

# Coalitions

# Prevent Suicide Columbia County

Our mission is to prevent suicide through awareness, education, collaboration, and improved access to mental health care. Our vision is a suicide-free community where people will recognize the warning signs, intervene, and help individuals find hope. For more information, visit: preventsuicidecolumbiacounty.org.

## Columbia County Immunization Coalition

Our mission is to bring together local and regional healthcare partners to educate and collaborate for the purpose of improving vaccination coverage levels of Columbia County residents.



# Columbia County Resource Guide

Scan the QR code or visit: bit.ly/coctyresources

## Services

### **Well Water Testing**

Free well water testing is available for pregnant women and families with infants up to one year of age who participate in Badger Care, Foodshare, WIC, or are experiencing financial hardship. The test detects levels of bacteria, nitrates and fluoride. Please contact our office for more information.

Exposure to lead can affect a child's growth, brain development, health and lifelong wellbeing. Blood lead screening can help identify if a child has lead poisoning.

Columbia County staff will follow-up with families of children who are identified as having higher blood lead levels. If you have questions about lead, lead poisoning, or resources please contact our office.

#### Radon

Radon is an invisible and odorless, naturally occurring, radioactive gas that can seep through the ground and into residential homes and other buildings. Radon is the second leading cause of lung cancer in the United States. You can purchase a radon kit from us for only \$10.00.

#### Narcan

Narcan is used to temporarily reverse the effects of Opioids. We offer training for use of Narcan nasal spray and distribution to Columbia County residents. If you are interested in a training for your workplace, organization, or for yourself, please contact our office for more information.



PREVENT•PROTECT•PROMOTE

The mission of Columbia County Health and Human Service is to promote and protect the health and safety of our community



608-742-9751



div.of.health @columbiacountywi.gov



111 East Mullett St Portage, WI 53901



Monday-Friday 8:00am-4:30pm

# Services

#### **Immunizations**

Free immunizations are available for children age 18 and under if they do not have insurance, have BadgerCare, if their insurance does not cover vaccines, OR if they are Native American or an Alaska Native. Some immunizations are available for those 19 years of age and older. Please call for more information or to make an appointment. Birthparent or legal guardian signature is required for all children receiving shots.

### **Adult Hepatitis B Vaccine**

Hepatitis B vaccine for adults is \$60.00 each. Please call to schedule an appointment.

#### **TB Skin Tests**

TB skin tests are \$20.00 each. Please call to schedule an appointment.

#### **Blood Pressure Checks**

We offer blood pressure checks by appointment or walk-in. We can also host a blood pressure clinic at your workplace or community event. Please call to schedule an appointment.

## Communicable Disease Follow-up

Public health staff conducts reportable disease follow-up with county residents according to state requirements.

### **Reproductive Clinic**

STD screening and testing, pregnancy testing, and family planning education are provided at little or no cost to residents. Call for an appointment.

### Car Seat Program

We have a Certified Child Passenger Safety
Technician (CPST) available to install and
inspect car seats. We ensure that the car seat is
not recalled, is adjusted properly to fit the child,
and fits securely into the vehicle. We also have
car seats available to Columbia County
residents who meet income requirements.
Please call for more information.

#### Safe Sleep Program

We offer safe sleep education based off the Cribs for Kids safe sleep Curriculum. Safe Sleep education is open to any interested Columbia County Residents. Cribettes (play yards) available for families or caregivers in need of a safe sleep option, based on income eligibility. Please call for more information.

# Health Check & Developmental Screening

We offer health checks and developmental screening to ensure that children receive early detection and care, so that health problems are prevented or diagnosed and treated as early as possible. Health check exams look at all parts of the child's health including; a head to toe physical, hearing and vision, growth and development, and nutrition.

#### **Fluoride Varnish**

Columbia County Public Health offers free fluoride varnish application and oral health screening assessment for children ages 6 months to 12 years old who qualify. Fluoride varnish application is a primary prevention strategy that correlates to a reduced risk of tooth decay. Please call to schedule an appointment.

# Health Programs



#### **Prenatal Care Coordination**

Prenatal Care Coordination (PNCC) is a BadgerCare Plus and Medicaid benefit that offers pregnant women support and services throughout pregnancy until 60 days after childbirth. There is no cost to you for this service. Every pregnancy can benefit from help with planning, getting ready for a new baby, and the lifestyle changes that occur.



# Women, Infants, and Children (WIC)

WIC is a supplemental nutrition program for pregnant women and families who have children up to 5 years of age. The program provides nutrition education and healthy food benefits loaded on an eWIC card. Appointments are available in Portage or Columbus.
Eligibility is based on family income; please call (608) 742- 9254 for more information.



## Wisconsin Well Woman Program

This program provides preventive health screenings to women age 45-64 with little or no health coverage. Well Woman pays for mammograms, pap tests, cervical cancer screenings and certain other health screenings. See <a href="https://www.dhs.wisconsin.gov/wwwp">www.dhs.wisconsin.gov/wwwp</a> for more information.

More Information: bit.ly/CCpublichealth