

# Coronavirus (COVID-19)

**If you are having an emergency, call 911.**

**If you have symptoms of COVID-19 or have been exposed:**

- Contact your doctor and ask to be tested.
- Complete an online health screening assessment and a licensed health practitioner will contact you: <https://www.wihealthconnect.com/>
- See if community testing site is available near you: <https://www.dhs.wisconsin.gov/covid-19/community-testing.htm>

## **211**

Call: 211

Text: COVID19 to 211211.

<https://211wisconsin.communityos.org/>

Non-medical questions and resources.

## **CDC Coronavirus (COVID-19)**

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## **Child Care Resources**

<https://dcf.wisconsin.gov/covid-19/childcare>

Resources to help essential workers, providers, and families navigate the child care landscape during the COVID-19 crisis.

## **Columbia County Health and Human**

### **Services Coronavirus (COVID-19) Website**

(608) 742-9253 Hotline

<https://www.co.columbia.wi.us/columbiacounty/hhs/HealthHumanService/PublicHealth/Coronavirus/tabid/9196/Default.aspx>

COVID-19 information for Columbia County.

## **Federal Rural Resource Guide**

[https://www.rd.usda.gov/sites/default/files/USDA\\_COVID-19\\_Fed\\_Rural\\_Resource\\_Guide.pdf](https://www.rd.usda.gov/sites/default/files/USDA_COVID-19_Fed_Rural_Resource_Guide.pdf)

## **FoodShare and Other Food Benefits**

<https://www.dhs.wisconsin.gov/covid-19/forwardhealth-foodshare.htm>

Information on temporary food benefits for children who usually get free or reduced-price school meals, additional benefits for FoodShare members.

## **Health Care Program Updates**

<https://www.dhs.wisconsin.gov/covid-19/forwardhealth-medicaid.htm>

Information on the latest program updates.

## **Hopeline Text Services**

Text HOPELINE to 741741

## **National Disaster Distress Hotline**

800-985-5990

Speak to a trained counselor

## **Project Recovery**

211 and request Project Recovery

<https://projectrecoverywi.org/>

A community-based program designed to meet the emotional needs of the community.

## **Resilient Wisconsin**

<https://www.dhs.wisconsin.gov/resilient/index.htm>

Learn how to manage stress and adapt to change.

## **Response Resources for Wisconsinites**

<https://www.dhs.wisconsin.gov/covid-19/help.htm>

## **Wisconsin Department of Health Services**

<https://www.dhs.wisconsin.gov/covid-19/index.htm>