| М | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------|--------------------------------|--------------------------------|----------------------------------|--------------------------------|--------------------------------|----------------------------------|-------------------------------------|
| в | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE |
| R | OATMEAL | OATMEAL | MALT O MEAL | OATMEAL | CREAM OF WHEAT | OATMEAL | OATMEAL |
| E | SCRAMBLED EGG | FRIED EGG | SAUSAGE PATTY | FRIED EGG | CHICKEN SAUSAGE LINKS | FRIED EGG | BISCUIT AND GRAVY |
| ĸ | CINNAMON ROLL | RING DONUT | FRENCH TOAST | JELLY DONUT 1/2 | WESTERN OMELET | PANCAKES/SYRUP | SCRAMBLED EGG |
| A L T | CHOICE OF COLD CEREAL TOAST | CHOICE OF COLD CEREAL BACON | CHOICE OF COLD CEREAL TOAST | CHOICE OF COLD CEREAL BACON | CHOICE OF COLD CEREAL TOAST | CHOICE OF COLD CEREAL BACON | CHOICE OF COLD CEREAL |
| Т | PEANUT BUTTER | TOAST | PEANUT BUTTER MARGARINE/JELLY | TOAST | PEANUT BUTTER | TOAST | TOAST |
| | MARGARINE/JELLY | PEANUT BUTTER | | PEANUT BUTTER | MARGARINE/JELLY | PEANUT BUTTER | PEANUT BUTTER |
| | | MARGARINE/JELLY | | MARGARINE/JELLY | | MARGARINE/JELLY | MARGARINE/JELLY |
| L | ROAST BEEF | BAKED MACARONI AND | HAMBURGER ON A BUN | | | | SALISBURY STEAK |
| U N | MASHED POTATOES AND GRAVY | CHEESE BUTTERED PEAS | PICKLES BABY BAKERS | SMOTHERED CHICKEN WILD RICE | SCALLOPED POTATOES AND HAM | HOMEMADE LASAGNA GARLIC BREAD | MASHED POTATOES AND GRAVY |
| С Н | VEGETABLE BLEND | DINNER ROLL | COLE SLAW | BROCCOLI W/CHEESE SAUCE | SUNSHINE CARROTS | BRUSSEL SPROUTS | PEAS AND CARROTS |
| | MANDARIN ORANGES | APRICOTS | TROPICAL FRUIT | FRESH FRUIT | FRUIT COCKTAIL | MANGOS | DICED PEACHES |
| A L | MINI CHICKEN CORDON BLEU | RIBLET ON A BUN | HOT DOG ON A BUN | REUBEN | CHICKEN FAJITA | POORMAN'S LOBSTER WITH TARTAR | COD NUGGETS WITH TARTAR |
| s | BAKED FISH SANDWICH | CHICKEN DUMPLING SOUP | | BRAT PATTY ON A BUN | VEGETABLE SOUP | PORK TENDERLOIN | CHICKEN TENDERS WITH |
| U | W/TARTAR | 1/2 HAM SANDWICH ON RYE | BEEF NOODLE CASSEROLE | LOADED POTATO SALAD | TUNA SALAD SANDWICH | MASHED POTATOES AND | DIPPING SAUCE AU GRATIN POTATOES |
| P P | TRI TATER | FRESH FRUIT | BABY CARROTS | BAKED BEANS | PINEAPPLE | GRAVY | MANDARIN ORANGES |
| E | DICED PEARS | LEMON CAKE W/WHIPPED | FRUIT SALAD | SLICED PEARS | FROSTED BANANA CAKE | APPLESAUCE | ICE CREAM TREAT |
| R | SNICKERDOODLE COOKIE | TOPPING | CAKE ROLL | PUDDING | | PIE | |
| A L T | STUFFED PEPPERS | CORN DOG | EGG SALAD SANDWICH | CRISPY CHICKEN SALAD | EGG & CHEESE SANDWICH | SEAFOOD SALAD | MANICOTTI IN SPAGHETTI SAUCE |

