

# COLUMBIA COUNTY

Health and Human Services  
2652 Murphy Rd

608-742-9227

FAX: 608-742-9700

TDD: 608-742-9229

E-MAIL: DHHS@co.columbia.wi.us

WEBSITE: www.co.columbia.wi.us

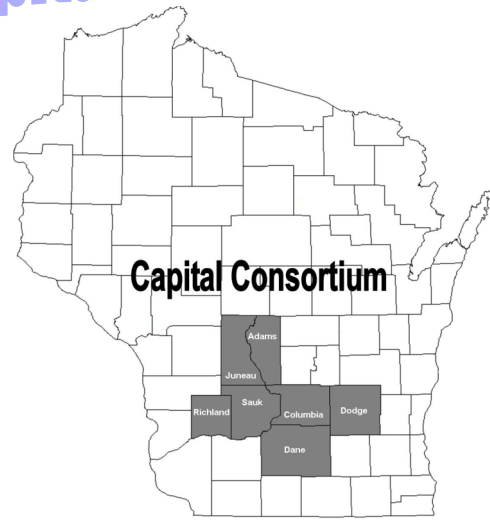
Mailing Address: P.O. Box 136

Portage, WI 53901-0136

## Capital Consortium

To Report Child Abuse & Neglect call 608-742-9227

As of January 3rd, 2012 Columbia County is now part of the new Capital Consortium which will be managing FoodShare, BadgerCare Plus, Medicaid, and Family Planning Only Services cases.



Online: [access.wi.gov](http://access.wi.gov)

Phone: 1-888-794-5556

Fax: 1-855-293-1822

(If you fax, please include your document tracking sheet)

To Report Elder Abuse & Neglect call 608-742-9233 or 888-742-9233

Any questions or changes that need to be made to your case will be directed to a Toll Free Call Center Number 1-888-794-5556. Their hours are Monday through Friday from 8:00 a.m. to 4:00 p.m.

To Receive Mental Health Help After Hours, Call 1-888-552-6642

To Apply for benefits please apply online at [access.wi.gov](http://access.wi.gov) or call 608-742-9711

The following can be done online and/or by phone:

- Report changes
- Ask questions
- Make an appointment

## Prescription Discount Card

Columbia County has launched a program to help county residents deal with the high cost of prescription medications.

average of 24% savings off the retail price of prescription medications.

can also be printed from the Internet at [www.caremark.com/naco](http://www.caremark.com/naco).

The card can be used by those who do not have insurance or by those who have prescriptions not covered by insurance. The card can also be used on some pet medications and is accepted at 9 out of 10 pharmacies throughout the region. The free discount cards may be used by all Columbia County residents, regardless of age, income or existing health coverage. These discount cards are available at Columbia County Health and Human Services 2652 Murphy Road Portage, WI. The discount cards

Residents can also locate their nearest participating pharmacy from the same website or call toll-free 1-877-321-2652 for assistance with the program.

COA Transportation Phone 608-742-9213  
Transportation for the Elderly and Disabled

Through a partnership with the National Association of Counties (NACo), the free Prescription Discount Card program provides area residents with a card that offers an

To Receive WIC call 608-742-9254

Logisticare—Medicaid Transportation 1-866-907-1493  
Complaint Line 1-866-907-1494

# Columbia County Food & Nutrition Resources - Food Pantries

## **Bread Basket Community Food Pantry**

First Presbyterian Church  
121 W. Florence Street, Cambria, WI 53923  
Serves residents of Cambria School District on an on-call basis; Call Della Gorsuch at (920) 348-5644, Joanne Sanderson at (920) 348-5568, or Ann Smedema at (920) 348-5485 for assistance

## **Columbus/Fall River Food Pantry**

Columbus Area Senior Center, 125 N Dickason Blvd., Columbus; Serves residents of Columbus & Fall River School Districts; Call (920) 623-5918 - a different church is responsible for distribution every month

## **Friendship Pantry (Friesland)**

Friesland Reformed Church  
107 E. Winnebago, Friesland, WI 53935  
Serves residents of Cambria, Randolph, Friesland and Fox Lake on an on-call basis. For information, call Ruth Syens at (920) 348-5439.

