOTLINE CONTINUED:

Other measures to help prevent mosquito bites include:

- Limit time spent outside at dawn and dusk, when mosquitoes are most active.
- Apply insect repellent to skin and spray clothing with insect repellent because mosquitoes may bite through clothing. The Centers for Disease Control and Prevention (CDC) recommends using products that contain active ingredients approved and registered by the U.S. Environmental Protection Agency (EPA). These products display an EPA registration number on the label.
- Wear long pants and long-sleeved shirts to reduce bites.
- Repair window and door screens to prevent mosquito entry.
- Properly dispose of items that hold water, such as tin cans, plastic containers, pots or discarded tires.
- Clean roof gutters and downspouts for proper drainage.
- Turn over wheelbarrows, wading pools, boats and canoes when not in use.
- Change the water in birdbaths and pet dishes at least every three days.
- Clean and chlorinate swimming pools, outdoor saunas and hot tubs; drain water from pool covers.
- Trim tall grass, weeds and vines because mosquitoes use these areas to rest during hot daylight hours.
- Landscape to prevent water from pooling in low-lying areas.

The Department of Health Services has monitored the spread of WNV among wild birds, horses, and humans since 2001. In 2002, the state documented its first human infections, with 52 human cases. This was followed by an average of 10 cases per year from 2003 to 2011. There was a significant increase in WNV illnesses in 2013 compared to previous years, with 57 cases of human WNV infections reported.

For more information on West Nile virus, go to <http://www.dhs.wisconsin.gov/communicable/ArboviralDiseases/WestNileVirus/Index.htm> or <http://www.cdc.gov/ncidod/dvbid/westnile/index.htm>

For information regarding mosquito repellents, visit http://www.cdc.gov/ncidod/dvbid/westnile/qa/insect_repellent.htm