

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F	CHOICE OF JUICE OATMEAL SCRAMBLED EGG CINNAMON ROLL	CHOICE OF JUICE OATMEAL FRIED EGG RING DONUT	CHOICE OF JUICE MALT O MEAL SAUSAGE PATTY FRENCH TOAST CASSEROLE	CHOICE OF JUICE OATMEAL FRIED EGG JELLY DONUT 1/2	CHOICE OF JUICE CREAM OF WHEAT CHICKEN SAUSAGE LINKS WESTERN OMELET	CHOICE OF JUICE OATMEAL FRIED EGG PANCAKES/SYRUP	CHOICE OF JUICE OATMEAL BISCUIT AND GRAVY SCRAMBLED EGG
A L T	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL CEREAL PEANUT BUTTER TOAST MARGARINE/JELLY
L U N C H	ROAST BEEF MASHED POTATOES AND GRAVY SUNSHINE CARROTS FRUIT	BAKED MACARONI AND CHEESE BROCCOLI DINNER ROLL FRUIT	 HAMBURGER ON A BUN BABY BAKERS CREAMY CUCUMBER SALAD FRUIT	SMOTHERED CHICKEN SOUR CREAM & CHIVES MASHED POTATO GREEN BEANS FRESH FRUIT	SCALLOPED POTATOES AND HAM CALIFORNIA BLEND VEGETABLES FRUIT	HOMEMADE LASAGNA GARLIC BREAD BRUSSEL SPROUTS FRUIT	SALISBURY STEAK MASHED POTATOES AND GRAVY PEAS AND CARROTS FRUIT 
A L	GRILLED POLLOCK 	TUNA MELT 	BBQ RIBLET ON A BUN	CHEF SALAD 	CHICKEN FAJITA 	BUTTER BAKED COD 	PORK FRITTER
S U P P E R	BAKED FISH SANDWICH COLE SLAW  FRUIT CHOCOLATE CAKE ROLL	CHICKEN DUMPLING SOUP  ½ HAM SANDWICH ON RYE FRESH FRUIT RICE KRISPIE BAR	MINI CHICKEN CORDON BLEU BABY CARROTS FRUIT SNICKERDOODLE COOKIE	FRANKS AND BEAN BAKE CORN BREAD FRUIT BUTTERSCOTCH PUDDING	VEGETABLE SOUP  BOLOGNA SANDWICH FRUIT FROSTED BANANA CAKE	HOT PORK TENDERLOIN SANDWICH OPEN FACED WITH MASHED POTATOES AND GRAVY  FRUITED JELLO	CHICKEN TENDERS WITH DIPPING SAUCE AU GRATIN POTATOES FRUIT RED POKE CAKE
A L T	BEEF NOODLE CASSEROLE	BEEF AND BEAN BURRITO	EGG SALAD SANDWICH POTATO CHIPS 	FISH FINGERS 	STUFFED PEPPER	CHEESEBURGER ON A BUN	MANICOTTI IN SPAGHETTI SAUCE 

Notes:
BREAD/MARG AND LOW FAT MILK AVAILABLE AT MEALS.
SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER DAILY














