

Health and Human Services

NEWSLETTER

Featuring Behavioral Health and Long Term Support

Columbia County Substance Abuse Programs

Columbia County Health and Human Services offers the following substance abuse programs:

MAT Medication Assisted Treatment Program (MAT)

The Columbia County Medication Assisted Treatment (MAT) Program treats heroin, opioid prescription drug addiction, and stimulant use. MAT is a voluntary program that is free for adult residents of Columbia County. Case Management is contracted through Transitions Behavioral Health and has one full-time case manager. The MAT Case Manager provides wrap-around community-based services to the participant. Opioids include: prescription pain relievers (oxycodone, hydrocodone, Vicodin, codeine, and morphine), as well as illegal substances such as heroin and synthetic opioids, (fentanyl). **To enroll: (608) 742-9227.**

Nonnarcotic, Non-Addictive Injectable Medication Program (NNAI)

The Columbia County Nonnarcotic, Non-Addictive Injectable (NNAI) Medication Program is a medication assisted treatment within the jail setting. This voluntary program is free for adult residents of Columbia County needing supports for their opioid addictions prior to re-entry into the community. Health and Human Services works in conjunction with the Columbia County Jail to provide treatment prior to the client's release date. The program has one part-time NNAI Case Manager that continues to work with the consumer for up to 60 days upon release.

OWI Treatment Court

The Columbia County OWI Treatment Court Program is a treatment-based alternative to jail for individuals with repeat OWI offenses. This program provides participants with community-based treatment, as well as assistance with housing, employment, education, and other services. OWI Treatment Court works to address mental health and substance use issues in order to promote public safety and cut down on drunk driving. **More information:** [OWI Treatment Court \(columbia.wi.us\)](http://columbia.wi.us)

Drug Treatment Court

The Columbia County Adult Treatment Court is an 18-24 month treatment program designed for non-violent participants with substance addiction as a treatment based alternative to prison. This is, in most cases, a final opportunity for individuals to turn their lives around. Participants are involved in a wrap-around process and offered services to address their addiction, mental health issues, housing, employment, education and other social services. **More information:** [Drug Treatment Court \(columbia.wi.us\)](http://columbia.wi.us)

Comprehensive Community Services (CCS)

The Columbia County Comprehensive Community Services (CCS) program is a voluntary, community-based program funded by the State of Wisconsin. The CCS program offers a wide array of psychosocial rehabilitation services that assist with mental health and/or substance use. The CCS consumer works with a team to create a wrap-around recovery plan with a variety of services designed to help their individual needs.

More information: [CCS - Comprehensive Community Services \(columbia.wi.us\)](http://columbia.wi.us)

This issue covers:

- 1) Substance Abuse Programs
- 2) Columbia County Crisis Program / Mental Health Resources
- 3) Satori House/ QPR Training / Harbor Recovery Center
- 4) Birth to 3 / Children's Long-term Support
- 5) Childhood Vaccines / Prenatal Care Program
- 6) Kinship Care / Relative Caregiver Support Group
- 7) Foster Care / CPS / Talking to Kids About Drinking
- 8) Wisconsin Shares / Partner Up / Dream Up
- 9) COVID Updates / Resources / Foot Clinic
- 10) Free or Low Cost Health Services
- 11) Low Cost Dental Services
- 12) Housing Resources
- 13) COVID Housing Resources / Militax / Car Loan Program
- 14) ADRC Resources & Volunteers / Veyo
- 15) Ensure / WIC / ADRC Home Delivered Meals
- 16) Food Pantries
- 17) Other Food Resources
- 18) Important Numbers



Crisis Program

Columbia County Health and Human Services has two crisis social workers and one Crisis/MAT Coordinator. The crisis unit receives reports daily from Northwest Connections, Columbia County's 24/7 crisis and AODA hotline.

In 2021, the crisis unit received 1,552 reports. Each report is followed up by a crisis social worker within 24 business hours to link community members to resources and supports, such as: voluntary hospitalization, crisis beds, counseling, support groups, medication prescribers, substance abuse treatment, and community wrap around programs.

Crisis social workers are the liaison between Columbia County's Corporation Counsel and hospital facilities when a 72-hour hold is initiated for an emergency detention. There were 106 emergency detentions in 2021 and 16 admissions to detoxification facilities. Crisis social workers oversee Settlement Agreements and Commitment Orders, communicating with Corporation Counsel any concerns for compliance.

The crisis unit also assists in developing and overseeing Crisis Prevention Plans (CPP). A CPP is a communication tool developed to support an individual who is experiencing a mental health crisis by developing an individualized crisis plan that can be implemented and shared with natural supports, providers, and communicated to Northwest Connections. The goal of a crisis plan is to aid in meeting an individual's needs during a crisis, using the least restrictive measures as possible.

There are many different ways in which the crisis workers may receive a referral. There are other staff in the behavioral health division that assist the crisis workers with referrals as necessary.



Taking Care of Your Mental Health

How you respond to stress can depend on your background, your social support from family or friends, your financial situation, your health and emotional background, the community you live in, and many other factors. Taking care of your mental health allows you to learn coping techniques, take better care for others and live a longer more satisfying life.

Emergency Mental Health Assistance:

- Call **911** for immediate help;
- Northwest Connections: **(888) 552-6642** Columbia County's Crisis Hotline.

Non Emergency Mental Health Resources:

Call the member services phone number of your insurance provider typically found on the back of your insurance card.

- Medicaid/BadgerCare member services: **800-362-3002**.
- Columbia County Resource Guide Counseling Section: [Counseling.pdf \(columbia.wi.us\)](#)

Other Mental Health Resources:

- [Disaster Distress Help](#): 1-800-985-5990 (press 2 for Spanish), or text TalkWithUs for English or Hablanos for Spanish to 66746. Spanish speakers from Puerto Rico can text Hablanos to 1-787-339-2663;
- [National Suicide Prevention Lifeline](#): 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish, or [Lifeline Crisis Chat](#);
- [National Domestic Violence Hotline](#): 1-800-799-7233 or text LOVEIS to 22522;
- [National Child Abuse Hotline](#): 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453;
- [National Sexual Assault Hotline](#): 1-800-656-HOPE (4673) or [Online Chat](#);
- [The Eldercare Locator](#): 1-800-677-1116 [TTY Instructions](#) or
- [Treatment Services Locator Website](#) Local providers of mental health services

Satori House Fundraiser: Driving Fore Recovery

Join Satori House for their second annual Driving Fore Recovery golf fundraiser on September 26th, 2022. This event will be hosted at the scenic Trappers Turn in Wisconsin Dells.

