

# Peer Support Services

## **Access to Independence**

3810 Milwaukee St  
Madison, WI 53714  
(608) 242-8484  
800-362-9877

[www.accesstoind.org/](http://www.accesstoind.org/)

Provides resources, services and advocacy for people with any type of disability and of any age. Available at the ADRC of Columbia County the 1st and 3rd Thursday of each month, 1-3pm.

## **Peer Run Respite**

Peer run respites are for individuals living with mental health or substance use concerns. These places offer a supportive, home-like environment during times of increased stress or symptoms. Stays are short-term, typically no longer than one week.

### **Grassroots Wellness**

820 N. Broadway St.  
Menomonie, WI 54751  
(715) 505-5641

### **Iris Place**

1213 s. Matthias St.  
Appleton, WI 54915  
(920) 815-3217

### **Solstice House**

2649 Milwaukee St.  
Madison, WI 53704  
(608) 244-5077