Menus Approved By: _____
WEEK OF: 5/16 6/20 7/25 8/29 10/3

WEEK 2

COLUMBIA HEALTH CARE CENTER – SPRING/SUMMER 2021

WEEEEK AT A GLANCE

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F .	CHOICE OF JUICE OATMEAL SCRAMBLED EGG CINNAMON ROLL	CHOICE OF JUICE OATMEAL FRIED EGG FROSTED LONG JOHN 1/2	CHOICE OF JUICE MALT O MEAL SAUSAGE PATTY FRENCH TOAST CASSEROLE	CHOICE OF JUICE OATMEAL FRIED EGG MUFFIN	CHOICE OF JUICE CREAM OF WHEAT WESTERN OMELET CHICKEN SAUSAGE LINKS	CHOICE OF JUICE OATMEAL FRIED EGG PANCAKES/SYRUP	CHOICE OF JUICE OATMEAL CHIPPED BEEF OVER TOAST SCRAMBLED EGG
A L T	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL PEANUT BUTTER TOAST MARGARINE/JELLY
L U N C H	GLAZED BAKED HAM MAPLE ROASTED SWEET POTATO RIVIERA BLEND DINNER ROLL FRUIT	BRATWURST ON A BUN HASH BROWN BAKE COLE SLAW FRUIT	MEATLOAF MASHED POTATOES & GRAVY CREAM STYLE CORN FRUIT	SPAGHETTI & SAUCE GARLIC BREAD VEGETABLE BLEND FRESH FRUIT	SMOKED SAUSAGE W/SAUERKRAUT MARBLED RYE BREAD W/BUTTER BAKED BEANS FRUIT	BUTTERFLY SHRIMP BABY BAKERS SUNSHINE CARROTS FRUIT	COUNTRY FRIED STEAK  MASHED POTATOES AND GRAVY COLE SLAW FRUIT
A L T	WHITEFISH BURGER 	CHICKEN PATTY ON A BUN 	DELI SLICED CHICKEN ON A ROLL WITH RANCH, SWISS CHEESE, LETTUCE, TOMATO, BACON 	LEMON PEPPER COD 	CHICKEN CAESAR  SALAD	TURKEY. SWISS, BACON AND TOMATO ON MULTI GRAIN BREAD, MAYO 	PULLED BBQ PORK ON A BUN
S U P P E R	MUSHROOM SOUP EGG SALAD SANDWICH ROSEY APPLESAUCE YELLOW CAKE WITH FROSTING	FISH STICKS  SCALLOPED POTATOES FRESH FRUIT SUGAR COOKIE	HAMBURGER VEGETABLE BARLEY SOUP  SLICED TURKEY SANDWICH WITH MAYONNAISE BANANA TORTE	EGG AND CHEESE SANDWICH  TRI TATORS LEMON BAR	MINISTRONE SOUP HAM SALAD SANDWICH  FRUITED JELLO	HOT DOG ON A BUN PICKLES FRIED POTATOES FRUIT PEANUT BUTTER COOKIE	SAUSAGE AND EGG BAKE STEWED TOMATO AND ZUCHINNI FRUIT SHERBET
A L T	BBQ CHICKEN FILET SANDWICH 	VEGETABLE LASAGNA	APPLEWOOD SMOKED CHICKEN TENDERS	COUNTRY FRIED STEAK WITH GRAVY	GRILLED CHEESE	TUNA NOODLE CASSEROLE 	COD NUGGETS 

Notes:

BREAD/MARG AND LOW FAT MILK AVAILABLE AT MEALS.

SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER DAILY



















Menus Approved By: _____

WEEK OF: 5/23 6/27 8/1 9/5 10/10

WEEK 3

COLUMBIA HEALTH CARE CENTER – SPRING/SUMMER 2021

WEEEEK AT A GLANCE

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K	CHOICE OF JUICE OATMEAL SCRAMBLED EGG CINNAMON ROLL	CHOICE OF JUICE OATMEAL FRIED EGG RING DONUT	CHOICE OF JUICE MALT O MEAL SAUSAGE PATTY FRENCH TOAST CASSEROLE	CHOICE OF JUICE OATMEAL FRIED EGG JELLY DONUT 1/2	CHOICE OF JUICE CREAM OF WHEAT CHICKEN SAUSAGE LINKS WESTERN OMELET	CHOICE OF JUICE OATMEAL FRIED EGG PANCAKES/SYRUP	CHOICE OF JUICE OATMEAL BISCUIT AND GRAVY SCRAMBLED EGG
A L T	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL PEANUT BUTTER TOAST MARGARINE/JELLY
L U N C H	PORK TENDERLOIN WITH GRAVY  STUFFING SQUASH FRUIT	SWISS STEAK  MASHED POTATOES & GRAVY ESCALLOPED CORN FRUITED JELLO	TURKEY ROAST IN GRAVY  MASHED POTATOES GREEN BEANS EMERALD PEARS	CHICKEN STUFFING CASSEROLE BROCCOLI FRESH FRUIT	SWEDISH MEATBALLS BUTTERED NOODLES SUNSHINE CARROTS FRUIT	CRAFT BEER BATTERED COD AU GRATIN POTATOES VEGETABLE BLEND FRUIT	BBQ ON A BUN POTATO SALAD BAKED BEANS FRUIT
A L	POTATO CHIP CRUSTED CHICKEN	BAKED FISH SANDWICH 	FRENCH DIP WITH AU JUS	FIREBRAISED TURKEY SANDWICH ON MULTI GRAIN BREAD WITH MAYO 	SALMON CROQUETTE 	CHICKEN TORTILLA CASSEROLE 	CHICKEN PATTY ON A BUN 
S U P P E R	CREAM OF BROCCOLI SOUP  CHICKEN SALAD SANDWICH COTTAGE CHEESE FRUIT SALAD APPLESAUCE CAKE	SPINACH RAVIOLI IN ALFREDO SAUCE DINNER ROLL FRESH FRUIT SHERBET	CHEESEBURGER CASSEROLE  BUTTERED PEAS FRUIT POPPYSEED SOUR CREAM CAKE	FRENCH ONION SOUP EGG SALAD SANDWICH  APPLE CRISP	BEEF CHOP SUEY WHITE RICE DINNER ROLL FRUIT BUTTERSCOTCH COOKIE	RING BOLOGNA GERMAN POTATO SALAD FRUIT LEMON BUTTER CAKE ROLL 	SPLIT PEA SOUP HOT HAM AND CHEESE ON A BUN FRUIT DOUBLE CHOCOLATE COOKIE
A L	TERIYAKI CHICKEN AND RICE CASSEROLE 	CHEF SALAD WITH CHICKEN AND VEGGIES 	HUSHPUFFY FISH FILET	HOT DOG ON A BUN	BUTTER CRUMB COD 	ROAST BEEF ON A HOAGIE	TURKEY BURGER ON A BUN 