Schedule:

Registration starts at 10:00 AM

Golf starts at 11:00 AM

Awards/Keynote Speakers: 5:30 PM

Registration available online here: [GOLF FUNDRAISER | Satori House](#)



Satori House Recovery is a 501(c)(3) non-profit Recovery Community Organization that provides Peer Recovery Coaching in Juneau, Sauk, Columbia, Marquette, Richland and Dane County

Providing essential support for the recovery community!

BE READY TO SAVE A LIFE

If someone you knew was depressed or suicidal, would you know the warning signs and how to respond?



LEARN QPR AND SAVE LIVES:

- **FREE** 60 minute training



QUESTION

start the conversation



PERSUADE

them to get help



REFER

them to resources

To register or for additional information on upcoming training opportunities:

(608) 742-9741

Div.of.Health@co.columbia.wi.us

**MARCH 28, 2022
10 AM - 11 AM**

COLUMBIA COUNTY HEALTH AND HUMAN SERVICES BUILDING
111 EAST MULLETT STREET
PORTAGE, WI 53901



Harbor Recovery Center - Coming Soon!

Harbor Recovery Center a private, non-profit organization is opening soon in Portage.

The Harbor Recovery Center's mission is to serve families and individuals affected by substance use and/or mental health by providing them with direct support and connecting them to additional resources.

The Harbor Recovery Center

PO Box 803

Portage, WI 53901

Contact: Faith Gladem,

Executive Director

faith@theharborrecoverycenter.com

(608) 697-7163

Birth to 3

The Columbia County Birth to 3 Program serves families with children under the age of 3 years who have delays or disabilities. Once a child is found eligible, a team of professional service providers partners with your family to support growth and learning. For more information visit: [Birth to Three \(columbia.wi.us\)](http://Birth to Three (columbia.wi.us))

**GIVE
A
CHILD**

**A
GOOD START
IN THE
FIRST 1,000 DAYS**

Children's Long Term Support Program (CLTS)

Children's Community Options Program (CCOP)

The Children's Long Term Support (CLTS) and Children's Community Options Program (CCOP) are two of Wisconsin's programs that help support children with a long term disability and their families.

CLTS is a Waiver that provides Medicaid funding for children who have substantial limitations in their daily activities and need support to remain in their home or community. Eligible children include those with developmental disabilities, severe emotional disturbances and physical disabilities. Funding can be used to support a range of different services based on an assessment of the needs of the child and family which can include: respite, adaptive aids, supportive home care, home modifications, daily living skills training, specialized medical and therapeutic supplies.

CCOP provides similar services but is a more flexible source of State Funding that can also cover other services such as recreational activities and some assistance with other services that may not be covered under the CLTS Waiver.

How to apply for CLTS/CCOP

To apply for Katie Beckett Medicaid: Phone (608) 786-3246, Email: DHSKatieBeckett@dhs.wisconsin.gov

To apply for CLTS and/or CCOP please contact Bonnie Erickson, Children's Disability Coordinator, at 608-742-9231 or bonnie.erickson@co.columbia.wi.us. A home visit will be scheduled to complete the application. There is a 45 day timeline to determine eligibility. Currently there is a wait list for CLTS/CCOP in Columbia County. However there may be a one-time or short term funding available if an urgent need arises while waiting.

Additional information can be found at the Wisconsin Department of Health Services website: [Services for Children with Delays or Disabilities | Wisconsin Department of Health Services](#)



Childhood Vaccines 2022

- Children through age 18, are eligible for free vaccines at the local health department if they are Medicaid eligible, Medicaid-enrolled, or uninsured.
- If your child missed doses in the last couple of years, don't worry. We can use a vaccination catch-up schedule to get them back on track!
- Don't know what vaccines your child needs? Either check the Wisconsin Immunization Registry (<https://www.dhfwir.org/>) or call (608) 742-9227 and ask to speak to a public health nurse
- Vaccines are an important tool to prevent disease! Schedule an appointment today by calling (608) 742-9227.

Childhood Vaccines available at Columbia County Health Department

- | | |
|---------------|---------------|
| ✓ DTaP & Tdap | ✓ Rotavirus |
| ✓ MMR | ✓ Hib |
| ✓ Varicella | ✓ PCV 13 |
| ✓ Polio | ✓ Influenza |
| ✓ Hepatitis B | ✓ Hepatitis A |
- 



What is PNCC?

- Prenatal Care Coordination (PNCC) is a BadgerCare Plus and Medicaid benefit that helps pregnant women gain support and different services throughout pregnancy till 60 days after birth. There is no cost to you for this service.
- Every pregnancy can benefit from help with planning, getting ready for a new baby, and the lifestyle changes that occur.
- Some Benefits of the program include:
 - ◇ One-to-One visits with a nurse
 - ◇ Help finding resources for housing, financial counseling, smoking cessation and more!
 - ◇ Education on pregnancy, labor and delivery, postpartum, and growth and development
- Call (608) 742-9274 for more information

Kinship Care

Are you caring for a relative child? Know someone who is? Did you know you may be eligible for financial assistance through our county’s Kinship Care program?

Kinship Care is a program designed to help financially support a child who resides outside of his or her own home with a relative, such as an adult brother or sister, a first cousin, a niece or nephew, an aunt or uncle, or a grandparent, among others. Kinship Care supports the concept of children residing with a relative to alleviate family stress or temporary familial problems, rather than being placed in a foster home or other type of out-of-home placement.

The three basic eligibility requirements for Kinship Care are:

- the basic needs of the child can be better met with the relative than with the parent;
- the placement is in the best interests of the child;
- and, the child currently or would potentially meet the requirements for court jurisdiction as being in need of protection or services if the child were to remain with his or her parent(s).