## **Lake Delton/Wisconsin Dells Community Food Pantry**

Community Action Building, 1000 Hwy. 13, Wisconsin Dells, WI 53965; Serves residents of the School District of Wisconsin Dells (includes Lake Delton area)  
Kim McClelland or Lisa Williams at (608) 254-8353  
Hours: Tues: 9 am - noon; Thurs: 1-4 pm

## **Lodi Area Food Pantry**

Serves residents of Lodi School District  
By appointment only:  
Monday, Tuesday, and Thursday  
Call Carol Meyer 608-592-4324 or  
Judy Brownrigg 608-592-4626

## **PAD Pantry (Poynette, Arlington, Dekorra)**

Village Hall/Nutrition Site  
106 S. Main St., Poynette, WI 53955  
Serves residents of Poynette School District  
Claire Robson (608) 635-2185; Donna Luessman (608) 635-4448; Ruth Ann Waugh (608) 635-4167  
Hours: Tuesday 1-3 pm and Thursday 5-7 pm

## **Portage Food Pantry**

Episcopal Church  
211 W Pleasant St., Portage, WI 53901  
Serves residents of Portage Community School District; (608) 742-3774  
Hours: Mon & Wed 11-noon; Thurs 5-6 pm

## **Poynette Clergy Food Pantry**

Bethel Lutheran Church  
101 Bethel Dr., Poynette, WI 53955  
Serves residents of Poynette area on an on-call basis  
Pastor Stephen (608) 635-2468; Church Office (608) 635-7118; or Kenneth Nelson (608) 695-6741

## **Prairie Pride Pantry**

United Methodist Church  
103 Reagles St., Arlington, WI 53911  
Serves residents of Arlington and Poynette and Towns of Arlington, Dekorra, Hampden, & Leeds  
Monique Duerst at (608) 228-6326  
Hours: Wednesdays 4:30-5:30 pm and Saturdays 9:00-10:30 am

## **Randolph Food Pantry**

Evangelical Free Church  
702 N. High St., Randolph, WI 53956  
(corner of Hwy 73 and P); serves Randolph area  
Sharon Sorenson, church in afternoons (920) 326-3821; call ahead, preferably before the weekend  
Hours: Tuesday 1-3 pm

## **Rio Area Food Pantry**

Rio Community Center  
104 Lincoln Ave., Rio, WI 53960  
Serves residents of Rio, Cambria, & Doylestown  
John Atkinson (608) 697-9006; Dean Hoel (608) 617-8044 or Suzi Salzwedel (608) 697-1490  
Hours: 2nd, 3rd & 4th Mondays - 10 am-noon  
4th Monday - 5-6 pm

## **St. Vincent DePaul - Portage**

St. Vincent DePaul Resale Shop  
1311 W. Wisconsin St., Portage, WI 53901  
(608) 742-5513; ID & application form required;  
Hours: M-F, 9 am - 4:30 pm; **2nd Harvest Mobile Food Pantry** is 2nd Monday of every month - 11-noon (open to all Columbia County residents)

## **Wyocena Community Helping Hands Pantry**

Wyocena Community Center  
165 E. Dodge St., Wyocena, WI 53969  
Services residents of Pardeeville School based on income eligibility; Hours: Mon-Thurs 10-noon; closed most holidays and any 5th Mon-Thurs in a month. Also closed anytime School District closed due to inclement weather. Clothing, shoes, books, games, puzzles, and small household items available to anyone in need.