Notes:
BREAD/MARG AND LOW FAT MILK AVAILABLE AT MEALS.
SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER DAILY





Menus Approved By: _____
WEEK OF: 5/30 7/4 8/8 9/12 10/17

WEEK 4

COLUMBIA HEALTH CARE CENTER - SPRING/SUMMER 2021

WEEK AT A GLANCE














M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F	CHOICE OF JUICE OATMEAL SCRAMBLED EGG CINNAMON ROLL	CHOICE OF JUICE OATMEAL FRIED EGG BAVARIAN CREAM FILLED DONUT ½	CHOICE OF JUICE MALT O MEAL SAUSAGE PATTY FRENCH TOAST CASSEROLE	CHOICE OF JUICE OATMEAL FRIED EGG MUFFIN	CHOICE OF JUICE CREAM OF WHEAT CHICKEN SAUSAGE LINKS WESTERN OMELET	CHOICE OF JUICE OATMEAL FRIED EGG PANCAKES/SYRUP	CHOICE OF JUICE OATMEAL CHIPPED BEEF ON TOAST SCRAMBLED EGG
A L T	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL PEANUT BUTTER TOAST MARGARINE/JELLY
L U N C H	LEMON AND HERB BAKED COD  MAPLE ROASTED SWEET POTATOES RIVIERA VEGETABLE FRUIT	CHICKEN CORDON BLEU  MASHED POTATOES AND GRAVY GREEN BEANS FRUIT	PORK FRITTER  FRIED RICE BROCCOLI FRUIT	ROAST BEEF MASHED POTATOES AND GRAVY CAULIFLOWER W/CHEESE SAUCE FRESH FRUIT	PORK TENDERLOIN POTATO PANCAKES SQUASH FRUIT	DEEP FRIED CHICKEN FILET ON A BUN WITH MAYO BABY BAKERS COLE SLAW FRUIT	HOT TURKEY SANDWICH OPEN FACED WITH  MASHED POTATOES AND GRAVY PEAS FRUIT
A L T	SALISBURY STEAK 	LIVER AND ONIONS	SWEET & SOUR CHICKEN	CHICKEN RANCH WRAP WITH LETTUCE, TOMATO AND BACON 	GRILLED POLLOCK 	CRAB SALAD 	BBQ RIBLET ON A BUN
S U P P E R	BRATWURST PATTY/BUN WITH PICKLES POTATO CHIPS FRUIT CHOCOLATE CHIP COOKIE	HAMBURGER POTATO CASSEROLE PEAS AND CARROTS FRESH FRUIT BROWNIES	TOMATO SOUP  GRILLED CHEESE FRUIT OATMEAL RAISIN COOKIE	SPAGHETTI PIE WAX BEANS FRUITED JELLO	BEEF STROGANOFF BUTTERED NOODLES CREAM STYLE CORN FRUIT APPLE BAR	CHEESE STUFFED SHELL IN MARINARA SAUCE  GARLIC BREAD VEGETABLE BLEND ICE CREAM TREAT	HAM AND BEAN SOUP  EGG SALAD SANDWICH FRUIT PEANUT BUTTER COOKIE
A L T	TURKEY CASSEROLE 	MEATBALLS IN SWEET SOUR SAUCE 	FISH STICKS	OLD BAY BAKED COD 	CHICKEN NUGGETS 	BAKED FISH SANDWICH 	COUNTRY FRIED STEAK WITH GRAVY 