Other Program Requirements:

- a criminal background check on the relative caretaker;
- cooperation with the agency by the relative caretaker;
- the relative caretaker must apply for other public assistance or benefits for which the child might be eligible;
- and, the relative caretaker must cooperate with referral of the parents to child support, unless the relative caretaker requests and is granted a good cause exemption from cooperating with the referral to child support.
- Kinship living arrangements must be reviewed no less frequently than every 12 months to determine if the eligibility requirements continue to be met.

Please contact Ashley Pikalek at **(608) 742-9283** for more information and to apply.

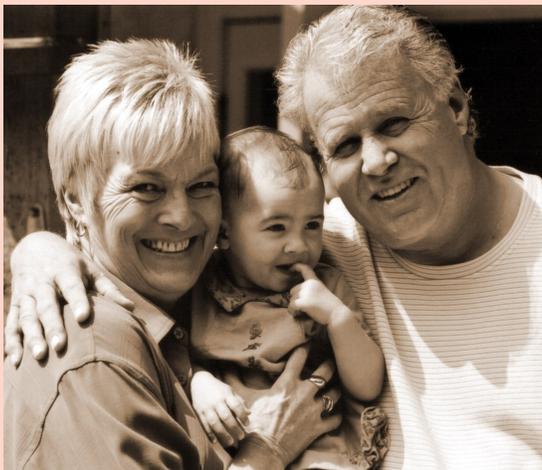


Wisconsin Kinship Navigator

Wisconsin Kinship Navigator is an online resource for relative caregivers of children to access necessary information and resources to support the children in their home.

Visit: www.dcf.wisconsin.gov/kinship/navigator

Relative Caregiver Support Group



Connect with other caregivers, discover resources, share concerns, hear from community speakers

The Division of Children and Families (DCF) is offering a support group to those raising relative children 18 years and under!

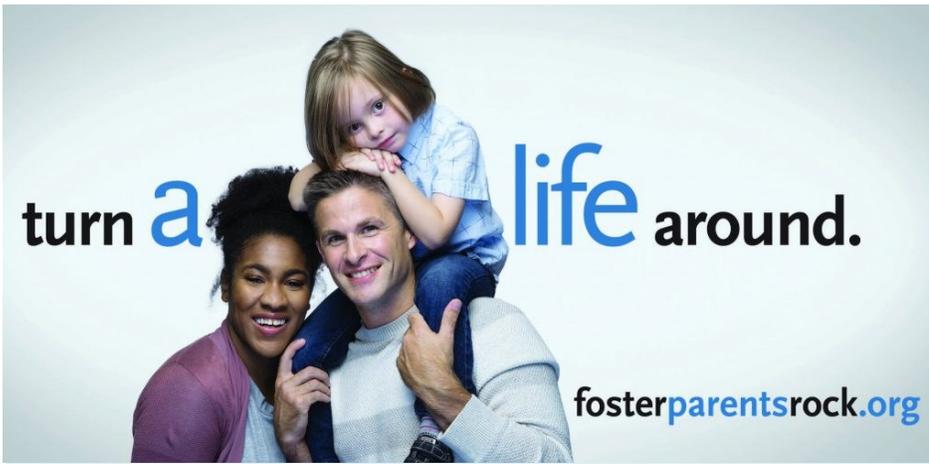
When: Third Thursday of the month starting March 24th at 5:00 PM

Where: Columbia County Health and Human Services, 111 East Mullett Street, Meeting Rooms 2 & 3, Portage, WI—Use the ADRC entrance at the west end of the building.

Attendance Incentives!! Attend this month’s group and earn a \$25 gift card. Attend future groups and incentives increase in value per number of groups attended up to 3 groups. RSVP to:

Ashley Pikalek
Foster Care Coordinator
608-742-9283
ashley.pikalek@co.columbia.wi.us

Sarah Nicoll
Human Services AIDE/CPS
608-742-9249
sarah.nicoll@co.columbia.wi.us



Foster Care

Columbia County Health and Human Services is actively seeking foster parents interested in providing a structured, stable, and loving home for children of all ages both long and short-term. Columbia County adolescents (ages 10-18 years) are in the greatest need of individuals/families to care for them.

Training is provided for families committed to becoming licensed as a foster home. Foster parents are compensated through a monthly payment that is based on the needs of each particular child.

You CAN make a difference in the life of a child!!

Please contact Ashley Pikalek at **(608) 742-9283** for more information and to apply.

It shouldn't hurt to be a child

Reporting abuse of people unable to help themselves is encouraged and commendable. **If abuse is happening now or is violent in nature, call 911.**

If you suspect child neglect or abuse, please call 608-742-9713 for the Columbia County Health and Human Services Division of Children and Families.

Small Talks

How WI Prevents Underage Drinking

Why should you talk to kids about alcohol? Underage drinking is a real problem in Wisconsin, and it starts earlier and can be more dangerous than you might think. But parents, loved ones, and other caring adults can make a real difference. All you have to do is talk. That's right. Having small, casual conversations with kids, starting around age 8, can help prevent underage drinking.

The good news? Nationally, underage drinking is becoming less popular. The bad news? Wisconsin's kids aren't keeping up with the trend. The percentage of Wisconsin teens who've tried alcohol exceeds the national average. While underage drinking rates dropped 6 percentage points between 2013 and 2017 nationwide, Wisconsin's rate dropped only 1 percentage point.

Find tools, tips and more at: [Small Talks: How WI Prevents Underage Drinking | Wisconsin Department of Health Services](#)

Wisconsin Shares Child Care Subsidy Program



The Wisconsin Shares child care subsidy program supports eligible families by funding a portion of the cost of child care while the parents are working or participating in an approved activity.

You can apply for Wisconsin Shares by:

- Applying online at: <https://access.wisconsin.gov/access/>
- Calling: **888-794-5556**
- Or visiting your local Income Maintenance Agency at:

Columbia County Division of Economic Support
111 East Mullett Street, Portage WI 53901

Partner Up! Grant Program

The Partner Up! grant program will provide \$10 million in funding to support partnerships between businesses who purchase slots at existing regulated child care providers. The funding will be awarded based on existing community child care needs throughout Wisconsin. The funding from this program can be used to increase staff compensation, pay expenses, reserve child care slots for local business employees, improve the quality of a child care program, and more.