Notes: BREAD/MARG AND LOW-FAT MILK AVAILABLE AT MEALS. SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER



Menus Approved By: _____

WEEK OF:

5/14 6/18 7/23 8/27 10/1

WEEK 2

COLUMBIA HEALTH CARE CENTER – SPRING/SUMMER 2023

WEEEK AT A GLANCE

| Μ | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------|---------------------------------|----------------------------|--|--|----------------------------------|---|---|
| в | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE |
| R | MALT O MEAL | OATMEAL | MALT O MEAL | OATMEAL | CREAM OF WHEAT | OATMEAL | MALT O MEAL |
| E | SCRAMBLED EGG | FRIED EGG | SAUSAGE PATTY | FRIED EGG | WESTERN OMELET | FRIED EGG | CHIPPED BEEF OVER TOAST |
| K F | CINNAMON ROLL | CREAM FILLED RING DONUT | FRENCH TOAST | BAVARIAN CREAM FILLED DONUT 1/2 | CHICKEN SAUSAGE LINKS | PANCAKES/SYRUP | SCRAMBLED EGG |
| A | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL |
| L | TOAST | BACON | TOAST | BACON | TOAST | BACON | TOAST |
| Т | PEANUT BUTTER | TOAST | PEANUT BUTTER | TOAST | PEANUT BUTTER | TOAST | PEANUT BUTTER |
| | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY |
| | | MARGARINE/JELLY | | MARGARINE/JELLY | | MARGARINE/JELLY | |
| L U | | BRATWURST ON A BUN | | | SMOKED SAUSAGE | SPAGHETTI AND MEAT SAUCE | PULLED BBQ PORK ON A BUN |
| N | | | MASHED POTATOES AND GRAVY | SHRIMP SAUCE | SAUERKRAUT | GARLIC BREAD | POTATO SALAD |
| С | BUTTERED SQUASH | SIDE SALAD W/DRESSING | BUTTERED CORN | | MASHED POTATOES AND BUTTER | | |
| H | | SLICED PEARS | APRICOTS | | | PINEAPPLE | ROSEY APPLESAUCE |
| | TROPICAL FRUIT | | | FRESH FRUIT | | | |
| A L T | LEMON PEPPER COD TARTAR | STEAK-UM ON A BUN | DELI-SLICED CHICKEN ON A ROLL WITH RANCH, SWISS CHEESE, TOMATO & BACON | WHITEFISH BURGER ON A BUN TARTAR | CHICKEN CAESAR SALAD | TURKEY. SWISS, BACON, AND TOMATO ON MULTI GRAIN BREAD, MAYO | TERIYAKI CHICKEN BREAST |
| S | | FISH STICKS | HAMBURGER VEGETABLE | COUNTRY FRIED STEAK | CHEESY POTATO & | HOT DOG ON A BUN | SAUSAGE AND EGG BAKE |
| U | MINESTRONE SOUP | TARTAR | BARLEY SOUP SLICED TURKEY SANDWICH | MASHED POTATOES & | HAM SOUP | PICKLES | GREEN BEANS |
| P P | GRILLED CHEESE | SCALLOPED POTATOES | WITH MAYONNAISE | GRAVY | CHICKEN SALAD | MACARONI SALAD FRUIT COCKTAIL | MANGOS |
| E | FRUITED JELLO | FRESH FRUIT | | BROCCOLI | SANDWICH | CHOCOLATE CHIP COOKIE | PEANUT BUTTER BAR |
| R | | SUGAR COOKIE | ICE CREAM | APPLE BAR | STRAWBERRY FLUFF | | |
| A L | CHICKEN & NOODLES ESCALLOPED | VEGETABLE LASAGNA | BOLOGNA SANDWICH | EGG SALAD SANDWICH & CHIPS | CHEESEBURGER ON A BUN PICKLES | COD NUGGETS TARTAR | CHEESE STUFFED SHELL IN MARINARA SAUCE |