# Other Food Resources

**Free Community Meals**—Open to anyone  
3rd Saturday of each month, 11-1 pm at  
Episcopal Church, 211 Pleasant St., Portage  
4th Saturday of each month, 11:30-1:00 pm at  
120 W Pleasant St., Portage

## Community Garden

Columbus, Lodi, Poynette and Portage provide a small plot of land for a nominal fee to people who want to grow some of their own food. In Columbus, contact Terry Humiston, (920) 623-4955, [thumiston33@yahoo.com](mailto:thumiston33@yahoo.com). In Poynette, contact the Village Administrator's Office at (608) 635-7524. In Portage, contact the Parks and Recreation Dept., (608) 742-2178. In Lodi, contact Mark Essex at (608) 592-2571.

## Senior Nutrition Program

Serves people over age 60 and their spouses. No income or asset limits. Noon meals at sites in Cambria, Columbus, Lodi, Pardeeville, Portage, Poynette, Rio, Wisconsin Dells, and Wyocena, and home delivered meals to home-bound seniors who can't prepare daily meals. For more information, call Columbia County at (608) 742-9219.

## Seasonal Farmer's Markets

### Cambria Farmer's Market

Tuesdays, 4-7 pm; Tarrant Park

### Columbus Downtown Farmer's Market

Wednesdays, 3-6 pm; Parking lot behind City Hall

### Columbus Farmer's Market

Sundays, 9am-1pm; N Ludington-next to Amtrak

### Fall River Area Farm & Flea Market

Saturdays, 8am-12:30 pm; Hwy. 16 & Poser Road

### Lodi Valley Farmer's Market

Fridays, 2-6 pm; N Main, corner of 113 and J

### Portage Farmer's Market

Thursdays, Noon-6 pm

Commerce Plaza, corner of Cook & Wisconsin

### Poynette Area Farmer's Market

Saturdays, 8-11 am, Pauquette Park, S Main St

### Randolph Farmer's Market

Saturdays, 8-noon; 335 S. High St

## Senior Farmer's Market Vouchers

\$25 in vouchers to spend on fresh fruits and vegetables at farmer's markets and participating farm stands, for age 60 and over meeting income eligibility guidelines. Call UW-Extension at (608) 742-9693 for details.

## FoodShare (formerly food stamps)

Food assistance based on income

Contact Columbia County Health & Human Services  
at 2652 Murphy Road, Portage, WI 53901  
(608) 742-9277

Check your eligibility or apply for Food Share, health care or other services at [www.access.wisconsin.gov](http://www.access.wisconsin.gov)

## Neighbors in Constant Care Foundation

(920) 623-5540, 623-4772 or 623-4722

Serves Columbus/Fall River School Districts

Credit mediation, housing, food assistance, school supplies, or referral to other resources.

Call for information

## SHARE Food Buying Club

Participants give two hours of volunteer service each month, which entitles them to select their monthly food order at a reduced price. Order forms are available on the website or pick up one designated Saturday a month.

Call for more information: (800) 548-2124;

[www.sharewi.org](http://www.sharewi.org)

**Columbus** (Pickup: Senior Center) (920) 350-0112

**Portage** (Pickup: St. Mary's School, 315 W Cook St.)

(608) 742-3153

## WIC (Women, Infants, Children Nutrition Program)

2652 Murphy Road, Portage, WI 52901

(608) 742-9254

Provides food vouchers, farmer's market vouchers, and nutrition information to keep pregnant and breastfeeding women, infants, and children under 5 years healthy and strong. Income eligibility requirements.

## School Lunch Program

Free or reduced price school lunch to eligible families.

Some schools also offer breakfast

Contact your school district for details

## Wisconsin Nutrition Education Program

WNEP helps low-income families eat better, keep food safe, and stretch their food dollars. Open to those who receive or are eligible to receive food stamps. Call UW-Extension Nutrition Coordinator, Becky Gutzman, at (608) 742-9693.

Information prepared by Becky Gutzman, UW-Extension Wisconsin Nutrition Education Program. Updated Sept. 22, 2011. Call (608) 742-9693 with additions or changes.