Who Should Apply:

- Businesses
- Child care providers who want to help sponsor the cost of their employees' child care

For more information and to apply visit: [Partner Up! Grant Program](#)



Dream Up! Child Care Supply-Building Grant Program

The Dream Up! grants will offer \$8.1 million to directly support 30 communities and child care programs around the state, over the next two years. Through a collaborative community approach, teams of community stakeholders will work to evaluate, plan, sustain, and expand existing child care, and support new child care programs.

For more information and to apply visit: [Dream Up! Grant Program](#)

COVID-19 Updates

Visit the Columbia County Health and Human Services Division of Health's webpage for the latest weekly COVID-19 Update, vaccine or test locations, quarantine information and more: [Coronavirus \(columbia.wi.us\)](https://columbia.wi.us)



Columbia County Health and Human Services Division of Public Health

111 East Mullett St., Portage, WI 53901
(608) 742-9227



Columbia County
Public Health
Prevent. Promote. Protect.

Columbia County Resource Guide



Columbia County Community Resource Guide

For more information on resources in Columbia County visit:

<https://bit.ly/3toPx4V>



MA and FoodShare Updates

As the pandemic lingers, the best way to stay up to date on changes to FoodShare and Medical Assistance (Medicaid, BadgerCare, Forward Health etc) is to update the Capital Consortium with changes to your address or phone number.

Call today: 800-794-5556.



Foot Clinic

Offered by the ADRC the Foot Clinic includes the following:

A registered nurse will soak, clean and clip toenails, file calluses, and apply lotion to your feet.

Rates:

\$42.00 for initial appointment,

\$32.00 for follow-up appointments, and

\$37.00 for individuals with special health care conditions such as diabetes, vascular disease or those taking blood thinners.

Appointments are required at (888) 742-9233.

Clinic hours: 9:00 A.M.-3:00 P.M. 1st and 3rd Thursday of each month.

Columbia County ADRC

111 East Mullett St., Portage WI 53901



FREE OR LOW COST HEALTH SERVICES

Columbia County Health and Human Services



Division of Public Health

(608) 742-9227

111 East Mullett St., Portage, WI 53901

Offering Immunizations for participants of Medical Assistance programs such as Forward Health / BadgerCare or Medicaid. TB Skin Tests and COVID-19 Vaccines also available.

www.co.columbia.wi.us

Care 4 U Clinic

(920) 394-2136 Fax: 920-394-2021

6440 E. Pine St., Dalton, WI 53926

Email: care4uinc@centurytel.net

www.care4uclinic.org

Low cost and cash only clinic serving the greater Dalton area.

Family Health LaClinica

Wautoma

(920) 787-5514

400 S Townline Road, Wautoma WI 54982

M/Th 8am – 7 pm; T/W/F 8am – 5pm

Beaver Dam

(920) 356-5012

207 University Ave, Beaver Dam, WI 53916

We offer medical, dental, and behavioral health services on a sliding fee scale for our patients who earn up to 200% of the Federal Poverty Guidelines. Serving all patients regardless of inability to pay.

Good Neighbor Clinic

(608) 643-4749

95 Lincoln Street, Prairie du Sac, WI 53578

www.goodneighborclinic.org

Hours: Mondays and Wednesdays 1 to 5 pm

Please note: Good Neighbor Clinic only serves Columbia County residents that live in the Lodi School District.

Planned Parenthood

1-800-493-1052

132 W. Cook St., Portage, WI 53901

[Birth Control & STD Testing - Portage, WI \(plannedparenthood.org\)](http://BirthControl&STDTesting-Portage,WI(plannedparenthood.org))

Provides family planning services, regardless of income. Also has STI testing. Hours: Tuesdays from 10:00am to 6:00pm. Scheduling available on-line.

Pregnancy Resource Center

1-800-705-4710 Call for an appointment.

306 W. Cook St. Portage, WI 53901

<https://portagewiprc.com>

Provides baby layettes and supplies and support to mothers and their families. Promotes life and adoption.

Prescription, Health & Dental Discounts

1-877-321-2652

[Live Healthy \(nacorx.org\)](http://LiveHealthy(nacorx.org))

Offers Low-Fee Health Discount Program, Dental Discount Program and Free Prescription Discount Program. Prescription Savings average 30%.

St Vincent De Paul Free Clinic

140 E. Cook St., Portage, WI 53901

Located in basement of Wilz Drug Store

Clinic is open Wednesdays from 8:00am to Noon; open to both adults and children on a first come/first served basis. We are willing to help you find free or low cost medications or supplies. There are no financial limitations.

Diabetic Educator, Foot Clinic, Physical Therapy, Pediatrics, WIAA & preschool physicals, Internal Medicine, Family Medicine, Cardiology. **Services not provided:** Chiropractor, DOT Exams, prescribing narcotics, obstetrics, disability exams, pregnancy tests, STD testing or immunizations.

VA Hotline for Women

1-855-829-6636(VAWOMEN)

A hotline to receive and respond to questions from veterans, their families, and their caregivers about the many VA services and resources available to women veterans.

Website for Free or Low Cost Health Clinics in

Wisconsin

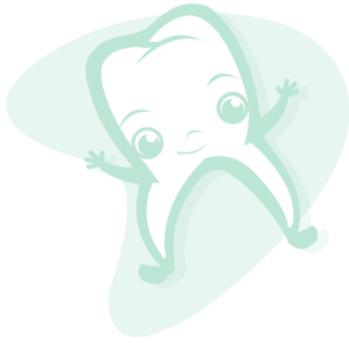
<http://www.dhs.wisconsin.gov/forwardhealth/clinics.htm>

Wisconsin Well Woman

(608) 847-9373 Jennifer Froh

[Wisconsin Well Woman Program | Wisconsin Department of Health Services](http://WisconsinWellWomanProgram|WisconsinDepartmentofHealthServices)

Provides preventive health screening services to women with little or no health insurance coverage. Well Woman pays for mammograms, Pap tests, certain other health screenings, and multiple sclerosis testing for women with high risk signs of multiple sclerosis.