BREAD/MARG AND LOW-FAT MILK AVAILABLE AT MEALS. SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER



Menus Approved By = _____

WEEK OF:

WEEK 3

COLUMBIA HEALTH CARE CENTER – SPRING/SUMMER 2023

WEEEK AT A GLANCE

| М | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------|---|---|---|---|---|---|---|
| в | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE |
| R | OATMEAL | OATMEAL | MALT O MEAL | OATMEAL | CREAM OF WHEAT | OATMEAL | OATMEAL |
| A | SCRAMBLED EGG | FRIED EGG | SAUSAGE PATTY | FRIED EGG | CHICKEN SAUSAGE LINKS | FRIED EGG | BISCUIT AND GRAVY |
| K F | CINNAMON ROLL | RING DONUT | FRENCH TOAST | JELLY DONUT 1/2 | WESTERN OMELET | PANCAKES/SYRUP | SCRAMBLED EGG |
| A L T | CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY | CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY | CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY | CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY | CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY | CHOICE OF COLD CEREAL BACON TOAST PEANUT BUTTER MARGARINE/JELLY | CHOICE OF COLD CEREAL TOAST PEANUT BUTTER MARGARINE/JELLY |
| L | PORK TENDERLOIN WITH | | | | | CRAFT BEER BATTERED COD | BBQ ON A BUN |
| U N C H | GRAVY STUFFING RIVIERA BLEND VEGETABLE | SWISS STEAK BABY BAKERS CREAM STYLE CORN | HOT SHREDDED TURKEY ON SHEBOYGAN ROLL POTATO SALAD GREEN BEANS | CHICKEN TORTILLA CASSEROLE SIDE SALAD W/DRESSING FRESH FRUIT | SWEDISH MEATBALLS BUTTERED NOODLES SUNSHINE CARROTS APRICOTS | TARTAR AU GRATIN POTATOES VEGETABLE BLEND PINEAPPLE | MAPLE ROASTED SWEET POTATOES BAKED BEANS FRUIT COCKTAIL |
| | CINNAMON APPLESAUCE | SLICED PEACHES | TROPICAL FRUIT | | AINOOTO | | |
| A L T | HAMBURGER ON A BUN PICKLES | BAKED FISH SANDWICH WITH TARTAR | CHICKEN RANCH WRAP WITH LETTUCE, TOMATO, AND BACON | FRENCH DIP WITH AU JUS | SALMON CROQUETTE WITH TARTAR | FIREBRAISED TURKEY SANDWICH ON MULTI GRAIN BREAD WITH MAYO | POTATO CHIP CRUSTED CHICKEN |
| S U P E R | CREAM OF BROCCOLI SOUP HAM & CHEESE ON RYE COTTAGE CHEESE FRUIT SALAD OREO FLUFF | BRUSCHETTA CHICKEN PASTA SALAD FRESH FRUIT BROWNIE | CHEESEBURGER CASSEROLE BUTTERED PEAS FRUIT PIE | TOMATO SOUP EGG SALAD SANDWICH APPLE CRISP | BEEF CHOP SUEY WHITE RICE DINNER ROLL DICED PEARS BUTTERSCOTCH COOKIE | SPAGHETTI PIE GARLIC BREAD DICED PEACHES MINI CREAM PUFFS | HOT HAM AND CHEESE ON A BUN TATER TOT MANGOS DOUBLE CHOCOLATE COOKIE |
| A L T | RIBLET ON A BUN | SPINACH RAVIOLI IN ALFREDO SAUCE | BOLOGNA SANDWICH W/CHEESE PUFFS | GRILLED CHEESE | BUTTER CRUMB COD TARTAR | BAKED PORK FRITTER W/GRAVY | BAKED FISH SANDWICH TARTAR |

BREAD/MARG AND LOW-FAT MILK AVAILABLE AT MEALS.

SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER



Menus Approved By:

WEEK OF:

5/28 7/2 8/6 9/10 10/15

COLUMBIA HEALTH CARE CENTER SPRING/SUMMER 2023

WEEK 4

| | | | | - | | | |
|-------------|-------------------------------|-------------------------------------|---------------------------------------|------------------------------------|-----------------------------|------------------------------------|-------------------------------|
| М | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| в | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE |
| R | CREAM OF WHEAT | OATMEAL | MALT O MEAL | OATMEAL | CREAM OF WHEAT | OATMEAL | CREAM OF WHEAT |
| E | SCRAMBLED EGG | FRIED EGG | SAUSAGE PATTY | FRIED EGG | CHICKEN SAUSAGE LINKS | FRIED EGG | CHIPPED BEEF ON TOAST |
| K F | CINNAMON ROLL | CREAM FILLED RING DONUT | FRENCH TOAST | BAVARIAN CREAM FILLED DONUT 1/2 | WESTERN OMELET | PANCAKES/SYRUP | SCRAMBLED EGG |
| Â | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL |
| L | TOAST | BACON | TOAST | BACON | TOAST | BACON | TOAST |
| Т | PEANUT BUTTER | TOAST | PEANUT BUTTER | TOAST | PEANUT BUTTER | TOAST | PEANUT BUTTER |
| | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY |
| | | MARGARINE/JELLY | | MARGARINE/JELLY | | MARGARINE/JELLY | |
| L | | | | | | | ROAST TURKEY |
| U N | SALISBURY STEAK | | MOSTACCIOLI BAKE | DEEP FRIED CHICKEN | PORK TENDERLOIN | ROAST BEEF | MASHED POTATOES AND |
| c | CAULIFLOWER W/CHEESE SAUCE | MASHED POTATOES AND GRAVY | GARLIC BREAD | FILET/BUN WITH MAYO | POTATO PANCAKES | MASHED POTATOES AND | GRAVY |
| н | BABY BAKERS | GREEN BEANS | CARROTS | | SQUASH | | PEAS |
| | SLICED PEACHES | APRICOTS | TROPICAL FRUIT | RIVIERA BLEND FRESH FRUIT | APPLESAUCE | CREAM STYLE CORN BLUSHING PEARS | CRANBERRY SAUCE |
| A L T | CHICKEN CORDON BLEU | LEMON & HERB BAKED COD TARTAR | CHICKEN FETTUCCINI W/VEGETABLES | CRISPY CHICKEN CHEF SALAD | TACO PASTA CASSEROLE | CRAB SALAD | HAMBURGER ON A BUN PICKLES |
| s | BRATWURST PATTY/BUN | HAMBURGER POTATO | | RING BOLOGNA | | CORN DOG | |
| U | WITH PICKLES | CASSEROLE | CHILI | POTATO SALAD | CHICKEN WILD RICE SOUP | TRI TATER | HAM AND BEAN SOUP |
| P | POTATO CHIPS | PEAS AND CARROTS | GRILLED CHEESE | MANDARIN ORANGE | EGG SALAD SANDWICH | CARROTS | 1/2 CHICKEN SALAD |
| P E | MANDARIN ORANGES | FRESH FRUIT | SLICED PEARS OATMEAL RAISIN COOKIE | SALAD | FRUIT COCKTAIL CAKE ROLL | DICED PEACHES | CROISSANT |
| R | ANGEL FOOD CAKE | ECLAIR | | ICE CREAM TREAT | | RED POKE CAKE | FRUITED JELLO |
| A L | FISH STICKS TARTAR | CHICKEN PATTY | HUSHPUPPY FISH FILET TARTAR | CABBAGE ROLLS | MACARONI & CHEESE | OLD BAY BAKED COD TARTAR | PIZZA BURGER ON A BUN |



