

Peer Support Services

Access to Independence

3810 Milwaukee St
Madison, WI 53714
(608) 242-8484
800-362-9877

[Services](#) | [Access to Independence - Access to Independence](#)

Hours: Mon-Fri: 8:30-4:30

Provides resources, services and advocacy for people with any type of disability and of any age.

Peer Run Respites

Peer run respites are for individuals living with mental health or substance use concerns. These places offer a supportive, home-like environment during times of increased stress or symptoms. Stays are short-term, typically no longer than one week.

[Peer Services: Peer-Run Respites | Wisconsin Department of Health Services](#)

Iris Place

(920) 815-3217
Fox Valley

[Iris Place Peer Run Respite & Warm Line \(namifoxvalley.org\)](#)

The LaCrosse Lighthouse

(608) 519-1489 Self Referrals Only
LaCrosse

[Peer Respite](#) | [La Crosse Lighthouse](#) | [Wisconsin](#)

Monarch House

(715) 505-5641
Menomonie

[MONARCH HOUSE](#) | [Wisconsin Milkweed Alliance](#) | [United States](#)

Parachute House

(414) 877-5918
Milwaukee

[Parachute House – Our Space Inc.](#)

R&R House

For Veterans
(262) 336-9540
Pewaukee

[Mental Health America of Wisconsin - Veteran Peer Services \(mhawisconsin.org\)](#)

Solstice House

(608) 244-5077
Madison

[Solstice House, Peer-Run Respite and Warm Line \(soarcms.org\)](#)