LOW COST DENTAL HEALTH SERVICES

ACHC Sun Prairie

Access Community Center - Sun Prairie Clinic
1270 W. Main St., Sun Prairie, WI 53590
<https://accesscommunityhealthcenters.org/clinics/sun-prairie-clinic/>
Hours: Monday—Friday 8:00 am—4:00 pm
Appointments: (608) 825-7100
Accepts Columbia County MA and Sliding for Uninsured

Familia Dental

3003 E Washington Ave, Madison, WI 53704
<http://www.familiadental.com>
(608) 244-8050; (888) 988-4066
Hours: Monday - Friday 9:00 - 6:00; Saturdays 9:00 - 4:00
Participants of Medical Assistance or BadgerCare.

Family Health La Clinica - Beaver Dam

207 S. University Avenue, Beaver Dam, WI 53916
<http://www.famhealth.com>
(920) 356-5012
Hours: Monday - Thursday 8am – 6pm, Fri 8am - 12pm
Participants of Medical Assistance or BadgerCare.
Charges on sliding fee schedule for others.

Family Health La Clinica - Wautoma

400 South Townline Road, Wautoma, WI 54982
<http://www.famhealth.com>
(920) 787-5514
Hours: Monday – Friday 8am – 5pm,
open until 7pm Mon & Thurs
Participants of Medical Assistance or BadgerCare, Insured, Low-Income
(Uninsured). Affordable Care Program.

Madison College—Dental Hygiene Clinic Services

1705 Hoffman Street. Madison, WI 53704
(608) 258-2400
Hours: Monday-Wednesday-Friday 7:30am or 12:00pm
Appointments last up to 3 hours.
Clinic located on first floor of the Health Education Building
Anyone is eligible for service, starting at age 2
Medicaid Accepted

Madison Dental Initiative/More Smiles WI

630 E Washington Ave, Madison, WI 53703
www.moresmileswi.org
(608) 665-2752
Hours: Monday - Friday 9am – 4pm
Individuals must have NO private dental insurance.
BadgerCare, Medicaid accepted.

Marshfield Clinic - Black River Falls Dental Center

N6571 Lumberjack Guy Rd., Black River Falls WI 54615
(715) 670-0400
Hours: Monday through Friday 8am-5pm
Serves all patients, regardless of ability to pay or insurance status.
Those who lack access to dental care are priority

Marquette University School of Dentistry Clinic

1801 W. Wisconsin Ave., Milwaukee, WI 53233
<http://mu.edu/dentistry>
(414) 288-6790
Hours: Monday-Friday 9am – 5pm (4pm summer)
All patients accepted including MA and Title XIX,
Low-income (uninsured).
Children 13 years and older for general clinic.
Must pass through a screening process.
Pediatric clinic available.

Mauston Dental Clinic

880 Herriot Drive, Mauston, WI 53948
<http://www.famhealth.com>
(608) 847-6700
Hours: Monday - Friday 7:30am – 6pm,
Open until 7pm Mon & Thurs
Participants of Medical Assistance or BadgerCare,
Forward Health, Low-Income (uninsured), or Insured.

St. Ann Center for Intergenerational Care

2450 W North Ave, Milwaukee WI
<https://stanncenter.org/community/dental-clinic/>
(414) 210-2440 for an appointment or information
Specialty equipment available for adults and children
with disabilities.
Referral Required

St. Vincent de Paul Dental Clinic

1906 North Street, Prairie du Sac, WI 53578
[DENTAL CLINIC | SVDP SP/Roxbury \(stvdpsaukprairie.com\)](https://www.dental-clinic-svdp.org/)
(608) 644-0504 ext. 10 or 12
Hours: may vary
Residents of Sauk and Columbia Counties.
Low Income (<200% Poverty Level) Uninsured, and
participants of BadgerCare and Medical Assistance.

Any adult or child that is underinsured or is a participant of the Medical Assistance or BadgerCare Dental Program may contact these dental health resources. For a more extensive list of Medical Assistance or BadgerCare Dentists call member services at: 800-362-3002.

If you need to apply for Medical Assistance/BadgerCare benefits, please call the Capital Consortium at 1-888-794-5556.

Housing Resources

Rental Assistance

Central Wisconsin Community Action Council

(608) 742-3320

[Central Wisconsin Community Action Council | CWCAC.ORG](http://CentralWisconsinCommunityActionCouncil.org)

Forward Services

(800) 771-8420

[Forward Service Corporation – You can do great things. We can help. \(fsc-corp.org\)](http://ForwardServiceCorporation.org)

Foundation for Rural Housing

888-400-5974

[Home | Foundation for Rural Housing \(wisconsinruralhousing.org\)](http://Home.FoundationforRuralHousing.org)

Renewal Unlimited

(800) 344-7543

[Renewal Unlimited, Inc. – Creating Opportunities](http://RenewalUnlimited.org)

Stepping Stone Supportive Housing - WI Dells

(608) 742-5329 ext: 242

[STEPPING STONE HOUSING \(svdpwisdells.org\)](http://STEPPINGSTONEHOUSING.org)

Wisconsin Low Income Rental Search

WIHousingSearch.org | [Wisconsin Apartments](http://WisconsinApartments.org) | [Wisconsin Rental Homes](http://WisconsinRentalHomes.org)

Emergency Housing

Baraboo Area Homeless Shelter

(608) 355-4812

[Baraboo Area Homeless Shelter](http://BarabooAreaHomelessShelter.org)

Hope House of South-Central Wisconsin

(800) 584-6790

www.hopehousescw.org

No Wrong Door

(608) 742-3320 or (608) 742-5329

Renewal Unlimited

(800) 344-7543

[Renewal Unlimited, Inc. – Creating Opportunities](http://RenewalUnlimited.org)

River Haven Homeless Shelters

(608) 742-7687

https://riverhavenshelter.org

Housing Inspectors

Columbus (920) 623-5900

Pardeeville (608) 429-3121

Portage (608) 742-2176

Wisconsin Dells (608) 253-2542

For help with rental properties whose building code or other municipal code may have been violated.