Menus Approved By:_ WEEK OF: 6/4 7/9

WEEK AT A GLANCE

WEEK 5

COLUMBIA HEALTH CARE CENTER – SPRING/SUMMER 2023

WEEEK AT A GLANCE

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------|--|--|---|---|---|--|--|
| в | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE | CHOICE OF JUICE |
| R | OATMEAL | OATMEAL | MALT O MEAL | OATMEAL | CREAM OF WHEAT | OATMEAL | OATMEAL |
| E A | SCRAMBLED EGG | FRIED EGG | SAUSAGE PATTY | FRIED EGG | CHICKEN SAUSAGE LINKS | FRIED EGG | BLUEBERRY COFFEE CAKE |
| ĸ | CINNAMON ROLL | RING DONUT | FRENCH TOAST | JELLY DONUT 1/2 | WESTERN OMELET | PANCAKES/SYRUP | SCRAMBLED EGG |
| A | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL | CHOICE OF COLD CEREAL |
| L | TOAST | BACON | TOAST | BACON | TOAST | BACON | TOAST |
| Т | PEANUT BUTTER | TOAST | PEANUT BUTTER MARGARINE/JELLY | TOAST | PEANUT BUTTER | TOAST | PEANUT BUTTER |
| | MARGARINE/JELLY | PEANUT BUTTER | | PEANUT BUTTER | MARGARINE/JELLY | PEANUT BUTTER | MARGARINE/JELLY |
| | | MARGARINE/JELLY | | MARGARINE/JELLY | | MARGARINE/JELLY | |
| L U N C H | PORK FRITTER MASHED POTATOES AND GRAVY GREEN/GOLD BEANS MANDARIN ORANGES | CHICKEN KIEV MASHED POTATOES AND GRAVY RIVIERA BLEND MANGOS | GOULASH DINNER ROLL CAULIFLOWER/BROCCOLI MIX SLICED PEARS | BREADED CHICKEN TENDERS TWICE BAKED POTATO VEGETABLE BLEND FRESH FRUIT | FIRE BRAISED TURKEY ON WHOLE GRAIN BREAD W/MAYO MACARONI SALAD TROPICAL FRUIT | BEER BATTERED FISH TARTAR SAUCE MAPLE ROASTED SWEET POTATO BAKED BEANS FRUIT COCKTAIL | ITALIAN CHICKEN BREAST FILET GARLIC MASHED POTATO BROCCOLI PINEAPPLE |
| A L T | BAKED TILAPIA TARTAR | TURKEY BLT SALAD | STUFFED PEPPER | WHITEFISH BURGER ON A BUN TARTAR | CHICKEN CAESAR SALAD | SALISBURY STEAK IN GRAVY | CHEDDARWURST ON A BUN |
| S U P E R | MUSHROOM SOUP SLICED TURKEY AND CHEESE SANDWICH WITH MAYO FRUIT PIE | CHEDDAR OMELET HASH BROWN BAKE FRESH FRUIT PEANUT BUTTER COOKIE | TATER TOT CASSEROLE PICKLED BEETS DINNER ROLL STRAWBERRY FLUFF | VEGETABLE BEEF SOUP SUMMER SAUSAGE SANDWICH DICED PEACHES CHOCOLATE CHIP BANANA CAKE | BEEF STROGANOFF OVER NOODLES BUTTERED CORN APRICOTS RICE KRISPIE BAR | CHEESY CALIFORNIA SOUP 1/2 HAM AND SWISS ON RYE DICED PEARS LEMON POKE CAKE WITH WHIPPED TOPPING | HICKORY SMOKED PULLED PORK ON A BUN COLE SLAW APPLESAUCE SHERBET |
| A L T | CHICKEN TENDERS | CHEESEBURGER ON A BUN PICKLES | BAKED PORK FRITTER W/GRAVY | STUFFED SHELLS | BRAT PATTY ON A BUN | FISH NUGGETS TARTAR | CHICKEN SALAD SANDWICH |

Notes:

BREAD/MARG AND LOW-FAT MILK AVAILABLE AT MEALS

SOUP OF THE DAY OFFERED AT LUNCH AND SUPPER



Menus Approved By: _____

WEEK OF: 6/11