Notes:

BREAD/MARG AND LOW FAT MILK AVAILABLE AT MEALS.
SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER DAILY.



Menus Approved By: _____
WEEK OF: 6/6 7/11 8/15 9/19

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F	CHOICE OF JUICE OATMEAL SCRAMBLED EGG CINNAMON ROLL	CHOICE OF JUICE OATMEAL FRIED EGG RING DONUT	CHOICE OF JUICE MALT O MEAL SAUSAGE PATTY FRENCH TOAST CASSEROLE	CHOICE OF JUICE OATMEAL FRIED EGG JELLY DONUT 1/2	CHOICE OF JUICE CREAM OF WHEAT CHICKEN SAUSAGE LINKS WESTERN OMELET	CHOICE OF JUICE OATMEAL FRIED EGG PANCAKES/SYRUP	CHOICE OF JUICE OATMEAL BLUEBERRY COFFEE CAKE SCRAMBLED EGG
A L T	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY	CHOICE OF COLD CEREAL PEANUT BUTTER TOAST MARGARINE/JELLY
L U N C H	CREAMY ITALIAN CHICKEN CASSEROLE GREEN AND GOLD BEANS FRUIT	COUNTRY FRIED STEAK MASHED POTATOES & GRAVY BROCCOLI  FRUIT	BREADED CHICKEN TENDERS SOUR CREAM & CHIVES MASHED POTATO VEGETABLE BLEND FRUIT	PULLED PORK ON A BUN POTATO SALAD BAKED BEANS FRESH FRUIT	FIRE BRAISED TURKEY ON WHOLE GRAIN BREAD WITH MAYO COLESLAW FRUIT 	BEER BATTERED FISH MAPLE ROASTED SWEET POTATO CALICO BEANS FRUIT	ITALIAN CHICKEN BREAST FILET  STUFFING VEGETABLE BLEND FRUIT
A L T	PORK CHOPETTE IN GRAVY 	SHRIMP STIR FRY RICE	TURKEY BLT SALAD 	WHITEFISH BURGER ON A BUN 	GRILLED HAM & CHEESE	SALSIBURY STEAK IN GRAVY 	CHEDDARWURST ON A BUN
S U P P E R	SLICED TURKEY AND CHEESE SANDWICH WITH MAYO POTATO SALAD  FRUIT COOKIE	CHEDDAR OMELET LIL SMOKIES HASH BROWN BAKE FRESH FRUIT SHERBET	VEGETABLE BEEF SOUP SUMMER SAUSAGE SANDWICH FRUIT CHOCOLATE CHIP BANANA CAKE	TATER TOT CASSEROLE BEETS DINNER ROLL FRUITED JELLO	BOLOGNA & CHEESE  SANDWICH MACARONI SALAD FRUIT GERMAN APPLE CAKE	CHEESEY CALIFORNIA SOUP HAM AND SWISS ON RYE PICKLES FRUIT LEMON POKE CAKE WITH WHIPPED TOPPING	KALUA PORK CARROTS MASHED POTATOES AND GRAVY MINI CREAM PUFFS
A L T	MAC & CHEESE	SALMON CROQUETTE 	HUSHPUDDY FISH FILET	CORN DOG 	STUFFED CABBAGE ROLLS	FISH NUGGETS 	CHICKEN SALAD SANDWICH 

Notes:

BREAD/MARG AND LOW FAT MILK AVAILABLE AT MEALS.

SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER DAILY



Menus Approved By: _____
WEEK OF: 6/13 7/18 8/22 9/26