Legal Assistance

Bureau of Consumer Protection

(800) 422-7128

[DATCP Home Consumer Protection \(wi.gov\)](http://DATCPHomeConsumerProtection.wi.gov)

Fair Housing Council

(877) 647-3247

[HOME | Fair Housing Council \(fairhousingwisconsin.com\)](http://HOME.FairHousingCouncil.org)

Foreclosure Helpline

(608) 263-9574

[Consumer Law Clinic | University of Wisconsin Law School](http://ConsumerLawClinic.org)

Free Legal Answers

<https://wi.freelegalanswers.org>

Legal Action of Wisconsin

855-947-2529

[Legal Action Wisconsin](http://LegalActionWisconsin.org)

Madison College Free Legal Clinic

[Legal Clinic | Madison Area Technical College \(madisoncollege.edu\)](http://LegalClinic.MadisonAreaTechnicalCollege.edu)

Neighborhood Law Clinic

(608) 265-2447

[Neighborhood Law Clinic | University of Wisconsin Law School](http://NeighborhoodLawClinic.org)

Tenant Resource Center

<https://www.tenantresourcecenter.org/>

Utility Assistance

Affordable Connectivity Program (ACP)

FCC.gov/ACP

Emergency Assistance

[Forward Service Corporation – You can do great things. We can help. \(fsc-corp.org\)](http://ForwardServiceCorporation.org)

Energy Services of Wisconsin (Home Energy Plus)

800-506-5596

<http://www.homeenergyplus.wi.gov/>

Heat for Heros

800-891-9276

[Home page for the Heat For Heroes campaign \(heat4heroes.org\)](http://HomePagefortheHeatForHeroes.org)

Keep Wisconsin Warm Fund

800-891-9276

www.kwwf.org

Homeowner Assistance

Columbia County Southern Housing Region (SHR) Program

(800) 552-6330

[Columbia County, Wisconsin - Southern Housing Region Program](http://ColumbiaCountyWisconsin-SouthernHousingRegionProgram.org)

Habitat for Humanity Sauk-Columbia Area

(608) 448-2888

<https://www.hfhwisconsinriver.org>

Weatherization Assistance Program (WX)

(608) 742-3320

[Central Wisconsin Community Action Council | CWCAC.ORG](http://CentralWisconsinCommunityActionCouncil.org)

Wisconsin Help for Homeowners

(855) 246-6394



WISCONSIN EMERGENCY RENTAL ASSISTANCE (WERA)

is available!



You may qualify for WERA if you have been financially impacted by COVID-19, are experiencing housing instability, and are at or below 80% of your county's median income. To learn more about WERA and eligibility for the program, please visit: www.wiscap.org/wera

Need help with overdue bills for your family home?

APPLY TODAY:

HomeownerHelp.WI.gov
or call
1-855-246-6394
to find out more



Wisconsin Help for Homeowners is a program administered by the State of Wisconsin, funded by the American Rescue Plan Act.

MILITARY ONESOURCE MilTax Tax Military Tax Services

Military One Source has Free Tax Services available to service members and their families. MilTax is here to support you in navigating the 2022 tax season. To find out more or talk with MilTax consultants please visit: [MilTax: Free Military Tax Return Preparation Services • Military OneSource](https://www.militaryonesource.com/miltax)



WHEELS-2-WORK

Do you need a car?

Wheels-2-Work is an Auto Loan Program that offers 0% Interest Loans to Income-Eligible Working Individuals.

CWCAC IS DRIVING TO MOVE YOU FORWARD

Drive To Get Inspired About Your Future
Drive The Change, By Changing Your Drive



LOAN INFORMATION

- The average loan & maximum loan is \$5,000.
- Monthly payments average \$150.00 to \$175.00 depending on the loan.
- If approved, you will need to pay a 5% administrative fee on your loan.
- You will be required to pay dealer tax, title, license, & loan filing fee.
- Full Coverage Auto Insurance is required for the duration of the loan.
- You will need to provide proof of any and all household income.
- Fill out a 14 page application in full to be reviewed.
- A background check and credit check will be done.



QUALIFICATIONS

TO QUALIFY YOU MUST

- Provide proof of (6) consecutive months at same job.
- Need a vehicle to get to and from your job or school.
- Meet program income guidelines.
- Have a valid drivers license.
- Provide full coverage insurance the full duration of loan.
- Provide proof of residence at the same address for 1 year.
- Other conditions may apply, depending on your situation.

WORKING STUDENT CAR LOANS
WORKING INDIVIDUAL CAR LOANS
WORKING BEGINNER CAR LOANS



CWCAC is Working

Central Wisconsin Community Action Council (CWCAC) strives to lift people out of poverty and into a better quality of life.

We are a private not-for-profit corporation established in 1966 under the Economic Opportunity Act as part of President Johnson's War on Poverty. CWCAC operates a variety of state and federal programs to assist low-income families in becoming self-sufficient and to help our communities grow and prosper.

CWCAC Wheels-2-Work serves the counties of Adams, Columbia, Dodge, Juneau & Sauk. We have an office in each county including our Central Administrative office in Wisconsin Dells.

CONTACT

608-254-8353 Ext. 234
kelly@cwccac.org
www.cwccac.org

**CENTRAL WISCONSIN
COMMUNITY ACTION COUNCIL INC.**
1000 Hwy 13 | P.O. BOX 430
Wisconsin Dells, WI 53965

The Aging Disability Resource Center (ADRC) can connect you to resources:

- In-home personal care and nursing
 - Housing options
- Housekeeping and chore services
 - Home modifications
 - Adaptive equipment
 - Transportation
- Health, nutrition, and home-delivered meal programs
- Medicare, Medicaid, and Social Security
- Caregiver supports and respite

Call today! (608) 742-9233!



NEW Non-Emergency Medical Transportation

The Wisconsin Department of Health Services (DHS) has contracted with a company called Veyo to provide non-emergency medical transportation (NEMT) services for Wisconsin Medicaid and BadgerCare plus members.