# Helpful Tips

## For Motorists:

- If you must drive a vehicle, monitor weather and traffic reports for the latest road conditions.
- Use major streets or highways for travel whenever possible as these roadways will be cleared first.
- Drive slowly. Vehicles, including those with 4-wheel drive, take longer to stop on snow and ice than on dry pavement.
- Keep the name and phone number of at least one local towing service in your car in case you break down or become stuck in the snow.
- If you get stuck on the road stay with your car and contact a towing company.



## For Pedestrians:

- Exercise caution and avoid slippery surfaces.
- Wear layers including a hat, gloves and scarf to stay protected from the cold. And, keep clothes and shoes dry.
- Have heightened awareness of cars, particularly when approaching or crossing intersections.

## Tips for Staying Warm

- Wear a hat, hood, or scarf, as most heat is lost through the head.
- Wear layers, as they provide better insulation and warmth.
- Keep fingertips, earlobes, and noses covered if you go outside.
- Keep clothing dry; if a layer becomes wet, remove it.



## Clearing Snow and Dangling Ice from Roofs

- Snow and rain that collect on roofs become heavy and cause damage to buildings.
- Remove leaves and debris from roof drains to prevent water from collecting.
- In addition to cleaning out gutters, clear snow from roofs and drains.
- Flat roofs require special attention. Snow and water should be removed with drainage systems or manually.

## Ice Safety Tips

- Never go on frozen waters (unless clearly marked otherwise with official signs).
- Parents and caregivers should make sure children are never unattended near ice.
- If you hear cracking, lie down immediately to try to distribute your weight.
- If you witness someone falling through ice, never attempt to make a rescue by yourself.
- Call 911 and notify the proper authorities. Be sure to give the exact location and an account of the incident.



## If your service line, pipes or water meters freeze:

- Open a faucet near the frozen point to release vapor from melting ice.
- Direct a hair dryer or heat lamp at the frozen section, or put a small space heater nearby.
- NEVER thaw a frozen pipe or meter with an open flame; this could lead to fire or cause a steam explosion.
- If your meter is damaged or your pipes burst, call 311.
- Learn more about water supply disruptions
- If you lose power, call your power provider immediately to report the outage.

# 2012 Free Immunization Clinic Schedule

Every Monday and Wednesday Morning  
From 8:00 a.m. to Noon Except Holidays

Afternoon Clinics  
From 2:30 p.m.- 5:30 p.m.

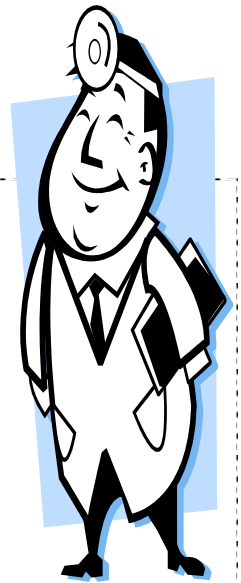
January 10th	July 11th
February 14th	August 8th and 22nd
March 14th	September 12th and 26th
April 11th	October 10th and 24th
May 9th	November 14th
June 13th	December 12th



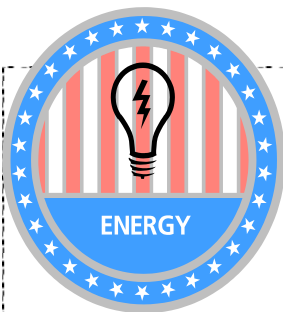
# Free Medical Clinic

Location: Wilz's Pharmacy Basement  
140 E. Cook Street, Portage, WI 53901  
Hours: Wednesday from 9:00a.m. to 12:00p.m.  
Contact: (608) 234-0159

There will be two doctors and two nurses available to see both adults and children.  
Services are provided on a first come, first served basis.



# Energy Services



Contact Energy Services for energy assistance grants to help pay for utility and heating expenses. Energy Assistance has an Emergency After-Hours phone number of 608-742-4088, which can be called if you run low or run out of heating fuel. The number can also be called if you own your own home and are experiencing a problem with your furnace.