Effective November 1, 2021, Veyo replaced Medical Transportation Management, Inc. (MTM). Medicaid and BadgerCare Plus members who were eligible to receive NEMT through MTM, Inc. are eligible to receive NEMT through Veyo. There are no changes to the types of appointments that are covered or types of transportation provided with the transition to Veyo. The phone number to schedule rides remains:

1-866-907-1493



VolunteerMatch

The Aging and Disability Resource Center of Columbia County (ADRC) is seeking volunteer drivers and meal site managers for our Home-Delivered Meal Program.

The ADRC serves approximately 180 meals each day Monday through Friday. The ADRC has four meal sites located throughout the county including Portage, Pardeeville, Columbus, and Poynette. Due to COVID-19, our congregate dining sites are currently closed. The ADRC offers home-delivered meals to participants for a suggested donation of \$4.50 but does not deny a meal based on someone's inability to pay. Each meal follows the most current Dietary Guidelines for America.

The ADRC has seen an increase in demand and are asking for assistance from the community to help serve those in need. If you have an hour or two that you could spare in the morning/afternoon, please give us a call. We can be reached at (608)742-9233. Please note we ask that our volunteers fill out a volunteer application and a background check to keep our participants safe. All volunteers receive mileage reimbursement. Thank you for your time and hope to see you soon!

The ADRC is registered with volunteer match:
<https://www.volunteermatch.org/search/org1039160.jsp>

St. Vincent de Paul Loan Closet

A loan closet is available at St. Vincent de Paul, Portage with many useful items for the disabled and elderly, including: walkers, crutches, raised toilet seats, bath tub chairs and more. Items are loaned out as long as needed. Donations are appreciated but are not required. **(608) 742-5513**

St. Vincent de Paul
1311 W. Wisconsin St.
Portage

*All equipment, clothing items, etc. stay local to the area served.



ENSURE

The Aging & Disability Resource Center sells Ensure in the following delicious flavors: Vanilla, Butter pecan, Strawberry and Chocolate. The cost is \$30 per case. 24 cartons per case. Delivery is available to home delivered meal participants. **Call for availability: (888) 742-9233.**



WHAT'S WIC ALL ABOUT

The Women, Infants and Children Nutrition Program is about creating healthy Wisconsin families. We're here for income-eligible moms who are pregnant, have an infant or a child under 5 - as well as dads, grandparents and foster parents. WIC provides:

- Help buying healthy foods.
- Education on nutrition, planning healthy meals, and shopping on a budget.
- Breastfeeding education and support.
- Referrals to doctors, dentists, and other community resources.

Stronger families make a stronger Wisconsin!



SIGNUPWIC.COM

(608) 742-9254



Public Health
Prevent. Promote. Protect.

Columbia County Health and Human Services Division of Public Health
111 East Mullett Street, Portage WI
www.co.columbia.wi.us

This institution is an equal opportunity provider.

ADRC Dining Centers

Dining Centers are currently CLOSED due to the COVID-19 Pandemic.

If you wish to order a meal to be delivered, please call: (608) 742-9233



FOOD PANTRIES



2nd Harvest Mobile Food Pantries

Pardeeville: St. Mary's - 318 S. Main St

4th Monday ea month, 3:30 P.M.

Portage: Fairgrounds - Griffith St and Superior St

2nd Monday ea month, 10:30 A.M.

Due to COVID-19, all food distribution will take place outside as a drive-up. Please stay in your car. You will be directed on procedure once you arrive.

Open to any WI residents.

Must bring your own boxes and bags

Cambria Community Bread Basket Food Pantry

First Presbyterian, 121 West Florence St., Cambria

(Rear Towyn St entry) Open Thursdays 4:00 P.M. - 5:00 P.M.

Call if unable to make set day and time.

(920) 348-5859 Church; (920) 382-3832 Jayne Grahm;

(920) 348-5568 Joanne Sanderson or (920) 348-5048 Jan Williams

Serves residents of Cambria-Friesland School District

Columbus/Fall River Food Pantry

125 N. Dickason Blvd., Columbus, WI

Thursdays by Appointment

(920) 623-5918 Senior Center for more information

Serves Columbus/Fall River Schools

Portage Food Pantry

415 E Howard St., Portage (Lincoln Park)

Mon. and Wed. 11:00 A.M. - 12:00 P.M.

Thurs. 5:00 - 6:00 P.M.

(608) 742-3774

Serves income eligible residents of Portage School District.

Must Bring I.D.

Portage Pop-Up Food Pantry

United Methodist Church, 1804 New Pinery Rd., Portage

Call for hours of operation: 608-742-2107

All welcome regardless of need/other local pantry use.

Please bring your own bags or boxes.

Poynette Area Community Food Pantry

Village Hall 106 S. Main St., Poynette

Tues: 1-3 P.M. and Thurs: 5-7 P.M.

Pantry Closed if 5th Tues/Thurs.

Serves residents of Poynette and surrounding communities

Prairie Pride Pantry

United Methodist Church; 103 Reagles St., Arlington

Wed: 4:00 - 5:30 P.M., Sat: 9:00 - 10:30 A.M.

608-697-5880

Serves residents of Arlington and Poynette, towns of Dekorra, Hampton, Lodi and Leeds.

During Pandemic: Families with school aged children can come once per week. Masks required.

Reach Out Lodi

601 Clark St., Lodi, WI

M-F 8:30 A.M. - 3:30 P.M. Sat: 8:30 A.M. - 11:00 A.M.

608-592-4592

Serves Lodi School District

Rio Area Food Pantry

Rio Community Center, 104 Lincoln Ave., Rio

2nd, 3rd & 4th Mondays 10:00 A.M. - 12:00 P.M.

4th Monday 5:00 - 6:00 P.M.

(608) 429-3728 John Atkinson

Serves income eligible residents living with the school districts of Rio, Cambria-Friesland, Ostego, Doylestown.

Bring ID. 1 Person allowed in pantry at a time.

St. Vincent DePaul - Portage

1311 W. Wisconsin St., Portage

Mon. - Fri: 9:00 A.M. - 4:00 P.M., Sat: 9:00 A.M. - 1:00 P.M.

(608) 742-5513

ID for any in household and proof of residence required.

Bring your own bags.

Wisconsin Dells Community Food Pantry

1000 Hwy. 13, Wisconsin Dells

Tues: 9:00 A.M. - 12:00 P.M., Thurs: 1:00 - 4:00 P.M.

(608) 697-4612

Serves income eligible residents of

Wisconsin Dells School District. ID required.

Wyocena Community Helping Hands Pantry

Wyocena Community Center, 165 E. Dodge Street

Mon - Wed: 10:00 A.M. - 12:00 P.M. Closed holidays and when school is closed due to weather.

1st, 2nd & 3rd weeks of the month. Serves income eligible residents of Pardeeville School District and when school is closed due to weather.

Other Food and Nutrition Resources

Community Gardens

Cambria: Cambria Village Office (920) 348-5443

Columbus: Arlene (608) 219-0759

Poynette: Curtis (608) 770-1722

Portage: Extension Columbia County (608) 742-9682

Lodi: Bill (608) 592-4592

Grow your own food for a small plot fee

Senior Nutrition Program

(608) 742-9233 ADRC - Aging Disability Resource Center

Serves people over age 60. No income or asset limits.

Please place your order by noon the day prior to the day you wish to have your meal. **Congregate sites are currently closed due to COVID-19 Pandemic.** Home delivered meals are available. For more information contact the ADRC.

Seasonal Farmer's Market

Lodi Valley Farmer's Market

May - Oct; Fridays 2:00 P.M. - 6:00 P.M.

902 N. Main, Lodi (Next to Koltes Hardware)

Portage Farmer's Market

May - Oct; Thursdays 12:00 P.M. - 5:00 P.M.

Commerce Plaza, corner of State Roads 33 & 16

Poynette Area Farmer's Market

May - Sept.; Saturdays 8:00 A.M. - 11:00 A.M.

Pauquette Park, 106 Main St.

Rio Farmer's Market

Thursday 3:00 P.M. - 7:00 P.M.

Rio Village Train Depot

Downtown Dells Farmer's Market

May - Oct.; Sundays 9:00 A.M. - 2:00 P.M.

Corner of Cedar and Broadway

Senior Farmer's Market Vouchers

\$25 in vouchers to spend on fresh fruits and vegetables at farmer's markets and participating farm stands, for age 60 and over meeting income eligibility guidelines. Call Columbia County ADRC at (608) 742-9233.

FoodShare

Food assistance based on income. Visit or call Columbia County Health and Human Services, 111 East Mullett St., Portage. Check your eligibility, or apply for FoodShare, health care or others services at www.access.wisconsin.gov or call 888-794-5556.

Neighbors in Constant Care Foundation

(920) 623-5540, (920) 623-4772

Serves Columbus/Fall River School Districts

Credit mediation, housing, food assistance, school supplies or referral to other resources.

WIC

111 East Mullett St., Portage. (608) 742-9254

Provides food vouchers, farmer's market vouchers, and nutrition information to keep pregnant and breast feeding women, infants, and children under 5 years healthy and strong. Income eligibility requirements.

School Lunch Program

Free or reduced price school lunch to eligible families. Some schools also offer breakfast.

Participation is confidential, and helps schools qualify for other programs. Contact your school district for details.

Extension FoodWise Education Program

FoodWise helps families eat better, keep food safe, and stretch their food dollars. Open to those who receive or who are eligible to receive FoodShare.

UW Extension Columbia County Nutrition Coordinator:
Caitlyn Richardson (608) 742-9693



thank you

To all the volunteers who keep
Columbia County Food Pantries open!

IMPORTANT NUMBERS

- To Report Child Abuse & Neglect 608-742-9227
- To Report Elder Abuse & Neglect 608-742-9233
- Toll Free 888-742-9233
- To Apply for Benefits 888-794-5556
- Or apply online at access.wi.gov
- FoodShare or BadgerCare Questions/Changes 888-794-5556
- To Receive WIC 608-742-9254
- Mental Health / AoDA 24-Hour Crisis Line 888-552-6642
- ADRC Transportation (for Elderly & Disabled) 608-742-9213
- VEYO Medicaid Transportation 866-907-1493

HEALTH AND HUMAN SERVICES ADMINISTRATORS

Director

Heather Gove

Aging Disability Resource Center (ADRC) Director

Sue Lynch

Behavioral Health and Long Term Support Manager

Stephanie Nickel

Division of Children and Families Manager

Katie Day

Division of Economic Support Manager

Carol Sjoblom

Division of Health Manager

Ellen Ellingsworth

Division of Support Services Manager / Executive Secretary

Gretchen Halvorsen

2021 –2022 HEALTH AND HUMAN SERVICES BOARD

Eric Shimpach - Chair

Daniel Gutmann, MD

Barry Pufahl - Vice Chair

Keith F. Miller

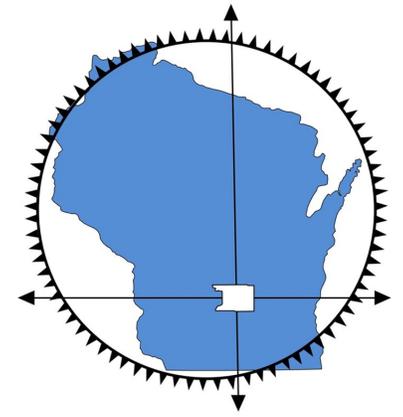
Tom Borgkvist - Secretary

Doug Richmond

Denise Brusveen

Jessica Smith, RN

Tom Drury



Columbia County Health and Human Services

111 East Mullett Street
PO Box 136 (Mail)
Portage, WI 53901
Phone: (608) 742-9227
FAX: (608) 742-9700
www.co.columbia.wi.us
Mission Statement

To promote and protect the health
and safety of our community.
We're active on social media!



The Health and Human Services
Newsletter is published four
times per year

and is available on-line at:

[http://www.co.columbia.wi.us/
columbiacounty/hhs/
HealthHumanService/Newsletters
-Archive/tabid/2311/Default.aspx](http://www.co.columbia.wi.us/columbiacounty/hhs/HealthHumanService/Newsletters-Archive/tabid/2311/Default.aspx)

To be added to our newsletter
email list please email:

dhhs@co.columbia.wi.us